

# **A PLANETARY INVENTORY OF LIFE**

# How to operate the LifePlan System

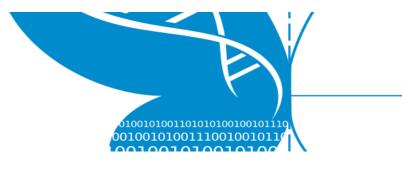
# **User Instruction Manual**

August 2022

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Project LIFEPLAN lifeplan@helsinki.fi

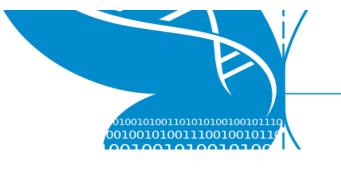
www.helsinki.fi/en/projects/lifeplan



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# 1 Introduction

Welcome to the *LifePlan System*. Part of Project LIFEPLAN, the *LifePlan System* has been developed to help you register and track your *LifePlan* samples.

# 1.1 About Project LIFEPLAN

# 1.1.1 Teams

Each user is attached to one or more Team. A Team is a group of users responsible for a Site, or two sites (natural and urban) in the global design. Each team has a name and a three-letter code.

# 1.1.2 Sites

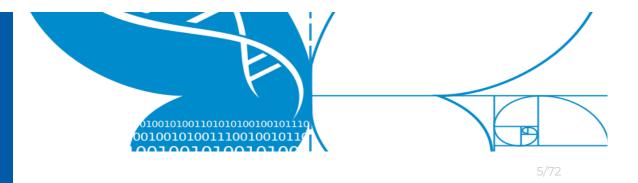
A site is a 100 x 100 metre plot that contains all the different kinds of sampling equipment.

# 1.1.3 Traps

Every trap has a QR code. That QR code is connected to a particular site. Don't move equipment between Sites except when switching between your team's natural and urban locations. When you switch, remember to change the QR code sticker on the trap. Contact us if you need to move equipment otherwise.

# 1.1.4 Activities

Every time you collect a sample and scan the trap and sample container QR codes, an Activity will be registered. This is the metadata that tells us where and when each sample was collected.



# 1.2 Contact

lifeplan@helsinki.fi

For general news and information about the project visit www.helsinki.fi/en/projects/lifeplan

For reporting damaged equipment: email lifeplan@helsinki.fi

# 1.3 LifePlan System

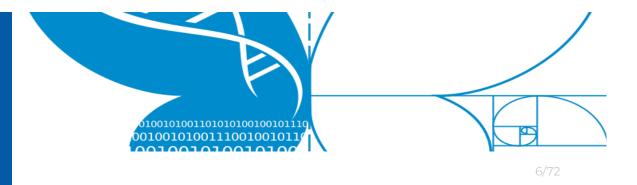
The *LifePlan System* consists of three individual parts, namely:

- LifePlan Mobile app for Android and iOS
- LifePlan ADMIN portal for Google Chrome and Microsoft Edge web browsers
- Nextcloud for Windows and Mac

The *mobile app* is used for registering sample placement or collection activities. The app collects important metadata such as sample location, collection date, sample condition, etc.

The *LifePlan ADMIN* portal allows you to do many things, e.g. manage profile settings, track team activity and more. You may also register new collection or placement activities if there would be a problem with the mobile app.

*Nextcloud* is the open source cloud software you will use to conveniently transfer the large amount of image and audio data you collect to LIFEPLAN



# **1.4 Traps and Samples**

There are a total of 6 different sample collection methods used throughout *Project LIFEPLAN*.

Some collection methods require both a reusable trap and a disposable sample container, while others only require a disposable sample container.

Method	Trap	Sample Container
Cyclone	Cyclone Sampler	Cyclone Vial/Tube
Malaise	Malaise Trap	Malaise Bottle
Photo	Camera	SD-Card (camera)
Audio	Audio Recorder	SD-Card (audio)
Soil	-	Soil Sample (plastic bag)
Root	-	Root Sample (plastic bag)

The 6 sample collection methods are as follows:

Below follows a collection of photos, depicting every Trap and sample container.

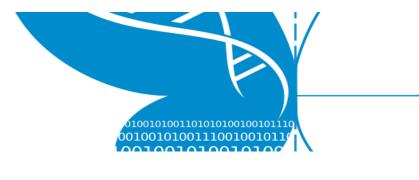


Each Trap and Sample Container has a **unique** ID Code associated with it (see section about ID Codes).



**Important:** You **CANNOT** replace a Soil Bag with a Root Bag or a Camera SD-Card with a Audio SD-Card.

This will **cause problems** when registering Collection or Placement activities.



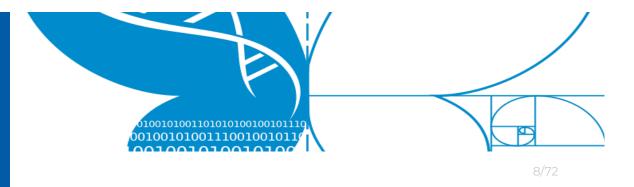
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# 1.4.1 Missing or broken equipment

If a trap or other equipment is missing, severely damaged or has any other critical issues: please contact *Project LIFEPLAN* as soon as possible using the contact information provided in the beginning of this Users Introduction Manual.

Always include as much relevant information as possible, e.g.:

- Your name
- Team name / ID
- Country (site location)
- Site name / ID
- Equipment type and ID Code (if available)
- Sample ID Code (if available)
- Problem description (what is the problem)
- Problem cause (if known)
- Have you solved the problem, if so how?



# 1.4.2 Photos of Traps and Sample containers

# Cyclone Sampler and Cyclone Vial

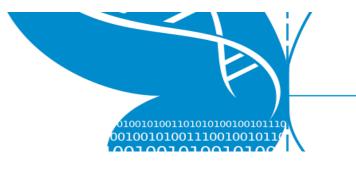


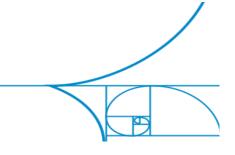
### Malaise Trap and Malaise Bottle





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### Camera trap and image SD Card



# AudioMoth and audio microSD Card



### Soil Sample bag



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# 1.5 ID Codes

Every trap (malaise trap, cyclone sampler, camera, etc.) and every sample container (bottle, plastic bag, SD-card) has a sticker with a **unique ID code** printed on it. The ID code is represented by a <u>"QR-code"</u>, "Data-Matrix" or Barcode.



<u>Above or below</u> each QR code, Data Matrix or Barcode, the ID code is also printed with **letters and numbers**.

☆ The LifePlan Mobile app is capable of scanning QR Codes, Data Matrix and Barcodes.

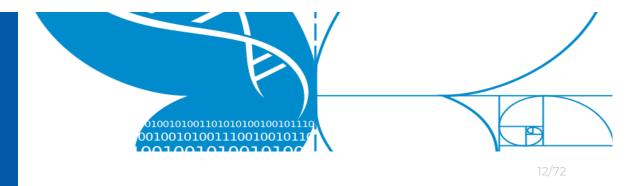


# 2 Getting started

Before you can begin placing and collecting samples you need to do a few things.

First, you should have <u>received a registration email</u> from Project LIFEPLAN. The registration email includes your **username** and a **temporary password**.

Please **follow the instructions** of the sections below to successfully set up your personal *LifePlan* account.



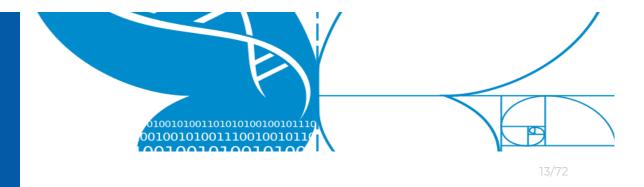
# 2.1 LifePlan ADMIN - Setup

Before you can begin collecting samples, the first thing you need to do is to set up your LifePlan account using the *LifePlan ADMIN*.

# 2.1.1 First time login

- 1. Go to https://lifeplan.luomus.fi/.
- If you do not have a password, press the Forgot Your Password? link.

Life	Plan ADMIN
Weld	come Back!
Email Address	
carl.linnaeus@slu	.se
carl.linnaeus@slu Password	.se
	.se
	.se Forgot Your Password?



Enter your email address and press the Send
 Password Reset Link. Use the email address that
 you used to sign up for LIFEPLAN. If you wish,
 You can change the email address you use for
 this later.

LifePlan ADMIN	
Forgot your password?	
Email Address carl.linnaeus@slu.se	
Send Password Reset Link	

- Locate the reset password email in your email inbox. Check your junk mail. If you don't receive it, contact us.
- 4. Click the reset password link, located in the email. You will get redirected to the *LifePlan ADMIN*.



5. Enter your email address and your new password.

	LifePlan ADMIN	
	Reset Password	
Email	Address	
Passw	vord	
Confir	m Password	
	Reset Password	

6. Enter your **email address** and **password**, and press the *Login* button.

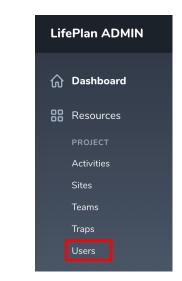
Life	Plan ADMIN
Weld	come Back!
Email Address carl.linnaeus@slu	.se
Password	
•••••	
Remember Me	Forgot Your Password?
Remember Me	



# 2.1.2 Update profile and change password

This section describes how to update your profile information and set a new password.

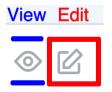
 In the LifePlan ADMIN, On the left-hand side of the screen, press Users.

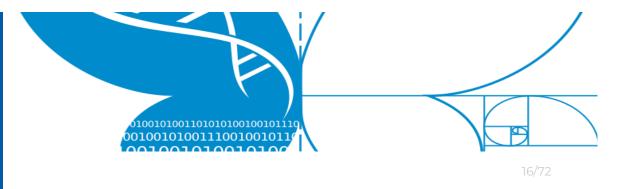


 On the Users page, a list with users is shown. Locate your user. You may need to search for your name in the Users search box.

