# Riemannian geometry ${ }^{1}$ 

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## 1 Differentiable manifolds, a brief review

### 1.1 Definitions and examples

Definition 1.2. A topological space $M$ is called a topological $n$-manifold, $n \in \mathbb{N}$, if

1. $M$ is Hausdorff,
2. $M$ has a countable base (i.e. $M$ is $N_{2}$ ),
3. $M$ is locally homeomorphic to $\mathbb{R}^{n}$.

Let $M$ be a topological $n$-manifold. A chart of $M$ is a pair $(U, x)$, where

1. $U \subset M$ is open,
2. $x: U \rightarrow x U \subset \mathbb{R}^{n}$ is a homeomorphism, $x U \subset \mathbb{R}^{n}$ open.

We say that charts $(U, x)$ and $(V, y)$ are $C^{\infty}$-compatible if $U \cap V=\emptyset$ or

$$
z=y \circ x^{-1} \mid x(U \cap V): x(U \cap V) \rightarrow y(U \cap V)
$$

is a $C^{\infty}$-diffeomorphism.


A $C^{\infty}$-atlas, $\mathcal{A}$, of $M$ is a set of $C^{\infty}$-compatible charts such that

$$
M=\bigcup_{(U, x) \in \mathcal{A}} U
$$

A $C^{\infty}$-atlas $\mathcal{A}$ is maximal if $\mathcal{A}=\mathcal{B}$ for all $C^{\infty}$-atlases $\mathcal{B} \supset \mathcal{A}$. That is, $(U, x) \in \mathcal{A}$ if it is $C^{\infty}$-compatible with every chart in $\mathcal{A}$.

Lemma 1.3. Let $M$ be a topological manifold. Then

1. every $C^{\infty}$-atlas, $\mathcal{A}$, of $M$ belongs to a unique maximal $C^{\infty}$-atlas (denoted by $\overline{\mathcal{A}}$ ).
2. $C^{\infty}$-atlases $\mathcal{A}$ and $\mathcal{B}$ belong to the same maximal $C^{\infty_{-}}$-atlas if and only if $\mathcal{A} \cup \mathcal{B}$ is a $C^{\infty}$-atlas. Proof. Exercise

Definition 1.4. A differentiable $n$-manifold (or a smooth $n$-manifold) is a pair $(M, \mathcal{A})$, where $M$ is a topological $n$-manifold and $\mathcal{A}$ is a maximal $C^{\infty}$-atlas of $M$, also called a differentiable structure of $M$.

We abbreviate $M$ or $M^{n}$ and say that $M$ is a $C^{\infty}$-manifold, a differentiable manifold, or a smooth manifold.

Definition 1.5. Let $\left(M^{m}, \mathcal{A}\right)$ and $\left(N^{n}, \mathcal{B}\right)$ be $C^{\infty}$-manifolds. We say that a continuous mapping $f: M \rightarrow N$ is $C^{\infty}$ (or smooth) if each local representation of $f$ (with respect to $\mathcal{A}$ and $\mathcal{B}$ ) is $C^{\infty}$. More precisely, if the composition $y \circ f \circ x^{-1}$ is a smooth mapping $x\left(U \cap f^{-1} V\right) \rightarrow y V$ for every charts $(U, x) \in \mathcal{A}$ and $(V, y) \in \mathcal{B}$. We say that $f: M \rightarrow N$ is a $C^{\infty}$-diffeomorphism if $f$ is $C^{\infty}$ and it has an inverse $f^{-1}$ that is $C^{\infty}$, too.


Remark 1.6. Equivalently, $f: M \rightarrow N$ is $C^{\infty}$ if, for every $p \in M$, there exist charts $(U, x)$ in $M$ and $(V, y)$ in $N$ such that $p \in U, f U \subset V$, and $y \circ f \circ x^{-1}$ is $C^{\infty}(x U)$.

Examples 1.7. 1. $M=\mathbb{R}^{n}, \mathcal{A}=\{i d\}, \overline{\mathcal{A}}=$ canonical structure.
2. $M=\mathbb{R}, \mathcal{A}=\{i d\}, \mathcal{B}=\left\{x \stackrel{h}{\mapsto} x^{3}\right\}$. Now $\overline{\mathcal{A}} \neq \overline{\mathcal{B}}$ since $i d \circ h^{-1}$ is not $C^{\infty}$ at the origin. However, $(\mathbb{R}, \overline{\mathcal{A}})$ and $(\mathbb{R}, \overline{\mathcal{B}})$ are diffeomorphic by the mapping $f:(\mathbb{R}, \overline{\mathcal{A}}) \rightarrow(\mathbb{R}, \overline{\mathcal{B}}), f(y)=y^{1 / 3}$. Note: $f$ is diffeomorphic with respect to structures $\overline{\mathcal{A}}$ and $\overline{\mathcal{B}}$ since $i d$ is the local representation of $f$.

3. If $M$ is a differentiable manifold and $U \subset M$ is open, then $U$ is a differentiable manifold in a natural way.
4. Finite dimensional vector spaces. Let $V$ be an $n$-dimensional (real) vector space. Every norm on $V$ determines a topology on $V$. This topology is independent of the choice of the norm since any two norms on $V$ are equivalent ( $V$ finite dimensional). Let $E_{1}, \ldots, E_{n}$ be a basis of $V$ and $E: \mathbb{R}^{n} \rightarrow V$ the isomorphism

$$
E(x)=\sum_{i=1}^{n} x^{1} E_{i}, \quad x=\left(x^{1}, \ldots, x^{n}\right)
$$

Then $E$ is a homeomorphism ( $V$ equipped with the norm topology) and the (global) chart $\left(V, E^{-1}\right)$ determines a smooth structure on $V$. Furthermore, these smooth structures are independent of the choice of the basis $E^{1}, \ldots, E_{n}$.
5. Matrices. Let $M(n \times m, \mathbb{R})$ be the set of all (real) $n \times m$-matrices. It is a $n m$-dimensional vector space and thus it is a smooth $n m$-manifold. A matrix $A=\left(a_{i j}\right) \in M(n \times m, \mathbb{R}), i=$ $1, \ldots, n, j=1, \ldots, m$

$$
A=\left(\begin{array}{cccc}
a_{11} & a_{12} & \cdots & a_{1 m} \\
a_{21} & a_{22} & \cdots & a_{2 m} \\
\vdots & \vdots & & \vdots \\
a_{n 1} & a_{n 2} & \cdots & a_{n m}
\end{array}\right)
$$

can be identified in a natural way with the point

$$
\left(a_{11}, a_{12}, \ldots, a_{1 m}, a_{21}, \ldots, a_{2 m}, \ldots, a_{n 1}, \ldots, a_{n m}\right) \in \mathbb{R}^{n m}
$$

giving a global chart. If $n=m$, we abbreviate $M(n, \mathbb{R})$.
6. $G L(n, \mathbb{R})=$ general linear group

$$
\begin{aligned}
& =\left\{L: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n} \text { linear isomorphism }\right\} \\
& =\left\{A=\left(a_{i j}\right): \text { invertible (non-singular) } n \times n \text {-matrix }\right\} \\
& =\left\{A=\left(a_{i j}\right): \operatorname{det} A \neq 0\right\}
\end{aligned}
$$

[Note: an $n \times n$-matrix $A$ is invertible (or non-singular) if it has an inverse matrix $A^{-1}$.]
By the identification above, we may interprete $G L(n, \mathbb{R}) \subset M(n, \mathbb{R})=\mathbb{R}^{n^{2}}$. Equip $M(n, \mathbb{R})$ with the relative topology (induced by the inclusion $\left.G L(n, \mathbb{R}) \subset M(n, \mathbb{R})=\mathbb{R}^{n^{2}}\right)$. Now the mapping det: $M(n, \mathbb{R}) \rightarrow \mathbb{R}$ is continuous (a polynomial of $a_{i j}$ of degree $n$ ), and therefore $G(n, \mathbb{R}) \subset \mathbb{R}^{n^{2}}$ is open (as a preimage of an open set $\mathbb{R} \backslash\{0\}$ under a continuous mapping).
7. Sphere $\mathbb{S}^{n}=\left\{p \in \mathbb{R}^{n+1}:|p|=1\right\}$. Let $e_{1}, \ldots, e_{n+1}$ be the standard basis of $\mathbb{R}^{n+1}$, let

$$
\begin{aligned}
& \varphi: \mathbb{S}^{n} \backslash\left\{e_{n+1}\right\} \rightarrow \mathbb{R}^{n} \\
& \psi: \mathbb{S}^{n} \backslash\left\{-e_{n+1}\right\} \rightarrow \mathbb{R}^{n}
\end{aligned}
$$

be the stereographic projections, and $\mathcal{A}=\{\varphi, \psi\}$. Details are left as an exercise.

8. Projective space $\mathbb{R} P^{n}$. The real $n$-dimensional projective space $\mathbb{R} P^{n}$ is the set of all 1dimensional linear subspaces of $\mathbb{R}^{n+1}$, i.e. the set of all lines in $\mathbb{R}^{n+1}$ passing through the origin. It can also be obtained by identifying points $x \in \mathbb{S}^{n}$ and $-x \in \mathbb{S}^{n}$. More precisely, define an equivalence relation

$$
x \sim y \Longleftrightarrow x= \pm y, x, y \in \mathbb{S}^{n}
$$

Then $\mathbb{R} P^{n}=\mathbb{S}^{n} / \sim=\left\{[x]: x \in \mathbb{S}^{n}\right\}$. Equip $\mathbb{R} P^{n}$ with so called quotient topology to obtain $\mathbb{R} P^{n}$ as a topological $n$-manifold. Details are left as an exercise.
9. Product manifolds. Let $(M, \mathcal{A})$ and $(N, \mathcal{B})$ be differentiable manifolds and let $p_{1}: M \times N \rightarrow M$ and $p_{2}: M \times N \rightarrow N$ be the projections. Then

$$
\mathcal{C}=\left\{\left(U \times V,\left(x \circ p_{1}, y \circ p_{2}\right)\right):(U, x) \in \mathcal{A},(V, y) \in \mathcal{B}\right\}
$$

is a $C^{\infty}$-atlas on $M \times N$. Example
(a) Cylinder $\mathbb{R}^{1} \times \mathbb{S}^{1}$
(b) Torus $\mathbb{S}^{1} \times \mathbb{S}^{1}=T^{2}$.
10. Lie groups. A Lie group is a group $G$ which is also a differentiable manifold such that the group operations are $C^{\infty}$, i.e.

$$
(g, h) \mapsto g h^{-1}
$$

is a $C^{\infty}$-mapping $G \times G \rightarrow G$. For example, $G L(n, \mathbb{R})$ is a Lie group with composition as the group operation.

Remark 1.8. 1. Replacing $C^{\infty}$ by, for example, $C^{k}, C^{\omega}$ (= real analytic), or complex analytic (in which case, $n=2 m$ ) we may equip $M$ with other structures.
2. There are topological $n$-manifolds that do not admit differentiable structures. (Kervaire, $n=10$, in the 60 's; Freedman, Donaldson, $n=4$, in the 80 's). The Euclidean space $\mathbb{R}^{n}$ equipped with an arbitrary atlas is diffeomorphic to the canonical structure whenever $n \neq 4$ ("Exotic" structures of $\mathbb{R}^{4}$ were found not until in the 80's).

### 1.9 Tangent space

Let $M$ be a differentiable manifold, $p \in M$, and $\gamma: I \rightarrow M$ a $C^{\infty}$-path such that $\gamma(t)=p$ for some $t \in I$, where $I \subset \mathbb{R}$ is an open interval.


Write

$$
C^{\infty}(p)=\left\{f: U \rightarrow \mathbb{R} \mid f \in C^{\infty}(U), U \text { some neighborhood of } p\right\} .
$$

Note: Here $U$ may depend on $f$, therefore we write $C^{\infty}(p)$ instead of $C^{\infty}(U)$.
Now the path $\gamma$ defines a mapping $\dot{\gamma}_{t}: C^{\infty}(p) \rightarrow \mathbb{R}$,

$$
\dot{\gamma}_{t} f=(f \circ \gamma)^{\prime}(t)
$$

Note: The real-valued function $f \circ \gamma$ is defined on some neighborhood of $t \in I$ and $(f \circ \gamma)^{\prime}(t)$ is its usual derivative at $t$.

Interpretation: We may interprete $\dot{\gamma}_{t} f$ as "a derivative of $f$ in the direction of $\gamma$ at the point $p^{\text {" }}$.

Example 1.10. $M=\mathbb{R}^{n}$
If $\gamma=\left(\gamma_{1}, \ldots, \gamma_{n}\right): I \rightarrow \mathbb{R}^{n}$ is a smooth path and $\gamma^{\prime}(t)=\left(\gamma_{1}^{\prime}(t), \ldots, \gamma_{n}^{\prime}(t)\right) \in \mathbb{R}^{n}$ is the derivative of $\gamma$ at $t$, then

$$
\dot{\gamma}_{t} f=(f \circ \gamma)^{\prime}(t)=f^{\prime}(p) \gamma^{\prime}(t)=\gamma^{\prime}(t) \cdot \nabla f(p) .
$$



In general: The mapping $\dot{\gamma}_{t}$ satisfies:
Suppose $f, g \in C^{\infty}(p)$ and $a, b \in \mathbb{R}$. Then
a) $\dot{\gamma}_{t}(a f+b g)=a \dot{\gamma}_{t} f+b \dot{\gamma}_{t} g$,
b) $\dot{\gamma}_{t}(f g)=g(p) \dot{\gamma}_{t} f+f(p) \dot{\gamma}_{t} g$.

We say that $\dot{\gamma}_{t}$ is a derivation.
Motivated by the discussion above we define:
Definition 1.11. A tangent vector of $M$ at $p \in M$ is a mapping $v: C^{\infty}(p) \rightarrow \mathbb{R}$ that satisfies:
(1) $v(a f+b g)=a v(f)+b v(g), \quad f, g \in C^{\infty}(p), a, b \in \mathbb{R}$;
(2) $v(f g)=g(p) v(f)+f(p) v(g) \quad$ (cf. the "Leibniz rule").

The tangent space at $p$ is the $(\mathbb{R}-)$ linear vector space of tangent vector at $p$, denoted by $T_{p} M$ or $M_{p}$.
Remarks 1.12. 1. If $v, w \in T_{p} M$ and $c, d \in \mathbb{R}$, then $c v+d w$ is (of course) the mapping $(a v+b w): C^{\infty}(p) \rightarrow \mathbb{R}$,

$$
(c v+d w)(f)=c v(f)+d w(f)
$$

It is easy to see that $c v+d w$ is a tangent vector at $p$.
2. We abbreviate $v f=v(f)$.
3. Claim: If $v \in T_{p} M$ and $c \in C^{\infty}(p)$ is a constant function, then $c v=0$. (Exerc.)
4. Let $U$ be a neighborhood of $p$ interpreted as a differentiable manifold itself. Since we use functions in $C^{\infty}(p)$ in the definition of $T_{p} M$, the spaces $T_{p} M$ and $T_{p} U$ can be identified in a natural way.
Let $(U, x), x=\left(x^{1}, x^{2}, \ldots, x^{n}\right)$, be a chart at $p$. We define a tangent vector (so-called coordinate vector) $\left(\frac{\partial}{\partial x^{i}}\right)_{p}$ at $p$ by setting

$$
\left(\frac{\partial}{\partial x^{i}}\right)_{p} f=D_{i}\left(f \circ x^{-1}\right)(x(p)), \quad f \in C^{\infty}(p) .
$$

Here $D_{i}$ is the partial derivative with respect to $i^{\text {th }}$ variable. We also denote

$$
\left(\partial_{i}\right)_{p}=D_{x_{i}}(p)=\left(\frac{\partial}{\partial x^{i}}\right)_{p} .
$$



Remarks 1.13. 1. It is easy to see that $\left(\partial_{i}\right)_{p}$ is a tangent vector at $p$.
2. If $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, is a chart at $p$, then $\left(\partial_{i}\right)_{p} x^{j}=\delta_{i j}$.

Next theorem shows (among others) that $T_{p} M$ is $n$-dimensional.
Lemma 1.14. If $f \in C^{k}(B), k \geq 1$, is a real-valued function in a ball $B=B^{n}(0, r) \subset \mathbb{R}^{n}$, then there exist functions $g_{i} \in C^{k-1}(B), i=1, \ldots, n$, such that $g_{i}(0)=D_{i} f(0)$ and

$$
f(y)-f(0)=\sum_{i=1}^{n} y_{i} g_{i}(y)
$$

for all $y=\left(y_{1}, \ldots, y_{n}\right) \in B$.
Proof. For $y \in B$ we have

$$
\begin{aligned}
f(y)-f(0)= & f(y)-f\left(y_{1}, \ldots, y_{n-1}, 0\right) \\
+ & f\left(y_{1}, \ldots, y_{n-1}, 0\right)-f\left(y_{1}, \ldots, y_{n-2}, 0,0\right) \\
+ & f\left(y_{1}, \ldots, y_{n-2}, 0,0\right)-f\left(y_{1}, \ldots, y_{n-3}, 0,0\right. \\
& \vdots \\
+ & f\left(y_{1}, 0, \ldots, 0\right)-f(0) \\
= & \sum_{i=1}^{n} \int_{0}^{1} f\left(y_{1}, \ldots, y_{i-1}, t y_{i}, 0, \ldots, 0\right) \\
= & \sum_{i=1}^{n} \int_{0}^{1} \frac{d}{d t}\left(f\left(y_{1}, \ldots, y_{i-1}, t y_{i}, 0, \ldots, 0\right)\right) d t \\
= & \sum_{i=1}^{n} \int_{0}^{1} D_{i} f\left(y_{1}, \ldots, y_{i-1}, t y_{i}, 0, \ldots, 0\right) y_{i} d t .
\end{aligned}
$$

Define

$$
g_{i}(y)=\int_{0}^{1} D_{i} f\left(y_{1}, \ldots, y_{i-1}, t y_{i}, 0, \ldots, 0\right) d t
$$

Then $g_{i} \in C^{k-1}(B)$ (since $f \in C^{k}(B)$ ) and $g_{i}(0)=D_{i} f(0)$.
Theorem 1.15. If $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, is a chart at $p$ and $v \in T_{p} M$, then

$$
v=\sum_{i=1}^{n} v x^{i}\left(\partial_{i}\right)_{p}
$$

Furthermore, the vectors $\left(\partial_{i}\right)_{p}, i=1, \ldots, n$, form a basis of $T_{p} M$ and hence $\operatorname{dim} T_{p} M=n$.

Proof. For $u \in U$ we write $x(u)=y=\left(y^{1}, \ldots, y^{n}\right) \in \mathbb{R}^{n}$, so $x^{i}(u)=y^{i}$. We may assume that $x(p)=0 \in \mathbb{R}^{n}$. Let $f \in C^{\infty}(p)$. Since $f \circ x^{-1}$ on $C^{\infty}$, there exist (by Lemma 1.14) a ball $B=$ $B^{n}(0, r) \subset x U$ and functions $g_{i} \in C^{\infty}(B)$ such that

$$
\left(f \circ x^{-1}\right)(y)=\left(f \circ x^{-1}\right)(0)+\sum_{i=1}^{n} y_{i} g_{i}(y) \quad \forall y \in B
$$

and $g_{i}(0)=D_{i}\left(f \circ x^{-1}\right)(0)=\left(\partial_{i}\right)_{p} f$. Thus

$$
f(u)=f(p)+\sum_{i=1}^{n} x^{i}(u) h_{i}(u),
$$

where $h_{i}=g_{i} \circ x$ and

$$
h_{i}(p)=g_{i}(0)=\left(\partial_{i}\right)_{p} f .
$$

Hence

$$
\begin{aligned}
v f & =\underbrace{v(f(p))}_{=0}+\sum_{i=1}^{n} \underbrace{x^{i}(p)}_{=0} v h_{i}+\sum_{i=1}^{n}\left(v x^{i}\right) h_{i}(p) \\
& =\sum_{i=1}^{n} v x^{i}\left(\partial_{i}\right)_{p} f .
\end{aligned}
$$

This holds for every $f \in C^{\infty}(p)$, and therefore

$$
v=\sum_{i=1}^{n} v x^{i}\left(\partial_{i}\right)_{p}
$$

Hence the vectors $\left(\partial_{i}\right)_{p}, i=1, \ldots, n$, span $T_{p} M$. To prove the linear independence of these vectors, suppose that

$$
w=\sum_{i=1}^{n} b_{i}\left(\partial_{i}\right)_{p}=0 .
$$

Then

$$
0=w x^{j}=\sum_{i=1}^{n} b_{i} \underbrace{\left(\partial_{i}\right)_{p} x^{j}}_{=\delta_{i j}}=b_{j}
$$

for all $j=1, \ldots, n$, and so vectors $\left(\partial_{i}\right)_{p}, i=1, \ldots, n$, are linearly independent.
Remark 1.16. Our definition for tangent vectors is useful only for $C^{\infty}$-manifolds. Reason: If $M$ is a $C^{k}$-manifold, then the functions $h_{i}$ in the proof of Theorem 1.15 are not necessarily $C^{k}$-smooth (only $C^{k-1}$-smoothness is granted).

Another definition that works also for $C^{k}$-manifolds, $k \geq 1$, is the following: Let $M$ be a $C^{k}$ manifold and $p \in M$. Let $\gamma_{i}: I_{i} \rightarrow M$ be $C^{1}$-paths, $0 \in I_{i} \subset \mathbb{R}$ open intervals, and $\gamma_{i}(0)=p, i=1,2$. Define an equivalence relation $\gamma_{1} \sim \gamma_{2} \Longleftrightarrow$ for every chart $(U, x)$ at $p$ we have

$$
\left(x \circ \gamma_{1}\right)^{\prime}(0)=\left(x \circ \gamma_{2}\right)^{\prime}(0)
$$

Def.: Equivalence classes $=$ tangent vectors at $p$. In the case of a $C^{\infty}$-manifold this definition coincides with the earlier one $\left([\gamma]=\dot{\gamma}_{0}\right)$.


### 1.17 Tangent map

Definition 1.18. Let $M^{m}$ and $N^{n}$ be differentiable manifolds and let $f: M \rightarrow N$ be a $C^{\infty}$ map. The tangent map of $f$ at $p$ is a linear map $f_{*}: T_{p} M \rightarrow T_{f(p)} N$ defined by

$$
\left(f_{*} v\right) g=v(g \circ f), \quad \forall g \in C^{\infty}(f(p)), v \in T_{p} M
$$

We also write $f_{* p}$ or $T_{p} f$.
Remarks 1.19. 1. It is easily seen that $f_{*} v$ is a tangent vector at $f(p)$ for all $v \in T_{p} M$ and that $f_{*}$ is linear.
2. If $M=\mathbb{R}^{m}$ and $N=\mathbb{R}^{n}$, then $f_{* p}=f^{\prime}(p)$ (see the canonical identification $T_{p} \mathbb{R}^{n}=\mathbb{R}^{n}$ below).
3. "Chain rule": Let $M, N$, and $L$ be differentiable manifolds and let $f: M \rightarrow N$ and $g: N \rightarrow L$ be $C^{\infty}$-maps. Then

$$
(g \circ f)_{* p}=g_{* f(p)} \circ f_{* p}
$$

for all $p \in M$. (Exerc.)
4. An interpretation of a tangent map using paths:

Let $v \in T_{p} M$ and let $\gamma: I \rightarrow M$ be a $C^{\infty}$-path such that $\gamma(0)=p$ and $\dot{\gamma}_{0}=v$. Let $f: M \rightarrow N$ be a $C^{\infty}$-map and $\alpha=f \circ \gamma: I \rightarrow N$. Then $f_{*} v=\dot{\alpha}_{0}$. (Exerc.)


Let $x=\left(x^{1}, \ldots, x^{m}\right)$ be a chart at $p \in M^{m}$ and $y=\left(y^{1}, \ldots, y^{n}\right)$ a chart at $f(p) \in N^{n}$. What is the matrix of $f_{*}: T_{p} M \rightarrow T_{f(p)} N$ with respect to bases $\left(\frac{\partial}{\partial x^{2}}\right)_{p}, i=1, \ldots, m$, and $\left(\frac{\partial}{\partial y^{j}}\right)_{f(p)}, j=$ $1, \ldots, n$, ? By Theorem 1.15,

$$
f_{*}\left(\frac{\partial}{\partial x^{j}}\right)_{p}=\sum_{i=1}^{n} f_{*}\left(\frac{\partial}{\partial x^{j}}\right)_{p} y^{i}\left(\frac{\partial}{\partial y^{i}}\right)_{f(p)}, \quad 1 \leq j \leq m .
$$

Thus we obtain an $n \times m$ matrix $\left(a_{i j}\right)$,

$$
a_{i j}=f_{*}\left(\frac{\partial}{\partial x^{j}}\right)_{p} y^{i}=\frac{\partial}{\partial x^{j}}\left(y^{i} \circ f\right) .
$$

This is called the Jacobian matrix of $f$ at $p$ (with respect to given bases). As a matrix it is the same as the matrix of the linear map $g^{\prime}(x(p)), g=y \circ f \circ x^{-1}$, with respect to standard bases of $\mathbb{R}^{m}$ and $\mathbb{R}^{n}$.

Recall that $f: M^{m} \rightarrow N^{n}$ is a diffeomorphism if $f$ and its inverse $f^{-1}$ are $C^{\infty}$. A mapping $f: M \rightarrow N$ is a local diffeomorphism at $p \in M$ if there are neighborhoods $U$ of $p$ and $V$ of $f(p)$ such that $f: U \rightarrow V$ is a diffeomorphism.
Note: Then necessarily $m=n$. (Exerc.)
Theorem 1.20. Let $f: M \rightarrow N$ be $C^{\infty}$ and $p \in M$. Then $f$ is a local diffeomorphism at $p$ if and only if $f_{*}: T_{p} M \rightarrow T_{f(p)} N$ is an isomorphism.
Proof. Apply the inverse function theorem (of $\mathbb{R}^{n}$ ). Details are omitted,
Tangent space of an $n$-dimensional vector space. Let $V$ be an $n$-dimensional (real) vector space. Recall that any (linear) isomorphism $x: V \rightarrow \mathbb{R}^{n}$ induces the same $C^{\infty}$-structure on $V$. Thus we may identify $V$ and $T_{p} V$ in a natural way for any $p \in V$ : If $p \in V$, then there exists a canonical isomorphism $i: V \rightarrow T_{p} V$. Indeed, let $v \in V$ and $\gamma: \mathbb{R} \rightarrow V$ the path

$$
\gamma(t)=p+t v
$$

We set

$$
i(v)=\dot{\gamma}_{0} .
$$



Example: $V=\mathbb{R}^{n}, \quad T_{p} \mathbb{R}^{n} \cong \mathbb{R}^{n}$ canonically.
If $f: M \rightarrow \mathbb{R}$ is $C^{\infty}$ and $p \in M$, we define the differential of $f, d f: T_{p} M \rightarrow \mathbb{R}$, by setting

$$
d f v=v f, \quad v \in T_{p} M .
$$

(Also denoted by $d f_{p}$.)
By the isomorphism $i: \mathbb{R} \rightarrow T_{f(p)} \mathbb{R}$ as above, we obtain $d f=i^{-1} \circ f_{*}$. Usually we identify $d f=f_{*}$. Note: Since $d f: T_{p} M \rightarrow \mathbb{R}$ is linear, $d f \in T_{p} M^{*}\left(=\right.$ the dual of $\left.T_{p} M\right)$.


Tangent space of a product manifold. Let $M$ and $N$ be differentiable manifolds and let

$$
\begin{aligned}
& \pi_{1}: M \times N \rightarrow M \\
& \pi_{2}: M \times N \rightarrow N
\end{aligned}
$$

be the projections. Using these projections we may identify $T_{(p, q)}(M \times N)$ and $T_{p} M \oplus T_{q} N$ in a natural way: Define a canonical isomorphism

$$
\begin{gathered}
\tau: T_{(p, q)}(M \times N) \rightarrow T_{p} M \oplus T_{q} N, \\
\tau v=\underbrace{\pi_{1 *} v}_{\in T_{p} M}+\underbrace{\pi_{2 *} v}_{\in T_{p} N}, \quad v \in T_{(p, q)}(M \times N) .
\end{gathered}
$$

$\underline{\text { Example: }} M=\mathbb{R}, N=\mathbb{S}^{1}$


Let $f: M \times N \rightarrow L$ be a $C^{\infty}$-mapping, where $L$ is a differentiable manifold. For every $(p, q) \in$ $M \times N$ we define mappings

$$
\begin{gathered}
f_{p}: N \rightarrow L, \quad f^{q}: M \rightarrow L \\
f_{p}(q)=f^{q}(p)=f(p, q)
\end{gathered}
$$

Thus, for $v \in T_{p} M$ and $w \in T_{q} N$, we have

$$
f_{*}(v+w)=\left(f^{q}\right)_{*} v+\left(f_{p}\right)_{*} w . \quad \text { (Exerc.) }
$$

### 1.21 Tangent bundle

Let $M$ be a differentiable manifold. We define the tangent bundle $T M$ of $M$ as a disjoint union of all tangent spaces of $M$, i.e.

$$
T M=\bigsqcup_{p \in M} T_{p} M
$$

Points in $T M$ are thus pairs $(p, v)$, where $p \in M$ and $v \in T_{p} M$. We usually abbreviate $v=(p, v)$, because the condition $v \in T_{p} M$ determines $p \in M$ uniquely.

Let $\pi: T M \rightarrow M$ be the projection

$$
\pi(v)=p, \quad \text { if } v \in T_{p} M
$$

The tangent bundle $T M$ has a canonical structure of a differentiable manifold.
Theorem 1.22. Let $M$ be a differentiable n-manifold. The tangent bundle $T M$ of $M$ can be equipped with a natural topology and a $C^{\infty}$-structure of a smooth $2 n$-manifold such that the projection $\pi: T M \rightarrow M$ is smooth.

Proof. (Idea): Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart on $M$. Define a one-to-one mapping

$$
\bar{x}: T U \rightarrow x U \times \mathbb{R}^{n} \subset \mathbb{R}^{n} \times \mathbb{R}^{n}=\mathbb{R}^{2 n}
$$

as follows. [Here $T U=\bigsqcup_{p \in U} T_{p} U=\bigsqcup_{p \in U} T_{p} M$.] If $p \in U$ and $v \in T_{p}$, we set

$$
\begin{aligned}
& \bar{x}(v)=(\underbrace{x^{1}(p), \ldots, x^{n}(p)}_{\in \mathbb{R}^{n}}, \underbrace{v x^{1}, \ldots, v x^{n}}_{\in \mathbb{R}^{n}})
\end{aligned}
$$

$$
\begin{aligned}
& \widehat{U \quad p} \xrightarrow{x U}
\end{aligned}
$$

First we transport the topology of $\mathbb{R}^{n} \times \mathbb{R}^{n}$ into $T M$ by using maps $\bar{x}$ and then we verify that pairs $(T U, \bar{x})$ form an atlas of $T M$. We obtain a $C^{\infty}$-structure for $T M$. [Details are left as an exercise.]

In the sequel the tangent bundle of $M$ means $T M$ equipped with this $C^{\infty}$-structure. It is an example of a vector bundle over $M$.

Let $\pi: T M \rightarrow M$ be the projection $\left(\pi(v)=p\right.$ for $\left.v \in T_{p} M\right)$. Then $\pi^{-1}(p)=T_{p} M$ is a fibre over $p$. If $A \subset M$, then a map $s: A \rightarrow T M$, with $\pi \circ s=i d$, is a section of $T M$ in $A$ (or a vector field).

Smooth vector bundles. Let $M$ be a differentiable manifold. A smooth vector bundle of rank $k$ over over $M$ is a pair $(E, \pi)$, where $E$ is a smooth manifold and $\pi: E \rightarrow M$ is a smooth surjective mapping (projection) such that:
(a) for every $p \in M$, the set $E_{p}=\pi^{-1}(p) \subset E$ is a $k$-dimensional real vector space ( $=$ a fiber of $E$ over $p$ );
(b) for every $p \in M$ there exist a neighborhood $U \ni p$ and a diffeomorphism $\varphi: \pi^{-1} U \rightarrow U \times \mathbb{R}^{k}$ ( $=$ local trivialization of $E$ over $U$ ) such that the following diagram commutes

[above $\pi_{1}: U \times \mathbb{R}^{k} \rightarrow U$ is the projection] and that $\varphi \mid E_{q}: E_{q} \rightarrow\{q\} \times \mathbb{R}^{k}$ is a linear isomorphism for every $q \in U$.

The manifold $E$ is called the total space and $M$ is called the base of the bundle. If there exists a local trivialization of $E$ over the whole manifold $M, \varphi: \pi^{-1} M \rightarrow M \times \mathbb{R}^{k}$, then $E$ is a trivial bundle.

A section of $E$ is any map $\sigma: M \rightarrow E$ such that $\pi \circ \sigma=i d: M \rightarrow M$. A smooth section is a section that is smooth as a map $\sigma: M \rightarrow E$ (note that $M$ and $E$ are smooth manifolds). Zero section is a map $\zeta: M \rightarrow E$ such that

$$
\zeta(p)=0 \in E_{p} \quad \forall p \in M
$$

A local frame of $E$ over an open set $U \subset M$ is a $k$-tuple $\left(\sigma_{1}, \ldots, \sigma_{k}\right)$, where each $\sigma_{i}$ is a smooth section of $E$ (over $U$ ) such that $\left(\sigma_{1}(p), \sigma_{2}(p), \ldots, \sigma_{k}(p)\right)$ is a basis of $E_{p}$ for all $p \in U$. If $U=M$, $\left(\sigma_{1}, \ldots, \sigma_{k}\right)$ is called a global frame.

### 1.23 Submanifolds

Definition 1.24. Let $M$ and $N$ be differentiable manifolds and $f: M \rightarrow N$ a $C^{\infty}$-map. We say that:

1. $f$ is a submersion if $f_{* p}: T_{p} M \rightarrow T_{f(p)} N$ is surjective $\forall p \in M$.
2. $f$ is an immersion if $f_{* p}: T_{p} M \rightarrow T_{f(p)} N$ is injective $\forall p \in M$.
3. $f$ is an embedding if $f$ is an immersion and $f: M \rightarrow f M$ is a homeomorphism (note relative topology in $f M)$.

If $M \subset N$ and the inclusion $i: M \hookrightarrow N, i(p)=p$, is an embedding, we say that $M$ is a submanifold of $N$.

Remark 1.25. If $f: M^{m} \rightarrow N^{n}$ is an immersion, then $m \leq n$ and $n-m$ is the codimension of $f$.

Examples 1.26. (a) If $M_{1}, \ldots, M_{k}$ are smooth manifolds, then all projections $\pi_{i}: M_{1} \times \cdots \times$ $M_{k} \rightarrow M_{i}$ are submersions.
(b) $\left(M=\mathbb{R}, N=\mathbb{R}^{2}\right) \alpha: \mathbb{R} \rightarrow \mathbb{R}^{2}, \alpha(t)=(t,|t|)$ is not differentiable at $t=0$.

