

# WELCOME NEW EXCHANGE STUDENTS

Join one of the  
top 1% universities  
in the world



## THINK CLEAR, HEAD NORTH

The University of Helsinki (UH) is the oldest and largest institution of academic education in Finland. In international university rankings, we typically rank around the top 100.

### WHY CHOOSE UNIVERSITY OF HELSINKI?

- A large selection of courses taught in English
- Low hierarchy between students, teachers and administration
- Student life in Helsinki is lively and packed with things to do
- Great, affordable public transport system
- Healthy student lunches for less than 5 €
- Helsinki is surrounded by a stunning archipelago with many islands to explore
- Want to experience the Nordic winter? Come in January for our spring semester! For something a bit warmer (and the autumn colours), come in August for our autumn semester!

[HELSINKI.FI/EXCHANGE](https://helsinki.fi/exchange)



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## THE UNIVERSITY IN BRIEF

### 30,000 STUDENTS

Around 10% of our degree students are international and we welcome annually more than 1,000 exchange students.

### 4 CAMPUSES AND 11 FACULTIES

The university contains 11 faculties, and provides teaching on four campuses in Helsinki: City Centre, Kumpula, Meilahti and Viikki. In addition, the University has several research stations in Finland as well as one in Kenya.

### 55,000+ ALUMNI

As an exchange student you become part of the network of UH alumni all over the world.

### 8,000 EMPLOYEES

In total, about 8,000 employees work at the university. Over half of them are teaching and research staff and ~30% come from outside Finland.

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AGRICULTURE AND FORESTRY  
BIOLOGICAL AND ENVIRONMENTAL SCIENCES  
EDUCATIONAL SCIENCES  
HUMANITIES  
LAW  
MEDICINE  
PHARMACY  
SCIENCE  
SOCIAL SCIENCES  
SWEDISH SCHOOL OF SOCIAL SCIENCE  
THEOLOGY  
VETERINARY MEDICINE

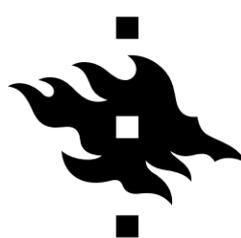
## FACULTIES

[HELSINKI.FI/EXCHANGE](https://helsinki.fi/exchange)

## GET TO KNOW US



[YOUTUBE.COM/UNIVERSITYOFHELSENKI](https://www.youtube.com/UniversityofHelsinki)  
[INSTAGRAM.COM/UNIVERSITYOFHELSENKI](https://www.instagram.com/UniversityofHelsinki)



UNIVERSITY OF HELSINKI



FINLAND.FI

# FINLAND IN FACTS



## SAFETY

One of the safest countries in the world.



## SPACE

Sparsely populated with 5,6 million inhabitants.



## NATURE

Most heavily forested country in Europe with the most lakes.



## WELLBEING

The Nordic work-life balance supports wellbeing.



## FREEDOM

Among the top countries for press freedom.



## EDUCATION

Primary education one of the best globally.



## LANGUAGE

Official languages are Finnish and Swedish, but most speak fluent English, especially in Helsinki.



## EQUALITY

The first country in the world to give full political rights to women.

FINLAND.FI



MYHELSINKI.FI

# HELSINKI STUDENT CAPITAL

## ONE OF THE MOST LIVABLE CITIES IN THE WHOLE WORLD

Helsinki is a very safe, modern, and green city with some 700,000 friendly folks. Everything here is within easy reach and things work well. Helsinki is a good place to explore the cool urban culture, surrounding nature and the sea that makes its presence felt everywhere. Helsinki ranks frequently among the world's best cities to live in.

In addition to being the capital city of Finland, Helsinki has a reputation for being a vibrant city for students. With several higher education institutions in the Helsinki area and 70,000 university students, it is well set up to cater to the needs of students from all walks of life. A wide range of international study programmes welcome new students to Helsinki from all over the world. Explore and be inspired!

MYHELSINKI.FI

#MYHELSINKI

# MEET THE PECULIAR FINNS

## AND LEARN TO LOVE THEM

We Finns aren't the biggest chit-chatters and we don't feel the need to fill every silent moment in a conversation with blabber. This doesn't mean we aren't social – we are, but in our own funny way. Finns usually genuinely mean what they say. We prefer a straight and honest approach.

On the other hand, Finnish people love to tell tales and test the listener on whether they buy everything they are told. This is a part of Finnish humour and one shouldn't get offended by it – it's just our way of telling you we like you. If you get invited to a Finnish home, you have earned your place in their heart and are building up to a life-long friendship with a Finn!

HELSINKI.FI/EXCHANGE

# APPLICATION DEADLINES FOR EXCHANGE STUDENTS



## FOR ACADEMIC YEAR OR AUTUMN SEMESTER

### APRIL 15

Citizens of non-EU/EEA-member states

### MAY 15

Citizens of EU/EEA-member states and Switzerland



## FOR SPRING SEMESTER

### SEPTEMBER 30

Citizens of non-EU/EEA-member states

### OCTOBER 15

Citizens of EU/EEA-member states and Switzerland

DON'T HESITATE TO CONTACT US!  
STUDENTEXCHANGE@HELSINKI.FI