Users					
Q Search					
					▽~
	NAME	EMAIL	LANGUAGE	ROLE	View Edit
٢	Carl Linnaeus	carl.linnaeus@slu.se	English	Volunteer	◎ 🗹

3. Click the **Edit symbol** on the right hand side of your profile (see symbol marked with the red square)





4. To change password, enter a new password in the *Password* field - followed by pressing *Update or Continue* or pressing *Update User*.

Update User	
Name *	Carl Linnaeus
Email *	carl.linnaeus@slu.se
Phone Number	+4670-567 80 09
Password	Password
Language	English       You may need to refresh the page to fully update the language.
Share Profile	Share email address and phone number with team members.
	Cancel Update & Continue Editing Update User

- 5. You can also change your name, email address, phone number, your preferred language.
- 6. You may also choose to **Share Profile** which means that your phone number and email address will be visible to your team members.

However, <u>only team members</u><sup>1</sup> will be able to see your personal information.

<sup>1</sup>Project LIFEPLAN coordinators will be able to see your contact information regardless. Project LIFEPLAN lifeplan@helsinki.fi www.helsinki.fi/en/projects/lifeplan



# 2.2 LifePlan Mobile app - Setup

Before you continue, download the *LifePlan Mobile* app. The mobile app is available for both *Android* and *iOS* devices.

# 2.2.1 Download the LifePlan Mobile app

- 1. Open App Store or Google Play
  - a. For *iOS* devices go to the Apple App Store.
  - b. For **Android** devices go to the *Google Play Store*.
- 2. Search for **LifePlan**, published by Sveriges Lantbruksuniversitet.



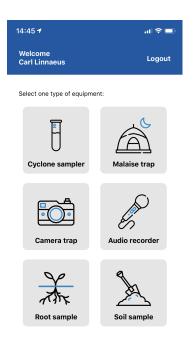
# 2.2.2 Launch & Login

Once the mobile app has been **downloaded and installed**, launch the *LifePlan* mobile app.

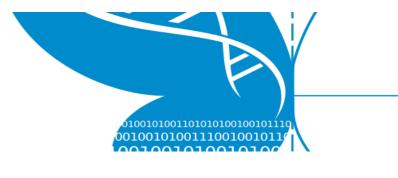
- 1. Launch the *LifePlan Mobile* app.
- 2. Enter your email address and password.
- 3. Press the *Login* button.



4. When successful, the following screen will appear.



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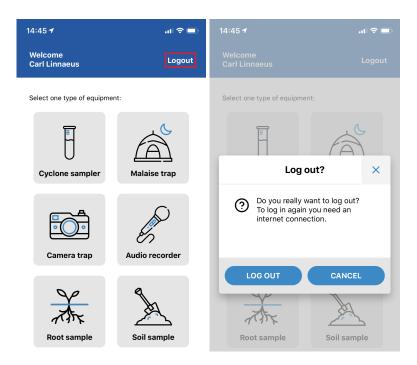
# 2.2.3 Logging out



Important: Before logging out! In order to log in again, you MUST have an internet connection. A logged out user CANNOT USE the LifePlan Mobile app.

Logging out from the LifePlan Mobile app:

- 1. Press the **Logout button** in the top right-hand corner of the screen (see red rectangle).
- 2. A confirmation dialog window will appear.
  - a. Press the LOG OUT button to log out
  - b. Press the CANCEL button to stay logged in

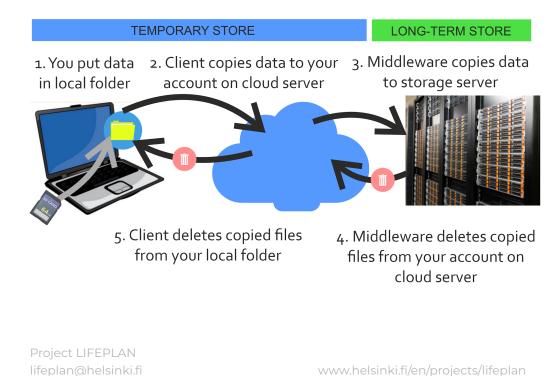


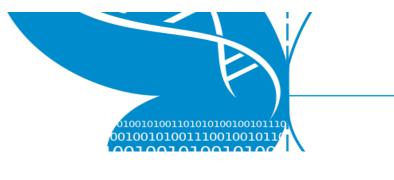


# 2.3 Nextcloud - Setup

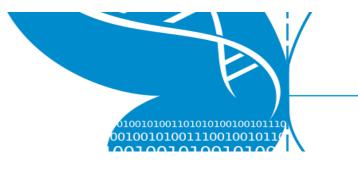
In LIFEPLAN, we collect large amounts of image and audio data from all over the world, including places with sometimes slow internet connections. As this can take multiple days for each week's data, and as there are hundreds or thousands of files to upload and internet connections can get interrupted, you need a cloud-based setup with a local sync client. Nextcloud is open source software, and we have used it to make our own cloud server for LIFEPLAN.

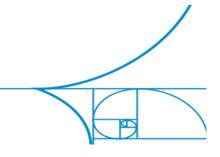
You will create a local folder on your computer where you place the collected data. You will connect this local folder to the LIFEPLAN cloud server with the Nextcloud sync client, which is a free programme you install on your computer. The Nextcloud sync client will copy this data automatically in the background to your Nextcloud folder on the LIFEPLAN cloud server. From there, the data will be moved to our large storage server, and deleted from your Nextcloud account and local folder to make room on your computer.





- 1. Get your Nextcloud account: we will send you a username and initial password.
- 2. Install the Nextcloud desktop application: go to <u>https://nextcloud.com/install/#install-clients</u>, and select your operating system. Download and run the installer file. If you do not have administrative rights to your computer, contact your institution's IT support.
- Logging in and connecting to server: Open the Nextcloud desktop application. Select Login from the initial screen. The next page requests the URL of the Nextcloud web client. Type in https://nextcloud.rahtiapp.fi
- 4. A browser window will open, and you will be redirected to log into the Nextcloud web client. Log in with your Nextcloud credentials and allow the linking when the website requests it.
- 5. After giving permission to connect the account, return to the desktop client and set up the settings that are open in the client. Recommended settings for most users:
  - Server settings: Select "Sync everything from server" and do not check the boxes for "Ask for confirmation...."
  - Local folder settings: You can choose to place the local folder where you like, but for institutional computers you may need to consult your IT department. Choose option "Keep local data".
- 6. Click "Connect". When the connection is successful, your Nextcloud client will open.





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# **3 Weekly field activities**

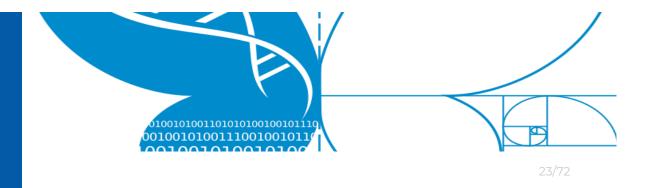
This chapter describes how to **register your samples**. Everytime you place or collect a sample container you need to register a **placement or collection action**. There are two types of activities, namely: Place and Collect.

- If you **place** a new sample container (e.g. a malaise bottle) in a trap you have to **register** this **activity**.
- If you **collect** a sample (e.g. an audio SD-card or a root sample) you have to **register** this **activity**.

Placement and collection **activities are registered** using either: the *LifePlan Mobile* app or the *LifePlan ADMIN*.

# 3.1. Register activity using LifePlan ADMIN

The *LifePlan ADMIN* portal can be used to register and modify, both new and old activities. However, activity submission using the *LifePlan ADMIN* will not be covered by this user instructions manual. Instead, this manual describes how to register and submit new activities using the *LifePlan Mobile* app.

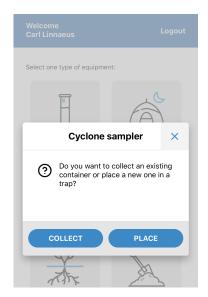


# 3.2 Register activity using *LifePlan Mobile* app

1. First, **press** the trap/sample you want to place or collect. For example, select the *Cyclone sampler*.



2. Select whether to **COLLECT** a sample **or PLACE** a new sample container in a trap.



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For Root and Soil samples there is no trap.

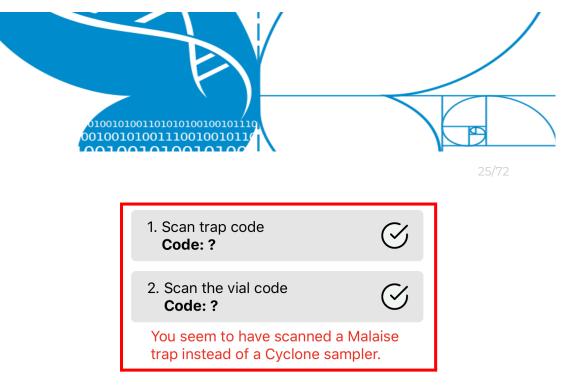
 Point the camera of your mobile phone towards the ID code of the trap. You can zoom by pinching out in the camera window, and turn on the phone light from the flashlight icon.

14:53 <del>1</del>		.ıl 🗢 🗖
🔄 Cyclone	sampler	Cancel
Eollow th	e instructions,	then press
continue: 1. Scan tra <b>Code: ?</b>	:	S
2. Scan the Code: ?	e vial code	$\odot$
CLEAR		CONTINUE

a. If successful the phone will vibrate and show a green tick mark alongside the trap code.



b. If unsuccessful you might get a red error message similar to this:



4. <u>Point the camera</u> of the mobile phone towards the ID code of the **sample** container. You can zoom by pinching out in the camera window, and turn on the phone light from the flashlight icon.