(c) $\alpha: \mathbb{R} \rightarrow \mathbb{R}^{2}, \alpha(t)=\left(t^{3}, t^{2}\right)$ is $C^{\infty}$ but not an immersion since $\alpha^{\prime}(0)=0$.

(d) $\alpha: \mathbb{R} \rightarrow \mathbb{R}^{2}, \alpha(t)=\left(t^{3}-4 t, t^{2}-4\right)$ is $C^{\infty}$ and an immersion but not an embedding $(\alpha( \pm 2)=$ $(0,0))$.

(e) The map $\alpha$ (in the picture below) has an inverse but it is not an embedding since the inverse in not continuous (in the relative topology of the image).

(f) The following $\alpha$ is an embedding.


Remark 1.27. The notion of a submanifold has different meanings in the literature. For instance, Bishop-Crittenden $[\mathrm{BC}]$ allows the case (e) in the definition of a submanifold.

Theorem 1.28. Let $f: M^{m} \rightarrow N^{n}$ be an immersion. Then each point $p \in M^{m}$ has a neighborhood $U$ such that $f \mid U: U \rightarrow N^{n}$ is an embedding.

Proof. Fix $p \in M$. We have to find a neighborhood $U \ni p$ such that $f \mid U: U \rightarrow f U$ is a homeomorphism when $f U$ is equipped with the relative topology. Let $\left(U_{1}, x\right)$ and $\left(V_{1}, y\right)$ be charts at points $p$ and $f(p)$, respectively, such that $f U_{1} \subset V_{1}, x(p)=0\left(\in \mathbb{R}^{m}\right)$, and $y(f(p))=0\left(\in \mathbb{R}^{n}\right)$. Write $\tilde{f}=y \circ f \circ x^{-1}, \tilde{f}=\left(\tilde{f}_{1}, \ldots, \tilde{f}_{n}\right)$. Since $f$ is an immersion, $\tilde{f}^{\prime}(0): \mathbb{R}^{m} \rightarrow \mathbb{R}^{n}$ is injective. We may assume that $\tilde{f}^{\prime}(0) \mathbb{R}^{m}=\mathbb{R}^{m} \subset \mathbb{R}^{m} \times \mathbb{R}^{k}, k=n-m$ (otherwise, apply a rotation in $\mathbb{R}^{n}$ ). Then $\operatorname{det} \tilde{f}^{\prime}(0) \neq 0$, when $\tilde{f}^{\prime}(0)$ is interpreted as a linear map $\mathbb{R}^{m} \rightarrow \mathbb{R}^{m}$. Define a mapping

$$
\begin{aligned}
& \varphi: x U_{1} \times \mathbb{R}^{k} \rightarrow \mathbb{R}^{n} \\
& \left.\varphi(\tilde{x}, t)=\left(\tilde{f}_{1}(\tilde{x}), \tilde{f}_{2}(\tilde{x}), \ldots, \tilde{f}_{m}(\tilde{x}), \tilde{f}_{m+1}(\tilde{x})+t_{1}, \ldots, \tilde{f}_{m+k}(\tilde{x})+t_{k}\right)\right) \\
& \tilde{x} \in x U_{1}, \quad t=\left(t_{1}, \ldots, t_{k}\right) \in \mathbb{R}^{k}
\end{aligned}
$$

The matrix of $\varphi^{\prime}(0,0): \mathbb{R}^{m+k} \rightarrow \mathbb{R}^{m+k}$ is

$$
\left(\begin{array}{cc}
\frac{\partial \tilde{f}_{i}(0)}{\partial \tilde{x}_{j}} & 0 \\
* & I_{k}
\end{array}\right)
$$

and therefore $\operatorname{det} \varphi^{\prime}(0,0)=\operatorname{det} \tilde{f}^{\prime}(0) \neq 0$. By the inverse mapping theorem, there are neighborhoods $0 \in W_{1} \subset x U_{1} \times \mathbb{R}^{k}$ and $0 \in W_{2} \subset \mathbb{R}^{n}$ such that $\varphi \mid W_{1}: W_{1} \rightarrow W_{2}$ is a diffeomorphism. Write $\tilde{U}=W_{1} \cap x U_{1}$ and $U=x^{-1} \tilde{U}\left(\subset U_{1}\right)$. Since $\varphi \mid x U_{1} \times\{0\}=\tilde{f}$, we have $\varphi \mid \tilde{U}=\tilde{f}$. In particular, $f \mid U: U \rightarrow f U$ is a homeomorphism, when $f U$ is equipped with the relative topology.


Example 1.29. Let $f: \mathbb{R}^{n+1} \rightarrow \mathbb{R}$ be a $C^{\infty}$-function such that $\nabla f(p)=\left(D_{1} f(p), \ldots, D_{n+1} f(p)\right) \neq$ 0 for every $p \in M=\left\{x \in \mathbb{R}^{n+1}: f(x)=0\right\} \neq \emptyset$. Then $M$ is an $n$ dimensional submanifold of $\mathbb{R}^{n+1}$.

Proof of the claim above. (Idea): Let $p \in M$ be arbitrary. Applying a transformation and a rotation if necessary we may assume that $p=0$ and

$$
\nabla f(0)=\left(0, \ldots, 0, \frac{\partial f}{\partial x_{n+1}}(0)\right)
$$

Then $\frac{\partial f}{\partial x_{n+1}}(0) \neq 0$. Define a mapping $\varphi: \mathbb{R}^{n+1} \rightarrow \mathbb{R}^{n+1}$,

$$
\varphi(x)=\left(x_{1}, \ldots, x_{n}, f(x)\right), \quad x=\left(x_{1}, \ldots, x_{n}, x_{n+1}\right) .
$$

Then

$$
\operatorname{det} \varphi^{\prime}(0)=\left|\begin{array}{cccccc}
1 & 0 & \cdots & \cdots & \cdots & 0 \\
0 & 1 & 0 & \cdots & \cdots & 0 \\
\vdots & & & & & \vdots \\
\vdots & & & & & \vdots \\
0 & \cdots & \cdots & 0 & 1 & 0 \\
0 & \cdots & \cdots & \cdots & 0 & \frac{\partial f}{\partial x_{n+1}}(0)
\end{array}\right|=\frac{\partial f}{\partial x_{n+1}}(0) \neq 0
$$

By the inverse mapping theorem, there exist neighborhoods $Q \ni p$ and $W \ni \varphi(0)=(0,0) \in \mathbb{R}^{n} \times \mathbb{R}$ such that $\varphi: Q \rightarrow W$ is a diffeomorphism.


Choose an open set $K \subset \mathbb{R}^{n}, 0 \in K$, and an open interval $I \subset \mathbb{R}, 0 \in I$, such that $K \times I \subset W$. Let $V=\varphi^{-1}(K \times I) \cap Q$ and $U=V \cap M$. Then $\varphi: V \rightarrow K \times I$ is a diffeomorphism. Let $y=\varphi \mid U$. Repeat the above for all $p \in M$ and conclude that pairs $(U, y)$ form a $C^{\infty}$-atlas of $M$. Since the inclusion $i: M \hookrightarrow \mathbb{R}^{n+1}$ satisfies

$$
i\left|U=y^{-1} \circ \varphi\right| U
$$

$i$ is an embedding.

### 1.30 Orientation

Definition 1.31. A smooth manifold $M$ is orientable if it admits a smooth atlas $\left\{\left(U_{\alpha}, x_{\alpha}\right)\right\}$ such that for every $\alpha$ and $\beta$, with $U_{\alpha} \cap U_{\beta}=W \neq \emptyset$, the Jacobian determinant of $x_{\beta} \circ x_{\alpha}^{-1}$ is positive at each point $q \in x_{\alpha} W$, i.e.

$$
\begin{equation*}
\operatorname{det}\left(x_{\beta} \circ x_{\alpha}^{-1}\right)^{\prime}(q)>0, \quad \forall q \in x_{\alpha} W \tag{1.32}
\end{equation*}
$$



In the opposite case $M$ is nonorientable. If $M$ is orientable, then an atlas satisfying (1.32) is called an orientation of $M$. Furthermore, $M$ (equipped with such atlas) is said to be oriented. We say that two atlases satisfying (1.32) determine the same orientation if their union satisfies (1.32), too.

Remarks 1.33. 1. Warning: The notion of a smooth structure has different meanings in the literature (e.g. do Carmo [Ca]). What goes wrong if we define orientability by saying: " $M$ is orientable if it admits a $C^{\infty}$-structure such that (1.32) holds?" (Exerc.)
2. An is orientable and connected smooth manifold has exactly two distinct orientations. (Exerc.)
3. If $M$ and $N$ are smooth manifolds and $f: M \rightarrow N$ is a diffeomorphism, then

$$
M \text { is orientable } \Longleftrightarrow N \text { is orientable. }
$$

4. Let $M$ and $N$ be connected oriented smooth manifolds and $f: M \rightarrow N$ a diffeomorphism. Then $f$ induces an orientation on $N$. If the induced orientation of $N$ is the same as the initial one, we say that $f$ is sense-preserving (or $f$ preserves the orientation). Otherwise, $f$ is called sense-reversing (or $f$ reverses the orientation).

Examples 1.34. 1. Suppose that there exists an atlas $\{(U, x),(V, y)\}$ of $M$ such that $U \cap V$ is connected. Then $M$ is orientable. Proof. The mapping $y \circ x^{-1}: x(U \cap V) \rightarrow y(U \cap V)$ is diffeomorphic, so

$$
\operatorname{det}\left(y \circ x^{-1}\right)^{\prime}(q) \neq 0 \quad \forall q \in x(U \cap V)
$$

Since $q \mapsto \operatorname{det}\left(y \circ x^{-1}\right)^{\prime}(q)$ is continuous and $x(U \cap V)$ is connected, the determinant can not change its sign. If the sign is positive, we are done. If the sign is negative, replace the chart $(V, y), y=\left(y_{1}, \ldots, y_{n}\right)$, by a chart $(V, \tilde{y}), \tilde{y}=\left(-y_{1}, y_{2}, \ldots, y_{n}\right)$. Then the atlas $\{(U, x),(V, \tilde{y})\}$ satisfies (1.32).
2. In particular, the sphere $S^{n}$ is orientable.

### 1.35 Vector fields

Let $M$ be a differentiable manifold and $A \subset M$. Recall that a mapping $X: A \rightarrow T M$ such that $X(p) \in T_{p} M$ for all $p \in M$ is called a vector field in $A$. We usually write $X_{p}=X(p)$. If $A \subset M$ is open and $X: A \rightarrow T M$ is a $C^{\infty}$-vector field, we write $X \in \mathcal{T}(A)$. Clearly $\mathcal{T}(A)$ is a real vector space, where addition and multiplication by a scalar are defined pointwise: If $X, Y \in \mathcal{T}(A)$ and $a, b \in \mathbb{R}$, then $a X+b Y, p \mapsto a X_{p}+b Y_{p}$, is a smooth vector field. Furthermore, a vector field $V \in \mathcal{T}(A)$ can be multiplied by a smooth (real-valued) function $f \in C^{\infty}(A)$ producing a smooth vector field $f V, p \mapsto f(p) V_{p}$.

Let $M$ be a differentiable $n$-manifold and $A \subset M$ open. We say that vector fields $V^{1}, \ldots, V^{n}$ in $A$ form a local frame (or a frame in $A$ ) if the vectors $V_{p}^{1}, \ldots, V_{p}^{n}$ form a basis of $T_{p} M$ for every $p \in A$. In the case $A=M$ we say that vector fields $V^{1}, \ldots, V^{n}$ form a global frame. Furthermore, $M$ is called parallelizable if it admits a smooth global frame. This is equivalent to $T M$ being a trivial bundle. ${ }^{1}$

Definition 1.36. (Einstein summation convention) If in a term the same index appears twice, both as upper and a lower index, that term is assumed to be summed over all possible values of that index (usually from 1 to the dimension).

Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart and $\left(\partial_{i}\right)_{p}=\left(\frac{\partial}{\partial x^{i}}\right)_{p}, i=1, \ldots, n$, the corresponding coordinate vectors at $p \in U$. Then the mappings

$$
\partial_{i}: U \rightarrow T M, p \mapsto\left(\partial_{i}\right)_{p}=\left(\frac{\partial}{\partial x^{i}}\right)_{p},
$$

are vector fields in $U$, so-called coordinate vector fields. Since the vector fields $\partial_{i}$ form a frame, so-called coordinate frame, in $U$, we can write any vector field $V$ in $U$ as

$$
V_{p}=v^{i}(p)\left(\partial_{i}\right)_{p}, \quad p \in U,
$$

where $v^{i}: U \rightarrow \mathbb{R}$. Functions $v^{i}$ are called the component functions of $V$ with respect to $(U, x)$.

[^1]Lemma 1.37. Let $V$ be a vector field on M.Then the following are equivalent:
(a) $V \in \mathcal{T}(M)$;
(b) the component functions of $V$ with respect to any chart are smooth;
(c) If $U \subset M$ is open and $f: U \rightarrow \mathbb{R}$ is smooth, then the function $V f: U \rightarrow \mathbb{R},(V f)(p)=V_{p} f$, is smooth.

Proof. Exercise.
Remark 1.38. In particular, coordinate vector fields are smooth by (b).
Suppose that $A \subset M$ is open and $V, W \in \mathcal{T}(A)$. If $f \in C^{\infty}(p)$, where $p \in A$, then $V f \in C^{\infty}(p)$ and thus $W_{p}(V f) \in \mathbb{R}\left(=\right.$ "the derivative of $V f$ in the direction of $W_{p}$ "). The function $A \rightarrow \mathbb{R}, p \mapsto$ $W_{p}(V f)$, is denoted by $W V f$. Thus $(W V f)(p)=W_{p}(V f)$. We also denote $(W V)_{p} f=W_{p}(V f)$.

Remark 1.39. $(W V)_{p}$ is not a derivation, so $(W V)_{p} \notin T_{p}(M)$, in general. Reason: Leibniz's rule (2) does not hold (choose $f=g$ ).

Definition 1.40. Suppose that $A \subset M$ is open and $V, W \in \mathcal{T}(A)$. We define the Lie bracket of $V$ and $W$ by setting

$$
[V, W]_{p} f=V_{p}(W f)-W_{p}(V f), \quad p \in A, f \in C^{\infty}(p)
$$

Theorem 1.41. Let $A \subset M$ be open and $V, W \in \mathcal{T}(A)$. Then
(a) $[V, W]_{p} \in T_{p} M$;
(b) $[V, W] \in \mathcal{T}(A)$ and it satisfies

$$
\begin{equation*}
[V, W] f=V(W f)-W(V f), f \in C^{\infty}(A) ; \tag{1.42}
\end{equation*}
$$

(c) if $v^{i}$ and $w^{i}$ are the component functions of vector fields $V$ and $W$, respectively, with respect to a chart $x=\left(x^{1}, \ldots, x^{n}\right)$, then

$$
\begin{equation*}
[V, W]=\left(v^{i} \partial_{i} w^{j}-w^{i} \partial_{i} v^{j}\right) \partial_{j} . \tag{1.43}
\end{equation*}
$$

Note: The formula (1.43) can be written as

$$
[V, W]=\left(V w^{j}-W v^{j}\right) \partial_{j}
$$

Proof. (a) We have to prove that $[V, W]_{p}$ satisfies conditions (1) and (2) in the definition of a tangent vector.
Condition (1) is clear.
Condition (2): Let $f, g \in C^{\infty}(p)$. Then

$$
\begin{aligned}
{[V, W]_{p}(f g)=} & V_{p}(W(f g))-W_{p}(V(f g)) \\
= & V_{p}(f W g+g W f)-W_{p}(f V g+g V f) \\
= & f(p) V_{p}(W g)+\left(W_{p} g\right)\left(V_{p} f\right)+g(p) V_{p}(W f)+\left(W_{p} f\right)\left(V_{p} g\right) \\
& -f(p) W_{p}(V g)-\left(V_{p} g\right)\left(W_{p} f\right)-g(p) W_{p}(V f)-\left(V_{p} f\right)\left(W_{p} g\right) \\
= & f(p)\left(V_{p}(W g)-W_{p}(V g)\right)+g(p)\left(V_{p}(W f)-W_{p}(V f)\right) \\
= & f(p)[V, W]_{p} g+g(p)[V, W]_{p} f .
\end{aligned}
$$

(b) Formula (1.42) follows immediately from the definition of a Lie bracket. Let $f \in C^{\infty}(A)$. Now functions $W f, V f, V(W f)$, and $W(V f)$ are smooth by Lemma 1.37 (c) since $V, W \in \mathcal{T}(A)$. Hence also $[V, W] f=V(W f)-W(V f)$ is a smooth function and therefore $[V, W] \in \mathcal{T}(A)$.
(c) If $V=v^{i} \partial_{i}, W=w^{j} \partial_{j}$, and $f$ is smooth, we obtain by a direct computation that

$$
\begin{aligned}
{[V, W] f } & =V(W f)-W(V f)=v^{i} \partial_{i}\left(w^{j} \partial_{j} f\right)-w^{j} \partial_{j}\left(v^{i} \partial_{i} f\right) \\
& =v^{i}\left(\partial_{i} w^{j}\right)\left(\partial_{j} f\right)+v^{i} w^{j} \partial_{i}\left(\partial_{j} f\right)-w^{j}\left(\partial_{j} v^{i}\right)\left(\partial_{i} f\right)-w^{j} v^{i} \partial_{j}\left(\partial_{i} f\right) \\
& =v^{i}\left(\partial_{i} w^{j}\right)\left(\partial_{j} f\right)-w^{j}\left(\partial_{j} v^{i}\right)\left(\partial_{i} f\right)
\end{aligned}
$$

In the last step we used the fact that $\partial_{j}\left(\partial_{i} f\right)=\partial_{i}\left(\partial_{j} f\right)$ for a smooth function $f$. Changing the roles of indices $i$ and $j$ in the last sum we obtain (1.43).

Lemma 1.44. The Lie bracket satisfies:
(a) Bilinearity:

$$
\begin{aligned}
{\left[a_{1} X_{1}+a_{2} X_{2}, Y\right] } & =a_{1}\left[X_{1}, Y\right]+a_{2}\left[X_{2}, Y\right] \quad j a \\
{\left[X, a_{1} Y_{1}+a_{2} Y_{2}\right] } & =a_{1}\left[X, Y_{1}\right]+a_{2}\left[X, Y_{2}\right]
\end{aligned}
$$

for $a_{1}, a_{2} \in \mathbb{R}$;
(b) Antisymmetry: $[X, Y]=-[Y, X]$.
(c) Jacobi identity:

$$
[X,[Y, Z]]+[Y,[Z, X]]+[Z,[X, Y]]=0
$$

(d)

$$
[f X, g Y]=f g[X, Y]+f(X g) Y-g(Y f) X
$$

Proof. (a) Follows directly from the definition.
(b) Follows directly from the definition.
(c)

$$
\begin{aligned}
{[X,[Y, Z]] f } & =X([Y, Z] f)-[Y, Z](X f) \\
& =X(Y(Z f)-Z(Y f))-Y(Z(X f))+Z(Y(X f)) \\
& =X(Y(Z f))-X(Z(Y f))-Y(Z(X f))+Z(Y(X f)) \\
{[Y,[Z, X]] f } & =Y(Z(X f))-Y(X(Z f))-Z(X(Y f))+X(Z(Y f)) \\
{[Z,[X, Y]] f } & =Z(X(Y f))-Z(Y(X f))-X(Y(Z f))+Y(X(Z f))
\end{aligned}
$$

Adding up both sides yields

$$
[X,[Y, Z]] f+[Y,[Z, X]] f+[Z,[X, Y]] f=0
$$

(d)

$$
\begin{aligned}
{[f X, g Y] h } & =f X(g Y h)-g Y(f X h) \\
& =f g X(Y h)+f(X g)(Y h)-g f Y(X h)-g(Y f)(X h) \\
& =f g[X, Y] h+f(X g) Y h-g(Y f) X h .
\end{aligned}
$$

Lemma 1.45. Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart and $\partial_{i}, i=1, \ldots, n$, the corresponding coordinate vector fields. Then

$$
\left[\partial_{i}, \partial_{j}\right]=0 \quad \forall i, j
$$

Proof. Let $p \in U$ and $f \in C^{\infty}(p)$. Then

$$
\begin{aligned}
\left(\partial_{i}\right)_{p}\left(\partial_{j} f\right) & =\left(\partial_{i}\right)_{p}\left[\left(D_{j}\left(f \circ x^{-1}\right)\right) \circ x\right] \\
& =D_{i}\left[\left(D_{j}\left(f \circ x^{-1}\right) \circ x\right) \circ x^{-1}\right](x(p))=D_{i} D_{j}\left(f \circ x^{-1}\right)(x(p)) .
\end{aligned}
$$

Since $D_{i} D_{j} g=D_{j} D_{i} g$ for a smooth function $g$, we obtain the claim.

## 2 Riemannian metrics

### 2.1 Tensors and tensor fields

Let $V_{1}, \ldots, V_{k}$, and $W$ be (real) vector spaces. Recall that a mapping $F: V_{1} \times \cdots \times V_{k} \rightarrow W$ is multi linear (more precisely, $k$-linear) if it is linear in each variable, i.e.

$$
F\left(v_{1}, \ldots, a v_{i}+b v_{i}^{\prime}, \ldots, v_{k}\right)=a F\left(v_{1}, \ldots, v_{i}, \ldots, v_{k}\right)+b F\left(v_{1}, \ldots, v_{i}^{\prime}, \ldots, v_{k}\right)
$$

for all $i=1, \ldots, k$ and $a, b \in \mathbb{R}$.
Let $V$ be a finite dimensional (real) vector space. A linear map $\omega: V \rightarrow \mathbb{R}$ is called a covector on $V$ and the vector space of all covectors (on $V$ ) is called the dual of $V$ and denoted by $V^{*}$.

We will adopt the following notation

$$
\langle\omega, v\rangle=\langle v, \omega\rangle=\omega(v) \in \mathbb{R}, \quad \omega \in V^{*}, v \in V .
$$

Lemma 2.2. Let $V$ be an $n$-dimensional vector space and let $\left(v_{1}, \ldots, v_{n}\right)$ be its basis. Then covectors $\omega^{1}, \ldots, \omega^{n}$, with

$$
\omega^{j}\left(v_{i}\right)=\delta_{i}^{j},
$$

form a basis of $V^{*}$. In particular, $\operatorname{dim} V^{*}=\operatorname{dim} V$.
Proof. (Exerc.)
[Note: Above $\delta_{i}^{j}$ is the Kronecker delta, i.e. $\delta_{i}^{j}=1$, if $i=j$, and $\delta_{i}^{j}=0$, whenever $i \neq j$.]
Definition 2.3. 1. A $k$-covariant tensor on $V$ is a $k$-linear map

$$
V^{k} \rightarrow \mathbb{R}, \quad V^{k}=\underbrace{V \times \cdots \times V}_{k \text { copies }} .
$$

2. An l-contravariant tensor on $V$ is an $l$-linear map

$$
V^{* l} \rightarrow \mathbb{R}, \quad V^{* l}=\underbrace{V^{*} \times \cdots \times V^{*}}_{l \text { copies }}
$$

3. A $k$-covariant, $l$-contravariant tensor on $V$ (or a $(k, l)$-tensor $)$ is a $(k+l)$-linear map

$$
V^{k} \times V^{* l} \rightarrow \mathbb{R}
$$

Denote

```
\(T^{k}(V)=\) the space of all \(k\)-covariant tensors on \(V\),
    \(T_{l}(V)=\) the space of all \(l\)-contravariant tensors on \(V\),
\(T_{l}^{k}(V)=\) the space of all \(k\)-covariant, \(l\)-contravariant tensors on \(V\) (i.e. \((k, l)\)-tensors).
```

Remarks 2.4. 1. $T^{k}(V), T_{l}(V)$, and $T_{l}^{k}(V)$ are vector spaces in a natural way.
2. We make a convention that both 0-covariant and 0-contravariant tensors are real numbers, i.e. $T^{0}(V)=T_{0}(V)=\mathbb{R}$.

Examples 2.5. 1. Any linear map $\omega: V \rightarrow \mathbb{R}$ is a 1 -covariant tensor. Thus $T^{1}(V)=V^{*}$. Similarly, $T_{1}(V)=V^{* *}=V$.
2. If $V$ is an inner product space, then any inner product on $V$ is a 2-covariant tensor (a bilinear real-valued mapping, i.e. a bilinear form).
3. The determinant det: $\mathbb{R}^{n} \times \cdots \times \mathbb{R}^{n} \rightarrow \mathbb{R}$ is an $n$-covariant tensor on $\mathbb{R}^{n}$. Interpretation: For $v_{1}, \ldots, v_{n} \in \mathbb{R}^{n}, v_{i}=\left(v_{i}^{1}, \ldots, v_{i}^{n}\right)$,

$$
\operatorname{det}\left(v_{1}, \ldots, v_{n}\right)=\operatorname{det}\left(\begin{array}{ccc}
v_{1}^{1} & \cdots & v_{n}^{1} \\
\vdots & \ddots & \vdots \\
v_{1}^{n} & \cdots & v_{n}^{n}
\end{array}\right)
$$

Definition 2.6. The tensor product of tensors $F \in T_{l}^{k}(V)$ and $G \in T_{q}^{p}(V)$ is the tensor $F \otimes G \in$ $T_{l+q}^{k+p}(V)$,

$$
F \otimes G\left(v_{1}, \ldots, v_{k+p}, \omega^{1}, \ldots, \omega^{l+q}\right)=F\left(v_{1}, \ldots, v_{k}, \omega^{1}, \ldots, \omega^{l}\right) G\left(v_{k+1}, \ldots, v_{k+p}, \omega^{l+1}, \ldots, \omega^{l+q}\right)
$$

Lemma 2.7. If $\left(v_{1}, \ldots, v_{n}\right)$ is a basis of $V$ and $\left(\omega^{1}, \ldots, \omega^{n}\right)$ the corresponding dual basis of $V^{*}$ (i.e. $\omega^{i}\left(v_{j}\right)=\delta_{j}^{i}$ ), then the tensors

$$
\omega^{i_{1}} \otimes \cdots \omega^{i_{k}} \otimes v_{j_{1}} \otimes \cdots \otimes v_{j_{l}}, \quad 1 \leq j_{p}, i_{q} \leq n
$$

form a basis of $T_{l}^{k}(V)$. Consequently, $\operatorname{dim} T_{l}^{k}(V)=n^{k+l}$.
Proof. (Exerc.)
Remark 2.8. Since $T_{1}(V)=V^{* *}=V$ (that is, every vector $v \in V$ is a 1-contravariant tensor) and $T^{1}(V)=V^{*}$ (every covector is a 1-covariant tensor), we have

$$
\omega^{i_{1}} \otimes \cdots \omega^{i_{k}} \otimes v_{j_{1}} \otimes \cdots \otimes v_{j_{l}} \in T_{l}^{k}(V)
$$

i.e. it is a $(k, l)$-tensor.

### 2.9 Cotangent bundle

We defined earlier that the differential of a function $f \in C^{\infty}(p)$ at $p$ is a linear map $d f_{p}: T_{p} M \rightarrow \mathbb{R}$,

$$
d f_{p} v=v f, \quad v \in T_{p} M .
$$

Hence $d f_{p} \in T_{p} M^{*}$ (= the dual of $T_{p} M$ ). We call $T_{p} M^{*}$ the cotangent space of $M$ at $p$. If $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, is a chart at $p$ and $\left(\left(\partial_{1}\right)_{p}, \ldots,\left(\partial_{n}\right)_{p}\right)$ is the basis of $T_{p} M$ consisting of coordinate vectors, then differentials $d x_{p}^{i}, i=1, \ldots, n$, of functions $x^{i}$ at $p$ form the dual basis of $T_{p} M^{*}$. Hence the differential (at $p$ ) of a function $f \in C^{\infty}(p)$ can be written as

$$
d f_{p}=\left(\partial_{i}\right)_{p} f d x_{p}^{i} . \quad \text { (Exerc.) [Note: Einsteinin summation] }
$$

We define the cotangent bundle of $M$ as a disjoint union of all cotangent spaces of $M$

$$
T M^{*}=\bigsqcup_{p \in M} T_{p} M^{*}
$$

equipped with the natural $C^{\infty}$-structure (defined similarly to that of $T M$ ). Furthermore, let $\pi: T M^{*} \rightarrow M, T_{p} M^{*} \ni \omega \mapsto p \in M$ be the canonical projection. We call sections of $T M^{*}$, i.e. mappings $\omega: M \rightarrow T M^{*}$, with $\pi \circ \omega=i d$, covector fields on $M$ or (differential) 1-forms. We denote by $\mathcal{T}^{1}(M)$ (or $\mathcal{T}_{0}^{1}(M), \mathcal{T}^{*}(M), \mathcal{T}^{0,1}(M)$ ) the set of all smooth covector fields on $M$. The differential of a function $f \in C^{\infty}(M)$ is the (smooth) covector field

$$
d f: M \rightarrow T M^{*}, \quad d f(p)=d f_{p}: T_{p} M \rightarrow \mathbb{R}
$$

If $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, is a chart and $\omega$ is a covector field on $U$, there are functions $\omega_{i}: U \rightarrow \mathbb{R}, i=1, \ldots, n$, such that

$$
\omega=\omega_{i} d x^{i}
$$

Functions $\omega_{i}$ are called the component functions of $\omega$ with respect to the chart $(U, x)$. As in the case of vector fields we have:

Lemma 2.10. Let $\omega$ be a covector field on $M$. Then the following are equivalent:
(a) $\omega \in \mathcal{T}^{1}(M)$;
(b) the component functions of $\omega$ (with respect to any chart) are smooth functions;
(c) if $U \subset M$ is open and $V \in \mathcal{T}(U)$ is a smooth vector field in $U$, then the function $p \mapsto \omega_{p}\left(V_{p}\right)$ is smooth.

Proof. Exercise [cf. Lemma 1.37]

### 2.11 Tensor bundles

Let $M$ be a smooth manifold.
Definition 2.12. We define tensor bundles on $M$ as disjoint unions:

1. $k$-covariant tensor bundle

$$
T^{k} M=\bigsqcup_{p \in M} T^{k}\left(T_{p} M\right)
$$

2. l-contravariant tensor bundle

$$
T_{l} M=\bigsqcup_{p \in M} T_{l}\left(T_{p} M\right), \quad \text { and }
$$

3. ( $k, l$ )-tensor bundle

$$
T_{l}^{k} M=\bigsqcup_{p \in M} T_{l}^{k}\left(T_{p} M\right)
$$

equipped with natural $C^{\infty}$-structures.
We identify:

$$
\begin{aligned}
T^{0} M & =T_{0} M=M \times \mathbb{R} \\
T^{1} M & =T M^{*} \\
T_{1} M & =T M \\
T_{0}^{k} M & =T^{k} M \\
T_{l}^{0} M & =T_{l} M
\end{aligned}
$$

Since all tensor bundles are smooth manifolds, we may consider their smooth sections. We say that a section $s: M \rightarrow T_{l}^{k} M$ is a $(k, l)$-tensor field (recall that $\pi \circ s=i d_{M}$, and so $s(p) \in T_{l}^{k}\left(T_{p} M\right)$ ). A smooth ( $k, l$ )-tensor field is a smooth section $M \rightarrow T_{l}^{k} M$. Similarly, we define (smooth) $k$-covariant tensor fields and $l$-contravariant tensor fields. Since 0 -covariant and 0 -contravariant tensors are real numbers, (smooth) 0-covariant tensor fields and (smooth) 0-contravariant tensor fields are (smooth) real-valued functions.

Denote

$$
\begin{aligned}
\mathcal{T}^{k}(M) & =\left\{\text { smooth sections on } T^{k} M\right\} \\
& =\{\text { smooth } k \text {-covariant tensor fields }\} \\
\mathcal{T}_{l}(M) & =\left\{\text { smooth sections on } T_{l} M\right\} \\
& =\{\text { smooth } l \text {-contravariant tensor fields }\} \\
\mathcal{T}_{l}^{k}(M) & =\left\{\text { smooth sections on } T_{l}^{k} M\right\} \\
& =\{\text { smooth }(k, l) \text {-tensor fields }\} .
\end{aligned}
$$

If $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, is a chart and $\sigma$ is a tensor field in $U$, we may write

$$
\begin{aligned}
\sigma & =\sigma_{i_{1} \cdots i_{k}} d x^{i_{1}} \otimes \cdots \otimes d x^{i_{k}}, \quad \text { if } \sigma \text { is a } k \text {-covariant tensor field, } \\
\sigma & =\sigma^{j_{1} \cdots j_{l}} \partial_{j_{1}} \otimes \cdots \otimes \partial_{j_{l}}, \quad \text { if } \sigma \text { is an } l \text {-contravariant tensor field, or } \\
\sigma & =\sigma_{i_{1} \cdots i_{k}}^{j_{1} \cdots j_{l}} d x^{i_{1}} \otimes \cdots \otimes d x^{i_{k}} \otimes \partial_{j_{1}} \otimes \cdots \otimes \partial_{j_{l}}, \quad \text { if } \sigma \text { is a }(k, l) \text {-tensor field. }
\end{aligned}
$$

Functions $\sigma_{i_{1} \cdots i_{k}}, \sigma^{j_{1} \cdots j_{l}}$ and $\sigma_{i_{1} \cdots i_{k}}^{j_{1} \cdots j_{l}}$ are called the component functions of $\sigma$ with respect to the chart $(U, x)$. Again we have:

Lemma 2.13. Let $\sigma$ be a( $k, l)$-tensor field on $M$. Then the following are equivalent:
(a) $\sigma \in \mathcal{T}_{l}^{k}(M)$;
(b) the component functions of $\sigma$ (with respect to any chart) are smooth;
(c) if $U \subset M$ is open and $X_{1}, \ldots, X_{k} \in \mathcal{T}(U)$ are smooth vector fields in $U$ and $\omega^{1}, \ldots, \omega^{l} \in$ $\mathcal{T}^{1}(M)$ are smooth covector fields in $U$, then the function

$$
p \mapsto \sigma\left(X_{1}, \ldots, X_{k}, \omega^{1}, \ldots, \omega^{l}\right)_{p} \in \mathbb{R}
$$

is smooth.
Proof. Exercise [cf. Lemma 1.37 and Lemma 2.10.]

### 2.14 Riemannian metric tensor

Definition 2.15. Let $M$ be a $C^{\infty}$-manifold. A Riemannian metric (tensor) on $M$ is a 2covariant tensor field $g \in \mathcal{T}^{2}(M)$ that is symmetric (i.e. $\left.g(X, Y)=g(Y, X)\right)$ and positive definite (i.e. $g\left(X_{p}, X_{p}\right)>0$ if $X_{p} \neq 0$ ). A $C^{\infty}$-manifold $M$ with a given Riemannian metric $g$ is called a Riemannian manifold $(M, g)$.

A Riemannian metric thus defines an inner product on each $T_{p} M$, written as $\langle v, w\rangle=\langle v, w\rangle_{p}=g(v, w)$ for $v, w \in T_{p} M$. The inner product varies smoothly in $p$ in the sense that for every $X, Y \in \mathcal{T}(M)$, the function $M \rightarrow \mathbb{R}, p \mapsto g\left(X_{p}, Y_{p}\right)$, is $C^{\infty}$.

