

## Vivian Aline Mininel



Professor at Nursing Department of Federal University of São Carlos, Brazil ([ufscar.br](http://ufscar.br))  
Leader of the Research Group Work & Health: Management and Development ([gfst.ufscar.br](http://gfst.ufscar.br))

E-mail address: [vivian.aline@ufscar.br](mailto:vivian.aline@ufscar.br)

CV: [lattes.cnpq.br/4557060516800427](http://lattes.cnpq.br/4557060516800427)

ORCID: [orcid.org/0000-0001-9985-5575](http://orcid.org/0000-0001-9985-5575)

WoS: [webofscience.com/wos/author/record/F-9907-2014](http://webofscience.com/wos/author/record/F-9907-2014)

Scopus: [scopus.com/authid/detail.uri?authorId=36107212200](http://scopus.com/authid/detail.uri?authorId=36107212200)

### Background

For the past twenty years, I have been studying how different forms of work organization can affect workers' safety and health, mainly in healthcare services. From my background in nursing, public health, and healthcare management, I have always caught myself in uncomfortable situations when facing work conditions and environments that we, healthcare professionals, would face during our professional lives.

Driven by a desire to understand and change this reality, I began a long path of study and research alongside my job in health consultancy, which gave me the skills to learn and experience the world of work. After three specialization courses in (i) Health Services Management, University of São Paulo, Brazil; (ii) Work disability prevention, Sherbrooke University, Canada; and (iii) Education for Health Professions, Foundation for Advancement of International Medical Education and Research - FAIMER Institute Brazil, a Master's Degree in Nursing Administration and a PhD. in Health Sciences at São Paulo University, I started my academic professional life in 2011 at the Ribeirão Preto Nursing College of São Paulo University and since 2014 I have been working as professor at Federal University of São Carlos (UFSCar).

In 2019, I was invited to participate in the ITAPAR project (Innovation and Transformation for Prevention Activity of Professional Risks) led by Prof. Rodolfo Vilela in partnership with French researchers. Since then, I have been using the theoretical and methodological approach of CHAT and the Change Laboratory to intervene in the prevention of work-related diseases and injuries at the university hospital. We have been reaching impressive results in this project transforming the management model through a multi-level Change Laboratory intervention which has been developed since 2019 (we are currently in the follow-up stage). This experience enabled me to stay one year working at the *Centre de Recherche sur le Travail et le Développement, Conservatoire National des Arts et Métiers (CRTD-Cnam)* in Paris, France funding by the São Paulo Research Foundation (2023-2024). In this opportunity I could develop, in partnership with Brazilian and French colleagues, a hybrid model from Change Laboratory and Activity-Centered Analysis (not published yet).

In parallel, I have been participating in other funded projects related to the analysis and prevention of musculoskeletal and psychosocial disorders among university professors and healthcare workers using

different approaches and methods. I also coordinate community-based projects to strengthen the workers' health services in my city, a great opportunity to help practitioners learning and development towards strengthening the public healthcare system for workers.

Beyond my job at UFSCar, I currently work as associate researcher in 3 institutions: at the CRTD-Cnam, in France; in the Public Health Graduation Program at Public Health School of São Paulo University, Brazil; and in the Ergonomics PhD. Program in Calli University, in Colombia. Since June 2024 I am coordinating the ITAPAR project and nowadays we are organizing a book about expanding learning reached in or subprojects during the past years.

### My Wish for the Future

I wish to continue contributing to the construction of a better and fairer society using my skills, competences and the privilege to be in public universities. I believe in the power of education as stated by Paulo Freire *"Education does not transform the world. Education changes people and people transform the world"*. Having the opportunity to be connect to this wonderful CHAT community give me hope to a worldwide construction in this sense, helping promote the peoples' learning expansion that could be able to change the world. *"You may say I'm a dreamer. But I'm not the only one"* (John Lennon).

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