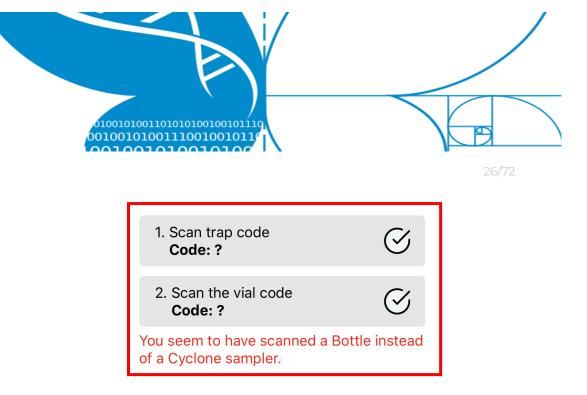
a. If successful the phone will vibrate and show a green tick mark alongside the trap code.



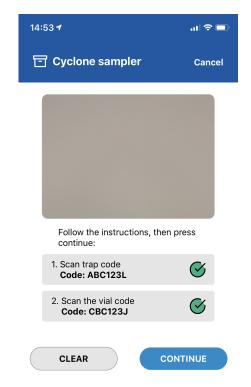


b. If **unsuccessful** you might get an **error message** similar to this:

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- If you can't scan a particular QR code, there is an option to input it manually by clicking the MANUAL INPUT button. You can then type in the code that you see on the sticker.
- 6. Now, **double check** that the scanned **ID Codes** are correct.



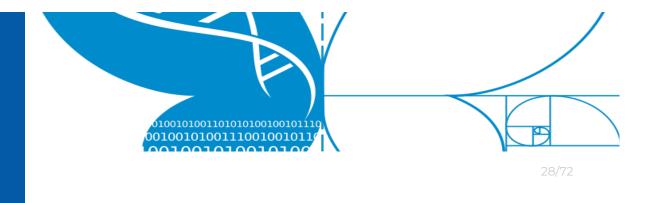
- a. If the ID Codes are Incorrect, press CLEAR (press once for each green tick mark) and repeat all steps from step 3.
- b. If the ID Codes are Correct press CONTINUE



7. Enter the **trap** and **sample condition.** See chapter 5 for a description of what conditions to use.

<b>〒 Cyclone sampler</b> Cancel	Root sample Cance
Trap condition	Site
਼ਨ Issue 1 - Battery died before site visit	
Issue 2 - Fallen over	My Garden (Garden in Monza)
Issue 3 - Frozen Issue - Other	
Sample condition	Sample location
	Corner 2
ОК	Corner 3
Issue 1 - Filled with water/ice	Corner 4
Issue - Other	Middle
Broken	Composite
More information about trap & sample conditions in the user manual.	O More information about sample location in the user manual.
Notes	Notes
	2
GO BACK CONTINUE	GO BACK CONTINUE
Normal Sample	Root/Soil Sample

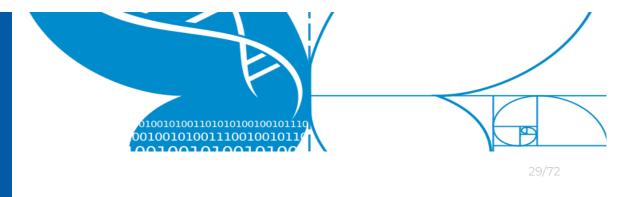
- a. If the <u>trap or sample</u> is **damaged** or has any other issues, please **notify Project LIFEPLAN**. See section about *Missing or broken equipment*.
- b. For **Root** and **Soil** samples you <u>cannot</u> set trap or sample condition; instead you choose which site and location the sample was collected from.



8. Add **notes**. Enter any relevant information about the trap or sample, e.g. a more detailed description of the sample condition. **See chapter 5** for a description of how to use the notes field.



9. Press **CONTINUE** to proceed or **GO BACK** to return to the ID Code scanner.



-`Ù<u></u>-

When performing a Placement action with a Camera and Audio recorder, a Pop-Up message will appear reminding you to start recording.

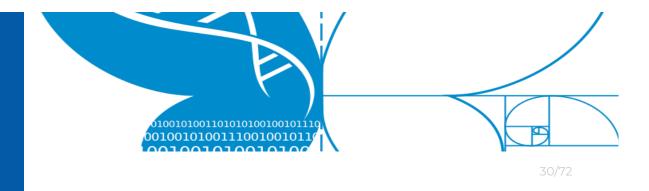
10. **Check** that all **information is correct**. All relevant information collected from your activity is shown.

14:57 <b>-7</b>	.ıl 🗢 💷
🕝 Cyclone sampler	Cancel
Please make sure that the following is correct:	information
O User Carl Linnaeus	
C Time Tuesday, September 15, 20 PM	20 2:56
Collection	
<ul> <li>Location</li> <li>Accuracy 15 meters.</li> </ul>	
Equipment Cyclone sampler ABC123L	
<ul> <li>Æquipment condition</li> <li>Good</li> </ul>	
Sample	
GO BACK SUB	МІТ

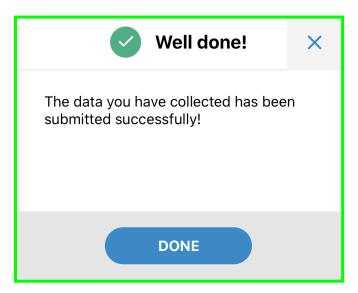


**Important:** Notice the **Location field**. The location will get updated until you press the SUBMIT button. Sometimes it may take up to **90 seconds** to record a good GPS location.

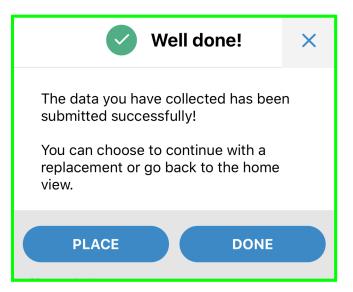
- a. If any information is WRONG, press theGO BACK button.
- b. If all information is <u>Correct</u>, press the <u>SUBMIT</u> button.

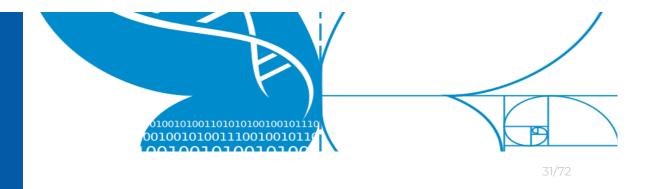


- 11. After pressing the **SUBMIT** button, one of the following four pop-up windows will be displayed.
  - a. Successful press CONTINUE to return to the home screen.

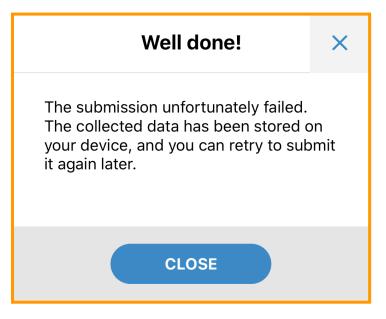


 b. Successful - press CONTINUE to return to the home screen or PLACE to start a new placement activity for this trap.

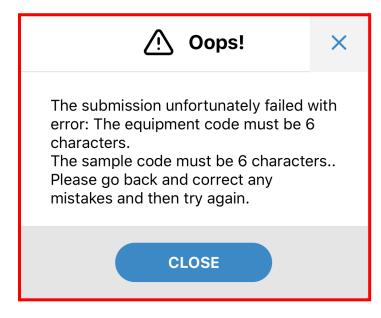




c. Successful - No internet connection. The submission was recorded and <u>saved locally (on this phone)</u>. Manual resubmission required when internet connection is restored (see instructions in separate section below).



d. Error - <u>Something went wrong</u>. Something went critically wrong. No information has been saved.
 You should repeat the Placement or Collection activity from the beginning.



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# 4 Upload photos and audio files

Once a Camera or Audio recording has been registered using the *LifePlan Mobile* app, you must send us the data itself. There are six steps to do:

- Extract the image or audio files from SD card and back up the files to the external hard drive.
- 2. Empty and format the SD card to re-use it
- 3. **Copy** the files to Nextcloud.
- 4. Wait for Nextcloud to synchronise.
- 5. Later in the week, create a share link.
- 6. Using LifePlan ADMIN, register the share link.



### Multiple folders of camera images?

Images are named "SYFR0001"..."SYFR99999". If more than 9999 pictures are taken by the camera in a week, it creates a second folder and starts again from "SYFR0001".

On the memory card, the images should be in folder DCIM/100MEDIA. If you also see other folders like 101MEDIA, please take those extra images too, and upload them to the same folder as the ones from 100MEDIA. Your computer will then complain about files having the same name: allow the computer to RENAME the files, NOT overwrite. The exact filename format does not matter for uploading.

# 4.1 Extract and back up files from SD card

- 1. Open the external hard drive on your computer:
  - Plug the external hard drive provided by LIFEPLAN into your computer or the USB hub. If your computer has only one



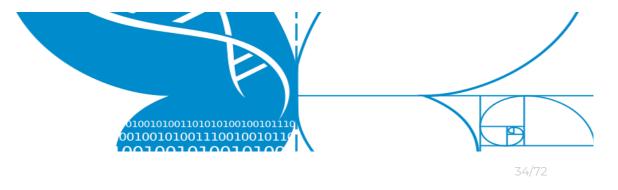
USB port use the hub, as you will be plugging in another device as well.

ii. Open the external hard drive in its own window.