The length (or norm) of a vector $v \in T_{p} M$ is

$$
|v|=\langle v, v\rangle^{1 / 2}
$$

The angle between non-zero vectors $v, w \in T_{p} M$ is the unique $\vartheta \in[0, \pi]$ such that

$$
\cos \vartheta=\frac{\langle v, w\rangle}{|v||w|}
$$

Vectors $e_{1}, \ldots, e_{k} \in T_{p} M$ are orthonormal if they are of length 1 and pairwise orthogonal, in other words, $\left\langle e_{i}, e_{j}\right\rangle=\delta_{i j}$.

Recall that vector fields $E_{1}, \ldots, E_{n} \in \mathcal{T}(U)$ in an open set $U \subset M$ form a local frame if $\left(E_{1}\right)_{p}, \ldots,\left(E_{n}\right)_{p}$ form a basis of $T_{p} M$ for each $p \in U$. Associated to a local frame is the coframe $\varphi^{1}, \ldots, \varphi^{n} \in \mathcal{T}^{1}(U)$ (=differentiable 1-forms on $U$ ) such that $\varphi^{i}\left(E_{j}\right)=\delta_{i j}$.

Now, if $E_{1}, \ldots, E_{n}$ is any (smooth) local frame, and $\varphi^{1}, \ldots, \varphi^{n}$ its coframe, the Riemannian metric $g$ can be written locally as

$$
\begin{equation*}
g=g_{i j} \varphi^{i} \otimes \varphi^{j} \tag{2.16}
\end{equation*}
$$

The coefficient matrix, defined by $g_{i j}=\left\langle E_{i}, E_{j}\right\rangle$, is symmetric in $i$ and $j$, and the function

$$
p \mapsto g_{i j}(p):=\left\langle E_{i}, E_{j}\right\rangle_{p}
$$

is $C^{\infty}$ for all $i, j$.
Example 2.17. If $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$ is a chart, then $\partial_{1}, \ldots, \partial_{n}$, where $\partial_{i}=\frac{\partial}{\partial x_{i}}$, form a coordinate frame and differentials $d x^{1}, \ldots, d x^{n}$ its coframe. The Riemannian metric can then be written (in $U$ ) as

$$
g=g_{i j} d x^{i} \otimes d x^{j}=g_{i j} d x^{i} d x^{j}
$$

(If $\omega$ and $\eta$ are 1-forms, we write $\omega \eta=\frac{1}{2}(\omega \otimes \eta+\eta \otimes \omega)$ (= symmetric product).)

Remark 2.18. If $p \in M$, then there exists a local orthonormal frame in the neighborhood of $p$, i.e. a local frame $E_{1}, \ldots, E_{n}$ that forms an orthonormal basis of $T_{q} M$ for all $q$ in this neighborhood.
Warning: In general, it is not possible to find a chart $(U, x)$ at $p$ so that the coordinate frame $\partial_{1}, \ldots, \partial_{n}$ would be an orthonormal frame. In fact, this is possible only if the metric $g$ is locally isometric to the Euclidean metric.

Definition 2.19. Let $(M, g)$ and $(N, h)$ be Riemannian manifolds. A diffeomorphism $f: M \rightarrow N$ is called an isometry if $f^{*} h=g$, i.e.

$$
f^{*} h(v, w)=h\left(f_{*} v, f_{*} w\right)=g(v, w)
$$

for all $v, w \in T_{p} M$ and $p \in M$. A $C^{\infty}$-map $f: M \rightarrow N$ is a local isometry if, for each $p \in M$, there are neighborhoods $U$ of $p$ and $V$ of $f(p)$ such that $f \mid U: U \rightarrow V$ is an isometry.

Examples 2.20. (1) If $M=\mathbb{R}^{n}$, then the Euclidean metric is the usual inner product on each tangent space $T_{p} \mathbb{R}^{n} \cong \mathbb{R}^{n}$. The standard coordinate frame is $\partial_{1}, \ldots, \partial_{n}$, where

$$
\partial_{i}=e_{i}=(0, \ldots, 0, \stackrel{i}{1}, 0, \ldots, 0)
$$

$\left\langle\partial_{i}, \partial_{j}\right\rangle=\delta_{i j}$, and the metric can be written as

$$
g=\sum_{i} d x^{i} d x^{i}=\delta_{i j} d x^{i} d x^{j}
$$

(2) Let $f: M^{n} \rightarrow N^{n+k}$ be an immersion, that is, $f$ is $C^{\infty}$ and $f_{* p}: T_{p} M \rightarrow T_{f(p)} N$ is injective for all $p \in M$. If $N$ has a Riemannian metric $g$, then $f^{*} g$ defines a Riemannian metric on $M$ :

$$
f^{*} g(v, w)=g\left(f_{*} v, f_{*} w\right)
$$

for all $v, w \in T_{p} M$ and $p \in M$. Since $f_{* p}$ is injective, $f^{*} g$ is positive definite. The metric $f^{*} g$ is called the induced metric.
(3) Recall that a Lie group $G$ is a group which is also a $C^{\infty}$-manifold such that $G \times G \rightarrow G$, $(p, q) \mapsto p q^{-1}$, is $C^{\infty}$. For fixed $p \in G$, the map $L_{p}: G \rightarrow G, L_{p}(q)=p q$, is called a left translation. A vector field $X$ is called left-invariant if $X=\left(L_{p}\right)_{*} X$ for every $p \in G$, i.e. $X_{p q}=\left(L_{p}\right)_{* q} X_{q}$ for all $p, q \in G$.


If $X$ is left-invariant, then $X \in \mathcal{T}(G)$ (is a smooth vector field) and it is completely determined by its value at a single point of $G$ (e.g. by $X_{e}$ ). If $X$ and $Y$ are left-invariant, then so is $[X, Y]$. The set of left-invariant vector fields on $G$ forms a vector space. This vector space together with the bracket $[\cdot, \cdot]$ is called a Lie algebra $\mathfrak{g}$. Thus $\mathfrak{g} \cong T_{e} G$.
A Riemannian metric $\langle\cdot, \cdot\rangle$ on $G$ is called left-invariant if $\left(L_{p}\right)^{*}\langle\cdot, \cdot\rangle=\langle\cdot, \cdot\rangle$ for all $p \in G$, i.e. if $\left\langle\left(L_{p}\right)_{* q} v,\left(L_{p}\right)_{* q} w\right\rangle_{p q}=\langle v, w\rangle_{q}$ for all $v, w \in T_{q} G$ and all $p, q \in G$.


To construct a left-invariant Riemannian metric on $G$, it is enough to give an arbitrary inner product $\langle\cdot, \cdot\rangle_{e}$ on $T_{e} G$. Similarly, we can define right-invariant Riemannian metrics for right translations $R_{p}: G \rightarrow G, R_{p}(q)=q p$.
(4) If ( $M_{1}, g_{1}$ ) and ( $M_{2}, g_{2}$ ) are Riemannian manifolds, the product $M_{1} \times M_{2}$ has a natural Riemannian metric $g=g_{1} \oplus g_{2}$, the product metric, defined by

$$
g\left(X_{1}+X_{2}, Y_{1}+Y_{2}\right):=g_{1}\left(X_{1}, Y_{1}\right)+g_{2}\left(X_{2}, Y_{2}\right),
$$

where $X_{i}, Y_{i} \in \mathcal{T}\left(M_{i}\right)$ and $T_{(p, q)}\left(M_{1} \times M_{2}\right)=T_{p} M_{1} \oplus T_{q} M_{2}$ for all $(p, q) \in M_{1} \times M_{2}$.
If $\left(x^{1}, \ldots, x^{n}\right)$ is a chart on $M_{1}$ and $\left(x^{n+1}, \ldots, x^{n+m}\right)$ is a chart on $M_{2}$, then $\left(x_{1}, \ldots, x^{n+m}\right)$ is a chart on $M_{1} \times M_{2}$. In these coordinates the product metric can be written as $g=g_{i j} d x^{i} d x^{j}$, where $\left(g_{i j}\right)$ is the block matrix

$$
\left[\begin{array}{cccccc}
\left(g_{1}\right)_{11} & \cdots & \left(g_{1}\right)_{1 n} & 0 & \cdots & 0 \\
\vdots & \cdots & \vdots & \vdots & \cdots & \vdots \\
\left(g_{1}\right)_{n 1} & \cdots & \left(g_{1}\right)_{n n} & 0 & \cdots & 0 \\
0 & \cdots & 0 & \left(g_{2}\right)_{11} & \cdots & \left(g_{2}\right)_{1 m} \\
\vdots & \cdots & \vdots & \vdots & \cdots & \vdots \\
0 & \cdots & 0 & \left(g_{2}\right)_{m 1} & \cdots & \left(g_{2}\right)_{m m}
\end{array}\right]
$$

As an example one can consider the flat torus:

$$
\mathbb{T}^{n}:=\mathbb{S}^{1} \times \cdots \times \mathbb{S}^{1}
$$

together with the product metric, where each $\mathbb{S}^{1} \subset \mathbb{R}^{2}$ has the induced metric from $\mathbb{R}^{2}$.
Definition 2.21. Let $(M, g)$ be a Riemannian manifold and $\gamma: I \rightarrow M$ a $C^{\infty}$-path, where $I \subset \mathbb{R}$ an open interval. The length of $\gamma \mid[a, b]$, where $[a, b] \subset I$, is defined by

$$
\ell(\gamma \mid[a, b]):=\int_{a}^{b}\left|\dot{\gamma}_{t}\right| d t=\int_{a}^{b} g\left(\dot{\gamma}_{t}, \dot{\gamma}_{t}\right)^{1 / 2} d t
$$

The length of a piecewise $C^{\infty}$-path is the sum of the lengths of the pieces.
Let $M$ be connected and $p, q \in M$. Define

$$
d(p, q)=\inf _{\gamma} \ell(\gamma),
$$

where inf is taken over all piecewise $C^{\infty}$-paths from $p$ to $q$. Then $d: M \times M \rightarrow \mathbb{R}$ is a metric whose topology is the same as the original topology of $M$ (this will be proven later).

### 2.22 Integration on Riemannian manifolds

We start with a discussion on a partition of unity.
Definition 2.23. Let $M$ be a $C^{\infty}$-manifold. A ( $C^{\infty}-$ )partition of unity on $M$ is a collection $\left\{\varphi_{i}: i \in I\right\}$ of $C^{\infty}$-functions on $M$ such that
(a) the collection of supports $\left\{\operatorname{supp} \varphi_{i}: i \in I\right\}$ is locally finite,
(b) $\varphi_{i}(p) \geq 0$ for all $p \in M$ and $i \in I$, and
(c) for all $p \in M$

$$
\sum_{i \in I} \varphi_{i}(p)=1
$$

A partition of unity $\left\{\varphi_{i}: i \in I\right\}$ is subordinate to a cover $\left\{U_{\alpha}: \alpha \in A\right\}\left(M=U_{\alpha} U_{\alpha}\right)$ if, for each $i \in I$ there is $\alpha \in A$ such that $\operatorname{supp} \varphi_{i} \subset U_{\alpha}$.

Remarks 2.24. 1. Above $I$ and $A$ are arbitrary (not necessary countable) index sets.
2. The support of a function $f: M \rightarrow \mathbb{R}$ is the set

$$
\operatorname{supp} f=\overline{\{p \in M: f(p) \neq 0\}} .
$$

3. A collection $\left\{A_{i}: i \in I\right\}$ of of sets $A_{i}$ is locally finite if each $p \in M$ has a neighborhood $U \ni p$ such that $U \cap A_{i} \neq \emptyset$ for only finitely many $i$.
4. The sum in (c) makes sense since only finitely many terms $\varphi_{i}(p)$ are nonzero for every $p \in M$.

Theorem 2.25. Let $M$ be a $C^{\infty}$-manifold and $\left\{U_{\alpha}: \alpha \in A\right\}$ an open cover of $M$. Then there exists a countable $C^{\infty}$-partition of unity $\left\{\varphi_{i}: i \in \mathbb{N}\right\}$ subordinate to $\left\{U_{\alpha}: \alpha \in A\right\}$, with $\operatorname{supp} \varphi_{i}$ compact for each $i$.

Proof. See, for instance, [Le3], Theorem 2.25.
As a simple application we obtain the existence of a Riemannian metric.
Theorem 2.26. Every $C^{\infty}$-manifold $M$ admits a Riemannian metric.
Proof. Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart and $\partial_{1}, \ldots, \partial_{n}$ a (local) coordinate frame. We define a Riemannian metric $\tilde{g}$ on $U$ as the pull-back of the Euclidean metric under $x$, in other words,

$$
\begin{equation*}
\tilde{g}\left(\partial_{i}, \partial_{j}\right)=\delta_{i j} \quad\left(\tilde{g}=\delta_{i j} d x^{i} d x^{j}\right) . \tag{2.27}
\end{equation*}
$$

Let $\left\{U_{\alpha}: \alpha \in A\right\}$ be an open cover of $M$ by charts $\left(U_{\alpha}, x_{\alpha}\right)$ and let $\varphi_{k}, k=1,2, \ldots$, be a $C^{\infty}$-partition of unity subordinate to $\left\{U_{\alpha}: \alpha \in A\right\}$. For each $k \in \mathbb{N}$ choose $\alpha \in A$ such that $\operatorname{supp} \varphi_{k} \subset U_{\alpha}$ and let $\tilde{g}_{k}$ be a Riemannian metric on $U_{\alpha}$ given by (2.27). Then

$$
g=\sum_{k} \varphi_{k} \tilde{g}_{k}
$$

is a Riemannian metric on $M$. Thus

$$
g(v, w)=\sum_{k} \varphi_{k}(p) \tilde{g}_{k}(v, w)
$$

for all $p \in M$ and $v, w \in T_{p} M$.

Integration. Recall the change of variables formula for the (Lebesgue) integral (see e.g. [Jo]): Suppose that $\Omega_{1}$ and $\Omega_{2}$ are open subsets of $\mathbb{R}^{n}$ and that $\varphi: \Omega_{1} \rightarrow \Omega_{2}$ is a diffeomorphism. Let $f: \Omega_{2} \rightarrow \dot{\mathbb{R}}$ be (Lebesgue-)measurable. Then $f \circ \varphi$ is measurable and

$$
\begin{equation*}
\int_{\Omega_{2}} f d m=\int_{\Omega_{1}}(f \circ \varphi)\left|J_{\varphi}\right| d m \tag{2.28}
\end{equation*}
$$

The formula is valid in the following sense: If $f \geq 0$, then (2.28) always holds. In general, $f \in L^{1}\left(\Omega_{2}\right)$ if and only if $(f \circ \varphi)\left|J_{\varphi}\right| \in L^{1}\left(\Omega_{1}\right)$, and then (2.28) holds.

Suppose that $(M, g)$ is a Riemannian $n$-manifold. Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, and $(U, y), y=$ $\left(y^{1}, \ldots, y^{n}\right)$, be charts. The Riemannian metric $g=\langle$,$\rangle can be written in U$ as

$$
g=g_{i j}^{x} d x^{i} d x^{j}, \quad g_{i j}^{x}=\left\langle\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right\rangle
$$

or

$$
g=g_{i j}^{y} d y^{i} d y^{j}, \quad g_{i j}^{y}=\left\langle\frac{\partial}{\partial y^{i}}, \frac{\partial}{\partial y^{j}}\right\rangle
$$

Denote $\varphi=y \circ x^{-1}: x U \rightarrow y U$. We want to define (first) $\int_{U} d \mu$, where $d \mu$ is a "volume element ", by using a chart in such a way that the definition would be independent of the chosen chart. Write $G^{x}(p)=\left(g_{i j}^{x}(p)\right)$ and $G^{y}(p)=\left(g_{i j}^{y}(p)\right)$ for $p \in U$, and let $A(q)$ be the matrix of $\varphi^{\prime}(q)$ with respect the standard basis of $\mathbb{R}^{n}$. Since $g$ is positive definite and symmetric, we have

$$
\operatorname{det} G^{x}(p)>0
$$

for all $p \in$. We claim that

$$
\begin{equation*}
\sqrt{\operatorname{det} G^{x}(p)}=\sqrt{\operatorname{det} G^{y}(p)}\left|J_{\varphi}(x(p))\right| \tag{2.29}
\end{equation*}
$$

for all $p \in U$. If this is true, then

$$
\begin{aligned}
\int_{x U}\left(\sqrt{\operatorname{det} G^{x}}\right) \circ x^{-1} & =\int_{x U} \sqrt{\operatorname{det} G^{x}\left(x^{-1}(q)\right)} d q \\
& \stackrel{(2.29)}{=} \int_{x U} \sqrt{\operatorname{det} G^{y}\left(y^{-1}(\varphi(q))\right)}\left|J_{\varphi}(q)\right| d q \\
& \stackrel{(2.28)}{=} \int_{y U} \sqrt{\operatorname{det} G^{y}\left(y^{-1}(m)\right)} d m \\
& =\int_{y U}\left(\sqrt{\operatorname{det} G^{y}}\right) \circ y^{-1}
\end{aligned}
$$

so, the definition

$$
\begin{equation*}
\int_{U} d \mu:=\int_{x U}\left(\sqrt{\operatorname{det} G^{x}}\right) \circ x^{-1} \tag{2.30}
\end{equation*}
$$

is independent of the chosen map $x$. Similarly,

$$
\int_{U} f d \mu:=\int_{x U}\left(f \sqrt{\operatorname{det} G^{x}}\right) \circ x^{-1}
$$

is independent of $x$ for all Borel functions $f: U \rightarrow \mathbb{R}$. Next pick an atlas $\mathcal{A}=\left\{\left(U_{\alpha}, x_{\alpha}\right): \alpha \in I\right\}$ and a (countable) $C^{\infty}$-partition of unity $\left\{\varphi_{i}\right\}$ subordinate to $\mathcal{A}$. For each $i$, let $\alpha_{i} \in I$ be such that $\operatorname{supp} \varphi_{i} \subset U_{\alpha_{i}}$. Then we define, for any Borel set $A \subset M$,

$$
\mu(A):=\int_{A} d \mu=\sum_{i} \int_{U_{\alpha_{i}} \cap A} \varphi_{i} d \mu=\sum_{i} \int_{U_{\alpha_{i}}} \varphi_{i} \chi_{A} d \mu .
$$

This is independent of the chosen atlas and partition of unity. After this we can develop a theory of measure ( $=\mu$ ) and integration on $M$.

Proof of (2.29). Let

$$
A=\left(A_{j}^{i}\right)=\left(D_{j} \varphi^{i}\right)
$$

be the Jacobian matrix of $\varphi=y \circ x^{-1}$ with respect to the standard basis of $\mathbb{R}^{n}$. Then it is the matrix of $\mathrm{id}_{*}$ with respect to coordinate frames $\left\{\partial / \partial x^{i}\right\}$ and $\left\{\partial / \partial y^{j}\right\}$. Hence

$$
\frac{\partial}{\partial x^{i}}=\sum_{j=1}^{n} D_{i} \varphi^{j} \frac{\partial}{\partial y^{j}}
$$

So,

$$
\begin{aligned}
g_{i j}^{x} & =\left\langle\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right\rangle \\
& =\left\langle\sum_{k=1}^{n} D_{i} \varphi^{k} \frac{\partial}{\partial y^{k}}, \sum_{\ell=1}^{n} D_{j} \varphi^{\ell} \frac{\partial}{\partial y^{\ell}}\right\rangle \\
& =\sum_{k, \ell} D_{i} \varphi^{k} D_{j} \varphi^{\ell}\left\langle\frac{\partial}{\partial y^{k}}, \frac{\partial}{\partial y^{\ell}}\right\rangle \\
& =\sum_{k, \ell} D_{i} \varphi^{k} D_{j} \varphi^{\ell} g_{k \ell}^{y} .
\end{aligned}
$$

That is,

$$
G^{x}=A^{T} G^{y} A
$$

and so

$$
\operatorname{det} G^{x}=\operatorname{det} A^{T} \cdot \operatorname{det} G^{y} \cdot \operatorname{det} A .
$$

Since

$$
\operatorname{det} A=\operatorname{det} A^{T}=J_{\varphi},
$$

we obtain (2.29).

## 3 Connections

### 3.1 Motivation

We want to study geodesics which are Riemannian generalizations of straight lines. One possibility is to define geodesics as curves that minimize length between nearby points. However, this property is technically difficult to work with as a definition. Another approach:
In $\mathbb{R}^{n}$ straight lines are curves $\alpha: \mathbb{R} \rightarrow \mathbb{R}^{n}$,

$$
\alpha(t)=p+t v, \quad p, v \in \mathbb{R}^{n} .
$$

(We do not consider e.g. $\gamma(t)=p+t^{3} v$ as a straight line, although $\gamma(\mathbb{R})=\alpha(\mathbb{R})$.)
The velocity vector of $\alpha$ is $\dot{\alpha}_{t}=\alpha^{\prime}(t)=v$, and the acceleration of $\alpha$ is $\ddot{\alpha}_{t}=\alpha^{\prime \prime}(t)=0$; so straight lines are curves $\alpha$ with $\ddot{\alpha} \equiv 0$.

Let $M^{m} \subset \mathbb{R}^{n}$ be a submanifold, $m<n$, with induced Riemannian metric.
Take a $C^{\infty}$-path $\gamma: I \rightarrow M, \gamma=\left(\gamma^{1}, \ldots, \gamma^{n}\right)$. Then $\dot{\gamma}_{t}=\left(\dot{\gamma}_{t}^{1}, \ldots, \dot{\gamma}_{t}^{n}\right) \in \mathbb{R}^{n}$ but also $\dot{\gamma}_{t} \in T_{\gamma(t)} M$ and it has a coordinate-independent meaning. On the other hand, $\ddot{\gamma}_{t}=\left(\ddot{\gamma}_{t}^{1}, \ldots, \ddot{\gamma}_{t}^{n}\right) \in \mathbb{R}^{n}$ but $\ddot{\gamma}_{t} \notin T_{\gamma(t)} M$, in general.


To measure the "straightness" of $\gamma$ we project $\ddot{\gamma}_{t}$ orthogonally to $T_{\gamma(t)} M$ and obtain $\ddot{\gamma}_{t}^{T}$, the "tangential acceleration". Hence, we could define geodesics as curves $\gamma$, with $\ddot{\gamma}^{T} \equiv 0$.
Problem: For an abstract Riemannian manifold, there is no canonical ambient Euclidean space, where to differentiate. So the method does not work as such.
We face the following problem:
To differentiate (intrinsicly, i.e. within $M$ ) $\dot{\gamma}_{t}$ with respect to $t$ we need to write the difference quotient of $\dot{\gamma}_{t}$ for $t \neq t_{0}$ but these vectors live in different vector spaces, so $\dot{\gamma}_{t}-\dot{\gamma}_{t_{0}}$ does not make sense.
To do so, we need a way to "connect" nearby tangent spaces. This will be the role of a connection.

### 3.2 Affine connections

First a general definition.
Definition 3.3. Let $(E, \pi)$ be a $C^{\infty}$ vector bundle over $M$, and let $\mathcal{E}(M)$ denote the space of $\mathcal{C}^{\infty}$-sections of $E$. A connection in $E$ is a map

$$
\nabla: \mathcal{T}(M) \times \mathcal{E}(M) \longrightarrow \mathcal{E}(M),
$$

denoted by $(X, Y) \mapsto \nabla_{X} Y$, satisfying
(C1) $\nabla_{X} Y$ is linear over $C^{\infty}(M)$ in $X$ :

$$
\nabla_{f X_{1}+g X_{2}} Y=f \nabla_{X_{1}} Y+g \nabla_{X_{2}} Y, \quad f, g \in C^{\infty}(M) ;
$$

(C2) $\nabla_{X} Y$ is linear over $\mathbb{R}$ in $Y$ :

$$
\nabla_{X}\left(a Y_{1}+b Y_{2}\right)=a \nabla_{X} Y_{1}+b \nabla_{X} Y_{2}, \quad a, b \in \mathbb{R}
$$

(C3) $\nabla$ satisfies the following product rule:

$$
\nabla_{X}(f Y)=f \nabla_{X} Y+(X f) Y, \quad f \in C^{\infty}(M) .
$$

We say that $\nabla_{X} Y$ is the covariant derivative of $Y$ in the direction of $X$.
In the case $E=T M$ the connection $\nabla$ is called an affine connection. Thus $\nabla: \mathcal{T}(M) \times \mathcal{T}(M) \longrightarrow \mathcal{T}(M)$. From now on $\nabla$ will be an affine connection on $M$. Let $\gamma: I \rightarrow M$ be a $C^{\infty}$-path. We say that a $C^{\infty}$-map $X: I \rightarrow T M$ is a $C^{\infty}$-vector field along $\gamma$ if $X_{t}=X_{\gamma(t)} \in T_{\gamma(t)} M$ for every $t \in I$.


Denote by $\mathcal{T}(\gamma)$ the space of all $C^{\infty}$-vector fields along $\gamma$. Observe that $X \in \mathcal{T}(\gamma)$ cannot necessarily be extended to $\widetilde{X} \in \mathcal{T}(U)$, where $U$ is an open set such that $\gamma: I \rightarrow U$. For example:


Lemma 3.4. $\left(\nabla_{X} Y\right)_{p}$ depends only on $X_{p}$ and the values of $Y$ along a $C^{\infty}-$ path $\gamma$, with $\dot{\gamma}_{0}=X_{p}$ (and, of course, on $\nabla$ ).

Remark 3.5. This innocent looking result will be very important since it makes it possible to define a notion of covariant derivative of a vector field along a smooth path, and therefore a parallel transport along a smooth path; see Theorem 3.7 and Definition 3.14 below.
Proof. Let $(U, x)$ be a chart at $p$, and let $\partial_{i}=\frac{\partial}{\partial x^{i}}, i=1,2, \ldots, n$, be the corresponding coordinate frame. Let

$$
X=a^{i} \partial_{i}, \quad Y=b^{j} \partial_{j}
$$

Using the axioms of connection, we gain

$$
\begin{aligned}
\left(\nabla_{X} Y\right)_{p} & =\left(\nabla_{X} b^{j} \partial_{j}\right)_{p}=b^{j}(p)\left(\nabla_{X} \partial_{j}\right)_{p}+\left(X_{p} b^{j}\right)\left(\partial_{j}\right)_{p}=b^{j}(p)\left(\nabla_{a^{i} \partial_{i}} \partial_{j}\right)_{p}+\left(X_{p} b^{j}\right)\left(\partial_{j}\right)_{p} \\
& =b^{j}(p) a^{i}(p)\left(\nabla_{\partial_{i}} \partial_{j}\right)_{p}+\left(X_{p} b^{j}\right)\left(\partial_{j}\right)_{p}
\end{aligned}
$$

where terms $b^{j}(p) a^{i}(p)$ depend only on $Y_{p}$ and $X_{p}$ and terms $X_{p} b^{j}$ depend only on the values of $Y$ along $\gamma$ with $\dot{\gamma}_{0}=X_{p}$.

Let $\left\{E_{i}\right\}$ be a local frame on an open set $U \subset M$. Writing

$$
\nabla_{E_{i}} E_{j}=\Gamma_{i j}^{k} E_{k},
$$

we get functions $\Gamma_{i j}^{k} \in C^{\infty}(U)$ called the Christoffel symbols of $\nabla$ with respect to $\left\{E_{i}\right\}$. As in the proof Lemma 3.4, we get

$$
\begin{equation*}
\nabla_{X} Y=a^{i} b^{j} \Gamma_{i j}^{k} E_{k}+X b^{j} E_{j}=\left(a^{i} b^{j} \Gamma_{i j}^{k}+X b^{k}\right) E_{k} \tag{3.6}
\end{equation*}
$$

Theorem 3.7. Let $\nabla$ be an affine connection on $M$, and let $\gamma: I \rightarrow M$ be a $C^{\infty}$-path. Then there exists a unique map $D_{t}: \mathcal{T}(\gamma) \rightarrow \mathcal{T}(\gamma)$ satisfying:
(a) linearity over $\mathbb{R}$ :

$$
D_{t}(a V+b W)=a D_{t} V+b D_{t} W, \quad a, b \in \mathbb{R}
$$

(b) product rule:

$$
D_{t}(f V)=\dot{f} V+f D_{t} V, \quad f \in C^{\infty}(I)
$$

(c) if $V$ is induced by $Y \in \mathcal{T}(M)$ ( $V$ is "extendible"), i.e. $V_{t}=Y_{\gamma(t)}$, then

$$
D_{t} V=\nabla_{\dot{\gamma}} Y
$$

The vector field $D_{t} V$ is called the covariant derivative of $V$ along $\gamma$.
Proof. Note that the last line in (c) makes sense by Lemma 3.4. We follow a typical scheme in the proof: first we prove the uniqueness and obtain a formula that can be used to define the object we are looking for.
Uniqueness Suppose that $D_{t}$ exists with the properties (a), (b) and (c). First we prove that $D_{t}$ is local in the following sense. Suppose that $V, W \in \mathcal{T}(\gamma)$ are vector fields such that $V_{t}=W_{t}$ for all $t \in] t_{0}-\delta, t_{0}+\delta\left[\subset I\right.$ for some $\delta>0$. We claim that $\left(D_{t} V\right)_{t_{0}}=\left(D_{t} W\right)_{t_{0}}$. This follows from conditions (a) and (b). Indeed, let $f: \mathbb{R} \rightarrow \mathbb{R}$ be a $C^{\infty}$-function such that $f(t)=1$ for all $t$, with $\left|t-t_{0}\right| \geq \delta$, and $f(t)=0$ for all $t$, with $\left|t-t_{0}\right|<\delta / 2$. Then $V-W=f(V-W)$, and therefore

$$
D_{t} V-D_{t} W=D_{t}(V-W)=D_{t}(f(V-W))=\dot{f}(V-W)+f D_{t}(V-W)
$$

by (a) and (b). In particular, at $t_{0}$ we have

$$
\left(D_{t} V\right)_{t_{0}}-\left(D_{t} W\right)_{t_{0}}=\dot{f}_{t_{0}}(V-W)_{t_{0}}+f\left(t_{0}\right)\left(D_{t}(V-W)\right)_{t_{0}}=0
$$

since $\dot{f}_{t_{0}}=0=f\left(t_{0}\right)$. Let then $V \in \mathcal{T}(\gamma), t_{0} \in I$, and let $x=\left(x^{1}, \ldots, x^{n}\right)$ be a chart at $p=\gamma\left(t_{0}\right)$. Then for all $t$ sufficiently close to $t_{0}$, say $\left|t-t_{0}\right|<\varepsilon$, we have

$$
\dot{\gamma}_{t}=\left(x^{i} \circ \gamma\right)^{\prime}(t)\left(\partial_{i}\right)_{\gamma(t)}=\dot{\gamma}^{i}(t)\left(\partial_{i}\right)_{\gamma(t)}
$$

and

$$
V_{t}=v^{j}(t)\left(\partial_{j}\right)_{\gamma(t)}
$$

where $\dot{\gamma}^{i}=\left(x^{i} \circ \gamma\right)^{\prime}$ and $v^{j} \in C^{\infty}\left(t_{0}-\varepsilon, t_{0}+\varepsilon\right)$. Using (a) and (b), we have

$$
D_{t} V=D_{t}\left(v^{j} \partial_{j}\right)=\dot{v}^{j} \partial_{j}+v^{j} D_{t} \partial_{j}
$$

Because $\partial_{j}$ is extendible, we have

$$
D_{t} \partial_{j} \stackrel{(c)}{=} \nabla_{\dot{\gamma}} \partial_{j}=\nabla_{\dot{\gamma}^{i} \partial_{i}} \partial_{j} \stackrel{(\mathrm{C} 1)}{=} \dot{\gamma}^{i} \nabla_{\partial_{i}} \partial_{j}=\dot{\gamma}^{i} \Gamma_{i j}^{k} \partial_{k}
$$

Therefore,

$$
\begin{equation*}
D_{t} V=\dot{v}^{j} \partial_{j}+v^{j} \dot{\gamma}^{i} \Gamma_{i j}^{k} \partial_{k}=\left(\dot{v}^{k}+v^{j} \dot{\gamma}^{i} \Gamma_{i j}^{k}\right) \partial_{k} \tag{3.8}
\end{equation*}
$$

By (3.8), if $D_{t}: \mathcal{T}(\gamma) \rightarrow \mathcal{T}(\gamma)$ exists and satisfies (a), (b) and (c), then it is unique.
Existence If $\gamma(I)$ is contained in a single chart, we can define $D_{t}$ by (3.8). In the general case, cover $\gamma(I)$ by charts and define $D_{t} V$ by (3.8). The uniqueness implies that the definitions agree whenever two charts overlap.

When do the affine connections exist?
Example 3.9. The Euclidean connection in $\mathbb{R}^{n}$ is defined as follows. Let $X, V \in \mathcal{T}\left(\mathbb{R}^{n}\right), V=$ $\left(v^{1}, \ldots, v^{n}\right)=v^{i} \partial_{i}$, where $v^{i} \in C^{\infty}\left(\mathbb{R}^{n}\right)$ and $\partial_{1}, \ldots, \partial_{n}$ is the standard basis of $\mathbb{R}^{n}$. Then we define

$$
\bar{\nabla}_{X} V=\left(X v^{j}\right) \partial_{j}
$$

i.e. $\bar{\nabla}_{X} V$ is a vector field whose components are the derivatives of $V$ in the direction $X$. Note that the Christoffel symbols of $\bar{\nabla}$ (w.r.t. the standard basis of $\mathbb{R}^{n}$ ) vanish.

Lemma 3.10. Suppose $M$ can be covered by a single chart. Then there is a one-to-one correspondence between affine connections on $M$ and the choices of $n^{3}$ functions $\Gamma_{i j}^{k} \in C^{\infty}(M)$, by the rule

$$
\begin{equation*}
\nabla_{X} Y=\left(a^{i} b^{j} \Gamma_{i j}^{k}+X b^{k}\right) \partial_{k} \tag{3.11}
\end{equation*}
$$

where $X=a^{i} \partial_{i}, Y=b^{i} \partial_{i}$, and $\partial_{1}, \ldots, \partial_{n}$ is the coordinate frame associated to the chart.
Proof. For every affine connection there are functions $\Gamma_{i j}^{k} \in C^{\infty}(M)$, namely the Christoffel symbols, such that (3.11) holds.
Conversely, given functions $\Gamma_{i j}^{k}, i, j, k=1,2, \ldots, n$, then (3.11) defines an affine connection. (Exercise)

Theorem 3.12. Every $C^{\infty}$-manifold $M$ admits an affine connection
Proof. Cover $M$ with charts $\left\{U_{\alpha}\right\}$. Then by Lemma 3.10 each $U_{\alpha}$ has a connection $\nabla^{\alpha}$. Choose a partition of unity $\left\{\varphi_{\alpha}\right\}$ subordinate to $\left\{U_{\alpha}\right\}$. Define

$$
\nabla_{X} Y:=\sum_{\alpha} \varphi_{\alpha} \nabla_{X}^{\alpha} Y
$$

Check that this defines a connection.
Remark 3.13. If $\nabla^{1}$ and $\nabla^{2}$ are connections, then neither $\frac{1}{2} \nabla^{1}$ nor $\nabla^{1}+\nabla^{2}$ satisfies the product rule (C3).

