

People and Planet

From Theory to
Solutions 2026

24 - 26.3.2026
Lahti, Finland

Call for Contributions:

The People and Planet: From Theory to Solutions conference will be held for the third time in Lahti, Finland, from **March 24 –26, 2026**.

This multisectoral conference brings together researchers, specialists, decision-makers, and business representatives from Europe and beyond to find solutions for planetary health and regional vitality. The conference explores synergies and contradictions between biodiversity, health, and the economy, offering an opportunity to share and discuss new scientific findings and practical solutions in a transdisciplinary environment.

The overarching question of this conference is: How can regional vitality and well-being be achieved while benefiting both people and the rest of nature?

Whether you are a researcher or a practical actor, we invite you to submit your proposal (max. 300 words) no later than on September 10, 2025 via the [conference website](#).

We invite three types of contributions, both scientific and practical:

1. Oral presentations for sessions organized by the conference team
2. Interactive sessions organized by the proposer
3. Posters

The proposals may align with one or more of the following topics:

1. From evidence to action: bringing nature's health benefits into practice.
2. Microbial exposure for good health. Has our life become too clean?
3. Thriving local economies in harmony with nature: how to make it a reality?
4. How can we support more inclusive decision-making for people and the rest of nature?
5. How can we live meaningfully and sustainably in a world of uncertainty and contradiction?

Practice-focused contributions could address novel tools, metrics, and approaches related to the topics. We hope to see bold examples of how to not only minimize the harm but also improve the state of nature. Posters are encouraged and can be suggested by organizers as an alternative to a talk. See the conference website for more details on the theme and topics, as well as the general conditions for the proposal submissions.

Important dates:

Deadline for the abstracts: September 10, 2025

Notification of acceptance for talks and posters: November 1, 2025.

Contact: peopleplanet-info@helsinki.fi

Website:

<https://www.helsinki.fi/en/conferences/people-and-planet-2026>

Main organizer: Lahti University Campus