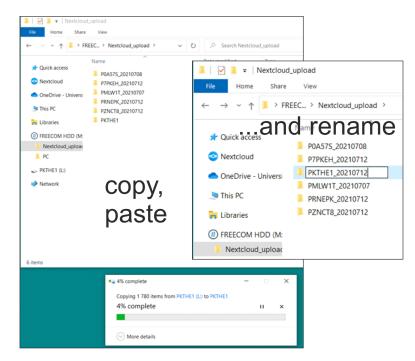
### 2. REPEAT FROM HERE FOR EACH SD CARD:

Audiomoth files are on a microSD card, which comes with an adapter. Insert the microSD card in the adapter to make it the size of a regular SD card.

- 3. Insert the SD card into the card reader.
  - i. If your computer has a card reader slot, use that
  - ii. If your computer does not have a card reader slot, use the card reader provided by LIFEPLAN by plugging it into the USB hub provided by LIFEPLAN, and then plugging the USB hub into the USB port of your computer.
- 4. Navigate to the SD card on your computer. (The card should be named the same as the ID code on the sticker on the card if not, right-click the card icon to rename it). Select the icon for the SD card, right-click it and select "copy". Go to your external hard drive folder, right-click inside it and select "paste". Your computer should now create a new folder inside the external hard drive with the same name as the card.



 Once the data has been copied, rename the folder so that it includes the collection date after the card id.



6. Still with the same card, move on to the next step...

### Some files not copying?

Sometimes files get corrupted and cannot be copied. You don't need to try to save them, as it will require some technical expertise. Just leave those problem files untransferred and format the card.

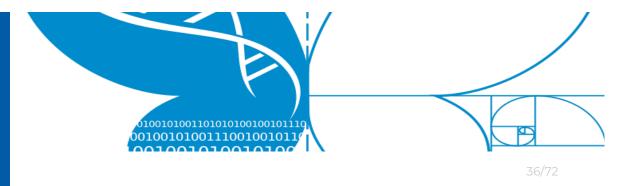
# 4.2 Empty and format SD card for re-use

- Select the SD card icon again, right click and select "format"
- 2. File system: Audio microSD cards are formatted to exFAT, and image SD cards are formatted to FAT32

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	$\leftarrow$		
0100101001101010 001001010001110	01001011		
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Format P7PKEH (L:)	× Format L6S27M	(L:) ×	<
Capacity:	Capacity:		
58,8 GB	✓ 29,4 GB	~	]
File system	, File system		
exFAT (Default)	← FAT32 (Default)	~	]
Allocation unit size	Allocation unit size		
128 kilobytes	✓ 32 kilobytes	~	
Restore device defaults	Restore device d	efaults	
Volume label	Volume label		
Р7РКЕН	L6S27M		]
Format options	Format options		
✓ Quick Format	Quick Format		
Audio micro	SD Ima	age SD	

- Select the SD card icon again, right click and select "format"
- **4.** File system: Audio microSD cards are formatted to exFAT, and image SD cards are formatted to FAT32
- 5. For Audio microSD cards, put the CONFIG files back on the cards. They are available in the <u>Downloads</u> section of our Instructions page. There are different files for the middle (red dot) and corner cards. Both files need to be named CONFIG on the card for the AudioMoth to read them.
- 6. Select the SD card icon again, right click and select "format"
- **7.** File system: Audio microSD cards are formatted to exFAT, and image SD cards are formatted to FAT32
- 8. For Audio microSD cards, put the CONFIG files back on the cards. They are available in the <u>Downloads</u> section of our Instructions page. There are different files for the middle (red dot) and corner cards. Both files need to be named CONFIG on the card for the AudioMoth to read them.



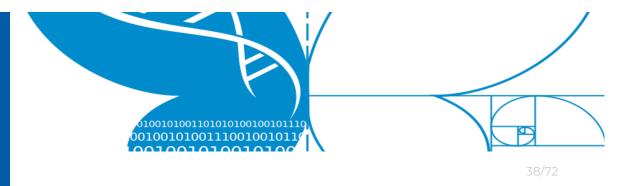
9. END OF REPEAT: remove the card and insert the next one, then start again from step 4.1.2. After you have backed up and formatted all 10 cards, move on to the next step to upload all the files to Nextcloud.



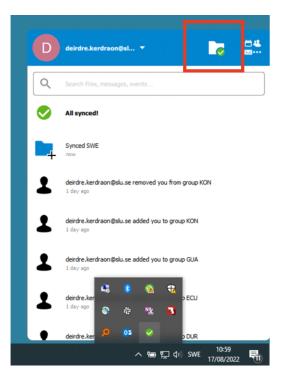
## 4.3 Copy to Nextcloud

Nextcloud is a **temporary** file storage that we use to transfer the audio and camera data that each lifeplan team collected. The maximum storage size of nextcloud is 5TB and it has to be **shared** with all the teams.

The nextcloud folder on your desktop has a maximum quota of 100 GB. Files should only be placed in this desktop folder when you are ready to transfer the data. Uploading this data can take a few minutes to a few days depending on your internet upload speed and the amount of space available in the Lifeplan 5 TB nextcloud storage. In special circumstances, the Lifeplan administrators may have to remove your files from nextcloud therefore: Always have your data saved on a hard drive.

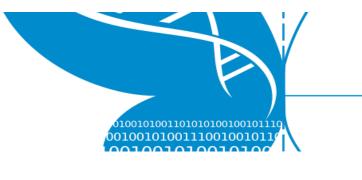


- 1. Open the local Nextcloud folder on your computer:
  - i. Open the Nextcloud program, and the client will open on your screen.
  - ii. At the top of the client, click the white folder icon to open your local folder.

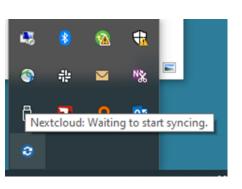


2. Open the folder with your 3 letter team code. This team folder is shared with all the members of your team: this allows anyone on the same team to create share links or fix other issues that occasionally arise.

File Home Share	View							
X Lony Paste	从 Cut ‱ Copy path ₱ Paste shortcut	Move Copy to *	Delete Rename		tten ▼ teasy access ▼	Properties	Edit	
Clipboard		Orga	anise		New	C	Open	
	rdre Kerdraon → N	Orga Nextcloud	anise		New	C	Open V	õ
	rdre Kerdraon > N Name		anise Sta	tus	New Date modified	c	~	Ū
	Name	Nextcloud		tus		c		5
<ul> <li>↔ → ↑ </li> <li>◆ &gt; Dei</li> </ul>		Nextcloud		tus			~	ō



From the external hard drive, select the folders you have created and renamed, and copy them to the Nextcloud team folder. Wait for the data to copy. Only add up to 100 GB of files at a time or your folders will not sync fully.



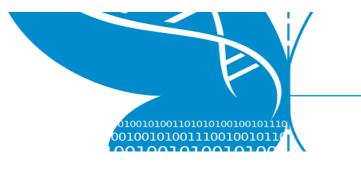


#### How to avoid failed Nextcloud uploads:

Make sure that the folders that your share links point to contain ONLY jpg, txt or DAT files. No subfolders can be inside.

If there is no data on a card (no pictures or audio recorded that week), don't make an empty Nextcloud folder. You can add to the notes field of the activity in the Web Admin to explain there was no data recorded. It can happen!

The format of the share link should be https://nextcloud.rahtiapp.fi/s/xxxxxxxxxxxx OR https://nextcloud.rahtiapp.fi/index.php/s/xxxxxxxx xxxxxx (15 letters&numbers at the end)



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## **4.4 Synchronise files to our Nextcloud server**

As soon as you placed files in the Nextcloud folder, it started uploading (syncing) those files over the internet to the Nextcloud server. You should see a Nextcloud icon in the system tray (Windows, KDE), status bar (macOS), or notification area (Linux). While the sync is going on, the icon is blue. The sync may take several days, depending on your internet connection and amount of data. It will happen in the background and you can pause it if you need to. Don't worry if you lose internet connection, the client will handle it automatically and continue when your connection comes back.

To pause syncing, click the icon. A box will pop up. Click your name at the top, and from the menu that appears click "Pause sync for all". The icon will turn grey. To resume, click "Resume sync for all" from the same menu.

When the sync is complete, the icon will turn green. **Do not go on to the next step until the icon is green**. This can take several days. To see how the sync is progressing and estimate time remaining, you can go to the Nextcloud web client and see how many of your files and folders have already appeared there.

If the icon is grey with three dots, that means your application has lost connection with our server. Check your internet connection.

If the icon is yellow, there is some notification of a problem waiting for you and you should click the icon.

If the icon is red, there is a problem with your configuration. Click on your name and check the Settings.

3

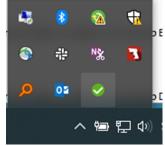


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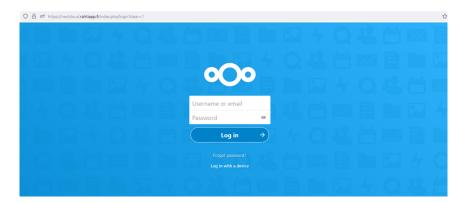
## 4.5 Create a share link

For each image / audio folder, you should do this step and the following step one after the other, so repeat steps 4.5 and 4.6 until all five audio folders and all five image folders are done. This will save you some time and effort when you don't have to write share links down.

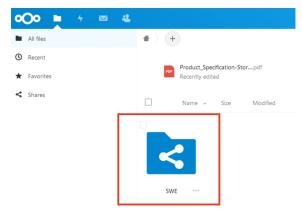
 Wait until the Nextcloud icon turns green, which means the sync is complete. This can take several days, depending on your internet connection.



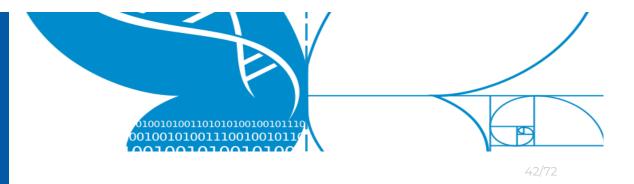
 Open the web client at nextcloud.rahtiapp.fi and log in.