Definition 3.14. Let $\nabla$ be an affine connection on $M, \gamma: I \rightarrow M$ a $C^{\infty}{ }_{-}$path, and $D_{t}: \mathcal{T}(\gamma) \rightarrow$ $\mathcal{T}(\gamma)$ given by Theorem 3.7. We say that $V \in \mathcal{T}(\gamma)$ is parallel along $\gamma$ if $D_{t} V=0$.


Exercise 3.15. Let $\gamma: I \rightarrow \mathbb{R}^{n}$ be a $C^{\infty}$-path. Show that a vector field $V \in \mathcal{T}(\gamma)$ is parallel (with respect to the Euclidean connection) if and only if its components are constants.

Theorem 3.16. Let $\nabla$ be an affine connection on $M, \gamma: I \rightarrow M a C^{\infty}$-path, $t_{0} \in I$, and $v_{0} \in T_{\gamma\left(t_{0}\right)} M$. Then there exists a unique parallel $V \in \mathcal{T}(\gamma)$ such that $V_{t_{0}}=v_{0}$. The vector field $V$ is called the parallel transport of $v_{0}$ along $\gamma$.

Before we prove this theorem, we state the following lemma about the existence and uniqueness for linear ODEs (see e.g. Spivak, Vol. I, Chapter V).

Lemma 3.17. Let $I \subset \mathbb{R}$ be an interval and let $a_{j}^{k}: I \rightarrow \mathbb{R}, 1 \leq j, k \leq n$, be $C^{\infty}$-functions. Then the linear initial-value problem

$$
\begin{cases}\dot{v}^{k}(t) & =a_{j}^{k}(t) v^{j}(t) \\ v^{k}\left(t_{0}\right) & =b^{k}\end{cases}
$$

has a unique solution on all of $I$ for any $t_{0} \in I$ and $\left(b^{1}, \ldots, b^{n}\right) \in \mathbb{R}^{n}$.
Proof of Theorem 3.16. Suppose first that $\gamma(I) \subset U$, where $(U, x)$ is a chart. Then $V=v^{j} \partial_{j} \in \mathcal{T}(\gamma)$ is parallel along $\gamma$ if and only if $D_{t} V \stackrel{(3.8)}{=}\left(\dot{v}^{k}+v^{j} \dot{\gamma}^{i} \Gamma_{i j}^{k}\right) \partial_{k}=0$, that is, if and only if

$$
\dot{v}^{k}(t)=-v^{j} \dot{\gamma}^{i}(t) \Gamma_{i j}^{k}(\gamma(t)), \quad 1 \leq k \leq n
$$

This is a linear system of ODEs for $\left(v^{1}(t), \ldots, v^{n}(t)\right)$. Lemma 3.17 implies that there exists a unique solution on all of $I$ for any initial condition $V_{t_{0}}=v_{0}$.
General case: $(\gamma(I)$ is not necessarily covered by a single chart)
Write

$$
\beta:=\sup \left\{b>t_{0}: \text { there exists a unique parallel transport of } v_{0} \text { along }\left[t_{0}, b\right]\right\} .
$$

Clearly, $\beta>t_{0}$, since for small enough $\varepsilon>0$ the set $\gamma\left(t_{0}-\varepsilon, t_{0}+\varepsilon\right)$ is contained in a single chart, and the first part of the proof applies. Hence, a unique parallel transport $V$ of $v_{0}$ exists on $\left[t_{0}, \beta\right)$. If $\beta \in I$, choose a chart $U$ at $\gamma(\beta)$ such that $\gamma(\beta-\varepsilon, \beta+\varepsilon) \subset U$ for some $\varepsilon>0$. The first part of the proof implies that there exists a unique parallel transport $\widetilde{V}$ of $V_{\beta-\varepsilon / 2}$ along $(\beta-\varepsilon, \beta+\varepsilon)$. By uniqueness $V=\widetilde{V}$ on $(\beta-\varepsilon, \beta)$, and hence $\widetilde{V}$ is an extension of $V$ past $\beta$, which is a contradiction. So $\beta \notin I$. Similarly, we can analyze the "lower end" of $I$.


The parallel transport along $\gamma: I \rightarrow M$ defines for $t_{0}, t \in I$ a linear isomorphism $P_{t_{0}, t}$ : $T_{\gamma\left(t_{0}\right)} M \rightarrow T_{\gamma(t)} M$ by

$$
P_{t_{0}, t} v_{0}=V_{t}
$$

where $V \in \mathcal{T}(\gamma)$ is the parallel transport of $v_{0} \in T_{\gamma\left(t_{0}\right)} M$ along $\gamma$.

Definition 3.18. Let $\nabla$ be an affine connection on $M$. A $C^{\infty}$-path $\gamma: I \rightarrow M$ is a geodesic if

$$
D_{t} \dot{\gamma}=0
$$

By Theorem 3.7(c), this can also be written as

$$
\nabla_{\dot{\gamma}} \dot{\gamma}=0,
$$

provided that $\dot{\gamma}$ is extendible.
Theorem 3.19. Let $M$ be a $C^{\infty}$-manifold with an affine connection $\nabla$. Then for each $p \in M$, $v \in T_{p} M$, and $t_{0} \in \mathbb{R}$, there exist an open interval $I \ni t_{0}$ and a geodesic $\gamma: I \rightarrow M$ satisfying $\gamma\left(t_{0}\right)=p$ and $\dot{\gamma}\left(t_{0}\right)=v$. Any two such geodesics agree on their common interval.

Proof. Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart at $p$ and $\left\{\partial_{i}\right\}$ the corresponding coordinate frame. If $\gamma: J \rightarrow U$ is a $C^{\infty}$-path, with $\gamma\left(t_{0}\right)=0$ and $\dot{\gamma}\left(t_{0}\right)=v$, then

$$
\dot{\gamma}=\left(x^{i} \circ \gamma\right)^{\prime} \partial_{i}=\dot{\gamma}^{i} \partial_{i}
$$

and

$$
D_{t} \dot{\gamma} \stackrel{(3.8)}{=}\left(\ddot{\gamma}^{k}+\dot{\gamma}^{j} \dot{\gamma}^{i} \Gamma_{i j}^{k}\right) \partial_{k}
$$

Hence, $\gamma: I \rightarrow U, t_{0} \in I \subset J$, is a geodesic, with $\gamma\left(t_{0}\right)=p$ and $\dot{\gamma}\left(t_{0}\right)=v$, if and only if

$$
\left\{\begin{array}{l}
\ddot{\gamma}^{k}+\dot{\gamma}^{j} \dot{\gamma}^{i} \Gamma_{i j}^{k}=0, \quad k=1,2, \ldots, n \\
\gamma\left(t_{0}\right)=p \\
\dot{\gamma}\left(t_{0}\right)=v
\end{array}\right.
$$

The theory of ODEs implies that there exists a unique local solution to this.
It follows from the uniqueness that, for each $p \in M$ and $v \in T_{p} M$, there exists a unique maximal geodesic $\gamma: I \rightarrow M$, with $\gamma(0)=p$ and $\dot{\gamma}_{0}=v$, denoted by $\gamma^{v}$. By "maximal" we mean that $I$ is the largest possible interval of definition. We will return to this later.

Remark 3.20. Above and also in the proof of Theorem 3.7 we have abused the notation by writing $\Gamma_{i j}^{k}$ instead of $\Gamma_{i j}^{k} \circ \gamma$. We will continue to do so also in the sequel.

### 3.21 Riemannian connection

Let $M$ be a $C^{\infty}$-manifold and $\nabla$ an affine connection on $M$. Define a map $T: \mathcal{T}(M) \times \mathcal{T}(M) \rightarrow$ $\mathcal{T}(M)$ by

$$
T(X, Y)=\nabla_{X} Y-\nabla_{Y} X-[X, Y]
$$

Then $T \in \mathcal{T}_{1}^{2}(M)$ (Exercise). It is called the torsion tensor of $\nabla$. We say that $\nabla$ is symmetric if $T \equiv 0$.

Remark 3.22. $\nabla$ is symmetric if and only if the Christoffel symbols with respect to any coordinate frame are symmetric, i.e. $\Gamma_{i j}^{k}=\Gamma_{j i}^{k}$ (Exercise).

Definition 3.23. Let $M$ be a Riemannian manifold with the Riemannian metric $g=\langle\cdot, \cdot\rangle$. An affine connection $\nabla$ is compatible with $g$ if

$$
X\langle Y, Z\rangle=\left\langle\nabla_{X} Y, Z\right\rangle+\left\langle Y, \nabla_{X} Z\right\rangle
$$

for every $X, Y, Z \in \mathcal{T}(M)$.

Lemma 3.24. The following are equivalent
(a) $\nabla$ is compatible with $g$;
(b) If $\gamma: I \rightarrow M$ is a $C^{\infty}$-path and $V, W \in \mathcal{T}(\gamma)$, then

$$
\langle V, W\rangle^{\prime}:=\frac{d}{d t}\langle V, W\rangle=\left\langle D_{t} V, W\right\rangle+\left\langle V, D_{t} W\right\rangle ;
$$

(c) If $V, W \in \mathcal{T}(\gamma)$ are parallel, then $\langle V, W\rangle$ is constant.

Proof. $(a) \Longrightarrow(b)$ Let $\gamma: I \rightarrow M$ be a $C^{\infty}$-curve, $p=\gamma(t)$, and $x=\left(x^{1}, \ldots, x^{n}\right)$ a chart at $p$. Let $\partial_{1}, \ldots, \partial_{n}$ be the coordinate frame associated to $x$. It is enough to show that ( $a$ ) implies

$$
\begin{equation*}
\left\langle\partial_{i}, \partial_{j}\right\rangle^{\prime}(t)=\left\langle D_{t} \partial_{i}, \partial_{j}\right\rangle(t)+\left\langle\partial_{i}, D_{t} \partial_{j}\right\rangle(t) \tag{3.25}
\end{equation*}
$$

for every $t \in I$. By the definition of compatibility, (a) implies

$$
\partial_{k}\left\langle\partial_{i}, \partial_{j}\right\rangle=\left\langle\nabla_{\partial_{k}} \partial_{i}, \partial_{j}\right\rangle+\left\langle\partial_{i}, \nabla_{\partial_{k}} \partial_{j}\right\rangle=\left\langle\Gamma_{k i}^{l} \partial_{l}, \partial_{j}\right\rangle+\left\langle\partial_{i}, \Gamma_{k j}^{l} \partial_{l}\right\rangle=\Gamma_{k i}^{l} g_{l j}+\Gamma_{k j}^{l} g_{i l} .
$$

For the left-hand side of (3.25), we then have

$$
\left\langle\partial_{i}, \partial_{j}\right\rangle^{\prime}(t)=\left(g_{i j} \circ \gamma\right)^{\prime}(t)=\dot{\gamma}_{t}\left(g_{i j}\right)=\dot{\gamma}_{t}^{k} \partial_{k}\left(g_{i j}\right)=\dot{\gamma}_{t}^{k} \Gamma_{k i}^{l} g_{l j}+\dot{\gamma}_{t}^{k} \Gamma_{k j}^{l} g_{i l} .
$$

For the right-hand side of (3.25), the identity (3.8) gives us $D_{t} \partial_{i}=\dot{\gamma}^{k} \Gamma_{k i}^{l} \partial_{l}$ and $D_{t} \partial_{j}=\dot{\gamma}^{k} \Gamma_{k j}^{l} \partial_{l}$. Therefore,

$$
\left\langle D_{t} \partial_{i}, \partial_{j}\right\rangle(t)+\left\langle\partial_{i}, D_{t} \partial_{j}\right\rangle(t)=\left\langle\dot{\gamma}_{t}^{k} \Gamma_{k i}^{l} \partial_{l}, \partial_{j}\right\rangle(t)+\left\langle\partial_{i}, \dot{\gamma}_{t}^{k} \Gamma_{k j}^{l} \partial_{l}\right\rangle(t)=\dot{\gamma}_{t}^{k} \Gamma_{k i}^{l} g_{l j}+\dot{\gamma}_{t}^{k} \Gamma_{k j}^{l} g_{i l},
$$

which is equal to the left-hand side.
$(b) \Longrightarrow(a)$ Let $X, Y, Z \in \mathcal{T}(M), p \in M$. Let $\gamma$ be an integral curve of $X$ starting at $p$. Then $Y$ and $Z$ induce vector fields $\widetilde{Y}, \widetilde{Z} \in \mathcal{T}(\gamma)$ by $\widetilde{Y}_{t}=Y_{\gamma(t)}$ and $\widetilde{Z}_{t}=Z_{\gamma(t)}$. Now

$$
\begin{aligned}
X_{p}\langle Y, Z\rangle & =\dot{\gamma}_{0}\langle\widetilde{Y}, \widetilde{Z}\rangle=\frac{d}{d t}\langle\widetilde{Y}, \widetilde{Z}\rangle(0) \stackrel{(b)}{=}\left\langle D_{t} \widetilde{Y}, \widetilde{Z}\right\rangle(0)+\left\langle\widetilde{Y}, D_{t} \widetilde{Z}\right\rangle(0) \\
& 3.7(c) \\
= & \left.\nabla_{\dot{\gamma}} Y, Z\right\rangle_{p}+\left\langle Y, \nabla_{\dot{\gamma}} Z\right\rangle_{p}=\left\langle\nabla_{X} Y, Z\right\rangle_{p}+\left\langle Y, \nabla_{X} Z\right\rangle_{p}
\end{aligned}
$$

$(b) \Longrightarrow(c)$ Since $V, W \in \mathcal{T}(\gamma)$ are parallel, we have by definition $D_{t} V=0=D_{t} W$. Using (b) this implies $\langle V, W\rangle^{\prime} \equiv 0$, that is, $\langle V, W\rangle$ is a constant.
$(c) \Longrightarrow(b)$ Choose an orthonormal basis $\left\{E_{1}\left(t_{0}\right), \ldots, E_{n}\left(t_{0}\right)\right\}$ of $T_{\gamma\left(t_{0}\right)} M$, where $t_{0} \in I$. Let $E_{i}$ be the parallel transport of $E_{i}\left(t_{0}\right)$ along $\gamma$, see Theorem 3.16. Now (c) implies that $\left\{E_{1}(t), \ldots, E_{n}(t)\right\}$ is orthonormal for every $t \in I$. If $V, W \in \mathcal{T}(\gamma)$, we can therefore write

$$
V=v^{i} E_{i} \quad \text { and } \quad W=w^{i} E_{i} .
$$

Then $D_{t} V=v^{i} D_{t} E_{i}+\dot{v}^{i} E_{i}=\dot{v}^{i} E_{i}$ and $D_{t} W=\dot{w}^{i} E_{i}$. This gives

$$
\left\langle D_{t} V, W\right\rangle+\left\langle V, D_{t} W\right\rangle=\left\langle\dot{v}^{i} E_{i}, w^{j} E_{j}\right\rangle+\left\langle v^{i} E_{i}, \dot{w}^{j} E_{j}\right\rangle=\dot{v}^{i} w^{j} \delta_{i j}+v^{i} \dot{w}^{j} \delta_{i j}=\frac{d}{d t}\left(v^{i} w^{j} \delta_{i j}\right)=\langle V, W\rangle^{\prime}
$$

Definition 3.26. Let $M$ be a Riemannian manifold with the Riemannian metric $g=\langle\cdot, \cdot\rangle$. An affine connection $\nabla$ is called a Riemannian (or Levi-Civita) connection on $M$ if

$$
\begin{equation*}
\nabla \text { is symmetric: } \nabla_{X} Y-\nabla_{Y} X=[X, Y] \tag{3.27}
\end{equation*}
$$

and
$\nabla$ is compatible with $g: X\langle Y, Z\rangle=\left\langle\nabla_{X} Y, Z\right\rangle+\left\langle Y, \nabla_{X} Z\right\rangle$.
Theorem 3.29. Given a Riemannian manifold $M$, there exists a unique Riemannian connection on $M$.
Proof. Uniqueness Suppose such $\nabla$ exists. Then

$$
X\langle Y, Z\rangle \stackrel{(3.28)}{=}\left\langle\nabla_{X} Y, Z\right\rangle+\left\langle Y, \nabla_{X} Z\right\rangle \stackrel{(3.27)}{=}\left\langle\nabla_{X} Y, Z\right\rangle+\left\langle Y, \nabla_{Z} X\right\rangle+\langle Y,[X, Z]\rangle .
$$

Similarly,

$$
Y\langle Z, X\rangle=\left\langle\nabla_{Y} Z, X\right\rangle+\left\langle Z, \nabla_{X} Y\right\rangle+\langle Z,[Y, X]\rangle ;
$$

and

$$
Z\langle X, Y\rangle=\left\langle\nabla_{Z} X, Y\right\rangle+\left\langle X, \nabla_{Y} Z\right\rangle+\langle X,[Z, Y]\rangle
$$

Hence,

$$
X\langle Y, Z\rangle+Y\langle Z, X\rangle-Z\langle X, Y\rangle=2\left\langle\nabla_{X} Y, Z\right\rangle+\langle Y,[X, Z]\rangle+\langle Z,[Y, X]\rangle-\langle X,[Z, Y]\rangle .
$$

This gives

$$
\begin{equation*}
\left\langle\nabla_{X} Y, Z\right\rangle=\frac{1}{2}(X\langle Y, Z\rangle+Y\langle Z, X\rangle-Z\langle X, Y\rangle-\langle Y,[X, Z]\rangle-\langle Z,[Y, X]\rangle+\langle X,[Z, Y]\rangle) \tag{3.30}
\end{equation*}
$$

Suppose $\nabla^{1}$ and $\nabla^{2}$ are Riemannian connections. Since the right-hand side of (3.30) is independent of the connection, we have

$$
\left\langle\nabla_{X}^{1} Y-\nabla_{X}^{2} Y, Z\right\rangle=0
$$

for every $X, Y, Z \in \mathcal{T}(M)$. However, this is true only if $\nabla_{X}^{1} Y=\nabla_{X}^{2} Y$ for every $X, Y \in \mathcal{T}(M)$, that is, $\nabla^{1}=\nabla^{2}$.
Existence We use (3.30) or, more precisely, its coordinate version to define $\nabla$ and then show that $\nabla$ is a Riemannian connection. It suffices to show that such $\nabla$ exists in each coordinate chart since the uniqueness guarantees that connections agree if the charts overlap.
Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart. Using (3.30) and $\left[\partial_{i}, \partial_{j}\right]=0$, we have

$$
\left\langle\nabla_{\partial_{i}} \partial_{j}, \partial_{k}\right\rangle=\frac{1}{2}\left(\partial_{i}\left\langle\partial_{j}, \partial_{k}\right\rangle+\partial_{j}\left\langle\partial_{k}, \partial_{i}\right\rangle-\partial_{k}\left\langle\partial_{i}, \partial_{j}\right\rangle\right) .
$$

This is the same as

$$
\Gamma_{i j}^{l} g_{l k}=\frac{1}{2}\left(\partial_{i} g_{j k}+\partial_{j} g_{k i}-\partial_{k} g_{i j}\right)
$$

Let $\left(g^{i j}\right)$ be the inverse matrix of $\left(g_{i j}\right)$, i.e. $g_{l k} g^{k m}=\delta_{l m}$. Multiplying both sides of the above equality by $g^{k m}$ and summing over $k=1,2, \ldots, n$, we get

$$
\begin{equation*}
\Gamma_{i j}^{m}=\frac{1}{2} g^{k m}\left(\partial_{i} g_{j k}+\partial_{j} g_{k i}-\partial_{k} g_{i j}\right) \tag{3.31}
\end{equation*}
$$

This formula defines $\nabla$ in $U$. Furthermore, from (3.31) we get $\Gamma_{i j}^{m}=\Gamma_{j i}^{m}$, i.e. $\nabla$ is symmetric. To show that $\nabla$ (defined by (3.30) or its coordinate version (3.31)) is compatible with $g$ is left as an exercise.

## 4 Geodesics

### 4.1 Geodesic flow

Let $M$ be a Riemannian manifold with the Riemannian metric $g=\langle\cdot, \cdot\rangle$ and the Riemannian connection $\nabla$. Recall that a $C^{\infty}$-path $\gamma: I \rightarrow M$ is a geodesic if

$$
D_{t} \dot{\gamma} \equiv 0 .
$$

If we want to emphasize that $\gamma$ is a geodesic with respect to a Riemannian connection, we call $\gamma$ a Riemannian geodesic. Recall that for every $p \in M$ and $v \in T_{p} M$, there exists a unique maximal geodesic $\gamma^{v}: I_{v} \rightarrow M$, with $\gamma_{0}^{v}=p$ and $\dot{\gamma}_{0}^{v}=v$. Next we "show" that $\gamma_{t}^{v}$ depends $C^{\infty}$-smoothly on $p, v$ and $t$.


For that purpose we recall following facts on the tangent bundle. Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart and $v \in T U$. Then $v \in T_{p} M$ for some $p \in U$ and $v$ can be uniquely written as $v=v^{i}(p)\left(\partial_{i}\right)_{p}$, with $\left(v^{1}(p), \ldots, v^{n}(p)\right) \in \mathbb{R}^{n}$. Thus $T U=U \times \mathbb{R}^{n}$ and we have local coordinates for $v \in T U$ :

$$
\bar{x}(v)=\left(x^{1}(p), \ldots, x^{n}(p), v^{1}(p), \ldots, v^{n}(p)\right) \in \mathbb{R}^{2 n}
$$

Since $(T U, \bar{x}), \bar{x}=\left(x^{1}, \ldots, x^{n}, v^{1}, \ldots, v^{n}\right)$, is a chart on $T M$, we get a basis $\frac{\partial}{\partial x^{2}}, \frac{\partial}{\partial v^{2}}, i=1,2, \ldots, n$ for $T_{(p, v)}(T M)=T_{p} M \oplus \mathbb{R}^{n}$.

Let $G \in \mathcal{T}(T U)$ be the following vector field on $T U$ :

$$
\begin{equation*}
G_{v}=\sum_{k=1}^{n} v^{k} \frac{\partial}{\partial x^{k}}-\sum_{i, j, k=1}^{n} v^{i} v^{j} \Gamma_{i j}^{k}(p) \frac{\partial}{\partial v^{k}} . \tag{4.2}
\end{equation*}
$$

We want to find out the integral curves $\bar{\gamma}: I \rightarrow T U$ of $G$. We can "lift" a $C^{\infty}$-path $\gamma: I \rightarrow U$ to a $C^{\infty}$-path $\bar{\gamma}: I \rightarrow T U$ by setting

$$
\bar{\gamma}(t)=\dot{\gamma}_{t} .
$$

Using local coordinates $\bar{x}=(x, v)$ we get a $C^{\infty}$-path $\bar{x} \circ \bar{\gamma}: I \rightarrow \mathbb{R}^{2 n}$,

$$
\bar{x} \circ \bar{\gamma}(t)=\left(\gamma^{1}(t), \ldots, \gamma^{n}(t), v^{1}(t), \ldots, v^{n}(t)\right),
$$

where $\gamma^{i}=x^{i} \circ \gamma$ and $v^{i}=\dot{\gamma}^{i}=\left(x^{i} \circ \gamma\right)^{\prime}$. Now $\bar{\gamma}$ is an integral curve of $G$ if and only if $\dot{\bar{\gamma}}_{t}=G_{\bar{\gamma}(t)}$ for all $t \in I$, that is, if and only if

$$
\dot{\bar{\gamma}}=\sum_{k=1}^{n}\left(\dot{\gamma}^{k} \frac{\partial}{\partial x^{k}}+\dot{v}^{k} \frac{\partial}{\partial v^{k}}\right)=G_{\bar{\gamma}} .
$$

Taking into account (4.2) we finally see that $\bar{\gamma}$ is an integral curve of $G$ if and only if

$$
\left\{\begin{array}{l}
\dot{\gamma}^{k}=v^{k},  \tag{4.3}\\
\dot{v}^{k}=-v^{i} v^{j} \Gamma_{i j}^{k}
\end{array} \quad 1 \leq k \leq n ;\right.
$$

This is a first-order system equivalent to the second-order geodesic equation in the proof of Theorem 3.19 under substitution $v^{k}=\dot{\gamma}^{k}$.

Conclusion: Integral curves of $G$ project to geodesics in projection $\pi: T M \rightarrow M$. Conversely, any geodesic $\gamma: I \rightarrow U$ lifts to an integral curve $\bar{\gamma}$ of $G$.
Since the geodesic equations are independent of the choice of local coordinates, we conclude that (4.2) defines a global vector field $G$, so called geodesic field, on $T M$. More precisely:

Lemma 4.4. There exists a unique vector field $G$ on $T M$ whose integral curves project to geodesics under $\pi: T M \rightarrow M$.
Proof. Uniqueness If $G$ exists, then its integral curves project to geodesics and therefore satisfy (4.3) locally. Hence, $G$ is unique if it exists.

Existence Define $G$ locally by (4.2). Then uniqueness implies that various definitions of $G$ in overlapping charts agree.

The theory of flows implies that there exists an open neighborhood $\mathcal{D}(G) \subset \mathbb{R} \times T M$ of $\{0\} \times T M$ and a $C^{\infty}$ _map $\alpha: \mathcal{D}(G) \rightarrow T M$, called the geodesic flow, such that each curve

$$
t \mapsto \alpha(t, v)
$$

is the integral curve of $G$ starting at $v \in T M$ and defined on an open interval $I_{v} \ni 0$. Since $\alpha$ is $C^{\infty}$, also $\pi \circ \alpha: \mathcal{D}(G) \rightarrow M$ is $C^{\infty}$. Now

$$
t \mapsto(\pi \circ \alpha)(t, v)
$$

is the geodesic $\gamma^{v}$, with $\gamma_{0}^{v}=p$ and $\dot{\gamma}_{0}^{v}=v$. We have shown that $\gamma_{t}^{v}=(\pi \circ \alpha)(t, v)$ depends $C^{\infty}$-smoothly on $t, p$ and $v \in T_{p} M$.

### 4.5 Appendix

Let $N^{n}$ and $M^{m}$ be $C^{\infty}$-manifolds and $f: N \rightarrow M$ a $C^{\infty}$-map. A $C^{\infty}$-map $V: N \rightarrow T M$ is said to be a vector field along $f$ if $V_{p}:=V(p) \in T_{p} M$ for all $p \in N$, i.e. $\pi \circ V=f$.
Theorem 4.6. If $f: N \rightarrow \tilde{N}$ is an embedding and $V$ is a $C^{\infty}$ vector field along $f$, there exists $\tilde{V} \in \mathcal{T}(M)$ such that $V_{p}=\tilde{V}_{f(p)}$ for all $p \in N$, i.e. $V$ is "extendible".
Proof. The proof is based on the following: For each $q \in f N \subset M$ there exists a neighborhood $U$ of $q$ in $M$ and a chart $x: U \rightarrow \mathbb{R}^{m}$ such that

$$
\begin{equation*}
x^{n+1} \equiv \cdots \equiv x^{m}=0 \tag{4.7}
\end{equation*}
$$

in $U \cap f N$. These are so called slice coordinates (cf. Theorem 1.28).
How to construct the extension of $V$ ?
Sketch: Cover $f N$ by charts $\left\{U_{\alpha}\right\}$ with the property (4.7). In $f^{-1}\left(f N \cap U_{\alpha}\right)$ we have

$$
V_{p}=\sum_{i=1}^{m} v_{i}^{\alpha}(p)\left(\partial_{i}\right)_{f(p)} .
$$

Define in $U_{\alpha}$ a vector field $\tilde{V}^{\alpha}$ by setting

$$
\tilde{V}_{q}^{\alpha}=\sum_{i=1}^{m} w_{i}^{\alpha}(q)\left(\partial_{i}\right)_{q},
$$

where

$$
w_{i}^{\alpha}(q)=v_{i}^{\alpha}\left(f^{-1}\left(x^{-1}\left(x^{1}(q), \ldots, x^{n}(q)\right)\right)\right) .
$$



Then take all charts $\left\{U_{\beta}\right\}$ such that $U_{\beta} \cap f N=\emptyset$ for all $\beta$ and

$$
M=\bigcup_{\alpha, \beta}\left(U_{\alpha} \cup U_{\beta}\right)
$$

Define $\tilde{V}^{\beta} \in \mathcal{T}\left(U_{\beta}\right)$ by $\tilde{V}^{\beta} \equiv 0$. Rename $U_{\alpha}, \tilde{V}^{\alpha}, U_{\beta}$, and $\tilde{V}^{\beta}$ as $U_{i}$ and $\tilde{V}^{i}, i \in I$. Finally, take a $C^{\infty}$ partition of unity $\left\{\varphi_{i}\right\}$ subordinate to $\left\{U_{i}\right\}$ and define

$$
\tilde{V}=\sum_{i \in I} \varphi_{i} \tilde{V}^{i} .
$$

The assumption " $f$ embedding" is crucial: For example, $\gamma: \mathbb{R} \rightarrow \mathbb{R}^{2}, \gamma(t)=\left(t^{3}, 0\right)$ is a $C^{\infty}$-path but not embedding. Now $\dot{\gamma} \in \mathcal{T}(\gamma)$, $\dot{\gamma}_{t}=3 t^{2}\left(\partial_{1}\right)_{\gamma(t)}$, but $\dot{\gamma} \notin \mathcal{T}(\mathbb{R})$ since $\dot{\gamma}$ considered as a vector field in $\mathbb{R}$ is given by $\dot{\gamma}_{u}=3 u^{2 / 3} \partial_{1}$ which is not differentiable at $u=0$.

### 4.8 Exponential map

Lemma 4.9. All Riemannian geodesics have constant speed, i.e. for every Riemannian geodesic $\gamma$ there is a constant $c$ such that

$$
\left|\dot{\gamma}_{t}\right|=\left\langle\dot{\gamma}_{t}, \dot{\gamma}_{t}\right\rangle^{1 / 2}=c
$$

for every $t \in I$.
Proof. Lemma 3.24 implies that $\langle\dot{\gamma}, \dot{\gamma}\rangle^{\prime}=2\left\langle D_{t} \dot{\gamma}, \dot{\gamma}\right\rangle=0$, since by definition $D_{t} \dot{\gamma}=0$.
Lemma 4.9 implies that the length of $\gamma \mid\left[t_{0}, t\right]$ is

$$
\begin{equation*}
\ell\left(\gamma \mid\left[t_{0}, t\right]\right)=\int_{t_{0}}^{t}\left|\dot{\gamma}_{t}\right| d t=c\left(t-t_{0}\right) . \tag{4.10}
\end{equation*}
$$

If $c=1$, we say that $\gamma$ is a normalized geodesic (or of unit speed, or parametrized by arc length).
Let $I_{v}$ be the maximal interval where $\gamma^{v}$ is defined, and let $\left[0, \ell_{v}\right)$ be the nonnegative part of $I_{v}$.
Lemma 4.11. For every $\alpha>0$ and $0 \leq t<\ell_{\alpha v}$

$$
\gamma_{t}^{\alpha v}=\gamma_{\alpha t}^{v} .
$$

In particular, $\ell_{\alpha v}=\frac{1}{\alpha} \ell_{v}$.

Proof. The claim holds if $\left|\dot{\gamma}^{v}\right| \equiv 0$, so we may assume that $\dot{\gamma}_{t}^{v} \neq 0$. Let $I_{v}=(a, b)$ and $\widetilde{I}_{\alpha v}=\frac{1}{\alpha} I_{v}=$ $(a / \alpha, b / \alpha)$. Define $\gamma: \widetilde{I}_{\alpha v} \rightarrow M$ by

$$
\gamma(t)=\gamma^{v}(\alpha t)
$$

Then $\dot{\gamma}_{t}=\alpha \dot{\gamma}_{\alpha t}^{v}$, and so

$$
D_{t} \dot{\gamma}_{t} \stackrel{(*)}{=} \nabla_{\dot{\gamma}_{t}} \dot{\gamma}_{t}=\nabla_{\alpha \dot{\gamma}_{\alpha t}^{v}}\left(\alpha \dot{\gamma}_{\alpha t}^{v}\right)=\alpha^{2} \nabla_{\dot{\gamma}_{\alpha t}^{v}}\left(\dot{\gamma}_{\alpha t}^{v}\right)=0
$$

Hence, $\gamma$ is a geodesic, with $\gamma_{0}=\gamma_{0}^{v}$ and $\dot{\gamma}_{0}=\alpha \dot{\gamma}_{0}^{v}=\alpha v$. Furthermore, $\widetilde{I}_{\alpha v}$ is the maximal interval since $I_{v}$ is. Uniqueness implies that $\gamma=\gamma^{\alpha v}$. The equality $(*)$ holds since the vector field $t \mapsto \dot{\gamma}_{t}$ (along $\gamma$ ) is locally extendible to a vector field on $M$ (also denoted by $\dot{\gamma}$ ). This is seen as follows: Since $\dot{\gamma}_{t}^{v} \neq 0, \gamma: \widetilde{I}_{\alpha v} \rightarrow M$ is an immersion and therefore locally an embedding by Theorem 1.28. Then $t \mapsto \dot{\gamma}_{t}$ is locally extendible by Theorem 4.6.

Let $\mathcal{E} \subset T M$ be the set of vectors $v$ such that $\ell_{v}>1$, i.e. $\gamma^{v}(t)$ is defined for all $t \in[0,1]$. The $\operatorname{exponential} \operatorname{map} \exp : \mathcal{E} \rightarrow M$ is defined by

$$
\begin{equation*}
\exp (v):=\gamma^{v}(1) \tag{4.12}
\end{equation*}
$$

For $p \in M$, the exponential map at $p$ is the $\operatorname{map} \exp _{p}=\exp \mid \mathcal{E}_{p}$, where $\mathcal{E}_{p}=\mathcal{E} \cap T_{p} M$.


Theorem 4.13. We have the following properties
(a) $\mathcal{E} \subset T M$ is open and contains the (image of the) zero section $M \times\{0\}=\bigsqcup_{p \in M} 0_{p}$, where $0_{p}$ is the zero element of $T_{p} M$;
(b) each $\mathcal{E}_{p}$ is star-shaped with respect to $0\left(=0_{p}\right)$;
(c) for each $v \in T M$, the geodesic $\gamma^{v}$ is given by

$$
\gamma^{v}(t)=\exp (t v)
$$

for all $t$ such that either side is defined;
(d) the exponential map $\exp : \mathcal{E} \rightarrow M$ is $C^{\infty}$.

Proof. The claim (c) follows from Lemma 4.11:

$$
\exp (t v)=\gamma_{1}^{t v} \stackrel{4.11}{=} \gamma_{t}^{v}
$$

(b): If $v \in \mathcal{E}_{p}$, then $\gamma_{t}^{v}$ is defined for all $t \in[0,1]$. However, $\exp (t v)=\gamma_{1}^{t v}=\gamma_{t}^{v}$, so $\gamma_{1}^{t v}$ is defined for all $t \in[0,1]$. This means that $\mathcal{E}_{p}$ is star-shaped with respect to 0 .
(d): We have $\exp (v)=(\pi \circ \alpha)(1, v)$, where $\alpha$ is the geodesic flow. Hence, $\exp$ is $C^{\infty}$.
(a): Suppose $v \in \mathcal{E}$. Then $\gamma^{v}$ is defined at least on $[0,1]$. Therefore, also the integral curve $\bar{\gamma}^{v}$ of $G$ starting at $v \in T M$ is defined on $[0,1]$. In particular, $\bar{\gamma}^{v}(1)$ is defined, hence $(1, v) \in \mathcal{D}(G)$. Because $\mathcal{D}(G)$ is an open subset of $\mathbb{R} \times T M$, there exists an open neighborhood of $(1, v)$ in $\mathbb{R} \times T M$ on which the flow $\alpha$ is defined.