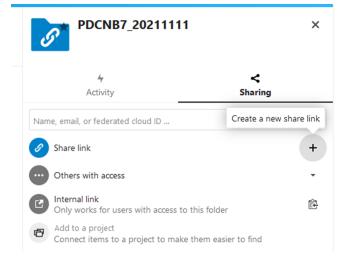
 Open the folder with your team code that contains your synced files.



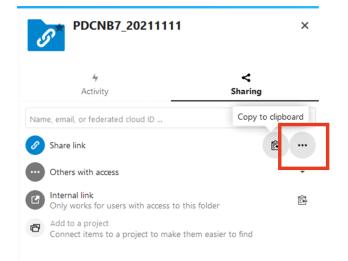
Project LIFEPLAN lifeplan@helsinki.fi

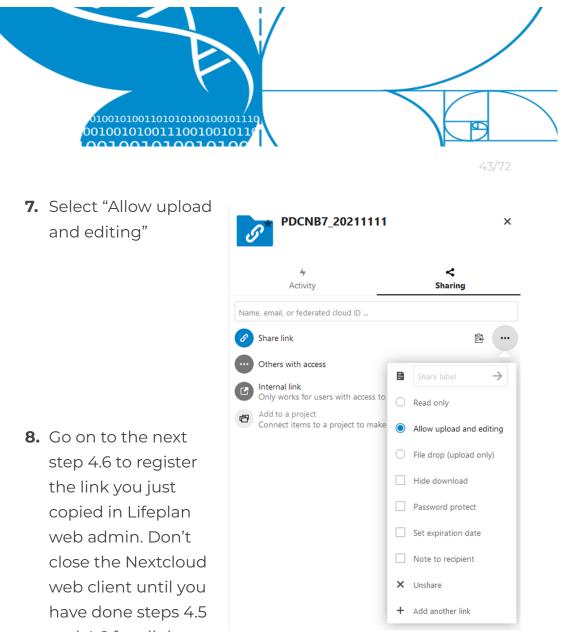


- 4. REPEAT FROM HERE FOR EACH FOLDER: Inside your team folder, click the three dots next to the name of the audio/image data folder you are linking. Click "Share" in the menu that appears.
- 5. A new menu opens up on the right. Click the + next to "share link".

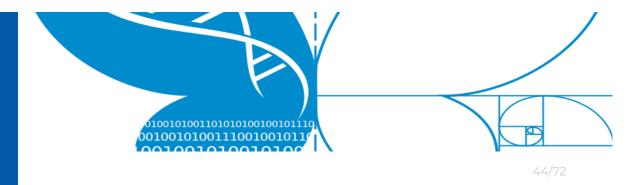


**6.** Click on the three dots





and 4.6 for all the folders.



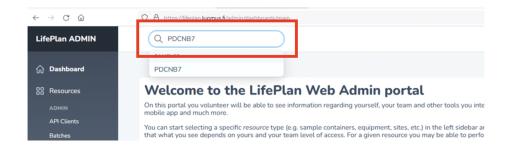
## 4.6 Register files in LifePlan ADMIN

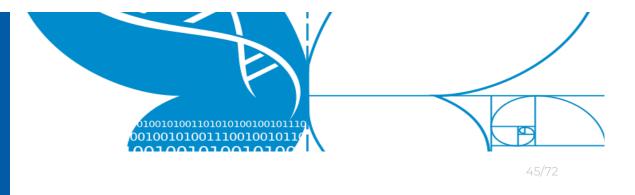
The last step of the file upload process is for you to connect the uploaded files to your Collection activity. You will need the share link copied to your clipboard from the previous step. If the Collection activity was created in the field by someone else on your team, follow steps 1 and 7.

1. In another browser tab, open Lifeplan Web admin: <u>https://lifeplan.luomus.fi/</u> and log in

O A https://ifeplan.luomus.fi/admin/login		
	LifePlan ADMIN	
	Welcome Back!	
	Email Address	
	Password	
	Remember Me Forgot Your Password?     Login	

2. Search for the relevant SD card code in the search bar at the top of the web page





**3.** In the activities section, navigate to the correct collection date and click on the edit button

QR Code						
	분입분					
	<u></u>					
	回転る					
Туре	Audio SD Card					
Condition	OK					
Notes	_					
ctivities						
cuvides						V
v v						
	DATE & TIME	USER	TRAP	SAMPLE	SITE	Edit
•	DATE & TIME 11/1/2021 12:03 (Europe/Berlin)	USER Deirdre Kerdraon	trap NJ78M9	SAMPLE PDCNB7	SITE	Edit

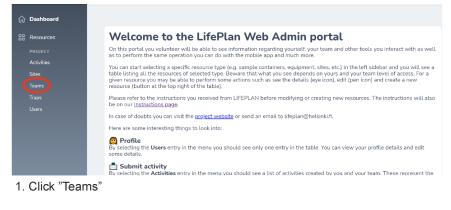
**4.** Paste the share link you copied from the nextcloud folder into the resource path box and click "Update Activity"

Site *	(HT4 v)	
	With Trashed	
Team *	Sweden	
	With Trashed	·
Resource Path	https://inextcloud.rahtiapp.fl/index.php/u/jTfgayWnTnos7RR	
Notes		
	Notes	
	Cancel	pdate & Continue Editing Update Activity

- To register the other folders, perform steps 4.5.4 4.5.8 and 4.6.2 4.6.4 for each folder.
- 6. Finished! After the files have been successfully copied to long-term storage, they will be automatically deleted from your cloud account and local folder. The empty folders will be left behind, so you will want to periodically go through your local folder and remove the empty subfolders to keep it tidy. If something goes wrong, you should get an error email from us, but if a folder does not empty

> within a few days, please contact us with the folder name and check if there's a problem we missed.

7. If the Collection activity was created by a different team member, after logging in you need to first select "Teams" on the left, then click "View" on the correct team, and the "Edit" on the correct Activity. Then paste the share link just like in steps 3 and 4.

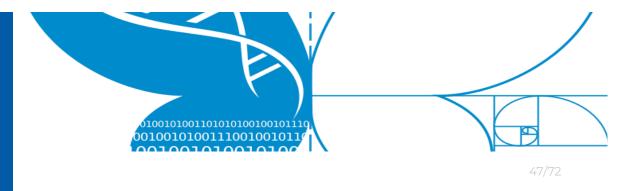


Greate	A-Taam	
Sweden	SWE	
NAME	CODE	

2. Find the team whose activities you want to edit and click View

Activities						
					Creat	e Activity
ТҮРЕ	DATE & TIME	USER	TRAP	SAMPLE	SITE	
Collection	16/09/2020 12:00 (Europe/Helsinki)	Hanna Rogers	N5W5ZN	PL7JE8	UA3	
Collection	16/09/2020 12:00 (Europe/Helsinki)	Hanna Rogers	NPJB5A	PCX1FG	UA3	• 12

3. Scroll down to find the team's Activities, find the one you need to edit and click Edit



# 5. Trap & sample condition with notes

In the *LifePlan Mobile* app when registering new activities, you may set trap or sample conditions.

Setting the trap and sample conditions is important and helps the *Project LIFEPLAN* admins identify potentially problematic samples during the analysis process. You may also leave custom notes in the notes field if you need to.

This section describes which conditions are applicable to what specific equipment and sample type; but also how to properly use the notes field.

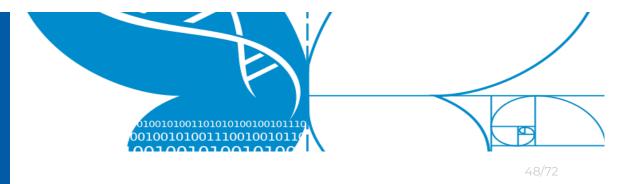


For Root and Soil samples there are no condition fields. Instead select the site and location of the collected sample.

## 5.1 Trap and sample condition

## 5.1.1 Cyclone Sampler

- OK: everything is normal
- Issue 1 Battery died before site visit: the sampler had already stopped running when you came to collect the sample
- Issue 2 Fallen over: the sampler fell over
- Issue 3 Frozen: the sampler / battery froze and stopped running
- Issue Other: some other problem with the sampler.
   Use the Notes field to describe further
- Broken: the sampler is otherwise not working



## 5.1.2 Cyclone Vial

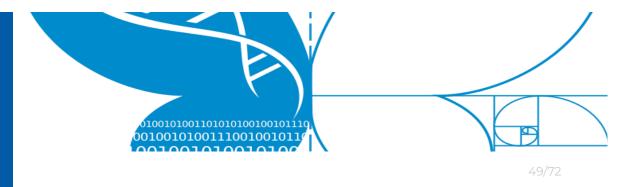
- OK: everything is normal
- Issue 1 Filled with water/ice: The vial has overflowed with water or ice or snow
- Issue Other: some other problem with the vial. Use the Notes field to describe further
- Broken: the vial is otherwise damaged

## 5.1.3 Malaise Trap

- OK: everything is normal
- Issue 1 Sagged: the tent was not in the correct shape when you came to collect the sample
- Issue 2 On its side
- Issue Other: some other problem with the trap. Use the Notes field to describe further
- Broken: the Malaise trap is otherwise broken or has fallen over

## 5.1.4 Malaise bottle

- OK: everything is normal
- Issue 1 Spilled: the contents of the bottle have fallen out
- Issue 2 Entrance jammed: Something has blocked invertebrates from entering the bottle
- Issue 3 contaminated: there is an object that is not an invertebrate inside the bottle
- Issue Other: some other problem with the trap. Use the Notes field to describe it further.
- Broken: The bottle is otherwise broken



### 5.1.5 Camera

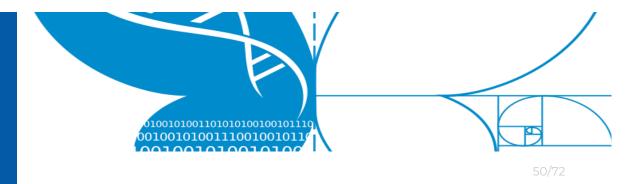
- OK: everything is normal
- Issue 1 Field of view changed: the camera had moved during the week
- Issue2 Fallen over: the camera had fallen off the tree / post
- Issue 3 Dead batteries: the camera's battery had already run out when you came to collect the SD card
- Issue Other: some other problem with the camera.
   Use the Notes field to describe further
- Broken: the camera had stopped working for other reasons

## 5.1.6 Image SD card

- OK: everything is normal
- Issue 1 Possible lost images:
- Issue Other: some other problem with the SD card.
   Use the Notes field to describe further
- Broken: The SD card is otherwise broken

## 5.1.7 Audio Recorder

- OK: everything is normal
- Issue 1 Field of view changed: the audio recorder had moved during the week
- Issue2 Fallen over: the audio recorder had fallen off the tree / post
- Issue 3 Dead batteries: the audio recorder's battery had already run out when you came to collect the SD card



- Issue 4 Red and green lights flashing
- Issue Other: some other problem with the audio recorder. Use the Notes field to describe further
- Broken: the audio recorder had stopped working for other reasons

## 5.1.8 Audio SD card

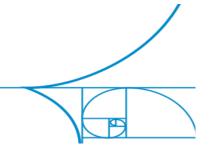
- OK
- Issue 1 Possible missing audio
- Issue Other: some other problem with the microSD card. Use the Notes field to describe further
- Broken: The microSD card is otherwise broken

## 5.2 Location for Soil samples

#### Soil Sample

- Corner 1...4: Soil sample is from one of the corners. Decide and note for yourself which corner of the plot is which.
- Middle: Soil sample is from the middle of the plot
- Use the Notes field to describe any issues with the sample





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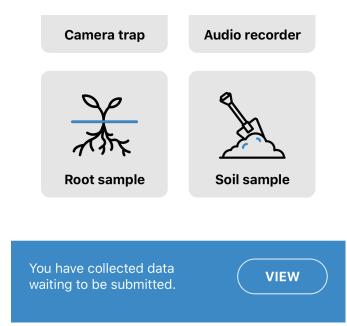
## **6 Offline Mode and Data Backup**

You can still Place and Collect samples even **without internet connection**, in a so called *Offline mode*.

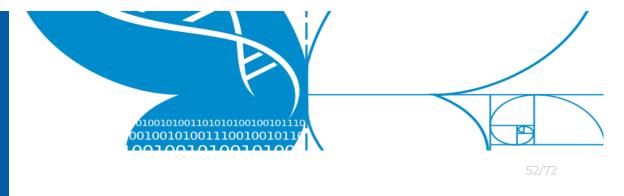
When you have no internet connection your Placement and Collection activities will be **saved locally on your phone**. These have to be<u>manually resubmitted</u> once your internet connection has been restored.

With **unsubmitted activities,** saved on your phone, there will be a **blue** banner at the bottom of your home screen.

You can **export** unsubmitted activities and **create backups**.

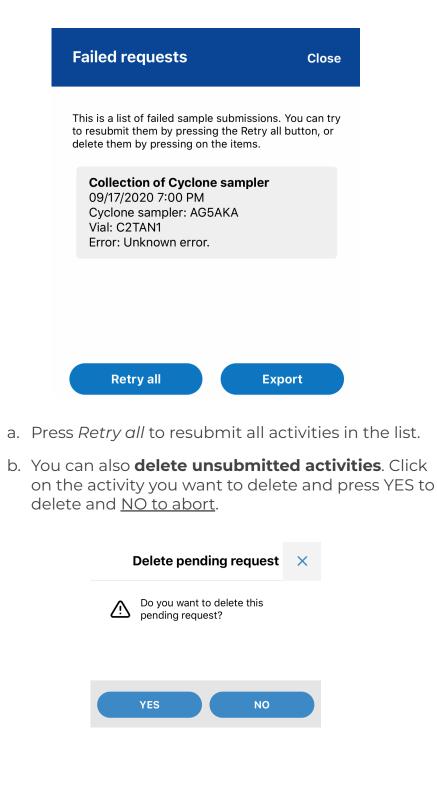


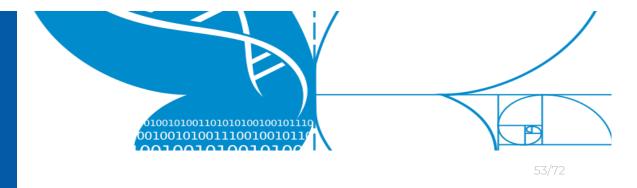
View unsubmitted activities by pressing the **VIEW BUTTON**.



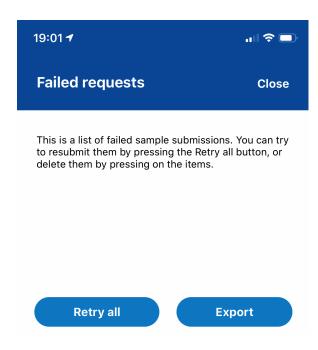
## 6.1 Resubmit activities

1. In the Failed requests view you can see a list of all locally saved (**unsubmitted**) requests.

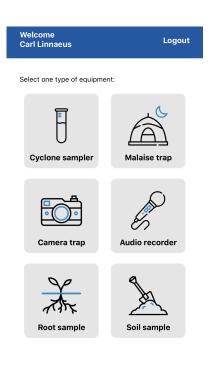




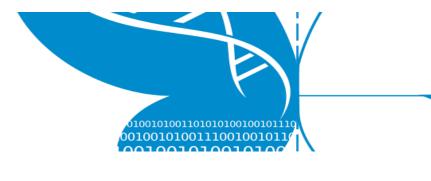
2. Once resubmitted (or deleted), the activities are removed from the list.



3. When there are no more unsubmitted activities, the **blue** banner is removed from the home screen.



Project LIFEPLAN lifeplan@helsinki.fi



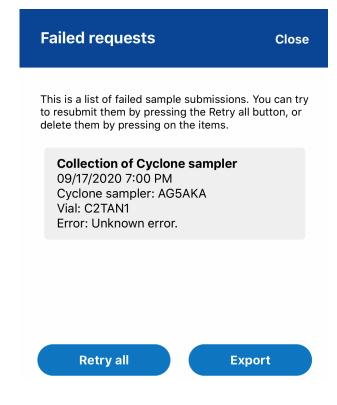
54/72

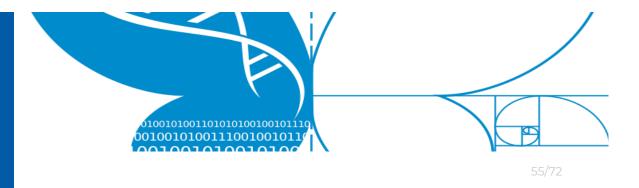
## 6.2 Export and backup activities

If you are without internet connection for multiple weeks, You can **export and backup** locally stored, unsubmitted, activities. This is just in case your phone gets lost or destroyed.

First you will select a file format and save an exported file on your Android or iOS device. Then using your Windows or Mac computer, copy the exported files from your mobile device to your computer's hard drive.

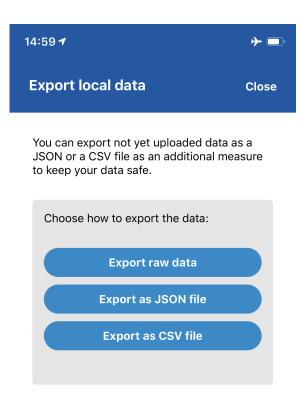
1. Press the **Export** button.





2. Select file format for your exported data and press the corresponding button.

If you are unsure what format to use, raw data is the most comprehensive - but all data sets are complete.





#### 3. Make note of the *Filename* or *Filepath*.

On iOS there will only be a filename while on android there will be a complete file path.

iOS

Sucessfully saved the file.

Connect the phone to a computer or laptop with a USB cable and transfer the file using iTunes on Windows or Finder on Mac.

Filename:

csv\_exported\_data\_2020\_9\_17\_19\_1\_19.c sv

#### Android

#### Sucessfully saved the file.

Connect your phone to a computer or laptop with a USB cable and browse to the file directory for the LifePlan app to transfer the file.

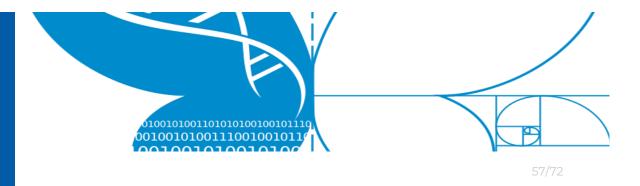
Filepath:

/storage/emulated/0/Android/data/ com.lifeplanapp.internal/files/ raw\_exported\_data\_2020\_9\_15\_15\_30\_13.json

4. The method for accessing backup files from a computer differs depending on computer and mobile device operating system. **Follow the guide corresponding to your setup**.

#### There is a guide for:

- a. iOS and Windows
- b. iOS and Mac
- c. Android and Windows
- d. Android and Mac



#### 6.2.1 iOS and Windows

The following guide describes how to copy a LifePlan backup file from an iOS device to a Microsoft Windows PC.