In particular, there exists an open neighborhood of $v$ in $T M$ where $\gamma_{1}^{w}=\exp (w)$ is defined. This implies that $\mathcal{E}$ is open. If $0_{p} \in T_{p} M$ is the zero element, then $\gamma^{0_{p}}$ is the constant path $\gamma^{0_{p}}=p$ for every $t \in \mathbb{R}$. In particular, $\gamma_{t}^{0_{p}}$ is defined for every $t \in[0,1]$. So, $\mathcal{E}$ contains the zero-section.

Remark 4.14. If $v \in T_{p} M, v \neq 0$, then $\exp (v)=\gamma_{1}^{v}=\gamma_{|v|}^{v /|v|}$. Because $v /|v|$ is a unit vector, $\exp (v)$ is obtained by travelling from $p$ of length $|v|$ along the unit speed geodesic passing through $p$ with velocity $v /|v|$.

Theorem 4.15. For any $p \in M$, there exist a neighborhood $\mathcal{V}$ of the origin in $T_{p} M$ and a neighborhood $U$ of $p$ in $M$ such that

$$
\exp _{p}: \mathcal{V} \rightarrow U
$$

is a diffeomorphism.
Proof. The map $\exp _{p}$ is clearly $C^{\infty}$ since exp is. We show that $\left(\exp _{p}\right)_{* 0}: T_{0}\left(T_{p} M\right) \cong T_{p} M \rightarrow T_{p} M$ is invertible, in fact, the identity map. Let $v \in T_{p} M$. To compute $\left(\exp _{p}\right)_{* 0} v$, choose a curve $\tau: I \rightarrow T_{p} M$ with $\tau(0)=0 \in T_{p} M$ and $\dot{\tau}(0)=v$ and compute $\left(\left(\exp _{p}\right) \circ \tau\right)^{\prime}(0)$. An obvious choice is $\tau(t)=t v$. Then

$$
\left(\exp _{p}\right)_{* 0} v=\left.\frac{d}{d t}\left(\left(\exp _{p}\right) \circ \tau\right)(t)\right|_{t=0}=\left.\frac{d}{d t} \exp _{p}(t v)\right|_{t=0}=\left.\frac{d}{d t} \gamma_{t}^{v}\right|_{t=0}=\dot{\gamma}_{0}^{v}=v
$$

Hence, $\left(\exp _{p}\right)_{* 0}: T_{p} M \rightarrow T_{p} M$ is identity, in particular, it is invertible. The inverse function theorem implies that $\exp _{p}$ is a local diffeomorphism on a neighborhood of $0 \in T_{p} M$.

Remark 4.16. The name "exponential map" comes from following observation:
Let $G$ be a Lie group. The left-invariant connection $\nabla^{L}$ is defined by the requirement

$$
\nabla_{X}^{L} Y=0
$$

for every $X \in \mathcal{T}(G)$ and $Y \in \mathfrak{g}$, where $\mathfrak{g}$ is the set of all left-invariant vector fields $\left(\cong T_{e} G\right)$. Geodesics with respect to $\nabla^{L}$ is the set of all integral curves of left-invariant vector fields.

Suppose that $G=\mathrm{GL}(n, \mathbb{R})$. Then one can show that $T_{e} G \cong \mathrm{gl}(n, \mathbb{R})$, the set of all linear maps $\mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ or $n \times n$ matrices. For $A \in \operatorname{gl}(n, \mathbb{R}) \cong T_{e} G$, we have

$$
\exp _{e} A=e^{A}:=\sum_{k=0}^{\infty} \frac{A^{k}}{k!} .
$$

The natural identification for $T_{e} G \cong \operatorname{gl}(n, \mathbb{R})$ is given as follows. Let $x_{i j}, i, j=1,2, \ldots, n$, be the coordinate functions on $\operatorname{GL}(n, \mathbb{R})$, i.e. $x_{i j}(g)$ is the $i j$ th entry of $g \in \operatorname{GL}(n, \mathbb{R})$. Define, for each $V \in \mathfrak{g}$, a matrix $\left(V_{i j}\right) \in \operatorname{gl}(n, \mathbb{R})$ by setting

$$
V_{i j}=V_{e}\left(x_{i j}\right),
$$

which gives the identification.

### 4.17 Normal neighborhoods

Let $\mathcal{V}$ and $U$ be as in Theorem 4.15, i.e. so that $\exp _{p}: \mathcal{V} \rightarrow U$ is a diffeomorphism. Then $U$ is called a normal neighborhood of $p$.
If $\varepsilon>0$ is so small that $B(0, \varepsilon):=\left\{v \in T_{p} M:|v|<\varepsilon\right\} \subset \mathcal{V}$, then the image $\exp _{p}(B(0, \varepsilon))$ is called a normal (or geodesic) ball. Furthermore, if $\bar{B}(0, \varepsilon) \subset \mathcal{V}$, then $\exp _{p}(\bar{B}(0, \varepsilon))$ is called closed normal (or geodesic) ball, and $\exp _{p}(\partial B(0, \varepsilon))$ is called normal (or geodesic) sphere in $M$.
Any orthonormal basis $\left\{e_{i}\right\}$ of $T_{p} M$ defines an isomorphism $E: \mathbb{R}^{n} \rightarrow T_{p} M$,

$$
E\left(x^{1}, \ldots, x^{n}\right):=x^{i} e_{i} .
$$

If $U$ is a normal neighborhood of $p$, we get a coordinate chart $\varphi: U \rightarrow \mathbb{R}^{n}$ by defining

$$
\varphi:=E^{-1} \circ \exp _{p}^{-1} .
$$

Then

$$
\begin{equation*}
\varphi: \exp _{p}\left(x^{i} e_{i}\right) \mapsto\left(x^{1}, \ldots, x^{n}\right), \quad \text { if } \quad x^{i} e_{i} \in \mathcal{V} . \tag{4.18}
\end{equation*}
$$

We call the pair $(U, \varphi)$ a normal chart and $\left(x^{1}, \ldots, x^{n}\right) \in \mathbb{R}^{n}$ are called (Riemannian) normal coordinates of the point $x=\exp _{p}\left(x^{i} e_{i}\right)$. We define the radial distance function $r: U \rightarrow \mathbb{R}$ by

$$
r(x):=\left(\sum_{i=1}^{n}\left(x^{i}\right)^{2}\right)^{1 / 2},
$$

and the unit radial vector field $\frac{\partial}{\partial r} \in \mathcal{T}(U \backslash\{p\})$ by

$$
\left(\frac{\partial}{\partial r}\right)_{x}:=\frac{x^{i}}{r(x)}\left(\partial_{i}\right)_{x} .
$$

Note that $r(x)=\left|\exp _{p}^{-1} x\right|$ since $\left\{e_{i}\right\}$ is orthonormal.
Lemma 4.19. Let $(U, \varphi)$ be a normal chart at $p$.
(a) If $v=v^{i} e_{i} \in T_{p} M$, then the normal coordinates of $\gamma^{v}(t)$ are $\left(t v^{1}, \ldots, t v^{n}\right)$ whenever $t v \in \mathcal{V}$.
(b) The normal coordinates of $p$ are $(0, \ldots, 0)$.
(c) The components of the Riemannian metric at $p$ are $g_{i j}=\delta_{i j}$.
(d) Any set $\{x \in U: r(x)<\varepsilon\}$ is a normal ball $\exp _{p}(B(0, \varepsilon))$.
(e) If $q \in U \backslash\{p\}$, then $\left(\frac{\partial}{\partial r}\right)_{q}$ is the velocity vector $(\dot{\gamma})$ of the unit speed geodesic from $p$ to $q$ in $U$ (unique by (a)), and therefore $\left|\frac{\partial}{\partial r}\right|=1$.
(f) $\partial_{k} g_{i j}(p)=0$ and $\Gamma_{i j}^{k}(p)=0$.


Proofs are straightforward consequences of (4.18).
Geodesics $\gamma^{v}$ starting at $p$ and staying in $U$ are called radial geodesics (because of (a)).
Warning: Geodesics that do not pass through $p$ do not have, in general, a "simple" form in normal coordinates.

Definition 4.20. An open set $W \subset M$ is called uniformly (or totally) normal if there exists $\delta>0$ such that for any $q \in W$ the map $\exp _{q}$ is diffeomorphism on $B(0, \delta) \subset T_{q} M$ and $W \subset$ $\exp _{q}(B(0, \delta))$.
Lemma 4.21. Given $p \in M$ and any neighborhood $U$ of $p$, there exists a uniformly normal $W \subset U$, with $p \in W$.

Proof. Let $\mathcal{E}$ be as in the definition of the exponential map $(\mathcal{E} \subset T M$ is open and contains the zero section). Denote the points of $\mathcal{E}$ by $(q, v), v \in T_{q} M \cap \mathcal{E}=\mathcal{E}_{q}$. Define a map $F: \mathcal{E} \rightarrow M \times M$ by

$$
F(q, v)=\left(q, \exp _{q} v\right) .
$$

Clearly, $F$ is $C^{\infty}$. (Projections $\pi_{i}: M \times M \rightarrow M, \pi_{i}\left(q_{1}, q_{2}\right)=q_{i}, i=1,2$, are $C^{\infty}$ and $\pi_{1} \circ F=\pi_{1} \mid \mathcal{E}$, $\left.\pi_{2} \circ F=\exp \right)$. We want to compute the Jacobian matrix of $F$ at $(p, 0)$. Now

$$
T_{(p, 0)} \mathcal{E}=T_{(p, 0)}(T M)=T_{p} M \oplus T_{0}\left(T_{p} M\right)
$$

and

$$
T_{F(p, 0)}(M \times M)=T_{(p, p)}(M \times M)=T_{p} M \oplus T_{p} M .
$$

Then the matrix of $F_{*}: T_{(p, 0)} \mathcal{E} \rightarrow T_{(p, p)}(M \times M)$ is

$$
\left[\begin{array}{cc}
\mathrm{id} & 0 \\
* & \left(\exp _{p}\right)_{*}
\end{array}\right],
$$

where in the upper left block we have id since the map $(q, v) \mapsto q$ is the identity w.r.t. $q$; in the upper right block we have 0 since $(q, v) \mapsto q$ is independent of $v$; the lower left block $*$ is irrelevant;
and in the lower right block we have $\left(\exp _{p}\right)_{*}$ since the map $(q, v) \mapsto \exp _{q} v$ is the exponential map $\exp _{q}$ w.r.t. v.
Hence, $F_{*(p, 0)}$ is invertible. The inverse mapping theorem implies that there exist a neighborhood $\mathcal{O}$ of $(p, 0)$ in $T M$ and $\mathcal{W}$ of $(p, p)$ such that $F: \mathcal{O} \rightarrow \mathcal{W}$ is a diffeomorphism.



It is possible to choose another neighborhood $\mathcal{O}^{\prime} \subset \mathcal{O}$ of $(p, 0)$ of the form

$$
\mathcal{O}^{\prime}=\left\{(q, v): q \in U^{\prime} \text { and }|v|<\delta\right\}, \quad U^{\prime} \ni p .
$$



The topology of $T M$ is generated by product open sets in local trivializations. Hence, there exists $\varepsilon>0$ so that the set

$$
\mathcal{X}=\left\{(q, v): r(q)<2 \varepsilon \text { and }|v|_{\bar{g}}<2 \varepsilon\right\}
$$

is an open subset of $\mathcal{O}$, where $|\cdot|_{\bar{g}}$ is the Euclidean norm in the normal coordinates. The set

$$
\mathcal{K}=\left\{(q, v): r(q) \leq \varepsilon \text { and }|v|_{\bar{g}}=\varepsilon\right\}
$$

is compact, and the Riemannian norm $|\cdot|_{g}$ is continuous and nonvanishing on $\mathcal{K}$, so it is bounded from above and below by positive constants. Both norms $|\cdot|_{\bar{g}}$ and $|\cdot|_{g}$ are homogeneous $(|\lambda v|=\lambda|v|$, $\lambda>0$ ), so $c_{1}|v|_{g} \leq|v|_{g} \leq c_{2}|v|_{\bar{g}}$ whenever $v \in T_{q} M$, with $r(q) \leq \varepsilon$. Denoting $\delta:=c_{1} \varepsilon$, we may then choose the set

$$
\mathcal{O}^{\prime}:=\{(q, v): r(q)<\varepsilon \text { and }|v|<\delta\} \subset \mathcal{X} .
$$

Now choose a neighborhood $W \subset U$ of $p$ such that also $W \subset U^{\prime}$ (=the set in the definition of $\left.\mathcal{O}^{\prime}\right)$ and that $W \times W \subset F\left(\mathcal{O}^{\prime}\right)$. Next we show that $W$ and $\delta$ satisfy the claim of the Lemma. Take $q \in W$. Because $F$ is a diffeomorphism on $\mathcal{O}^{\prime}$, we know that $\exp _{q}$ is a diffeomorphism on $B(0, \delta) \subset T_{q} M$.
Is $W \subset \exp _{q}(B(0, \delta))$ ? Take a point $y \in W$. Since $(q, y) \in W \times W \subset F\left(\mathcal{O}^{\prime}\right)$, there exists $v \in B(0, \delta) \subset T_{q} M$ such that $(q, y)=F(q, v)$, so $y=\exp _{q} v$. Hence, $W \subset \exp _{q}(B(0, \delta))$.

### 4.22 Riemannian manifolds as metric spaces

Recall that the length of a $C^{\infty}$-path $\gamma:[a, b] \rightarrow M$ is

$$
\ell(\gamma)=\ell_{g}(\gamma)=\int_{a}^{b}\left|\dot{\gamma}_{t}\right| d t
$$

where $g$ is the Riemannian metric on $M$. It is independent of parametrization: if $\varphi:[c, d] \rightarrow[a, b]$ is $C^{\infty}$ with $C^{\infty}$ inverse, then

$$
\widetilde{\gamma}=\gamma \circ \varphi:[c, d] \rightarrow M
$$

is called a reparametrization of $\gamma$ (a forward reparametrization if $\varphi(c)=a$ and a backward reparametrization if $\gamma(c)=b$ ). Then (Exercise)

$$
\ell(\gamma)=\ell(\widetilde{\gamma}) .
$$

A regular curve is a $C^{\infty}$-path $\gamma: I \rightarrow M$ such that $\dot{\gamma}_{t} \neq 0$ for every $t \in I$. A path $\gamma:[a, b] \rightarrow M$ is piecewise regular if there exists $a_{0}=a<a_{1}<\cdots<a_{k}=b$ such that $\gamma \mid\left[a_{i-1}, a_{i}\right]$ is regular. The length of $\gamma$ is then

$$
\ell(\gamma)=\sum_{i=1}^{k} \ell\left(\gamma \mid\left[a_{i-1}, a_{i}\right]\right)=\int_{a}^{b}\left|\dot{\gamma}_{t}\right| d t,
$$

which is well-defined since $\dot{\gamma}_{t}$ exists and is continuous outside the discrete set of points $t=a_{i}$. We say that $\gamma$ is admissible if it is piecewise regular or $\gamma:\{a\} \rightarrow M, \gamma(a)=p \in M$.

Remark 4.23. The idea of reparametrization extends to admissible curves. The arc length function of an admissible curve $\gamma:[a, b] \rightarrow M$ is the function $s:[a, b] \rightarrow \mathbb{R}$,

$$
s(t)=\ell(\gamma \mid[a, t])=\int_{a}^{t}\left|\dot{\gamma}_{u}\right| d u .
$$

Furthermore, the derivative $s^{\prime}(t)$ exists whenever $\dot{\gamma}_{t}$ exists and $s^{\prime}(t)=\left|\dot{\gamma}_{t}\right|$.
Every admissible curve has a unit speed reparametrization: if $\gamma:[a, b] \rightarrow M$ is admissible and $\ell=\ell(\gamma)$, there exists a forward reparametrization $\widetilde{\gamma}:[0, \ell] \rightarrow M$ of $\gamma$ such that $\widetilde{\gamma}$ is of unit speed (piecewise).
Now suppose that $M$ is connected (hence path-connected). For $p, q \in M$, we define

$$
d(p, q):=\inf _{\gamma} \ell(\gamma),
$$

where inf is taken over all admissible paths $\gamma$ from $p$ to $q(\gamma:[a, b] \rightarrow M, \gamma(a)=p, \gamma(b)=q)$.
Theorem 4.24. Let $M$ be a connected Riemannian manifold, and let d be as above. Then ( $M, d$ ) is a metric space whose induced topology is the same as the given manifold topology.

Proof. (i) $d(p, q)$ is finite for every $p, q \in M$ (exercise).
(ii) Clearly, $d(p, q)=d(q, p) \geq 0$ since $\ell(\gamma)$ is independent of parametrization (exercise).
(iii) $d(p, p)=0$ since we can take the constant path $\gamma \equiv p$.
(iv) $d(p, q) \leq d(p, z)+d(z, q)$ (exercise)

So it remains to show:
(v) $p \neq q$ implies $d(p, q)>0$.
(vi) metric space topology $=$ manifold topology.
(v): Let $p \in M$ and let $\left(x^{1}, \ldots, x^{n}\right)$ be normal coordinates at $p$. As in the proof of Lemma 4.21, we can find a closed normal ball $\bar{B}=\exp _{p}(\bar{B}(0, \delta))$ and positive constants $c_{1}$ and $c_{2}$ such that

$$
c_{1}|v|_{\bar{g}} \leq|v| \leq c_{2}|v|_{\bar{g}}
$$

for every $v \in T_{q} M$ and $q \in \bar{B}$. This implies that for every piecewise regular $\gamma: I \rightarrow \bar{B}$ we have

$$
\begin{equation*}
c_{1} \ell_{\bar{g}}(\gamma) \leq \ell_{g}(\gamma) \leq c_{2} \ell_{\bar{g}}(\gamma) \tag{4.25}
\end{equation*}
$$

Here $\ell_{\bar{g}}(\gamma)$ is the length w.r.t. the Euclidean metric $\bar{g}$ and $\ell_{g}(\gamma)$ is the length w.r.t. the Riemannian metric $g$. Now, if $p \neq q$, take $\delta>0$ so small that $q \notin \bar{B}$. Then each admissible path $\gamma$ from $p=\gamma(a)$ to $q$ has to pass through $\partial \bar{B}=\exp _{p}(\partial B(0, \delta))$. Let $t_{0}$ be the smallest of those $t \geq a$ with $\gamma(t) \in \partial \bar{B}$. Then

$$
\ell_{g}(\gamma) \geq \ell_{g}\left(\gamma \mid\left(a, t_{0}\right)\right) \geq c_{1} \ell_{\bar{g}}\left(\gamma \mid\left(a, t_{0}\right)\right) \geq c_{1} d_{\bar{g}}\left(p, \gamma\left(t_{0}\right)\right)=c_{1} \delta>0
$$

where $d_{\bar{g}}$ is the Euclidean distance.


Thus (v) is proven and $(M, d)$ is indeed a metric space.
(vi): We need to show that for every $p \in M$ and for every neighborhood $U$ of $p$ in the manifold topology there exists a metric open ball $B(p, \varepsilon)=\{q \in M: d(p, q)<\varepsilon\} \subset U$, and conversely for every $p \in M$ and $\varepsilon>0$ there exists a neighborhood $U$ of $p$ in the manifold topology such that $U \subset B(p, \varepsilon)$. This can be done for example by using (4.25). Details are left as an exercise.

### 4.26 Minimizing properties of geodesics

Definition 4.27. An admissible curve $\gamma$ is called minimizing if $\ell(\gamma) \leq \ell(\widetilde{\gamma})$ for any admissible $\widetilde{\gamma}$ with the same endpoints.

Remark 4.28. A curve $\gamma$ is minimizing if and only if $\ell(\gamma)=d(p, q)$, where $p$ and $q$ are the end points of $\gamma$.

We shall show that minimizing curves, with unit speed parametrization, are geodesics.
Definition 4.29. An admissible family of curves is a continuous map $\Gamma:(-\varepsilon, \varepsilon) \times[a, b] \rightarrow M$ such that
$1^{\circ} \Gamma$ is $C^{\infty}$ on each rectangle $(-\varepsilon, \varepsilon) \times\left[a_{i-1}, a_{i}\right]$ for some $a_{0}=a<a_{1}<\cdots<a_{k}=b$; and $2^{\circ}$ for each $s \in(-\varepsilon, \varepsilon)$ the map $\Gamma_{s}:[a, b] \rightarrow M, \Gamma_{s}(t)=\Gamma(s, t)$, is an admissible curve.



A vector field along $\Gamma$ is a continuous map $V:(-\varepsilon, \varepsilon) \times[a, b] \rightarrow T M$ such that $V(s, t) \in$ $T_{\Gamma(s, t)} M$ for every $(s, t)$ and $V \mid(-\varepsilon, \varepsilon) \times\left[\widetilde{a}_{i-1}, \widetilde{a}_{i}\right]$ is $C^{\infty}$ for some (possibly finer) subdivision $\widetilde{a}_{0}=$ $a<\widetilde{a}_{1}<\cdots<\widetilde{a}_{\ell}=b$. Curves $\Gamma_{s}:[a, b] \rightarrow M, \Gamma_{s}(t)=\Gamma(s, t)$, are called the main curves. They are piecewise regular.
Curves $\Gamma^{(t)}:(-\varepsilon, \varepsilon) \rightarrow M, \Gamma^{(t)}(s)=\Gamma(s, t)$, are called the transverse curves. They are always $C^{\infty}$. We define

$$
\partial_{t} \Gamma(s, t):=\frac{d}{d t} \Gamma_{s}(t), \quad t \neq a_{i}
$$

and

$$
\partial_{s} \Gamma(s, t):=\frac{d}{d s} \Gamma^{(t)}(s), \quad \text { for every }(s, t)
$$



Then $\partial_{s} \Gamma$ is a vector field along $\Gamma$, but $\partial_{t} \Gamma$ can not necessarily be extended to a vector field along $\Gamma$. If $V$ is a vector field along $\Gamma$, we write $D_{t} V$ as the covariant derivative of $V$ along main curves and $D_{s} V$ as the covariant derivative of $V$ along the transverse curves.

Lemma 4.30 (Symmetry Lemma). Let $\Gamma:(-\varepsilon, \varepsilon) \times[a, b] \rightarrow M$ be a family of admissible curves on a Riemannian manifold $M$. Then

$$
D_{s} \partial_{t} \Gamma=D_{t} \partial_{s} \Gamma
$$

on any rectangle $(-\varepsilon, \varepsilon) \times\left[a_{i-1}, a_{i}\right]$, where $\Gamma$ is $C^{\infty}$.
Remark 4.31. This is the point where the symmetry condition on $\nabla$ is needed.
Proof of Lemma 4.30. Let $x$ be a chart at $\Gamma\left(s_{0}, t_{0}\right)$. Writing

$$
(x \circ \Gamma)(s, t)=\left(x^{1}(s, t), \ldots, x^{n}(s, t)\right)
$$

we get

$$
\partial_{t} \Gamma=\frac{\partial x^{i}}{\partial t} \partial_{i} \quad \text { and } \quad \partial_{s} \Gamma=\frac{\partial x^{i}}{\partial s} \partial_{i}
$$



Recall the equation (3.8) in Chapter 3: $\dot{\gamma}=\dot{\gamma}^{i} \partial_{i}$ and $V=v^{j} \partial_{j}$ implies that

$$
D_{t} V=\left(\dot{v}^{k}+v^{j} \dot{\gamma}^{i} \Gamma_{i j}^{k}\right) \partial_{k}
$$

Now when calculating $D_{s} \partial_{t} \Gamma$ we can use $\dot{\gamma}=\partial_{s} \Gamma$ and $V=\partial_{t} \Gamma$; and similarly, when calculating $D_{t} \partial_{s} \Gamma$, we can use $\dot{\gamma}=\partial_{t} \Gamma$ and $V=\partial_{s} \Gamma$. Hence,

$$
D_{s} \partial_{t} \Gamma=\left(\frac{\partial^{2} x^{k}}{\partial s \partial t}+\frac{\partial x^{j}}{\partial t} \frac{\partial x^{i}}{\partial s} \Gamma_{i j}^{k}\right) \partial_{k}
$$

and

$$
\begin{aligned}
D_{t} \partial_{s} \Gamma & =\left(\frac{\partial^{2} x^{k}}{\partial t \partial s}+\frac{\partial x^{j}}{\partial s} \frac{\partial x^{i}}{\partial t} \Gamma_{i j}^{k}\right) \partial_{k} \stackrel{i \leftrightarrow j}{=}\left(\frac{\partial^{2} x^{k}}{\partial t \partial s}+\frac{\partial x^{i}}{\partial s} \frac{\partial x^{j}}{\partial t} \Gamma_{j i}^{k}\right) \partial_{k} \\
& \stackrel{(*)}{=}\left(\frac{\partial^{2} x^{k}}{\partial t \partial s}+\frac{\partial x^{i}}{\partial s} \frac{\partial x^{j}}{\partial t} \Gamma_{i j}^{k}\right) \partial_{k}=D_{s} \partial_{t} \Gamma
\end{aligned}
$$

We have ( $*$ ) because $\Gamma_{i j}^{k}=\Gamma_{j i}^{k}$ due to the symmetricity of $\nabla$.
Remark 4.32. Shorter proof of Lemma 4.30. Let $\partial_{t}$ and $\partial_{s}$ be the standard coordinate vector fields in $\mathbb{R}^{2}$. Then

$$
\partial_{t} \Gamma=\Gamma_{*} \partial_{t} \text { and } \partial_{s} \Gamma=\Gamma_{*} \partial_{s}
$$

Since $\left[\partial_{t}, \partial_{s}\right]=0$, we have

$$
\begin{aligned}
D_{s} \partial_{t} \Gamma-D_{t} \partial_{s} \Gamma & =\nabla_{\Gamma_{*} \partial_{s}} \Gamma_{*} \partial_{t}-\nabla_{\Gamma_{*} \partial_{t}} \Gamma_{*} \partial_{s} \\
& =\left[\Gamma_{*} \partial_{s}, \Gamma_{*} \partial_{t}\right] \\
& =\Gamma_{*}\left[\partial_{t}, \partial_{s}\right]=0 .
\end{aligned}
$$

Definition 4.33. Let $\gamma:[a, b] \rightarrow M$ be an admissible curve. A variation of $\gamma$ is an admissible family $\Gamma:(-\varepsilon, \varepsilon) \times[a, b] \rightarrow M$ such that $\Gamma_{0}=\gamma$. It is called a proper variation (or fixedendpoint variation) if $\Gamma_{s}(a)=\gamma(a)$ and $\Gamma_{s}(b)=\gamma(b)$ for every $s$. The variation field of $\Gamma$ is the vector field $V(t)=\partial_{s} \Gamma(0, t)$. A vector field $W$ along $\gamma$ is proper if $W(a)=0$ and $W(b)=0$. (If $\Gamma$ is proper variation of $\gamma$, the variation field of $\Gamma$ is proper.)


Lemma 4.34. Let $\gamma:[a, b] \rightarrow M$ be admissible and $V$ a continuous piecewise smooth vector field along $\gamma$. Then there exists $\Gamma$, a variation of $\gamma$, such that $V$ is the variation field of $\Gamma$. If $V$ is proper, then $\Gamma$ can be taken to be proper as well.

Proof. Define $\Gamma(s, t):=\exp (s V(t))$. (Exercise)
Theorem 4.35 (First variation formula). Let $\gamma:[a, b] \rightarrow M$ be a unit speed admissible curve, $\Gamma a$ proper variation of $\gamma$, and $V$ the variation field of $\Gamma$. Then

$$
\begin{equation*}
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=-\int_{a}^{b}\left\langle V, D_{t} \dot{\gamma}\right\rangle d t-\sum_{i=1}^{k-1}\left\langle V\left(a_{i}\right), \Delta_{i} \dot{\gamma}\right\rangle \tag{4.36}
\end{equation*}
$$

where $\Delta_{i} \dot{\gamma}:=\dot{\gamma}\left(a_{i}^{+}\right)-\dot{\gamma}\left(a_{i}^{-}\right)$and $a_{i}$ 's are the subdivision points of $[a, b]$ associated to $\gamma$;

$$
\dot{\gamma}\left(a_{i}^{+}\right):=\lim _{t \downarrow a_{i}} \dot{\gamma}(t) \quad \text { and } \quad \dot{\gamma}\left(a_{i}^{-}\right):=\lim _{t \uparrow a_{i}} \dot{\gamma}(t)
$$

Note: The unit speed assumption is not restrictive: each admissible curve has a unit speed reparametrization and the length is independent of parametrization.


Proof of Theorem 4.35. Write $T(s, t)=\partial_{t} \Gamma(s, t)$ and $S(s, t)=\partial_{s} \Gamma(s, t)$. Then

$$
\begin{aligned}
& \frac{d}{d s} \ell\left(\Gamma_{s} \mid\left[a_{i-1}, a_{i}\right]\right)=\frac{d}{d s} \int_{a_{i-1}}^{a_{i}}\left\langle\dot{\Gamma}_{s}(t), \dot{\Gamma}_{s}(t)\right\rangle^{1 / 2} d t=\frac{d}{d s} \int_{a_{i-1}}^{a_{i}}\langle T(s, t), T(s, t)\rangle^{1 / 2} d t=\int_{a_{i-1}}^{a_{i}} \frac{\partial}{\partial s}\langle T, T\rangle^{1 / 2} d t \\
& =\int_{a_{i-1}}^{a_{i}} \frac{1}{2}\langle T, T\rangle^{-1 / 2} \frac{\partial}{\partial s}\langle T, T\rangle d t=\int_{a_{i-1}}^{a_{i}} \frac{1}{2}\langle T, T\rangle^{-1 / 2} 2\left\langle D_{s} T, T\right\rangle d t \stackrel{4.30}{=} \int_{a_{i-1}}^{a_{i}} \frac{1}{|T|}\left\langle D_{t} S, T\right\rangle d t
\end{aligned}
$$

At $s=0$, we have $T(0, t)=\partial_{t} \Gamma(0, t)=\dot{\gamma}_{t},|T(0, t)|=\left|\dot{\gamma}_{t}\right|=1$, and $S(0, t)=\partial_{s} \Gamma(0, t)=V(t)$. Hence,

$$
\begin{aligned}
\left.\frac{d}{d s} \ell\left(\Gamma_{s} \mid\left[a_{i-1}, a_{i}\right]\right)\right|_{s=0} & =\int_{a_{i-1}}^{a_{i}}\left\langle D_{t} V, \dot{\gamma}\right\rangle d t=\int_{a_{i-1}}^{a_{i}}\left(\frac{d}{d t}\langle V, \dot{\gamma}\rangle-\left\langle V, D_{t} \dot{\gamma}\right\rangle\right) d t \\
& =\left\langle V\left(a_{i}\right), \dot{\gamma}\left(a_{i}^{-}\right)\right\rangle-\left\langle V\left(a_{i-1}\right), \dot{\gamma}\left(a_{i-1}^{+}\right)\right\rangle-\int_{a_{i-1}}^{a_{i}}\left\langle V, D_{t} \dot{\gamma}\right\rangle d t
\end{aligned}
$$

Using $V\left(a_{0}\right)=V(a)=0$ and $V\left(a_{k}\right)=V(b)=0$, and summing over all $i=1, \ldots, k$, we get the claim.

Theorem 4.37. Every minimizing curve with unit speed is a geodesic.

Proof. Let $\gamma:[a, b] \rightarrow M$ be minimizing, with $\left|\dot{\gamma}_{t}\right| \equiv 1$, and let $a_{0}=a<a_{1}<\cdots<a_{k}=b$ be the subdivision such that $\gamma \mid\left[a_{i-1}, a_{i}\right]$ is $C^{\infty}$. If $\Gamma$ is a proper variation of $\gamma$, then the minimizing property of $\gamma$ implies that

$$
\begin{equation*}
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=0 \tag{4.38}
\end{equation*}
$$

Using Lemma 4.34, we know that every proper vector field $V$ along $\gamma$ is the variation field of some proper variation $\Gamma$ of $\gamma$. Now using (4.36) and (4.38), we get

$$
\begin{equation*}
\int_{a}^{b}\left\langle V, D_{t} \dot{\gamma}\right\rangle d t+\sum_{i=1}^{k-1}\left\langle V\left(a_{i}\right), \Delta_{i} \dot{\gamma}\right\rangle=0 \tag{4.39}
\end{equation*}
$$

for every proper vector field $V$ along $\gamma$.
$1^{\circ}$ Take an interval $\left[a_{i-1}, a_{i}\right]$ and choose a function $\varphi \in C^{\infty}(\mathbb{R})$ such that $\varphi>0$ on $\left(a_{i-1}, a_{i}\right)$ and $\varphi=0$ elsewhere. Then (4.39) with $V=\varphi D_{t} \dot{\gamma}$ implies

$$
\int_{a_{i-1}}^{a_{i}} \varphi\left|D_{t} \dot{\gamma}\right|^{2} d t=0
$$

Hence, $D_{t} \dot{\gamma} \equiv 0$ on each $\left(a_{i-1}, a_{i}\right)$, that is, $\gamma$ is a "broken" geodesic.
$2^{\circ}$ For each $i=1, \ldots, k-1$ one can construct, using local coordinates at $\gamma\left(a_{i}\right)$, a vector field $V$ along $\gamma$ such that $V\left(a_{i}\right)=\Delta_{i} \dot{\gamma}$ and $V(t) \equiv 0$ for every $t \notin\left(a_{i}-\varepsilon, a_{i}+\varepsilon\right)$, where $\varepsilon>0$ is so small that $a_{j} \notin\left(a_{i}-\varepsilon, a_{i}+\varepsilon\right)$ if $j \neq i$. Using again (4.39) and $1^{\circ}$, we know that $\left|\Delta_{i} \dot{\gamma}\right|^{2}=0$, that is, $\Delta_{i} \dot{\gamma}=0$. Hence,

$$
\dot{\gamma}\left(a_{i}^{-}\right)=\dot{\gamma}\left(a_{i}^{+}\right) \quad \text { for every } i=1, \ldots, k-1 .
$$

The existence and uniqueness of geodesics imply that there exists a geodesic $\widetilde{\gamma}: I \rightarrow M, a_{i} \in I$, such that $\widetilde{\gamma}\left(a_{i}\right)=\gamma\left(a_{i}\right), \dot{\tilde{\gamma}}\left(a_{i}\right)=\dot{\gamma}\left(a_{i}^{-}\right)=\dot{\gamma}\left(a_{i}^{+}\right)$, and $\widetilde{\gamma}=\gamma$ on both $\left(a_{i-1}, a_{i}\right) \cap I$ and $\left(a_{i}, a_{i+1}\right) \cap I$. Hence, $\gamma$ is a geodesic.