Prerequisites. You need a:

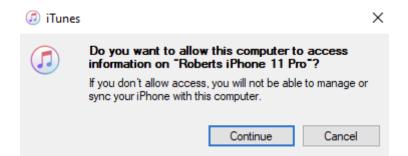
- USB to Apple Lightning cable
- PC running Windows operating system
- Apple iTunes installed on PC

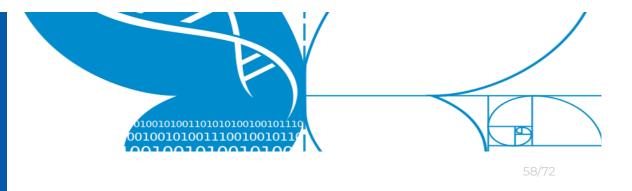
#### Instructions.

- 1. Connect *iOS* device to PC using USB to lightning cable.
- 2. Unlock the <u>iOS</u> device and press "Trust" when asked to "Trust This Computer".



3. Open *iTunes* and click "Continue" when asked:





4. When the iOS device has been connected it should appear under the devices list on the left-hand side (see **blue** line).

Now **Click the phone icon** (marked with **red** rectangle)

			Ś
File Edit Song View Controls	Account Help		
< > 🎵 Music		Library F	or You Brows
Library			
Recently Added			
📌 Artists	_		
Albums	Tones		
📕 Songs	No items		
🔠 Genres			
Devices	Name	Time	Artist
Roberts iPhone 11 Pro			
Music Playlists ~			
🖓 Genius			

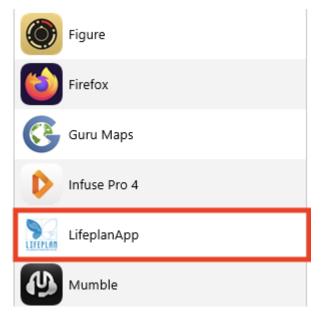
5. On the left-hand side - **click** "File Sharing" (highlighted **blue**)

<b>↔ ► ► −−−</b> 0		É	:=
File Edit View Controls Account Help		Roberts iPhone 11 Pro	
Roberts iPhone 11 Pro <b>A</b> 256GB 89% • + Settings	File Sharing The apps listed below can	transfer documents between your iPhone	and this computer.
Summary Music Movies TV Shows	Apps	Document	S
Photos Info K File Sharing	• ① • 1Password		
On My Device	BOOM		
Music Movies	Chrome		

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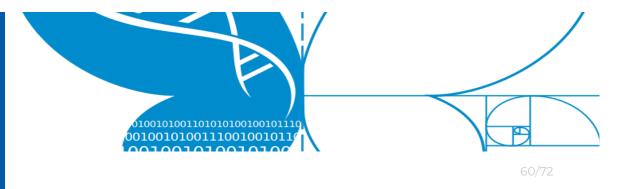
6. Scroll the list of applications. **Find and click** the **LifePlan** icon.



7. On the right-hand side you will see a list of files.

## LifeplanApp Documents

	csv_exported_data_2020_8_21	4 KB	2020-08-21 23:22
	csv_exported_data_2020_8_23	4 KB	2020-08-23 17:53
	csv_exported_data_2020_9_4	4 KB	2020-09-04 14:47
	csv_exported_data_2020_9_15	4 KB	Today 14:59
	export.json	4 KB	2020-07-28 15:10
1	exports	4 KB	2020-07-31 14:50
	json_exported_data_2020_8_2	4 KB	2020-08-21 23:22
	json_exported_data_2020_9_4	4 KB	2020-09-04 14:50
	json_exported_data_2020_9_1	4 KB	Today 14:59
	raw_exported_data_2020_8_21	4 KB	2020-08-21 23:22
	raw_exported_data_2020_9_4	4 KB	2020-09-04 14:50
	raw_exported_data_2020_9_15	4 KB	Today 14:59

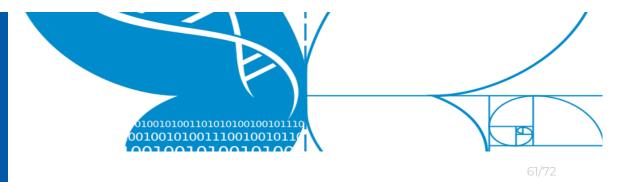


8. Select all the files you want to backup (copy). Then drag-and-drop the files to the desired PC destination.

#### LifeplanApp Documents

csv_exported_data_2020_8_21_23_22_28.csv	4 KB	2020-08-21 23:22
csv_exported_data_2020_8_23_17_53_41.csv	4 KB	2020-08-23 17:53
csv_exported_data_2020_9_4_14_47_42.csv	4 KB	2020-09-04 14:47
csv_exported_data_2020_9_15_14_59_27.csv	4 KB	Today 14:59
🥥 export.json	4 KB	2020-07-28 15:10
exports	4 KB	2020-07-31 14:50
ison_exported_data_2020_8_21_23_22_35.json	4 KB	2020-08-21 23:22
ison_exported_data_2020_9_4_14_50_9.json	4 KB	2020-09-04 14:50
🦪 json_exported_data_2020_9_15_14_59_23.json	4 KB	Today 14:59
raw_exported_data_2020_8_21_23_22_36.json	4 KB	2020-08-21 23:22
iaw_exported_data_2020_9_4_14_50_4.json	4 KB	2020-09-04 14:50
aw_exported_data_2020_9_15_14_59_19.json	4 KB	Today 14:59

9. Your files containing your unsubmitted activities are now backed up.



#### 6.2.2 iOS and Mac

The following guide describes how to copy a LifePlan backup file from an iOS device to a Microsoft Windows PC.

#### Prerequisites. You need a:

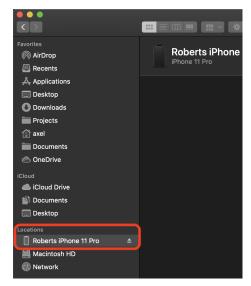
- USB to Apple Lightning cable
- Mac computer running *macOS* operating system

#### Instructions.

- 1. Connect the *iOS* device to your Mac using USB to lightning cable.
- 2. Unlock the <u>iOS</u> device and press "Trust" if asked to "Trust This Computer".



- 3. Open a new finder window.
- 4. On the left-hand side, under *Locations*, find and click your iOS device name (see **red** rectangle).

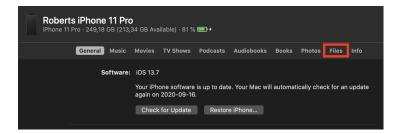




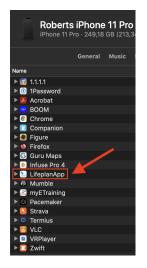
5. (If necessary) press the **blue** "Trust" button.

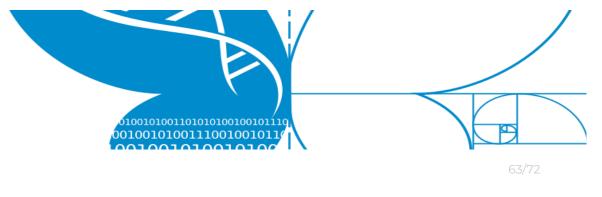
	Roberts iPhone 11 Pro	
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Favorites (in) AirDrop Im) Recents	Roberts iPhone 11 Pro iPhone 11 Pro	
Applications		
Desktop		
O Downloads		
Projects		
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Documents		
OneDrive		
iCloud	Trust Roberts iPhone	e 11 Pro
Documents	To sync this computer with your iPhone, click Trust	, then tap Trust on the device.
Desktop		1
Locations	Trust	
🗍 Roberts iPhone 11 Pro 🛛 🔺		
Aacintosh HD		
Network		

6. Press "Files" in the top right-hand corner.



7. Scroll the list of applications and find the LifePlan icon.





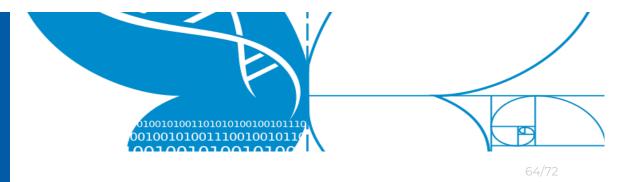
8. Click the *LifePlan* icon.

Infuse Pro 4		
🔻 🖭 LifeplanApp		
csv_exported_data_2020_8_21_23_22_28.csv	613 bytes	21 Aug 2020 at 23:22
csv_exported_data_2020_8_23_17_53_41.csv	613 bytes	23 Aug 2020 at 17:53
csv_exported_data_2020_9_4_14_47_42.csv	293 bytes	4 Sep 2020 at 14:47
csv_exported_data_2020_9_15_14_59_27.csv	303 bytes	Today at 14:59
export.json	1 KB	28 Jul 2020 at 15:10
exports	1 KB	31 Jul 2020 at 14:50
json_exported_data_2020_8_21_23_22_35.json	1 KB	21 Aug 2020 at 23:22
json_exported_data_2020_9_4_14_50_9.json	357 bytes	4 Sep 2020 at 14:50
json_exported_data_2020_9_15_14_59_23.json	376 bytes	Today at 14:59
raw_exported_data_2020_8_21_23_22_36.json	1 KB	21 Aug 2020 at 23:22
raw_exported_data_2020_9_4_14_50_4.json	466 bytes	4 Sep 2020 at 14:50
raw_exported_data_2020_9_15_14_59_19.json	487 bytes	Today at 14:59
Mumble		

9. Select the files you want to backup. Drag-and-drop selected files to your desired backup location.

Infuse Pro 4		
🔻 놀 LifeplanApp		
csv_exported_data_2020_8_21_23_22_28.csv	613 bytes	21 Aug 2020 at 23:22
csv_exported_data_2020_8_23_17_53_41.csv	613 bytes	23 Aug 2020 at 17:53
csv_exported_data_2020_9_4_14_47_42.csv	293 bytes	4 Sep 2020 at 14:47
csv_exported_data_2020_9_15_14_59_27.csv	303 bytes	Today at 14:59
export.json	1 KB	28 Jul 2020 at 15:10
i exports	1 KB	31 Jul 2020 at 14:50
ison_exported_data_2020_8_21_23_22_35.json	1 KB	21 Aug 2020 at 23:22
ison_exported_data_2020_9_4_14_50_9.json	357 bytes	4 Sep 2020 at 14:50
🖻 json_exported_data_2020_9_15_14_59_23.json	376 bytes	Today at 14:59
raw_exported_data_2020_8_21_23_22_36.json	1 KB	21 Aug 2020 at 23:22
raw_exported_data_2020_9_4_14_50_4.json	466 bytes	4 Sep 2020 at 14:50
raw_exported_data_2020_9_15_14_59_19.json	487 bytes	Today at 14:59

10. Your files containing your unsubmitted activities are now backed up.



#### 6.2.3 Android and Windows

The following guide describes how to copy a *LifePlan* backup file from an *Android* device to a *Microsoft Windows* PC.