Geometric interpretation: If $D_{t} \dot{\gamma} \neq 0$, then (4.36) with $V=\varphi D_{t} \dot{\gamma}$, where $\varphi$ is as in $1^{\circ}$, gives

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=-\int_{a}^{b} \varphi\left|D_{t} \dot{\gamma}\right|^{2} d t<0
$$

Thus deforming $\gamma$ in the direction of its "acceleration vector" $D_{t} \dot{\gamma}$ decreases length.


Similarly, if $\Delta_{i} \dot{\gamma} \neq 0$, then the length of the broken geodesic $\gamma$ decreases by deforming it in the direction of $V$, with $V\left(a_{i}\right)=\Delta_{i} \dot{\gamma}$.

Definition 4.40. We say that an admissible curve $\gamma:[a, b] \rightarrow M$ is a critical point of the length functional $\ell$ if

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=0
$$

for every proper variation $\Gamma$ of $\gamma$.
Proof of Theorem 4.37 actually gives the following:
Corollary 4.41. A unit speed admissible curve $\gamma$ is a critical point of the length functional if and only if $\gamma$ is a geodesic.

Proof. If $\gamma$ is a critical point, then the proof of Theorem 4.37 implies that $\gamma$ is a geodesic. Conversely, if $\gamma$ is a geodesic, then the right-hand side of (4.36) has only a term

$$
-\int_{a}^{b}\left\langle V, D_{t} \dot{\gamma}\right\rangle d t
$$

which vanishes since $D_{t} \dot{\gamma} \equiv 0$ by the definition of geodesic. Hence, $\gamma$ is a critical point.
Next we study the converse of Theorem 4.37 and prove that geodesics are locally minimizing.
Lemma 4.42 (Gauss lemma). Let $U$ be a normal ball at $p \in M$. Then the unit radial vector field $\frac{\partial}{\partial r}$ is orthogonal to the normal spheres in $U$.


Proof of the Gauss lemma. Let $q \in U \backslash\{p\}$. Since $\exp _{p}: B\left(0, r_{0}\right) \rightarrow U$ is a diffeomorphism for some $r_{0}>0$, there is $v \in T_{p} M$ such that $\exp _{p} v=q$. Let $X \in T_{q} M$ be tangent to the normal sphere through $q$, that is, $X \in T_{q}\left(\exp _{p}(\partial B(0, R))\right), R=|v|>0$. Let $w \in T_{v}\left(T_{p} M\right)=T_{p} M$ such that $\left(\exp _{p}\right)_{*} w=X$. Then $w \in T_{v}(\partial B(0, R))$. By Lemma 4.19, the radial geodesic from $p$ to $q$ is $\gamma(t)=\exp _{p}(t v)$ and $\dot{\gamma}_{t}=|v|\left(\frac{\partial}{\partial r}\right)_{\gamma(t)}=R\left(\frac{\partial}{\partial r}\right)_{\gamma(t)}$. Hence, $\dot{\gamma}_{1}=R\left(\frac{\partial}{\partial r}\right)_{q}$.
We want to show that $X \perp\left(\frac{\partial}{\partial r}\right)_{q}$ or $\left\langle X, \dot{\gamma}_{1}\right\rangle=0$. Let $\sigma:(-\varepsilon, \varepsilon) \rightarrow T_{p} M, \sigma(s) \in \partial B(0, R)$, be a $C^{\infty}$-path such that $\sigma(0)=v$ and $\dot{\sigma}(0)=w$.


Let $\Gamma$ be a variation of $\gamma$ given by

$$
\Gamma(s, t)=\exp _{p}(t \sigma(s))
$$

For each $s \in(-\varepsilon, \varepsilon), \Gamma_{s}$ is a geodesic with speed $|\sigma(s)|=R$. Write $S=\partial_{s} \Gamma$ and $T=\partial_{t} \Gamma$. Then

$$
\begin{gathered}
S(0,0)=\left.\frac{d}{d s} \Gamma(s, 0)\right|_{s=0}=\left.\frac{d}{d s} \exp _{p}(0)\right|_{s=0}=0 \\
T(0,0)=\left.\frac{d}{d t} \Gamma(0, t)\right|_{t=0}=\left.\frac{d}{d t} \exp _{p}(t v)\right|_{t=0}=v \\
S(0,1)=\left.\frac{d}{d s} \Gamma(s, 1)\right|_{s=0}=\left.\frac{d}{d s} \exp _{p}(\sigma(s))\right|_{s=0}=\left(\exp _{p}\right)_{*}(\dot{\sigma}(0))=\left(\exp _{p}\right)_{*} w=X
\end{gathered}
$$

and

$$
T(0,1)=\left.\frac{d}{d t} \Gamma(0, t)\right|_{t=1}=\left.\frac{d}{d t} \exp _{p}(t v)\right|_{t=1}=\dot{\gamma}(1)
$$



Now $\langle S, T\rangle=0$ at $(s, t)=(0,0)$ and $\langle S, T\rangle=\langle X, \dot{\gamma}(1)\rangle$ at $(s, t)=(0,1)$. Therefore, to prove that $\langle X, \dot{\gamma}(1)\rangle=0$, it is enough to show that $\langle S, T\rangle$ is independent of $t$. Using the Symmetry lemma 4.30 and the fact that $\dot{\Gamma}_{s}$ is a geodesic with $\dot{\Gamma}_{s}=T$ we obtain

$$
\frac{\partial}{\partial t}\langle S, T\rangle=\left\langle D_{t} S, T\right\rangle+\left\langle S, D_{t} T\right\rangle \stackrel{D_{t}}{=} \frac{T=0}{=}\left\langle D_{t} S, T\right\rangle \stackrel{4.30}{=}\left\langle D_{s} T, T\right\rangle=\frac{1}{2} \frac{\partial}{\partial s}\langle T, T\rangle=\frac{1}{2} \frac{\partial}{\partial s}|T|^{2}=0
$$

since $|T|=\left|\dot{\Gamma}_{s}\right| \equiv R$ for every $(s, t)$.
Definition 4.43. Let $U \subset M$ be open and $f \in C^{\infty}(U)$. The gradient of $f$, denoted by $\nabla f$ or $\operatorname{grad} f$, is a $C^{\infty}$-vector field on $U$, defined by

$$
\langle\nabla f, X\rangle=d f(X)=X f
$$

for every $X \in \mathcal{T}(U)$.
Corollary 4.44 (of the Gauss lemma). Let $U$ be a normal ball centered at $p \in M$ and let $\frac{\partial}{\partial r} \in$ $\mathcal{T}(U \backslash\{p\})$ be the unit radial vector field. Then $\nabla r=\frac{\partial}{\partial r}$ on $U \backslash\{p\}$.

Recall that here $r: U \rightarrow \mathbb{R}$ is the radial distance function, defined in normal coordinates by

$$
r(x)=\left(\sum_{i=1}^{n}\left(x^{i}\right)^{2}\right)^{1 / 2}=\left|\exp _{p}^{-1}(x)\right|
$$

and

$$
\left(\frac{\partial}{\partial r}\right)_{x}=\frac{x^{i}}{r(x)}\left(\partial_{i}\right)_{x} ; \quad x=\exp _{p}\left(x^{i} e_{i}\right)
$$

Proof of Corollary 4.44. Take $q \in U \backslash\{p\}$ and $X_{q} \in T_{q} M$. We need to show that $d r\left(X_{q}\right)=\left\langle\frac{\partial}{\partial r}, X_{q}\right\rangle$. Let $\exp _{p}(\partial B(0, R)), R=r(q)$, be the normal sphere through $q$. We decompose $X_{q}$ as

$$
X_{q}=W_{q}+\alpha\left(\frac{\partial}{\partial r}\right)_{q}, \quad \alpha \in \mathbb{R}
$$

where $W_{q}$ is tangent to the sphere $\exp _{p}(\partial B(0, R))$, i.e. $W_{q} \in T_{q}\left(\exp _{p}(\partial B(0, R))\right)$.


This can be done since $\left(\frac{\partial}{\partial r}\right)_{q} \notin T_{q}\left(\exp _{p}(\partial B(0, R))\right)$ by the Gauss lemma. Now $d r\left(W_{q}\right)=W_{q} r=$ 0 since $W_{q} \in T_{q}\left(\exp _{p}(\partial B(0, R))\right)$ and $r \equiv R$ on $\exp _{p}(\partial B(0, R))$. A direct computation (in normal coordinates) gives

$$
d r\left(\frac{\partial}{\partial r}\right)=\left(\frac{\partial}{\partial r}\right) r=1,
$$

see Remark 4.45 below. By Gauss lemma

$$
\left\langle\frac{\partial}{\partial r}, W_{q}\right\rangle=0
$$

Hence

$$
d r\left(X_{q}\right)=d r\left(W_{q}\right)+\alpha d r\left(\frac{\partial}{\partial r}\right)_{q}=\alpha
$$

and

$$
\left\langle\frac{\partial}{\partial r}, X_{q}\right\rangle=\left\langle\frac{\partial}{\partial r}, W_{q}\right\rangle+\alpha\left|\frac{\partial}{\partial r}\right|^{2}=0+\alpha \cdot 1=\alpha .
$$

Therefore, $\left\langle\frac{\partial}{\partial r}, X_{q}\right\rangle=d r\left(X_{q}\right)$.
Remark 4.45. Let $U=\exp _{p}\left(B\left(0, r_{0}\right)\right)$ be a normal ball centered at $p$. We prove that

$$
\left(\frac{\partial}{\partial r}\right) r=1
$$

in $U \backslash\{p\}$. Let $\gamma(t)=\exp _{p}(t v), v=v^{i} e_{i}$, be a radial unit speed geodesic starting at $p$. Then

$$
\left(\frac{\partial}{\partial r}\right)_{\gamma(t)} r=\dot{\gamma}_{t} r=(r \circ \gamma)^{\prime}(t)
$$

for all $t \in] 0, r_{0}\left[\right.$. Since the normal coordinates of $\gamma(t)$ are $\left(t v^{1}, \ldots, t v^{n}\right)$, we have

$$
(r \circ \gamma)(t)=r(\gamma(t))=\sqrt{\left(t v^{1}\right)^{2}+\cdots+\left(t v^{n}\right)^{2}}=t \sqrt{\left(v^{1}\right)^{2}+\cdots+\left(v^{n}\right)^{2}}=t,
$$

and therefore $(r \circ \gamma)^{\prime}(t)=1$.

Theorem 4.46. Let $U$ be a normal ball at $p \in M$. If $q \in U \backslash\{p\}$, then the radial geodesic from $p$ to $q$ is the unique minimizing curve from $p$ to $q$ in $M$ up to reparametrization.

Proof. Take $\varepsilon>0$ such that $q \in \exp _{p}(B(0, \varepsilon)) \subset U$. Let $\gamma:[0, R] \rightarrow M$ be the unique radial geodesic from $p$ to $q$, with unit speed and $R=r(q)=\left|\exp _{p}^{-1}(q)\right|$. Then $\gamma(t)=\exp _{p}(t v)$ for some unit vector $v \in T_{p} M$. Since $\gamma$ has unit speed, $\ell(\gamma)=R$. Thus we need to show that $\ell(\sigma)>R$ whenever $\sigma:[0, b] \rightarrow M$ is an admissible unit speed curve from $p$ to $q$, with $\sigma([0, b]) \neq \gamma([0, R])$. Let $a_{0} \in[0, b]$ be the largest $t$ such that $\sigma(t)=p$ and let $b_{0} \in\left[a_{0}, b\right]$ be the smallest $t$ such that $\sigma(t) \in S_{R}=\exp _{p}(\partial B(0, R))$.


For $t \in\left(a_{0}, b_{0}\right]$, we can decompose $\dot{\sigma}(t)$ as

$$
\dot{\sigma}(t)=\alpha(t) \frac{\partial}{\partial r}+W(t)
$$

where $W(t)$ is tangent to the normal sphere centered at $p$ through $\sigma(t)$. The Gauss lemma implies that $\left\langle W(t),\left(\frac{\partial}{\partial r}\right)_{\sigma(t)}\right\rangle=0$, so

$$
|\dot{\sigma}(t)|^{2}=\langle\dot{\sigma}(t), \dot{\sigma}(t)\rangle=\alpha(t)^{2}+|W(t)|^{2} \geq \alpha(t)^{2}
$$

Using Corollary 4.44 we know that

$$
\alpha(t)=\left\langle\frac{\partial}{\partial r}, \dot{\sigma}(t)\right\rangle=d r(\dot{\sigma}(t))
$$

Hence,

$$
\begin{aligned}
\ell(\sigma) & \geq \ell\left(\sigma \mid\left[a_{0}, b_{0}\right]\right)=\lim _{\delta \rightarrow 0} \int_{a_{0}+\delta}^{b_{0}}|\dot{\sigma}(t)| d t \geq \lim _{\delta \rightarrow 0} \int_{a_{0}+\delta}^{b_{0}} \alpha(t) d t=\lim _{\delta \rightarrow 0} \int_{a_{0}+\delta}^{b_{0}} d r(\dot{\sigma}(t)) d t \\
& =\lim _{\delta \rightarrow 0} \int_{a_{0}+\delta}^{b_{0}} \frac{d}{d t} r(\sigma(t)) d t=r\left(\sigma\left(b_{0}\right)\right)-r\left(\sigma\left(a_{0}\right)\right)=R=\ell(\gamma) .
\end{aligned}
$$

If $\ell(\sigma)=\ell(\gamma)$, then both inequalities above are equalities. Since $\sigma$ is of unit speed, we must have $a_{0}=0$ and $b_{0}=b=R$; and $W(t) \equiv 0$ and $\alpha(t)>0$. So, $\dot{\sigma}(t)=\alpha(t) \frac{\partial}{\partial r}$ and since $\sigma$ is of unit speed $\alpha(t) \equiv 1$. Thus both $\sigma$ and $\gamma$ are integral curves of $\frac{\partial}{\partial r}$, with $\sigma(R)=\gamma(R)=q$. Hence, $\sigma=\gamma$.

Corollary 4.47. Let $U$ be a normal ball at $p$. Then $r(x)=d(x, p)$ for every $x \in U$.
Proof. Exercise.

Denote

$$
\begin{aligned}
& B(p, r):=\{q \in M: d(p, q)<r\} ; \\
& \bar{B}(p, r):=\{q \in M: d(p, q) \leq r\} ;
\end{aligned}
$$

and

$$
S(p, r):=\{q \in M: d(p, q)=r\} .
$$

We say that an admissible curve $\gamma: I \rightarrow M$ is locally minimizing if each $t_{0} \in I$ has a neighborhood $J \subset I$ such that $\gamma \mid J$ is minimizing between any pair of its points. Clearly, a minimizing curve is locally minimizing.

Theorem 4.48. Every geodesic is locally minimizing.
Proof. Let $\gamma: I \rightarrow M$ be a geodesic such that $I \subset \mathbb{R}$ is open. Let $t_{0} \in I$ and let $W \subset M$ be a uniformly normal neighborhood of $\gamma\left(t_{0}\right)$, that is, there exists $\delta>0$ such that for every $q \in W$ the map $\exp _{q}$ is a diffeomorphism in $B(0, \delta) \subset T_{q} M$ and $W \subset \exp _{q}(B(0, \delta))=B(q, \delta)$.


Let $J \subset I$ be an open interval containing $t_{0}$ such that $\gamma(J) \subset W$. If $t_{1}, t_{2} \in J$, then $q_{2}=\gamma\left(t_{2}\right)$ belongs to a normal ball centered at $q_{1}=\gamma\left(t_{1}\right)$ by the definition of uniformly normal neighborhood. Theorem 4.46 implies that the radial geodesic from $q_{1}$ to $q_{2}$ is the unique minimizing curve from $q_{1}$ to $q_{2}$. However, $\gamma \mid\left[t_{1}, t_{2}\right]$ is a geodesic from $q_{1}$ to $q_{2}$ and $\gamma\left(\left[t_{1}, t_{2}\right]\right)$ is contained in the same normal ball around $q_{1}$, so $\gamma \mid\left[t_{1}, t_{2}\right]$ is this minimizing radial geodesic.

Remark 4.49. We need a uniformly normal neighborhood above to be able to place the center of the normal ball to any point $\gamma(t)$, with $t$ in a neighborhood of $t_{0}$.

Another proof of 4.37 (without using the first variation formula). Let $\gamma:[a, b] \rightarrow M$ be a minimizing curve and let $t_{0} \in(a, b)$. As above, there exists an interval $J=\left(t_{0}-\varepsilon, t_{0}+\varepsilon\right) \subset[a, b]$ and a uniformly normal neighborhood $W$ such that $\gamma(J) \subset W$. As above, we conclude that for every $t_{1}, t_{2} \in J$, the unique minimizing curve from $\gamma\left(t_{1}\right)$ to $\gamma\left(t_{2}\right)$ is the radial geodesic. Since the restriction of $\gamma$ is such a minimizing curve, it coincides with the radial geodesic thus solving the geodesic equation in a neighborhoof of $t_{0}$. Since $t_{0}$ is arbitrary, $\gamma$ is indeed a geodesic.

### 4.50 Completeness

Definition 4.51. A Riemannian manifold $M$ is said to be geodesically complete if every maximal geodesic is defined for all $t \in \mathbb{R}$.

Example 4.52. If $U \nsubseteq \mathbb{R}^{n}$ is an open subset with the Euclidean metric, then $U$ is not complete.
Theorem 4.53 (Hopf-Rinow). Let $M$ be a connected Riemannian manifold. Then the following are equivalent:
(a) there exists $p \in M$ such that $\exp _{p}$ is defined on the whole of $T_{p} M$;
(b) for every $p \in M$ the map $\exp _{p}$ is defined on the whole of $T_{p} M$;
(c) $M$ is complete as a metric space;
(d) $M$ is geodesically complete.

Moreover, any of the above conditions implies that
(e) if $p, q \in M$, then there exists a geodesic from $p$ to $q$ with $\ell(\gamma)=d(p, q)$, that is, $M$ is a geodesic metric space.

Proof. $(c) \Longrightarrow(d)$ Suppose $M$ is metrically complete but not geodesically complete. Then there exists a unit speed geodesic $\gamma:[0, b) \rightarrow M$ that extends to no interval $[0, b+\varepsilon)$ for $\varepsilon>0$. Let $t_{i} \uparrow b$ and write $p_{i}=\gamma\left(t_{i}\right)$. Since $\gamma$ is of unit speed, we have

$$
\ell\left(\gamma \mid\left[t_{i}, t_{j}\right]\right)=\left|t_{j}-t_{i}\right|
$$

which gives

$$
d\left(p_{i}, p_{j}\right) \leq\left|t_{j}-t_{i}\right|
$$

Hence $\left(p_{i}\right)$ is a Cauchy sequence in $M$. Because $M$ is metrically complete, there exists $p \in M$ such that $d\left(p_{i}, p\right) \rightarrow 0$. Let $W$ be a uniformly normal neighborhood of $p$ and $\delta>0$ such that for every $q \in W$, the map $\exp _{q}$ is diffeomorphism in $B(0, \delta) \subset T_{q} M$ and $W \subset B(q, \delta)=\exp _{q}(B(0, \delta))$. If $i \in \mathbb{N}$ is large enough, then $p_{i} \in W$ and $t_{i}>b-\delta / 4$.


Because $\exp _{p_{i}}$ is diffeomorphism in $B(0, \delta) \subset T_{p_{i}} M$, we know that every geodesic $\sigma$ starting at $p_{i}$ (i.e. $\left.\sigma(0)=p_{i}\right)$ is defined at least on $[0, \delta)$. In particular, the geodesic $\sigma$, with $\dot{\sigma}(0)=\dot{\gamma}\left(t_{i}\right)$, is defined on $[0, \delta / 2]$. The uniqueness of the geodesic implies that $\sigma$ is a reparametrization of $\gamma$. Hence $\widetilde{\gamma}, \widetilde{\gamma}(t)=\sigma\left(t-t_{i}\right)$, is an extension of $\gamma$ which is defined on $\left[t_{i}, t_{i}+\delta / 2\right]$, with $t_{i}+\delta / 2>b+\delta / 4$; a contradiction. Hence, $M$ is geodesically complete.
$(a) \Longrightarrow(c)$ First of all, we will show that that every $q \in M$ can be joined to $p$ by a geodesic of length $d(p, q)$, i.e. claim (e) when $p$ is as in $(a)$. Let $\bar{B}(p, \delta)$ be a closed normal ball at $p$. If $q \in \bar{B}(p, \delta)$, then there exists a minimizing geodesic from $p$ to $q$ by Theorem 4.46. Suppose $q \notin \bar{B}(p, \delta)$. Since $S(p, \delta)=\exp _{p}(\partial B(0, \delta))$ is compact and the distance function is continuous, there exists $x \in S(p, \delta)$ such that $d(x, q)=\min \{d(y, q): y \in S(p, \delta)\}$.


Let $\gamma: \mathbb{R} \rightarrow M$ be a unit speed geodesic such that $\gamma \mid[0, \delta]$ is the unique radial geodesic from $p$ to $x$. Hence, $\gamma(t)=\exp _{p}(t v)$, where $v=\exp _{p}^{-1}(x) / \delta$. (Note that the assumption (a) says that $\exp _{p}(t v)$, hence $\gamma$, is defined for all $t \in \mathbb{R}$.) We are going to show that $\gamma(r)=q$, where $r=d(p, q)$. Let $f:[0, r] \rightarrow \mathbb{R}$ be the continuous function $f(t)=t+d(\gamma(t), q)$ and let

$$
T:=\{t \in[0, r]: f(t)=r\} \quad\left(=f^{-1}(r)\right)
$$

Then $0 \in T$ and $T$ is closed. Let $t_{0}:=\sup T$. Then $t_{0} \in T$ since $T$ is closed. If $t_{0}=r$, we have $r+d(\gamma(r), q)=r$, and so $\gamma(r)=q$. Thus, we may assume that $t_{0}<r$. Next we show that $t_{0}+\delta^{\prime} \in T$ if $\delta^{\prime}>0$ is so small that $t_{0}+\delta^{\prime} \leq r$. Let $\bar{B}\left(\gamma\left(t_{0}\right), \delta^{\prime}\right)$ be a closed normal ball and choose $q^{\prime} \in S\left(\gamma\left(t_{0}\right), \delta^{\prime}\right)$ such that $d\left(q^{\prime}, q\right)=\min \left\{d(y, q): y \in S\left(\gamma\left(t_{0}\right), \delta^{\prime}\right)\right\}$.


It suffices to show that $q^{\prime}=\gamma\left(t_{0}+\delta^{\prime}\right)$, because then

$$
d\left(\gamma\left(t_{0}\right), q\right) \stackrel{(*)}{=} \delta^{\prime}+\min \left\{d(y, q): y \in S\left(\gamma\left(t_{0}\right), \delta^{\prime}\right)\right\}=\delta^{\prime}+d\left(q^{\prime}, q\right)=\delta^{\prime}+d\left(\gamma\left(t_{0}+\delta^{\prime}\right), q\right)
$$

$\left((*)\right.$ is an exercise) and since $t_{0} \in T$ implies $d\left(\gamma\left(t_{0}\right), q\right)=r-t_{0}$; we have

$$
d\left(\gamma\left(t_{0}+\delta^{\prime}\right), q\right)=d\left(\gamma\left(t_{0}\right), q\right)-\delta^{\prime}=r-t_{0}-\delta^{\prime}=r-\left(t_{0}+\delta^{\prime}\right)
$$

Hence, $t_{0}+\delta^{\prime} \in T$; a contradiction with the definition of $t_{0}$. To prove that $\gamma\left(t_{0}+\delta^{\prime}\right)=q^{\prime}$, observe that

$$
d\left(p, q^{\prime}\right) \geq d(p, q)-d\left(q^{\prime}, q\right)=r-\left(d\left(\gamma\left(t_{0}\right), q\right)-\delta^{\prime}\right) \stackrel{t_{0} \in T}{=} r-\left(r-t_{0}-\delta^{\prime}\right)=t_{0}+\delta^{\prime}
$$

On the other hand, the broken geodesic from $p$ to $q^{\prime}$ that goes from $p$ to $\gamma\left(t_{0}\right)$ by $\gamma$ and then from $\gamma\left(t_{0}\right)$ to $q^{\prime}$ by a radial geodesic in $B\left(\gamma\left(t_{0}\right), \delta^{\prime}\right)$ has length $t_{0}+\delta$. Hence, $d\left(p, q^{\prime}\right) \leq t_{0}+\delta^{\prime}$, and so this broken geodesic in minimizing, hence a geodesic. The uniqueness of geodesics implies that it coincides with $\gamma \mid\left[0, t_{0}+\delta^{\prime}\right]$, so $\gamma\left(t_{0}+\delta^{\prime}\right)=q^{\prime}$. This completes the proof of the claim that every $q \in M$ can be joined to $p$ by a geodesic of length $d(p, q)$.

Let then $\left(q_{i}\right)$ be a Cauchy sequence in $M$. Let $\gamma_{i}:\left[0, t_{i}\right] \rightarrow M, \gamma_{i}(t)=\exp _{p}\left(t v_{i}\right)$, be a unit speed minimizing geodesic from $p$ to $q_{i}$. Then

$$
\left|t_{i}-t_{j}\right|=\left|d\left(p, q_{i}\right)-d\left(p, q_{j}\right)\right|=\leq d\left(q_{i}, q_{j}\right)
$$

Hence, $\left(t_{i}\right)$ is a Cauchy sequence in $\mathbb{R}$, in particular $t_{i} \leq R<\infty$ for every $i \in \mathbb{N}$. Since $\left|v_{i}\right|=1$, the sequence $\left(t_{i} v_{i}\right)$ of $T_{p} M$ is bounded. Therefore, a subsequence $\left(t_{i_{k}} v_{i_{k}}\right)$ converges to $v \in T_{p} M$. The continuity of the exponential map $\exp _{p} \operatorname{implies~that~} q_{i_{k}}=\exp _{p}\left(t_{i_{k}} v_{i_{k}}\right) \rightarrow \exp _{p} v$. Because $\left(q_{i}\right)$ is Cauchy, $q_{i} \rightarrow \exp _{p} v$, so $\left(q_{i}\right)$ converges. This gives (c).
$(b) \Longrightarrow(a)$ Trivial.
$(d) \Longrightarrow(b)$ Obvious.
$(b) \Longrightarrow(e)$ That was, in fact, proven in $(a) \Longrightarrow(c)$.

Remarks 4.54. The condition (e) does not imply completeness (e.g. open ball in $\mathbb{R}^{n}$ ). All compact Riemannian manifolds are complete.

## 5 Curvature

### 5.1 What is curvature?

A Consider a $C^{\infty}$-path $\gamma: I \rightarrow \mathbb{R}^{2}$ in the plane. Assume that $|\dot{\gamma}| \equiv 1$. Formally, the curvature of $\gamma$ is defined by $\kappa(t)=\left|\ddot{\gamma}_{t}\right|$, the norm of the accelleration vector. Geometrically, the curvature has an interpretation:
Given a point $p=\gamma(t)$, there are many circles $\sigma$ that are tangent to $\gamma$ at $p$, i.e. $\sigma(t)=p$ and $\dot{\sigma}_{t}=\dot{\gamma}_{t}$ but exactly one such that also $\ddot{\sigma}_{t}=\ddot{\gamma}_{t}$. Call this the osculating circle. If $\ddot{\gamma}_{t}=0$, take $\sigma$ to be the straight line tangent to $\gamma$ at $p$. Note that $\ddot{\gamma}_{t} \perp \dot{\gamma}_{t}$, since $|\dot{\gamma}| \equiv 1$ ( $\gamma$ has no accelleration in its own direction).


Then $\kappa(t)=1 / R$, where $R$ is the radius of the osculating circle $\left(R=\infty\right.$ and $\kappa(t)=0$ if $\left.\ddot{\gamma}_{t}=0\right)$. Choose a unit normal vector at some point of $\gamma$ and let $N$ be the corresponding (continuous) unit normal vector field along $\gamma$. Then the signed curvature $\kappa_{N}$ is

$$
\kappa_{N}(t)= \begin{cases}\kappa(t), & \text { if } \ddot{\gamma}_{t} \uparrow \uparrow N_{t} \\ -\kappa(t), & \text { if } \ddot{\gamma}_{t} \uparrow \downarrow N_{t} .\end{cases}
$$

B Suppose $S$ is a (2-dimensional) smooth surface in $\mathbb{R}^{3}$. The curvature of $S$ at $p \in S$ is described by two numbers, called the principal curvatures, as follows:
(i) Choose a plane $P$ through $p \in S$ containing $N$, a unit normal vector to $S$ at $p$; near $p S \cap P$ is a smooth plane curve $\gamma(\subset P)$ passing through $p$.
(ii) Compute $\kappa_{N}$ of $\gamma$ at $p$ with respect to the chosen unit normal $N$.
(iii) Repeat this for all such planes $P$.


The principal curvatures, $\kappa_{1}$ and $\kappa_{2}$, of $S$ at $p$ are the minimum and the maximum signed curvatures obtained in (iii). Principal curvatures are not isometrically invariant; they are not intrinsic properties of $S$. For instance, a strip $S_{1}=\left\{(x, y) \in \mathbb{R}^{2}: x \in \mathbb{R}, 0<y<\pi\right\}$ and a half-cylinder $S_{2}=\left\{(x, y, z) \in \mathbb{R}^{3}: x \in \mathbb{R}, y^{2}+z^{2}=1, z>0\right\}$ are isometric (by the map $\left.(x, y) \mapsto(x, \cos y, \sin y)\right)$,
but the principal curvatures of $S_{1}$ are $\kappa_{1}=\kappa_{2}=0$ whereas the principal curvatures of $S_{2}$ are $\kappa_{1}=0$ and $\kappa_{2}=1$.

Gauss's Theorema Egregium ("remarkable theorem"), 1827: The product $K=\kappa_{1} \kappa_{2}$ is intrinsic, i.e. can be expressed in terms of the metric of $S$. The product $K$ is called the Gaussian curvature.


## Model surfaces.

1. The plane $\mathbb{R}^{2}, \quad K \equiv 0$.
2. The sphere $\mathbb{S}^{2}=\left\{x \in \mathbb{R}^{3}:|x|=1\right\}$ with induced metric, $K \equiv 1$.
3. The hyperbolic plane $\mathbb{H}^{2}, \quad K \equiv-1$.

- Upper half-plane model: $\mathbb{H}^{2}=\left\{(x, y) \in \mathbb{R}^{2}: y>0\right\}$ with the Riemannian metric $g_{H}=y^{-2} g_{E}, \quad g_{E}=$ the Euclidean metric.

- Poincaré-disk model: $\mathbb{H}^{2}=\left\{x \in \mathbb{R}^{2}:|x|<1\right\}$ with the Riemannian metric

$$
g_{H}=\frac{4 g_{E}}{\left(1-|x|^{2}\right)^{2}} .
$$



Theorem 5.2 (Uniformization theorem). Every connected 2-manifold is diffeomorphic to a quotient space of either $\mathbb{R}^{2}$, $\mathbb{S}^{2}$, or $\mathbb{H}^{2}$ by a discrete group of isometries acting properly discontinuously without fixed points. Therefore, every connected 2-manifold has a complete Riemannian metric with constant Gaussian curvature.

Theorem 5.3 (Gauss-Bonnet theorem). If $S$ is a compact oriented 2 -manifold with a Riemannian metric, then

$$
\int_{S} K=2 \pi \chi(S)
$$

where $\chi(S)$ is the Euler characteristic of $S$.
The Euler characteristic of $S$ is a topological invariant of $S$ defined as

$$
\begin{gathered}
\chi(S)=\# \text { vertices - \# edges }+ \text { \# faces in any triangulation of } S . \\
X X(S)= \begin{cases}2, & \text { if } S=\text { sphere }, \\
0, & \text { if } S=\text { torus, } \\
2-2 g, & \text { if } S=\text { an oriented surface of genus } g .\end{cases}
\end{gathered}
$$

For Gauss's Theorema Egregium and the Gauss-Bonnet theorem see e.g. [Le1].

## C Curvature in higher dimensions.

A recipe for computing "some curvatures" at $p \in M$ :

1. Take a 2-dimensional subspace $P \subset T_{p} M$;
2. Take a ball $B(0, r) \subset T_{p} M$ such that $\exp _{p}$ is a diffeomorphism in a neighborhood of $\bar{B}(0, r)$. Then $\exp _{p}(P \cap B(0, r))$ is a 2-dimensional submanifold of $M$. Call it $S_{P}$.
3. Compute the Gaussian curvature of $S_{P}$ at $p$. Denote it by $K(P)$.

Thus "curvature" of $M$ at $p$ can be interpreted as a map

$$
K:\left\{2 \text {-planes in } T_{p} M\right\} \rightarrow \mathbb{R} .
$$

A geometric description of curvature: Consider two geodesics intersecting at $p$ in angle $\alpha$. We will show later that the curvature has the following effect to the behavior of geodesics:

$"$ curvature" $>0\left(\right.$ e.g. $\left.\mathbb{S}^{n}\right) \quad "$ curvature" $=0\left(\mathbb{R}^{n}\right) \quad "$ curvature" $<0\left(\right.$ e.g. $\left.\mathbb{H}^{n}\right)$
Model spaces with "constant curvature" will be: $\mathbb{R}^{n}, \mathbb{S}^{n}=\left\{x \in \mathbb{R}^{n+1}:|x|=1\right\}$ with the induced metric, and the hyperbolic space $\mathbb{H}^{n}$.

- Upper half-space model for $\mathbb{H}^{n}$ :

$$
\left\{\left(x_{1}, \ldots, x_{n}\right) \in \mathbb{R}^{n}: x_{n}>0\right\}, \quad g_{H}=x_{n}^{-2} g_{E}, \quad \text { where } g_{E} \text { is the Euclidean metric. }
$$

- Poincaré model for $\mathbb{H}^{n}$ :

$$
\left\{x \in \mathbb{R}^{n}:|x|<1\right\}, \quad g_{H}=\frac{4 g_{E}}{\left(1-|x|^{2}\right)^{2}}
$$

- Geodesics (in the models above) are as in the 2-dimensional case.

Remark 5.4. We say that a Riemannian metric $\tilde{g}$ is obtained from another Riemannian metric $g$ by a conformal change of the metric if $\tilde{g}=f g$, where $f$ is a positive $C^{\infty}$-function. (Conformal = "angles are preserved".)

Consider next the parallel translation $P_{0,1}$ around a (piecewise smooth geodesic) triangle $\gamma:[0,1] \rightarrow$ $M, p=\gamma(0)=\gamma(1)$, when $M=\mathbb{R}^{n}$, $\mathbb{S}^{n}$, or $\mathbb{H}^{n}$.


The phenomenon above is related to the question whether $M$ is locally isometric to $\mathbb{R}^{n}$ at $p$. Indeed, a Riemannian manifold $M$ is locally isometric to $\mathbb{R}^{n}$ at $p$ if and only if $P_{0,1}=$ id for every sufficient small loops $\gamma$, with $\gamma(0)=\gamma(1)=p$.
So, the curvature is a local invariant that in some sense measures how far away the affine connection (locally) is from the Euclidean connection.

### 5.5 Curvature tensor and Riemannian curvature

Let $M$ be a $C^{\infty}$-manifold with an affine connection $\nabla$. The curvature tensor field of $\nabla$ is the $\operatorname{map} R: \mathcal{T}(M) \times \mathcal{T}(M) \times \mathcal{T}(M) \rightarrow \mathcal{T}(M)$ defined by

$$
R(X, Y) Z=\nabla_{X} \nabla_{Y} Z-\nabla_{Y} \nabla_{X} Z-\nabla_{[X, Y]} Z
$$

Warning: In some books the definition differs from above by sign. (e.g. in Do Carmo [Ca]).

Lemma 5.6. $R$ is 3-linear over $C^{\infty}(M): \forall f, g \in C^{\infty}(M)$
(i) $R\left(f X_{1}+g X_{2}, Y\right) Z=f R\left(X_{1}, Y\right) Z+g R\left(X_{2}, Y\right) Z$;
(ii) $R\left(X, f Y_{1}+g Y_{2}\right) Z=f R\left(X, Y_{1}\right) Z+g R\left(X, Y_{2}\right) Z$;
(iii) $R(X, Y)(f Z+g W)=f R(X, Y) Z+g R(X, Y) W$.

Proof. (Exercise).
Thus $R \in \mathcal{T}_{1}^{3}(M)$. As a tensor field the value of $R(X, Y) Z$ at $p$ depends only on $X_{p}, Y_{p}$, and $Z_{p}$ (and, of course, on $R$ itself).

Remark 5.7. (i) We immediately see that

$$
\begin{equation*}
R(X, Y) Z=-R(Y, X) Z \tag{5.8}
\end{equation*}
$$

(ii) If $M=\mathbb{R}^{n}$ with the standard connection, then $R(X, Y) Z=0 \forall X, Y, Z \in \mathcal{T}\left(\mathbb{R}^{n}\right)$.

Let $(U, x), x=\left(x^{1}, \ldots, x^{n}\right)$, be a chart at $p$, with $\partial_{1}, \ldots, \partial_{n}$ the coordinate frame. Then $R \quad\left(\in \mathcal{T}_{1}^{3}(M)\right)$ can be written in coordinates $\left(x^{i}\right)$ as

$$
R=R_{i j k}^{\ell} d x^{i} \otimes d x^{j} \otimes d x^{k} \otimes \partial_{\ell}
$$

where the functions $R_{i j k}^{\ell}$ are defined by

$$
R\left(\partial_{i}, \partial_{j}\right) \partial_{k}=R_{i j k}^{\ell} \partial_{\ell} .
$$

So, if

$$
V=v^{i} \partial_{i}, \quad W=w^{j} \partial^{j} \quad \text { and } Z=z^{k} \partial_{k},
$$

then by linearity (over $C^{\infty}(U)$ )

$$
R(V, W) Z=R_{i j k}^{\ell} v^{i} w^{j} z^{k} \partial_{\ell},
$$

where we also see that $(R(V, W) Z)_{p}$ depends only on $V_{p}, W_{p}, Z_{p}$, and $R_{i j k}^{l}(p)$.
Since $\left[\partial_{i}, \partial_{j}\right]=0$, we have

$$
R\left(\partial_{i}, \partial_{j}\right) \partial_{k}=\nabla_{\partial_{i}} \nabla_{\partial_{j}} \partial_{k}-\nabla_{\partial_{j}} \nabla_{\partial_{i}} \partial_{k}=\cdots=\left(\Gamma_{j k}^{\ell} \Gamma_{i \ell}^{m}-\Gamma_{i k}^{\ell} \Gamma_{j \ell}^{m}+\partial_{i} \Gamma_{j k}^{m}-\partial_{j} \Gamma_{i k}^{m}\right) \partial_{m}
$$

Geometric interpretation for $R(X, Y) Z$ : For small $t>0$, define a piecewise regular curve $\gamma:[0,4 t] \rightarrow M$ as follows:

$$
\begin{aligned}
\gamma \mid[0, t] & =\text { the integral curve of } \partial_{i} \text { starting at } p \in M ; \\
\gamma \mid[t, 2 t] & =\text { the integral curve of } \partial_{j} \text { starting at } \gamma(t) ; \\
\gamma \mid[2 t, 3 t] & =\text { the integral curve of }-\partial_{i} \text { starting at } \gamma(2 t) ; \\
\gamma \mid[3 t, 4 t] & =\text { the integral curve of }-\partial_{j} \text { starting at } \gamma(3 t) .
\end{aligned}
$$

Here $\partial_{i}$ and $\partial_{j}$ are coordinate vector fields corresponding to a chart $(U, x)$ at $p$. Since $\partial_{i}$ and $\partial_{j}$ are coordinate vector fields, $\gamma(0)=\gamma(4 t)=p$.

Let $P_{0,4 t}: T_{p} M \rightarrow T_{p} M$ be the parallel translation along $\gamma$. Then for $v \in T_{p} M$, we have:

$$
\begin{equation*}
R\left(\partial_{i}, \partial_{j}\right) v=\lim _{t \nless 0} \frac{\left(I-P_{0,4 t}\right) v}{t^{2}}, \tag{5.9}
\end{equation*}
$$

where $I: T_{p} M \rightarrow T_{p} M$ is the identity map.
The proof of (5.9) is left as an exercise.
Assume that $M$ is a Riemannian manifold, $\nabla$ the Riemannian connection, and $\langle$,$\rangle the Rie-$ mannian metric. Using the Riemannian metric we can change $R \in \mathcal{T}_{1}^{3}(M)$ to $R \in \mathcal{T}^{4}(M)$ by defining

$$
\begin{equation*}
R(X, Y, Z, W):=\langle R(X, Y) Z, W\rangle \tag{5.10}
\end{equation*}
$$

for $X, Y, Z, W \in \mathcal{T}(M)$. It is called the Riemannian curvature tensor. In coordinates it is written as

$$
R=R_{i j k \ell} d x^{i} \otimes d x^{j} \otimes d x^{k} \otimes d x^{\ell}
$$

where

$$
R_{i j k \ell}=g_{\ell m} R_{i j k}^{m}
$$

Proposition 5.11. Let $M$ be a Riemannian manifold. Then
(1) $R(X, Y) Z+R(Y, Z) X+R(Z, X) Y=0$ (Bianchi identity);
(2) $\langle R(X, Y) Z, W\rangle=\langle R(Z, W) X, Y\rangle$;
(3) $\langle R(X, Y) Z, W\rangle=-\langle R(X, Y) W, Z\rangle$.

Proof. (Exercise)
Remark 5.12. The value of $R(X, Y, Z, W)$ at $p$ depends only on $X_{p}, Y_{p}, Z_{p}$ and $W_{p}$ (and, of course, on $R$ ).

### 5.13 Sectional curvature

For $u, v \in T_{p} M$, write

$$
\begin{aligned}
|u \wedge v| & =\sqrt{|u|^{2}|v|^{2}-\langle u, v\rangle^{2}} \\
& =\text { the area of the parallelogram spanned by } u \text { and } v .
\end{aligned}
$$

If $|u \wedge v| \neq 0$, we define

$$
\begin{equation*}
K(u, v)=\frac{\langle R(u, v) v, u\rangle}{|u \wedge v|^{2}} \tag{5.14}
\end{equation*}
$$

Lemma 5.15. Let $P \subset T_{p} M$ be a 2 -dimensional subspace and let $u, v \in P$ be linearly independent. Then $K(u, v)$ does not depend on the choice of $u$ and $v$.

Proof. Exercise.
Definition 5.16. Given $p \in M$ and a 2-dimensional subspace $P \subset T_{p} M$, the number $K(P)=$ $K(u, v)$, where $\{u, v\}$ is any basis of $P$, is called the sectional curvature of $P$ at $p$.

Remark 5.17. This is the same as the Gaussian curvature of $S_{P}$ described earlier in $\mathbf{C}$; see e.g. Lee [Le1, Chapter 8].

Lemma 5.18. $\langle R(u, v) v, u\rangle$ determines the curvature completely, i.e. $K$ and the metric defines $R$.
Proof. We need to show that $(x, y, z, w) \mapsto\langle R(x, y) z, w\rangle$ is the only 4 -linear form that satisfies conditions (5.8) and 5.11(1)-(3), and whose restriction to points ( $x, y, y, x$ ) is equal to $\langle R(x, y) y, x\rangle$. Suppose that $f$ and $f^{\prime}$ are two such maps (i.e. 4-linear maps $(x, y, z, w) \mapsto f(x, y, z, w)$ satisfying (5.8) and $5.11(1)-(3)$, and whose restrictions to points $(x, y, y, x)$ are equal to $\langle R(x, y) y, x\rangle)$. Then the 4 -linear form $g=f-f^{\prime}$ also satisfies (5.8) and 5.11(1)-(3). Since

$$
g(u, v, v, u)=f(u, v, v, u)-f^{\prime}(u, v, v, u)=\langle R(u, v) v, u\rangle-\langle R(u, v) v, u\rangle=0
$$

for all $u, v$, we have $g(x+z, y, y, x+z)=0$, and by 4-linearity

$$
\underbrace{g(x, y, y, x)}_{=0}+g(x, y, y, z)+g(z, y, y, x)+\underbrace{g(z, y, y, z)}_{=0}=0 .
$$

Thus

$$
g(x, y, y, z)+g(z, y, y, x)=0
$$

Using (5.8) and 5.11(2)-(3) we obtain

$$
\begin{gathered}
0=g(x, y, y, z)+g(z, y, y, x) \\
\stackrel{(2)}{=} g(x, y, y, z)+g(y, x, z, y) \\
\stackrel{(3)}{=} g(x, y, y, z)-g(y, x, y, z) \\
\stackrel{(5.8)}{=} g(x, y, y, z)+g(x, y, y, z) .
\end{gathered}
$$

Thus

$$
g(x, y, y, z)=0 .
$$

Here replace $y$ by $y+w$ to obtain first

$$
g(x, y+w, y+w, z)=0
$$

and then by 4 -linearity

$$
\underbrace{g(x, y, y, z)}_{=0}+g(x, y, w, z)+g(x, w, y, z)+\underbrace{g(x, w, w, z)}_{=0}=0 .
$$

Hence

$$
g(x, w, y, z)=-g(x, y, w, z)
$$

which by (2) and (3) (of 5.11) is the same as

$$
g(y, z, x, w)=g(x, y, z, w) .
$$

We conclude that $g$ does not change in cyclic permutations of the first 3 variables. By 5.11(1), the sum over such permutations vanishes, and therefore $g=0$.

By using Lemma 5.18 one can characterize curvature tensors with constant sectional curvature.

Proposition 5.19. Let $M$ be a Riemannian manifold and $p \in M$. Then $K(P)=K$ for all 2-planes $P \subset T_{p} M$ if and only if

$$
R(x, y) z=K(\langle y, z\rangle x-\langle x, z\rangle y)
$$

for all $x, y, z \in T_{p} M$.
Proof. $\Rightarrow$ Define multilinear maps $\tilde{R}:\left(T_{p} M\right)^{3} \rightarrow T_{p} M$,

$$
\tilde{R}(x, y) z=K(\langle y, z\rangle x-\langle x, z\rangle y)
$$

and $\tilde{R}:\left(T_{p} M\right)^{4} \rightarrow \mathbb{R}$,

$$
\tilde{R}(x, y, z, w)=K(\langle y, z\rangle\langle x, w\rangle-\langle x, z\rangle\langle y, w\rangle) .
$$

Now $\tilde{R}$ satisfies (5.8) and 5.11(1)-(3). If $K(P) \equiv K$, we have

$$
R(x, y, y, x)=K\left(|x|^{2}|x|^{2}-\langle x, y\rangle^{2}\right)=\tilde{R}(x, y, y, x) .
$$

Lemma 5.18 then implies that $R=\tilde{R}$.
$\Leftrightarrow$ Obvious.

### 5.20 Ricci curvature and scalar curvature

Definition 5.21. The Ricci curvature is a tensor field Ric $\in \mathcal{T}^{2}(M)$ defined by

$$
\operatorname{Ric}(x, y)=\text { the trace of the linear map } z \mapsto R(z, x) y .
$$

If $e_{1}, \ldots, e_{n}$ is an orthonormal basis of $T_{p} M$, then

$$
\begin{aligned}
\operatorname{Ric}(x, y) & =\sum_{i=1}^{n}\left\langle R\left(e_{i}, x\right) y, e_{i}\right\rangle \\
& =\sum_{i=1}^{n}\left\langle R\left(x, e_{i}\right) e_{i}, y\right\rangle .
\end{aligned}
$$

We set $\operatorname{Ric}(x)=\operatorname{Ric}(x, x)$. If $|x|=1, \operatorname{Ric}(x)$ is called the Ricci curvature in the direction $x$. Hence if $|x|=1$ and $e_{1}, \ldots, e_{n-1} \in T_{p} M$ such that $x, e_{1}, \ldots, e_{n-1}$ is an orthonormal basis of $T_{p} M$, we get

$$
\begin{aligned}
\operatorname{Ric}(x) & =\underbrace{\langle R(x, x) x, x\rangle}_{=0}+\sum_{i=1}^{n-1}\left\langle R\left(x, e_{i}\right) e_{i}, x\right\rangle \\
& \stackrel{(*)}{=} \sum_{i=1}^{n-1} K\left(P_{i}\right),
\end{aligned}
$$

where $P_{i} \subset T_{p} M$ is the plane spanned by $x$ and $e_{i}$. Note that (*) holds since $\left|x \wedge e_{i}\right|=1$ for all $i=1, \ldots, n-1$.


Remark 5.22. Lower bounds for the $\operatorname{Ricci}$ curvature $\operatorname{Ric}(x)$ give upper bounds for the volume growth. The Ricci curvature will be important in relations between curvature and topology.

The scalar curvature is a function $S$ defined as the trace of Ric. Thus

$$
S(p)=\sum_{i=1}^{n} \operatorname{Ric}\left(e_{i}\right),
$$

where $e_{1}, \ldots, e_{n}$ is an orthonormal basis of $T_{p} M$.

## 6 Jacobi fields

Jacobi fields provide tools to study the effect of curvature on the behavior of nearby geodesics. They can also be used to characterize points where $\exp _{p}$ fails to be a local diffeomorphism.

In this chapter we assume that $M$ is a Riemannian manifold.

### 6.1 Jacobi equation

Lemma 6.2. If $\Gamma$ is a $C^{\infty}$ admissible family of curves and if $V$ is a $C^{\infty}$ vector field along $\Gamma$, then

$$
D_{s} D_{t} V-D_{t} D_{s} V=R(S, T) V
$$

Recall that $\Gamma:]-\varepsilon, \varepsilon[\times[a, b] \rightarrow M$ and

$$
\begin{aligned}
T(s, t) & =\partial_{t} \Gamma(s, t), \\
S(s, t) & =\partial_{s} \Gamma(s, t), \\
D_{t} V & =\text { the covariant derivative of } V \text { along main curves } \Gamma_{s}, \\
D_{s} V & =\text { the covariant derivative of } V \text { along transverse curves } \Gamma^{(t)} .
\end{aligned}
$$



Proof. This is a local question, so we may compute in local coordinates. Let $x$ be a chart at $\Gamma\left(s_{0}, t_{0}\right)$. Writing

$$
V(s, t)=V^{i}(s, t) \partial_{i},
$$

we get

$$
\begin{aligned}
D_{t} V & =\frac{\partial V^{i}}{\partial t} \partial_{i}+V^{i} D_{t} \partial_{i}, \\
D_{s} D_{t} V & =\frac{\partial^{2} V^{i}}{\partial s \partial t} \partial_{i}+\frac{\partial V^{i}}{\partial t} D_{s} \partial_{i}+\frac{\partial V^{i}}{\partial s} D_{t} \partial_{i}+V^{i} D_{s} D_{t} \partial_{i} \\
D_{t} D_{s} V \stackrel{s \leftrightarrow t}{=} \cdots \quad \cdots & \cdots \\
& +V^{i} D_{t} D_{s} \partial_{i} .
\end{aligned}
$$

Thus

$$
D_{s} D_{t} V-D_{t} D_{s} V=V^{i}\left(D_{s} D_{t} \partial_{i}-D_{t} D_{s} \partial_{i}\right)
$$

Writing $(x \circ \Gamma)(s, t)=\left(x^{1}(s, t), \ldots, x^{n}(s, t)\right)$, we have

$$
T=\frac{\partial x^{j}}{\partial t} \partial_{j}, \quad S=\frac{\partial x^{k}}{\partial s} \partial_{k}
$$

Since $\partial_{i}$ is extendible, we have

$$
D_{t} \partial_{i}=\nabla_{T} \partial_{i}=\frac{\partial x^{j}}{\partial t} \nabla_{\partial_{j}} \partial_{i} .
$$

Furthermore, since $\nabla_{\partial_{j}} \partial_{i}$ is extendible, we obtain

$$
\begin{aligned}
D_{s} D_{t} \partial_{i} & =\frac{\partial^{2} x^{j}}{\partial s \partial t} \nabla_{\partial_{j}} \partial_{i}+\frac{\partial x^{j}}{\partial t} \nabla_{S}\left(\nabla_{\partial_{j}} \partial_{i}\right) \\
& =\frac{\partial^{2} x^{j}}{\partial s \partial t} \nabla_{\partial_{j}} \partial_{i}+\frac{\partial x^{j}}{\partial t} \frac{\partial x^{k}}{\partial s} \nabla_{\partial_{k}} \nabla_{\partial_{j}} \partial_{i} .
\end{aligned}
$$

Similarly (interchanging $s \leftrightarrow t$ and $j \leftrightarrow k$ ),

$$
D_{t} D_{s} \partial_{i}=\frac{\partial^{2} x^{j}}{\partial t \partial s} \nabla_{\partial_{j}} \partial_{i}+\frac{\partial x^{k}}{\partial s} \frac{\partial x^{j}}{\partial t} \nabla_{\partial_{j}} \nabla_{\partial_{k}} \partial_{i} .
$$

Hence

$$
\begin{aligned}
D_{s} D_{t} \partial_{i}-D_{t} D_{s} \partial_{i} & =\frac{\partial x^{j}}{\partial t} \frac{\partial x^{k}}{\partial s}\left(\nabla_{\partial_{k}} \nabla_{\partial_{j}} \partial_{i}-\nabla_{\partial_{j}} \nabla_{\partial_{k}} \partial_{i}\right) \\
& \stackrel{\left[\partial_{k}, \partial_{j}\right]=0}{=} \\
& =\frac{\partial x^{j}}{\partial t} \frac{\partial x^{k}}{\partial s} R\left(\partial_{k}, \partial_{j}\right) \partial_{i} \\
& =R(S, T) \partial_{i} .
\end{aligned}
$$

So,

$$
D_{s} D_{t} V-D_{t} D_{s} V=V^{i} R(S, T) \partial_{i}=R(S, T) V
$$

Remark 6.3. Shorter proof of Lemma 6.2.(Cf. Remark 4.32.) Since

$$
[S, T]=\left[\Gamma_{*} \partial_{s}, \Gamma_{*} \partial_{t}\right]=\Gamma_{*} \underbrace{\left[\partial_{s}, \partial_{t}\right]}_{=0}=0 .
$$

we obtain

$$
\begin{aligned}
R(S, T) V & =\nabla_{S} \nabla_{T} V-\nabla_{T} \nabla_{S} V-\nabla_{\underbrace{[S, T]}_{=0}}^{[S,} \\
& =\nabla_{\Gamma_{*} \partial_{s}} \nabla_{\Gamma_{*} \partial_{t}} V-\nabla_{\Gamma_{*} \partial_{t}} \nabla_{\Gamma_{*} \partial_{s}} V \\
& =D_{s} D_{t} V-D_{t} D_{s} V
\end{aligned}
$$

Let $\Gamma$ be as above. We say that $\Gamma$ is a variation of $\gamma$ through geodesics if all main curves $\Gamma_{s}$ are geodesics and $\Gamma_{0}=\gamma$. Recall that the variation field of $\Gamma$ is the vector field $V(t)=\partial_{s} \Gamma(0, t)=$ $S(0, t)$.

Theorem 6.4. Let $\gamma$ be a geodesic and $\Gamma$ a variation of $\gamma$ through geodesics. If $V$ is the variation field of $\Gamma$, then it satisfies the Jacobi equation

$$
\begin{equation*}
D_{t}^{2} V+R(V, \dot{\gamma}) \dot{\gamma}=0 \tag{6.5}
\end{equation*}
$$

Proof. Let $S(s, t)=\partial_{s} \Gamma(s, t)$ and $T(s, t)=\partial_{t} \Gamma(s, t)$ be as earlier. Since all main curves $\Gamma_{s}$ are geodesics, we have

$$
D_{t} T=D_{t} \dot{\Gamma}=0
$$

By Lemma 6.2 and the Symmetry Lemma 4.30, we obtain

$$
\begin{aligned}
0=D_{s} D_{t} T & =D_{t} D_{s} T+R(S, T) T \\
& =D_{t} D_{t} S+R(S, T) T
\end{aligned}
$$

At $s=0, S(0, t)=V(t)$ and $T(0, t)=\dot{\gamma}_{t}$, so we get (6.5).
Definition 6.6. Any vector field $V$ along a geodesic $\gamma$ that satisfies (6.5) is called a Jacobi field.
Let $\gamma: I \rightarrow M$ be a geodesic, $E_{i} \in \mathcal{T}(\gamma), i=1, \ldots, n$, a parallel orthonormal frame along $\gamma$, and $E_{n}=\dot{\gamma}$. Let $V \in \mathcal{T}(\gamma)$,

$$
V=v^{i} E_{i} .
$$

Since $E_{i}$ is parallel, $D_{t} V=\dot{v}^{i} E_{i}$ and

$$
\begin{equation*}
D_{t}^{2} V=\ddot{v}^{i} E_{i} \tag{6.7}
\end{equation*}
$$

Writing $R\left(E_{j}, E_{k}\right) E_{\ell}=R_{j k \ell}^{i} E_{i}$, we get

$$
\begin{equation*}
R(V, \dot{\gamma}) \dot{\gamma}=R\left(v^{j} E_{j}, E_{n}\right) E_{n}=v^{j} R_{j n n}^{i} E_{i} . \tag{6.8}
\end{equation*}
$$

By definition, $V$ is a Jacobi field if and only if it satisfies (6.5). Plugging-in (6.7) and (6.8) into (6.5), we conclude that

$$
\begin{aligned}
V \text { is a Jacobi field } & \Leftrightarrow \ddot{v}^{i} E_{i}+v^{j} R_{j n n}^{i} E_{i}=0 \\
& \Leftrightarrow \ddot{v}^{i}+v^{j} R_{j n n}^{i}=0, \forall i=1, \ldots, n .
\end{aligned}
$$

This is a linear system of $2^{n d}$-order ODEs. Theory of ODEs then imply the following:
Proposition 6.9. Let $\gamma: I \rightarrow M$ be a geodesic, $t_{0} \in I$, and $p=\gamma\left(t_{0}\right)$. Given any vectors $v, w \in$ $T_{p} M$ there exists a unique Jacobi field $V$ satisfying the initial conditions

$$
V_{t_{0}}=v \quad \text { and } \quad\left(D_{t} V\right)_{t_{0}}=w
$$

Corollary 6.10. Given a geodesic $\gamma$, the set of all Jacobi fields along $\gamma$ is a 2n-dimensional linear subspace of $\mathcal{T}(\gamma)$.

Proof. Follows easily from 6.9 (Exercise)
Lemma 6.11. If $\gamma: I \rightarrow M$ is a geodesic and $V$ is a Jacobi field along $\gamma$, then on every $[a, b] \subset I$, $V$ is the variation field of some variation of $\gamma \mid[a, b]$ through geodesics.

Proof. Let $\gamma: I \rightarrow M$ be a geodesic and $V$ a Jacobi field along $\gamma$. Fix $[a, b] \subset I$ and let $\sigma$ be a $C^{\infty}$-path such that $\dot{\sigma}_{0}=V_{a}$. Let $T$ and $Z$ be parallel vector fields along $\sigma$ such that

$$
T_{0}=\dot{\gamma}_{a} \quad \text { and } \quad Z_{0}=\left(D_{t} V\right)_{a}
$$



For a sufficiently small $\varepsilon>0$ define $\Gamma:]-\varepsilon, \varepsilon[\times[a, b] \rightarrow M$ by

$$
\Gamma(s, t)=\exp _{\sigma(s)}\left[(t-a)\left(T_{s}+s Z_{s}\right)\right]
$$

Then $\Gamma$ is a variation of $\gamma$ through geodesics. By Theorem 6.4,

$$
t \mapsto \partial_{s} \Gamma(0, t)
$$

is a Jacobi field along $\gamma$. We claim that $V_{t}=\partial_{s} \Gamma(0, t)$. To prove the claim, we observe that

$$
\partial_{s} \Gamma(0, a)=\frac{d}{d s} \Gamma(s, a)_{\mid s=0}=\frac{d}{d s} \sigma(s)_{\mid s=0}=\dot{\sigma}_{0}=V_{a}
$$

and

$$
\partial_{t} \Gamma(s, a)=\frac{d}{d t} \Gamma(s, t)_{\mid t=a}=T_{s}+s Z_{s}
$$

The Symmetry Lemma 4.30 and the assumption that $T$ and $Z$ are parallel along $\sigma$ imply that

$$
\begin{aligned}
D_{t} \partial_{s} \Gamma(s, a) & \stackrel{4.30}{=} D_{s} \partial_{t} \Gamma(s, a)=D_{s}\left(T_{s}+s Z_{s}\right) \\
& =\underbrace{D_{s} T_{s}}_{=0}+s \underbrace{D_{s} Z_{s}}_{=0}+\underbrace{\frac{d}{d s}(s)}_{=1} Z_{s} \\
& =Z_{s}
\end{aligned}
$$

Hence at $s=0$

$$
D_{t} \partial_{s} \Gamma(0, a)=Z_{0}=\left(D_{t} V\right)_{a}
$$

Since $V$ and $\partial_{s} \Gamma(0, \cdot)$ have the same initial values, we get $V_{t}=\partial_{s} \Gamma(0, t)$ by Proposition 6.9.

### 6.12 Effect of curvature on geodesics

Let $x, y \in T_{p} M$ be orthonormal and $X, Y$ their parallel fields in $T_{p} M$.


Define $\Gamma(s, t)=\exp _{p}[t(x+s y)]$.


Then $\Gamma$ is a variation of $\Gamma_{0}$ through geodesics and

$$
\begin{equation*}
V_{t}=\partial_{s} \Gamma(0, t)=\frac{d}{d s}\left(\exp _{p}[t(x+s y)]\right)_{\mid s=0}=\left(\exp _{p}\right)_{*}(t Y) \tag{6.13}
\end{equation*}
$$

is a Jacobi field. More precisely, $\left(\exp _{p}\right)_{*}(t Y)=\left(\exp _{p}\right)_{* t x}(t Y)$, where $\left(\exp _{p}\right)_{* t x}: T_{t x}\left(T_{p} M\right) \rightarrow$ $T_{\Gamma(0, t)} M$.

We want to study the Taylor expansion of $\left|V_{t}\right|^{2}$ at $t=0$. In what follows we denote the covariant derivative $D_{t}$ by prime ('). Write $T_{t}=\partial_{t} \Gamma(0, t)=\dot{\Gamma}_{0}(t)$. From (6.13) (or from the Symmetry lemma) we get

$$
V_{0}^{\prime}=Y_{0}=y \quad \text { and } \quad\langle V, V\rangle_{0}=0
$$

and consequently

$$
\begin{aligned}
\langle V, V\rangle_{0}^{\prime} & =2\left\langle V^{\prime}, V\right\rangle_{0}=0 \\
\langle V, V\rangle_{0}^{\prime \prime} & =2 \underbrace{\left\langle V^{\prime \prime}, V\right\rangle_{0}}_{=0}+2\left\langle V^{\prime}, V^{\prime}\right\rangle_{0}=2 \underbrace{|y|^{2}}_{=1}=2 \\
\langle V, V\rangle_{0}^{\prime \prime \prime} & =2\left\langle V^{\prime \prime}, V\right\rangle_{0}^{\prime}+2\left\langle V^{\prime}, V^{\prime}\right\rangle_{0}^{\prime} \\
& =2 \underbrace{\left\langle V^{\prime \prime \prime}, V\right\rangle_{0}}_{=0}+2\left\langle V^{\prime \prime}, V^{\prime}\right\rangle_{0}+4\left\langle V^{\prime \prime}, V^{\prime}\right\rangle_{0} \\
& =6\left\langle V^{\prime \prime}, V^{\prime}\right\rangle_{0} .
\end{aligned}
$$

Since $V$ is a Jacobi field, we have $V^{\prime \prime}=-R(V, T) T$, and therefore

$$
V_{0}^{\prime \prime}=-(R(V, T) T)_{0}=0
$$

and so

$$
\langle V, V\rangle_{0}^{\prime \prime \prime}=0 .
$$

Furthermore,

$$
V_{0}^{\prime \prime \prime}=-(R(V, T) T)_{0}^{\prime} \stackrel{(*)}{=}-\left(R\left(V^{\prime}, T\right) T\right)_{0}=-R(y, x) x .
$$

Using this we compute

$$
\begin{aligned}
\langle V, V\rangle_{0}^{\prime \prime \prime \prime} & =\left(2\left\langle V^{\prime \prime \prime}, V\right\rangle+6\left\langle V^{\prime \prime}, V^{\prime}\right\rangle\right)_{0}^{\prime} \\
& =2 \underbrace{\left\langle V^{\prime \prime \prime \prime}, V\right\rangle_{0}}_{=0}+2\left\langle V^{\prime \prime \prime}, V^{\prime}\right\rangle_{0}+6\left\langle V^{\prime \prime \prime}, V^{\prime}\right\rangle_{0}+6 \underbrace{\left\langle V^{\prime \prime}, V^{\prime \prime}\right\rangle_{0}}_{=0} \\
& =8\left\langle V^{\prime \prime \prime}, V^{\prime}\right\rangle_{0} \\
& =-8\langle R(y, x) x, y\rangle .
\end{aligned}
$$

Putting these together, we obtain

$$
\left|V_{t}\right|^{2}=2 \frac{t^{2}}{2!}-\frac{8}{4!}\langle R(y, x) x, y\rangle t^{4}+O\left(t^{5}\right)
$$

Vectors $x, y \in T_{p} M$ are orthonormal, hence $\langle R(y, x) x, y\rangle=K(y, x)$, and therefore

$$
\begin{equation*}
\left|V_{t}\right|^{2}=t^{2}-\frac{1}{3} K(y, x) t^{4}+O\left(t^{5}\right) . \tag{6.14}
\end{equation*}
$$

Let us prove the equality ( $*$ ):

$$
(-R(V, T) T)_{0}^{\prime}=\left(-R\left(V^{\prime}, T\right) T\right)_{0}
$$

For every $W \in \mathcal{T}\left(\Gamma_{0}\right)$, we have at $t=0$ :

$$
\langle R(V, T) T, W\rangle_{0}^{\prime}=\left\langle(R(V, T) T)^{\prime}, W\right\rangle_{0}+\underbrace{\left\langle R(V, T) T, W^{\prime}\right\rangle_{0}}_{=0 \text { since } V_{0}=0}
$$

Hence using Proposition 5.11(2)-(3) we obtain

$$
\left.\left.\begin{array}{rl}
\left\langle(R(V, T) T)^{\prime}, W\right\rangle_{0} & = \\
\stackrel{(2),(3)}{=} & -\langle R(V, T) T, W\rangle_{0}^{\prime} \\
& = \\
& -\underbrace{\langle(T, W) T, V\rangle_{0}^{\prime}}_{=0} \\
& \stackrel{(3)}{=}
\end{array}\langle R(T, W) T)^{\prime}, V\right\rangle_{0}-\left\langle R(T, W) T, V^{\prime}\right\rangle_{0}\right)
$$

Since this holds for every $W \in \mathcal{T}\left(\Gamma_{0}\right)$, the equality (*) follows.
Geometrical interpretation:


### 6.15 Conjugate points

In this section we study the relationship between singularities of the exponential map and Jacobi fields.

If $M$ is complete, then $\exp _{p}$ is defined on all of $T_{p} M$ and it is a local diffeomorphism near 0 . However, it may fail to be a local diffeomorphism at points far away.

Example 6.16. The sphere $\mathbb{S}^{n}$. For any $p \in \mathbb{S}^{n}$, all points on $\partial B(0, \pi) \subset T_{p} \mathbb{S}^{n}$ are mapped to the antipodal point $q \in \mathbb{S}^{n}$ (of $p$ ) by the exponential map $\exp _{p}$. Hence $q$ is the critical value of $\exp _{p}$.


Definition 6.17. A point $q$ is a conjugate point of $p \in M$ if $q$ is a critical value of $\exp _{p}$. That is,

$$
\exp _{p * v}: T_{v}\left(T_{p} M\right) \rightarrow T_{q} M
$$

is singular for some $v \in T_{p} M$. (Note that then $q=\exp _{p} v$.) Moreover, $q$ is conjugate to $p$ along a geodesic $\gamma$ if $\gamma$ is a reparametrization of $\gamma^{v}$, where $v$ is as above.

Suppose that $v \in T_{p} M$ and $\exp _{p * v} w=0$ for some $0 \neq w \in T_{v}\left(T_{p} M\right)=T_{p} M$. Thus $q=\exp _{p} v$ is a conjugate point of $p$. Let

$$
\Gamma(s, t)=\exp _{p} t(v+s w)
$$

be the variation of $t \mapsto \exp _{p}(t v)$ through geodesics. The corresponding variation field

$$
V_{t}=\partial_{s} \Gamma(0, t)=\exp _{p * t v} t W
$$

where $W$ is the parallel field of $w$ in $T_{p} M$, is a Jacobi field that vanishes at $t=0$ and $t=1$; $V_{0}=\exp _{p * 0} 0=0, V_{1}=\exp _{p * v} w=0$. Since $\exp _{p * 0}$ is the identity map, also $\exp _{p * t v}$ is invertible for $|t|$ small enough, and therefore $V$ is non-trivial.

Theorem 6.18. Let $\gamma:[0,1] \rightarrow M$ be a geodesic. Then $q=\gamma_{1}$ is conjugate to $p=\gamma_{0}$ along $\gamma$ if and only if there exists a non-trivial Jacobi field $V$ along $\gamma$ such that $V_{0}=0$ and $V_{1}=0$.

Proof. $\Rightarrow$ Proved above.

$\Leftrightarrow$ Suppose that $V$ is a non-trivial Jacobi field along $\gamma$, with $V_{0}=0$ and $V_{1}=0$. Let

$$
\Gamma(s, t)=\exp _{p} t\left(\dot{\gamma}_{0}+s V_{0}^{\prime}\right)
$$

Its variation field is $V$ (see the proof of Lemma 6.11). Hence

$$
\exp _{p * \dot{\gamma}_{0}} V_{0}^{\prime}=\partial_{s} \Gamma(0,1)=V_{1}=0
$$

Since $V_{0}=0$ and $V$ is non-trivial, we must have $V_{0}^{\prime} \neq 0$ (otherwise, $V_{t} \equiv 0$ by Proposition 6.9). It follows that $\exp _{p * \gamma_{0}}$ is singular, and therefore $q=\exp _{p}\left(\dot{\gamma}_{0}\right)$ is conjugate to $p$ along $\gamma$.