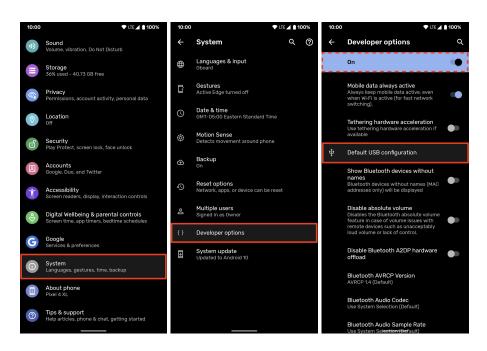
Prerequisites. You need a:

- USB cable (for connecting your mobile device)
- PC running Microsoft Windows operating system
- USB File transfer enabled on Android device

#### **Enable USB File transfer**

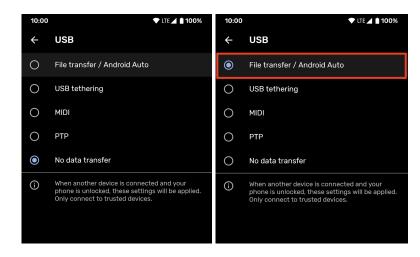
In order to enable USB File transfer, first you also need to enable "Developer" mode.

- a. On your Android device, go to Settings
- b. Press "System"
- c. Press "Developer options",
- d. Enable developer options (dashed rectangle).
- e. Press "Default USB Configuration".





f. Select "File transfer / Android Auto" (or similar)





#### Instructions.

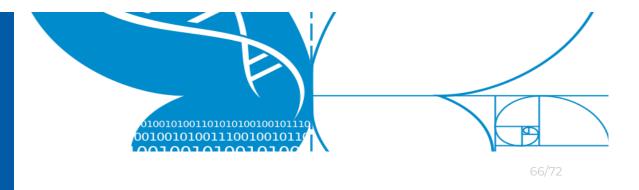
Unlock your mobile device.

Connect the *Android* device to your *Mac* computer using the USB cable.

Open Windows File explorer and navigate to "Devices and drivers".

Look for your device.

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$\leftarrow \rightarrow \checkmark \uparrow \blacksquare$ ) Th	is PC	✓ Č Search This PC	
📌 Quick access	> Folders (7)		
💻 This PC	V Devices and drives (3)		
🗊 3D Objects	ONEPLUS A3003	Local Disk (C:)	
Desktop		199 GB free of 475 GB	
🔮 Documents	CD Drive (D:) OnePlus Drivers		
🖶 Downloads	0 bytes free of 18,0 MB CDFS		
👌 Music			
ONEPLUS A3003			
Pictures			
📑 Videos			
🏪 Local Disk (C:)			
CD Drive (D:) OnePI			
CD Drive (D:) OnePlu			
🔿 Network			



 a. If your device looks like a camera, you most likely need to enable file transfer over USB on your Android device. See the prerequisites section above.



Remember the **File path** specified within the *LifePlan Mobile* app during file export.



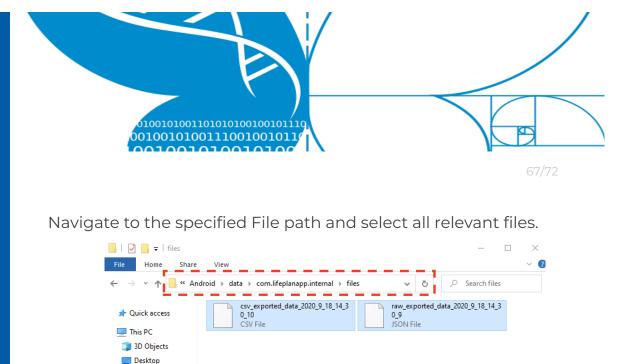
The first part of the File Path is NOT correct and does not match any file path of the device.

Often times you can replace /storage/emulated/0 with /[your device name]/[internal storage]



com.lifeplanapp.internal/files/ raw\_exported\_data\_2020\_9\_15\_15\_30\_13.json

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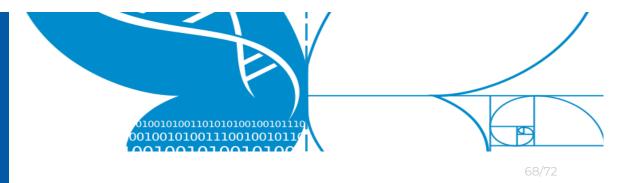


ONEPLUS A3003

Documents
 Downloads
 Music

Copy the selected file(s) to your *Windows* computer

Your files containing your unsubmitted activities are now backed up.

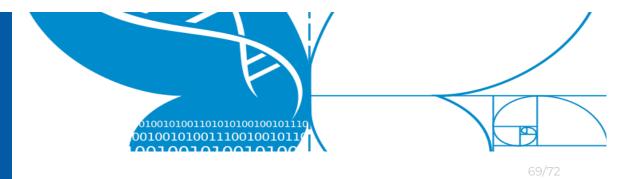


#### 6.2.4 Android and Mac

The following guide describes how to copy a LifePlan backup file from an *Android* device to an Apple Mac computer.

Prerequisites. You need a:

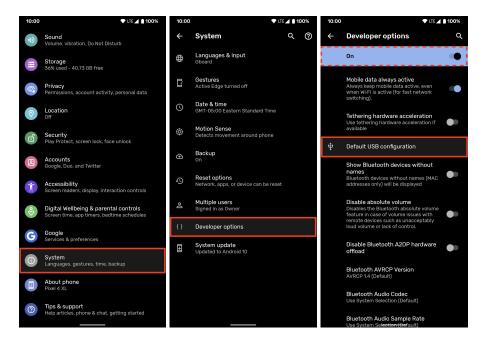
- USB cable (for connecting your mobile device)
- PC running *Windows* operating system
- "Android File Transfer" application for Mac installed (or similar) <u>www.android.com/filetransfer/</u>
- USB File transfer enabled on *Android* device (se instructions below)



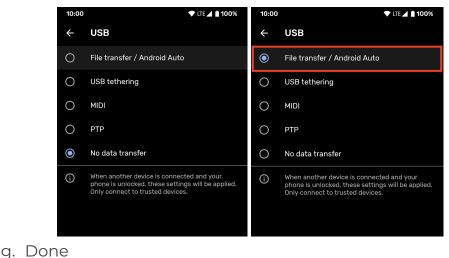
#### **Enable USB File transfer**

In order to enable USB File transfer, first you also need to enable "Developer" mode.

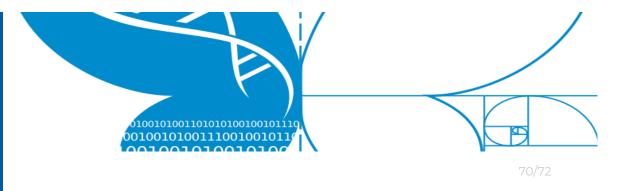
- a. On your Android device, go to Settings
- b. Press "System"
- c. Press "Developer options",
- d. Enable developer options (dashed rectangle).
- e. Press "Default USB Configuration".



#### f. Select "File transfer / Android Auto" (or similar)



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#### Instructions.

- 1. Unlock your mobile device.
- 2. Connect the *Android* device to your *Mac* computer using the USB cable.
- 3. Open the Android File Transfer application

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• 🔜 .uxx		
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🕨 🚞 amap		
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artrickeye		
backups		
Carousell		
com.facebook.katana		
com.facebook.orca		
DCIM		
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did	2020-09-11, 20:25	74 byt
Download		



4. Remember the **File path** specified within the *LifePlan Mobile* app during file export.



The first part of the File Path is NOT correct and does not match any file path of the device.

Often times you can replace /storage/emulated/0 with /[your device name]/[internal storage]

	Even with a set data	a.
	Export local data	Close
	You can export not yet uploaded data as CSV file as an additional measure to kee safe.	
	Choose how to export the data:	
	Export raw data	
	Export as JSON file	
	Export as CSV file	
	Sucessfully saved the file.	
	Connect your phone to a computer or a USB cable and browse to the file dire LifePlan app to transfer the file.	
	Filepath:	
	/storage/emulated/0/Android/data/ com.lifeplanapp.internal/files/ raw_exported_data_2020_9_15_15_30	D_13.json
lepath:		
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raw\_exported\_data\_2020\_9\_15\_15\_30\_13.json



5. Navigate to the specified File path and select all relevant files.

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ame	<ul> <li>Last Modified</li> </ul>	Siz
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com.google.android.googlequicksearchbox		
Com.google.android.googlequicksearchbox		
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<ul> <li>com.mcdonalds.mobileapp</li> <li>com.mi.android.globalFileexplorer</li> </ul>		

- 6. Copy the selected file(s) to your *Mac* computer
- 7. Your files containing your unsubmitted activities are now backed up.