Remark 6.19. If $\gamma:[a, b] \rightarrow M$ is a geodesic, so does $\sigma:[a, b] \rightarrow M, \sigma(t)=\gamma(a+b-t)$. Furthermore, if $V$ is a Jacobi field along $\gamma$, then

$$
t \mapsto V_{a+b-t}
$$

is a Jacobi field along $\sigma$. In conclusion,

$$
q \text { is conjugate to } p \Leftrightarrow p \text { is conjugate to } q \text {. }
$$

Theorem 6.20. If $V$ is a Jacobi field along a geodesic $\gamma:[a, b] \rightarrow M, V_{a}=0$, and $V_{b}=0$, then

$$
\langle V, \dot{\gamma}\rangle=\left\langle V^{\prime}, \dot{\gamma}\right\rangle=0
$$

Proof. Since $\gamma$ is a geodesic, $D_{t} \gamma=0$, and so

$$
\left\langle V^{\prime}, \dot{\gamma}\right\rangle^{\prime}=\left\langle V^{\prime \prime}, \dot{\gamma}\right\rangle=\underbrace{-\langle R(V, \dot{\gamma}) \dot{\gamma}, \dot{\gamma}\rangle}_{(=\langle R(V, \dot{\gamma}) \dot{\gamma}, \dot{\gamma}\rangle \text { hence }=0)}=0 .
$$

Thus $\left\langle V^{\prime}, \dot{\gamma}\right\rangle=c=$ constant. On the other hand,

$$
\langle V, \dot{\gamma}\rangle^{\prime}=\left\langle V^{\prime}, \dot{\gamma}\right\rangle=c,
$$

and therefore

$$
\left\langle V_{t}, \dot{\gamma}_{t}\right\rangle=c t+d
$$

where $d$ is a constant. Since $\left\langle V_{a}, \dot{\gamma}_{a}\right\rangle=0$ and $\left\langle V_{b}, \dot{\gamma}_{b}\right\rangle=0$, we have $c=d=0$, and consequently

$$
\langle V, \dot{\gamma}\rangle=\left\langle V^{\prime}, \dot{\gamma}\right\rangle=0
$$

Remark 6.21. We get from the proof above that every Jacobi field $V$ satisfies

$$
\left\langle V_{t}, \dot{\gamma}_{t}\right\rangle=\left\langle V_{a}, \dot{\gamma}_{a}\right\rangle+\left\langle V_{a}^{\prime}, \dot{\gamma}_{a}\right\rangle(t-a)
$$

Theorem 6.22. Let $\gamma:[a, b] \rightarrow M$ be a geodesic. If $\gamma_{a}$ is not conjugate to $\gamma_{b}$ and $v_{1} \in T_{\gamma_{a}} M, v_{2} \in$ $T_{\gamma_{b}} M$, then there exists a unique Jacobi field $V$ along $\gamma$ such that $V_{a}=v_{1}$ and $V_{b}=v_{2}$.

Proof. Let $V$ and $W$ be Jacobi fields such that $V_{a}=W_{a}=v_{1}$ and $V_{b}=W_{b}=v_{2}$. Then $Y=V-W$ is a Jacobi field along $\gamma$, with $Y_{a}=0$ and $Y_{b}=0$. Theorem 6.18 implies that $Y=0$, hence $V$ is unique (if exists). The proof of the existence of $V$ is left as an exercise.

Suppose that $M$ has constant sectional curvature $K$. Let $\gamma:[0, b] \rightarrow M$ be a geodesic and $E_{i}, i=$ $1, \ldots, n$, be a parallel frame along $\gamma$. Let $V$ be a Jacobi field along $\gamma$. Then by Proposition 5.19

$$
\begin{aligned}
\left\langle V^{\prime \prime}, E_{i}\right\rangle & =-\left\langle R(V, \dot{\gamma}) \dot{\gamma}, E_{i}\right\rangle \\
& =-K\left(\langle\dot{\gamma}, \dot{\gamma}\rangle\left\langle V, E_{i}\right\rangle-\langle V, \dot{\gamma}\rangle\left\langle\dot{\gamma}, E_{i}\right\rangle\right)
\end{aligned}
$$

If $\gamma$ is of unit speed and $\langle V, \dot{\gamma}\rangle \equiv 0$, then

$$
\left\langle V^{\prime \prime}, E_{i}\right\rangle=-K\left\langle V, E_{i}\right\rangle
$$

Solutions:

$$
\begin{array}{ll}
K>0: & V_{t}=\left(a^{i} \sin (\sqrt{K} t)+b^{i} \cos (\sqrt{K} t)\right) E_{i}(t) \\
K=0: & V_{t}=\left(a^{i} t+b^{i}\right) E_{i}(t) \\
K<0: & V_{t}=\left(a^{i} \sinh \left(\sqrt{|K|} t+b^{i} \cosh (\sqrt{|K|} t)\right) E_{i}(t),\right.
\end{array}
$$

where $a^{i}$ and $b^{i}$ are constants.
Conclusion:
If $K \leq 0$, there are no conjugate points of $\gamma(0)$.
If $K>0$, we get conjugate points of $\gamma(0)$ for $t=\ell \pi / \sqrt{K}, \ell=1,2, \ldots$.

### 6.23 Second variation formula

Theorem 6.24 (The second variation formula). Let $\gamma:[a, b] \rightarrow M$ be a unit speed geodesic, $\Gamma a$ proper variation of $\gamma$, and $V$ its variation field. Then

$$
\begin{equation*}
\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)_{\mid s=0}=\int_{a}^{b}\left(\left|D_{t} V^{\perp}\right|^{2}-\left\langle R\left(V^{\perp}, \dot{\gamma}\right) \dot{\gamma}, V^{\perp}\right\rangle\right) d t \tag{6.25}
\end{equation*}
$$

where $V^{\perp}$ is the normal component of $V$, i.e. $V=V^{T}+V^{\perp}, V^{T}=\langle V, \dot{\gamma}\rangle \dot{\gamma}$.
Proof. Write $T=\partial_{t} \Gamma, S=\partial_{s} \Gamma$. Assume $\Gamma$ is smooth in $]-\varepsilon, \varepsilon\left[\times\left[a_{i-1}, a_{i}\right]\right.$. Then

$$
\frac{d}{d s} \ell\left(\Gamma_{s} \mid\left[a_{i-1}, a_{i}\right]\right)=\int_{a_{i-1}}^{a_{i}} \frac{1}{|T|}\left\langle D_{t} S, T\right\rangle d t
$$

see the proof of the First variation formula 4.35. The Symmetry lemma 4.30 and Lemma 6.2 imply that

$$
\begin{aligned}
\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s} \mid\left[a_{i-1}, a_{i}\right]\right) & =\int_{a_{i-1}}^{a_{i}} \frac{\partial}{\partial s}\left(\frac{\left\langle D_{t} S, T\right\rangle}{|T|}\right) d t \\
& =\int_{a_{i-1}}^{a_{i}}\left(\frac{\left\langle D_{s} D_{t} S, T\right\rangle+\left\langle D_{t} S, D_{s} T\right\rangle}{|T|}-\frac{1}{2} \frac{\left\langle D_{t} S, T\right\rangle 2\left\langle D_{s} T, T\right\rangle}{|T|^{3}}\right) d t \\
& =\int_{a_{i-1}}^{a_{i}}\left(\frac{\left\langle D_{t} D_{s} S+R(S, T) S, T\right\rangle+\left|D_{t} S\right|^{2}}{|T|}-\frac{\left\langle D_{t} S, T\right\rangle^{2}}{|T|^{3}}\right) d t
\end{aligned}
$$

At $s=0,|T| \equiv 1$, hence

$$
\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s} \mid\left[a_{a-1}, a_{i}\right]\right)_{\mid s=0}=\int_{a_{i-1}}^{a_{i}}\left(\left\langle D_{t} D_{s} S, T\right\rangle+\langle R(S, T) S, T\rangle+\left|D_{t} S\right|^{2}-\left\langle D_{t} S, T\right\rangle^{2}\right) d t_{\mid s=0}
$$

Since $T(0, t)=\dot{\gamma}_{t}$, we have $D_{t} T=D_{t} \dot{\gamma}=0$ at $s=0$, and therefore

$$
\begin{aligned}
\int_{a_{i-1}}^{a_{i}}\left\langle D_{t} D_{s} S, T\right\rangle d t_{\mid s=0} & =\int_{a_{i-1}}^{a_{i}} \frac{\partial}{\partial t}\left\langle D_{s} S, T\right\rangle d t_{\mid s=0} \\
& =\left\langle D_{s} S\left(0, a_{i}\right), \dot{\gamma}_{a_{i}}\right\rangle-\left\langle D_{s} S\left(0, a_{i-1}\right), \dot{\gamma}_{a_{i-1}}\right\rangle
\end{aligned}
$$

Since $\Gamma$ is proper, $S(s, t)=0$ for all $s$ at the endpoints $t=a_{0}=a$ and $t=a_{k}=b$. Hence $D_{s} S\left(s, a_{0}\right)=0$ and $D_{s} S\left(s, a_{k}\right)=0$. Furthermore, $D_{s} S$ is continuous at every ( $s, t$ ), in particular, when $t=a_{i}$, and therefore

$$
\sum_{i=1}^{k} \int_{a_{i-1}}^{a_{i}}\left\langle D_{t} D_{s} S, T\right\rangle d t_{\mid s=0}=\sum_{i=1}^{k}\left(\left\langle D_{s} S\left(0, a_{i}\right), \dot{\gamma}_{a_{i}}\right\rangle-\left\langle D_{s} S\left(0, a_{i-1}\right), \dot{\gamma}_{a_{i-1}}\right\rangle\right)=0
$$

We obtain

$$
\begin{aligned}
\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)_{\mid s=0} & =\int_{a}^{b}\left(\left|D_{t} S\right|^{2}-\left\langle D_{t} S, T\right\rangle^{2}-\langle R(S, T) T, S\rangle\right) d t_{\mid s=0} \\
& =\int_{a}^{b}\left(\left|D_{t} V\right|^{2}-\left\langle D_{t} V, \dot{\gamma}\right\rangle^{2}-\langle R(V, \dot{\gamma}) \dot{\gamma}, V\rangle\right) d t
\end{aligned}
$$

where the last equality holds since $S(0, t)=V_{t}$.
Write $V=V^{T}+V^{\perp}$, where $V^{T}=\langle V, \dot{\gamma}\rangle \dot{\gamma}$. Then

$$
\begin{aligned}
D_{t} V^{T} & =D_{t}(\langle V, \dot{\gamma}\rangle \dot{\gamma})=\langle V, \dot{\gamma}\rangle \underbrace{D_{t} \dot{\gamma}}_{=0}+\frac{d}{d t}(\langle V, \dot{\gamma}\rangle) \dot{\gamma} \\
& =\left\langle D_{t} V, \dot{\gamma}\right\rangle \dot{\gamma}+\langle V, \underbrace{D_{t} \dot{\gamma}}_{=0} \dot{\gamma} \\
& =\left(D_{t} V\right)^{T} ; \\
D_{t} V^{\perp} & =\left(D_{t} V\right)^{\perp} .
\end{aligned}
$$

Hence

$$
\left|D_{t} V\right|^{2}=\left|\left(D_{t} V\right)^{T}\right|^{2}+\left|\left(D_{t} V\right)^{\perp}\right|^{2}=\left\langle D_{t} V, \dot{\gamma}\right\rangle^{2}+\left|D_{t} V^{\perp}\right|^{2}
$$

and so

$$
\left|D_{t} V\right|^{2}-\left\langle D_{t} V, \dot{\gamma}\right\rangle^{2}=\left|D_{t} V^{\perp}\right|^{2} .
$$

Also,

$$
\begin{aligned}
\langle R(V, \dot{\gamma}) \dot{\gamma}, V\rangle & =\langle\underbrace{R(\langle V, \dot{\gamma}\rangle \dot{\gamma}, \dot{\gamma}) \dot{\gamma}}_{=0}, V\rangle+\left\langle R\left(V^{\perp}, \dot{\gamma}\right) \dot{\gamma}, V\right\rangle \\
& =\langle\underbrace{R\left(V^{\perp}, \dot{\gamma}\right) \dot{\gamma},\langle V, \dot{\gamma}) \dot{\gamma}}_{=0}\rangle+\left\langle R\left(V^{\perp}, \dot{\gamma}\right) \dot{\gamma}, V^{\perp}\right\rangle \\
& =\left\langle R\left(V^{\perp}, \dot{\gamma}\right) \dot{\gamma}, V^{\perp}\right\rangle .
\end{aligned}
$$

We define a symmetric bilinear form, called the index form, on the space of continuous, piecewise $C^{\infty}$ vector fields along $\gamma$ by

$$
I(V, W)=\int_{a}^{b}\left(\left\langle D_{t} V, D_{t} W\right\rangle-\langle R(V, \dot{\gamma}) \dot{\gamma}, W\rangle\right) d t
$$

Corollary 6.26. If $\gamma:[a, b] \rightarrow M$ is a unit speed geodesic and if $\Gamma$ is a proper variation of $\gamma$ whose variation field $V$ is normal, then

$$
\begin{equation*}
\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)_{\mid s=0}=I(V, V) \tag{6.27}
\end{equation*}
$$

In particular, if $\gamma$ is minimizing, then $I(V, V) \geq 0$ for any proper, normal vector field $V$ along $\gamma$.

Proof. Since $\Gamma$ is proper, also $V$ is proper. Furthermore, since $V$ is proper and normal, we obtain (6.27) from the second variation formula (6.25). To prove the second claim, suppose on the contrary that there exists a proper normal vector field $V$ along $\gamma$ such that $I(V, V)<0$. Now $V$ is the variation field of some proper variation $\Gamma$ of $\gamma$. But then (6.27) implies that

$$
\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)_{\mid s=0}<0
$$

and therefore $\gamma$ can not be minimizing.
Next we express $I(V, W)$ in another form involving the Jacobi equation.
Suppose that $V$ and $W$ are continuous, piecewise smooth vector fields along $\gamma$. Let $a=a_{0}<$ $a_{1}<\cdots<a_{k}=b$ be such that $V$ and $W$ are $C^{\infty}$ on each $\left[a_{i-1}, a_{i}\right]$. Then

$$
\left\langle D_{t} V, W\right\rangle^{\prime}=\left\langle D_{t}^{2} V, W\right\rangle+\left\langle D_{t} V, D_{t} W\right\rangle
$$

Hence

$$
\int_{a_{i-1}}^{a_{i}}\left\langle D_{t} V, D_{t} W\right\rangle d t=-\int_{a_{i-1}}^{a_{i}}\left\langle D_{t}^{2} V, W\right\rangle d t+\int_{a_{i-1}}^{a_{i}}\left\langle D_{t} V, W\right\rangle
$$

By taking the sum over $i=1, \ldots, k$ and observing that $W$ is continuous at points $t=a_{i}$ we get

$$
\begin{equation*}
I(V, W)=-\int_{a}^{b}\left\langle D_{t}^{2} V+R(V, \dot{\gamma}) \dot{\gamma}, W\right\rangle d t-\sum_{i=0}^{k}\left\langle\Delta_{i} D_{t} V, W\left(a_{i}\right)\right\rangle \tag{6.28}
\end{equation*}
$$

where

$$
\begin{aligned}
& \Delta_{i} D_{t} V=\lim _{t \searrow a_{i}} D_{t} V(t)-\lim _{t \nearrow a_{i}} D_{t} V(t), \quad i=1, \ldots, k-1 \\
& \Delta_{0} D_{t} V=\lim _{t \searrow a} D_{t} V(t) \\
& \Delta_{k} D_{t} V=-\lim _{t \nearrow b} D_{t} V(t)
\end{aligned}
$$

The next theorem says that no geodesic is minimizing past its first conjugate point.
Theorem 6.29. Let $\gamma:[0, b] \rightarrow M$ be a unit speed geodesic from $p=\gamma(0)$ to $q=\gamma(b)$ such that $\gamma(a)$ is conjugate to $p$ along $\gamma$ for some $a \in] 0, b[$. Then there exists a proper normal vector field $X$ along $\gamma$ such that $I(X, X)<0$. In particular, $\gamma \mid[0, c]$ is not minimizing for any $c \in] a, b[$.

Proof. By Theorem 6.18 and Theorem 6.20, there exists a nontrivial normal Jacobi field $J$ along $\gamma \mid[0, a]$ such that $J_{0}=0, J_{a}=0$ since $\gamma(a)$ is conjugate to $p$.


Define a vector field $V$ along $\gamma$ by

$$
V_{t}= \begin{cases}J_{t}, & t \in[0, a] \\ 0, & t \in[a, b]\end{cases}
$$

Then $V$ is proper, normal, and piecewise smooth. Let $W$ be a smooth, proper, and normal vector field along $\gamma$ such that

$$
W_{a}=\Delta D_{t} V=\lim _{t \searrow a} \underbrace{D_{t} V(t)}_{=0}-\lim _{t \nearrow a} D_{t} V(t)=-D_{t} J(a) \neq 0 .
$$

Note that $D_{t} J(a) \neq 0$ otherwise $J \equiv 0$. Also $D_{t} J(a) \perp \dot{\gamma}_{a}$ by Theorem 6.20. Such $W$ is easy to construct: take the parallel translation of $-D_{t} J(a)$ and then multiply by a smooth "bump function" $\varphi$.


Define

$$
X^{\varepsilon}=V+\varepsilon W, \quad \varepsilon>0
$$

Then $X^{\varepsilon}$ is a proper, normal, piecewise smooth vector field along $\gamma$, and

$$
I\left(X^{\varepsilon}, X^{\varepsilon}\right)=I(V, V)+2 \varepsilon I(V, W)+\varepsilon^{2} I(W, W)
$$

Since $V$ is a Jacobi field along $[0, a]$ and $[a, b]$, we get by (6.28) that

$$
I(V, V)=-\left\langle\Delta D_{t} V, V_{a}\right\rangle=0
$$

and

$$
I(V, W)=-\left\langle\Delta D_{t} V, W_{a}\right\rangle=-\left|W_{a}\right|^{2} \neq 0
$$

Hence

$$
I\left(X^{\varepsilon}, X^{\varepsilon}\right)=-2 \varepsilon \underbrace{\left|W_{a}\right|^{2}}_{\neq 0}+\varepsilon^{2} I(W, W)<0
$$

if $\varepsilon$ is small enough.

Remark 6.30. A geodesic without conjugate points need not be minimizing.
Example 6.31. There are no conjugate points along any geodesic on a cylinder $S^{1} \times \mathbb{R}$. However, no geodesic that wraps more than half way around the cylinder is minimizing.


## 7 Curvature and topology

### 7.1 Index lemma

Lemma 7.2 (Index Lemma). Let $\gamma:[0, b] \rightarrow M$ be a unit speed geodesic from $p=\gamma(0)$ to $q=\gamma(b)$ without conjugate points to $p$ along $\gamma$. Let $W$ be a piecewise smooth vector field along $\gamma$ with $W_{0}=0$ and let $V \in \mathcal{T}(\gamma)$ be the unique Jacobi field with $V_{0}=W_{0}$ and $V_{b}=W_{b}$. Then

$$
I(V, V) \leq I(W, W)
$$

and equality occurs if and only if $W=V$.
Proof. Let $v_{1}, \ldots, v_{n}$ be a basis in $T_{q} M$ and $V_{1}, \ldots, V_{n} \in \mathcal{T}(\gamma)$ be Jacobi fields such that $V_{i}(0)=0$ and $V_{i}(b)=v_{i}$. Then by Theorem 6.22 the fields $V_{i}$ are unique. Because the Jabobi equation is linear, the set $\left\{V_{i}(t)\right\}$ is linearly independent for every $t \in(0, b]$. Because $W_{0}=0$, we know that $W=f^{i} V_{i}$, where $f^{i}$ is piecewise smooth along $\gamma$. On the other hand, the equality $V_{b}=W_{b}=$ $f^{i}(b) V_{i}(b)$ combined with the fact that $V_{i}$ is a Jacobi field implies that $V=f^{i}(b) V_{i}$. Hence, due to the fact that $V$ is a Jacobi field and (6.28), we have

$$
\begin{equation*}
I(V, V)=\left\langle V^{\prime}(b), V(b)\right\rangle=f^{i}(b) f^{j}(b)\left\langle V_{i}^{\prime}(b), V_{j}(b)\right\rangle \tag{7.3}
\end{equation*}
$$

Furthermore,

$$
\begin{aligned}
\left(\left\langle V_{i}^{\prime}, V_{j}\right\rangle-\left\langle V_{i}, V_{j}^{\prime}\right\rangle\right)^{\prime} & =\left\langle V_{i}^{\prime \prime}, V_{j}\right\rangle+\left\langle V_{i}^{\prime}, V_{j}^{\prime}\right\rangle-\left\langle V_{i}^{\prime}, V_{j}^{\prime}\right\rangle-\left\langle V_{i}, V_{j}^{\prime \prime}\right\rangle \\
& =\left\langle R\left(V_{j}, \dot{\gamma}\right) \dot{\gamma}, V_{i}\right\rangle-\left\langle R\left(V_{i}, \dot{\gamma}\right) \dot{\gamma}, V_{j}\right\rangle=0
\end{aligned}
$$

Hence $\left\langle V_{i}^{\prime}, V_{j}\right\rangle-\left\langle V_{i}, V_{j}^{\prime}\right\rangle=C$, where $C$ is a constant. The constant $C=0$ because $\left\langle V_{i}^{\prime}, V_{j}\right\rangle_{0}-$ $\left\langle V_{i}, V_{j}^{\prime}\right\rangle_{0}=0$, and therefore

$$
\begin{equation*}
\left\langle V_{i}^{\prime}, V_{j}\right\rangle=\left\langle V_{i}, V_{j}^{\prime}\right\rangle \tag{7.4}
\end{equation*}
$$

On the other hand,

$$
W^{\prime}=\dot{f}^{i} V_{i}+f^{i} V_{i}^{\prime}=: A+B
$$

so

$$
I(W, W)=\int_{0}^{b}(\langle A, A\rangle+\langle A, B\rangle+\langle B, A\rangle+\langle B, B\rangle-\langle R(W, \dot{\gamma}) \dot{\gamma}, W\rangle) d t
$$

Integrating by parts, using the fact that $V_{i}$ is a Jacobi field and equations (7.3) and (7.4), we have

$$
\begin{aligned}
\int_{0}^{b}\langle B, B\rangle d t & =\int_{0}^{b} f^{i} f^{j}\left\langle V_{i}^{\prime}, V_{j}^{\prime}\right\rangle d t=\int_{0}^{b} f^{i} f^{j}\left(\left\langle V_{i}^{\prime}, V_{j}\right\rangle^{\prime}-\left\langle V_{i}^{\prime \prime}, V_{j}\right\rangle\right) d t \\
& =f^{i}(b) f^{j}(b)\left\langle V_{i}^{\prime}(b), V_{j}(b)\right\rangle-\int_{0}^{b}\left(\dot{f}^{i} f^{j}\left\langle V_{i}^{\prime}, V_{j}\right\rangle+f^{i} \dot{f}^{j}\left\langle V_{i}^{\prime}, V_{j}\right\rangle-f^{i} f^{j}\left\langle R\left(V_{i}, \dot{\gamma}\right) \dot{\gamma}, V_{j}\right\rangle\right) d t \\
& \stackrel{(7.3)}{=} I(V, V)-\int_{0}^{b}(\langle A, B\rangle+\langle B, A\rangle-\langle R(W, \dot{\gamma}) \dot{\gamma}, W\rangle) d t .
\end{aligned}
$$

Hence,

$$
I(W, W)=\underbrace{\int_{0}^{b}\langle A, A\rangle d t}_{\geq 0}+I(V, V) \geq I(V, V)
$$

as required. From this we see that the equality occurs if and only if $A \equiv 0$, or equivalently if $\dot{f}^{i} \equiv 0$ for every $i$. However, this is possible if and only if $W=V$.

Let $\gamma$ be as in the assumptions of Lemma 7.2 and let $\Gamma$ be a proper variation of $\gamma$ whose variation field $W$ is non-trivial and normal, that is, $\langle W, \dot{\gamma}\rangle \equiv 0$. Then Corollary 6.26 and the Index Lemma 7.2 implies

$$
\left.\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)\right|_{s=0}=I(W, W)>I(V, V)=0,
$$

where $V$ is the unique Jacobi field along $\gamma$ with $V_{0}=W_{0}=0$ and $V_{b}=W_{b}=0$. Hence, $V \equiv 0$. Note that $\langle W, \dot{\gamma}\rangle \equiv 0$ is not a restriction: any proper variation $\Gamma$ can be reparametrized such that $W \perp \dot{\gamma}$.

Conclusion: $\gamma$ is minimizing among "nearby paths".
Warning: $\gamma$ may not be minimizing among all paths joining $\gamma(0)$ and $\gamma(b)$. For example, consider the cylinder:


### 7.5 Bonnet's theorem and Myers' theorem

We write $K_{M} \geq H$ if the sectional curvature $K(P) \geq H$ for all 2-planes $P \subset T_{p} M$ and $p \in M$.
Theorem 7.6. Let $M$ be a complete connected Riemannian n-manifold. Suppose that there exists $H>0$ such that
(1) (Bonnet, 1855): $K_{M} \geq H$; or
(2) (Myers, 1941): $\operatorname{Ric}(x) \geq(n-1) H$ for every $x \in T M,|x|=1$.

Then there are conjugate points on every geodesic $\gamma$ of length at least $\pi / \sqrt{H}$. In particular,

$$
\operatorname{diam}(M) \leq \frac{\pi}{\sqrt{H}}
$$

Proof. If suffices to prove (2): Let $\gamma:[0, b] \rightarrow M$ be a unit speed geodesic with $b \geq \pi / \sqrt{H}$. Let $E_{1}, \ldots, E_{n}$ be an orthonormal parallel frame along $\gamma$ such that $E_{n}=\dot{\gamma}$. We define

$$
W_{i}(t)=\sin \left(\frac{\pi t}{b}\right) E_{i}(t),
$$

for $i=1,2, \ldots, n-1$. Then $W_{i} \in \mathcal{T}(\gamma), W_{i}(0)=0$ and $W_{i}(b)=0$. Then (6.28) gives

$$
\begin{aligned}
I\left(W_{i}, W_{i}\right) & =-\int_{0}^{b}\left\langle D_{t}^{2} W_{i}+R\left(W_{i}, \dot{\gamma}\right) \dot{\gamma}, W_{i}\right\rangle d t=\int_{0}^{b} \sin ^{2}\left(\frac{\pi t}{b}\right)\left\langle\frac{\pi^{2}}{b^{2}} E_{i}-R\left(E_{i}, \dot{\gamma}\right) \dot{\gamma}, E_{i}\right\rangle d t \\
& =\int_{0}^{b} \sin ^{2}\left(\frac{\pi t}{b}\right)\left(\frac{\pi^{2}}{b^{2}}-\left\langle R\left(E_{i}, \dot{\gamma}\right) \dot{\gamma}, E_{i}\right\rangle\right) d t .
\end{aligned}
$$

Hence,

$$
\sum_{i=1}^{n-1} I\left(W_{i}, W_{i}\right)=\int_{0}^{b} \sin ^{2}\left(\frac{\pi t}{b}\right)\left((n-1) \frac{\pi^{2}}{b^{2}}-\operatorname{Ric}(\dot{\gamma})\right) d t
$$

On the other hand, $\operatorname{Ric}(\dot{\gamma}) \geq(n-1) H$ and $\frac{\pi^{2}}{b^{2}} \leq H$, so

$$
\sum_{i=1}^{n-1} I\left(W_{i}, W_{i}\right) \leq 0 .
$$

Therefore, there exists $j=1,2, \ldots, n-1$ such that $I\left(W_{j}, W_{j}\right) \leq 0$. Suppose that there are no conjugate points on $\gamma$. Let $V$ be the unique Jacobi field along $\gamma$ such that $V_{0}=W_{j}(0)=0$ and $V_{b}=W_{j}(b)=0$; hence $V \equiv 0$. Index lemma and the fact that $W_{j} \neq V$ implies that

$$
I\left(W_{j}, W_{j}\right)>I(V, V)=0,
$$

which is a contradiction. Hence, there are conjugate points on $\gamma$. Suppose $\operatorname{diam}(M)>\frac{\pi}{\sqrt{H}}$. Then there exists $p, q \in M$ and a minimizing geodesic $\gamma$ from $p=\gamma(0)$ to $q=\gamma(b)$ of length $b>\pi / \sqrt{H}$. We just proved that $p$ is conjugate to $\gamma(t)$ for some $0<t \leq \pi / \sqrt{H}$. By Theorem 6.29 we see that $\gamma \mid[0, b]$ is not minimizing, which is a contradiction.

Corollary 7.7. Let $M$ be as in Theorem 7.6. Then $M$ is compact and the fundamental group $\pi_{1} M$ is finite.
Proof. Let $\widetilde{M}$ be the universal covering space of $M$. Because $\pi: \widetilde{M} \rightarrow M$ is a local diffeomorphism, we see that $\widetilde{g}=\pi^{*} g$ is a Riemannian metric on $\widetilde{M}$ such that $\pi$ is a local isometry, so $\pi$ is a Riemannian covering; see Appendix 7.16. Because $\widetilde{M}$ is complete (see Theorem 7.21) and satisfies the same conditions (1) or (2) as $M$ does, we see that

$$
\operatorname{diam}(\widetilde{M}) \leq \pi / \sqrt{H}
$$

Hence, $\widetilde{M}$ is bounded. However, $\widetilde{M}$ is also complete so it must be compact. Similarly, $M$ is compact. Furthermore, for every $p \in M$ the set $\pi^{-1}(p)$ is finite since it is compact and discrete. Hence $\pi_{1} M$ is finite because there is a one-to-one correspondence between $\pi^{-1}(p)$ and $\pi_{1} M$.

### 7.8 Cartan-Hadamard theorem

Lemma 7.9. Let $M$ be a complete connected Riemannian manifold with $K(P) \leq 0$ for every 2planes $P \subset T_{p} M$ and $p \in M$. Then for all $p \in M$ the exponential map $\exp _{p}: T_{p} M \rightarrow M$ is a local diffeomorphism.
Proof. Let $\gamma:[0, \infty) \rightarrow M, \gamma(0)=p$, be a geodesic and $V$ a non-trivial Jacobi field along $\gamma$ with $V_{0}=0$. Show that $V_{t} \neq 0$ for every $t>0$ and conclude that for every $t>0$ the point $\gamma(t)$ is not a conjugate to $p$. Details are left as an exercise.

Remark 7.10. Theorem 6.29 can be used here.
Lemma 7.11. Let $\widetilde{M}$ and $M$ be connected Riemannian manifolds such that $\widetilde{M}$ is complete and there is a local isometry $\pi: \widetilde{M} \rightarrow M$. Then $M$ is complete and $\pi$ is a covering map.

Remark 7.12. To show that $\pi$ is a covering map, we need to show that every $p \in M$ has a neighborhood $U$ such that $\pi^{-1} U$ is a disjoint union of sets $U_{\alpha}$ and $\pi \mid U_{\alpha}: U_{\alpha} \rightarrow U$ is a diffeomorphism for every $\alpha$.

We will prove Lemma 7.11 later.
Theorem 7.13 (Cartan-Hadamard theorem). Let $M$ be a complete connected Riemannian manifold with $K_{M} \leq 0$. Then for every $p \in M$ the exponential map $\exp _{p}: T_{p} M \rightarrow M$ is a covering map. Hence, the universal covering space $\widetilde{M}$ of $M$ is diffeomorphic to $\mathbb{R}^{n}$.

Proof of Theorem 7.13. Lemma 7.9 implies that $\exp _{p}$ is a local diffeomorphism. Hence, there exists a Riemannian metric on $T_{p} M$ such that $\exp _{p}: T_{p} M \rightarrow M$ is a local isometry. The space $T_{p} M$ with this metric is complete since geodesics of $T_{p} M$ passing through origin 0 are straight lines. Now Lemma 7.11 implies that $\exp _{p}$ is a covering map. Furthermore, since the fundamental group $\pi_{1}\left(T_{p} M\right)=0$, we know that $\widetilde{M}$ is diffeomorphic to $T_{p} M$, that is, to $\mathbb{R}^{n}$.

Proof of Lemma 7.11. We prove first that $\pi$ has the path-lifting property for geodesics: Let $p \in \pi(\widetilde{M}), \widetilde{p} \in \pi^{-1}(p), \gamma: I \rightarrow M$ a geodesic such that $\gamma(0)=p$. Let $\widetilde{v}=\pi_{*}^{-1} \dot{\gamma}_{0} \in T_{\widetilde{p}}(\widetilde{M})$; recall that $\pi_{*}: T_{\widetilde{p}}(\widetilde{M}) \rightarrow T_{p} M$ is an isomorphism. Let $\widetilde{\gamma}: \mathbb{R} \rightarrow \widetilde{M}$ be the geodesic with $\dot{\tilde{\gamma}}_{0}=\widetilde{v}$; recall that $\widetilde{M}$ is complete. Because $\pi$ is a local isometry, we see that geodesics are mapped to geodesics. Hence $\pi \circ \widetilde{\gamma}=\gamma$ on $I$. Therefore, $\gamma$ extends to all of $\mathbb{R}$, which implies the completeness of $\pi(\widetilde{M})$.
$\pi$ is surjective We prove that $\pi(\widetilde{M})$ is both open and closed which then implies that $M=$ $\pi(\widetilde{M})$ since $M$ is connected. Clearly $\pi(\widetilde{M})$ is open since $\pi$ is a local homeomorphism. To prove that $\pi(\widetilde{M})$ is closed, suppose that $x_{i} \in \pi(\widetilde{M})$ such that $x_{i} \rightarrow x \in M$. Then $\left(x_{i}\right)$ is a Cauchy sequence in $\pi(\widetilde{M})$ and $x \in \pi(\widetilde{M})$ since $\pi(\widetilde{M})$ is complete.
$\pi$ is a covering map Fix $p \in M$ and let $\pi^{-1}(p)=\left\{\widetilde{p}_{\alpha}\right\}$. Choose $r>0$ such that $\bar{U}=\bar{B}(p, r)$ is contained in a normal neighborhood of $p$. Let $\widetilde{U}_{\alpha}=B\left(\widetilde{p}_{\alpha}, r\right) \subset \widetilde{M}$. We will show that
(1) the sets $\widetilde{U}_{\alpha}$ are disjoint;
(2) $\pi^{-1} U=\bigcup_{\alpha} \widetilde{U}_{\alpha}$; and
(3) $\pi \mid \widetilde{U}_{\alpha}: \widetilde{U}_{\alpha} \rightarrow U$ is a diffeomorphism for every $\alpha$,
which finishes the proof.
(1): Take any $\widetilde{p}_{\alpha}, \widetilde{p}_{\beta} \in \pi^{-1}(p), \widetilde{p}_{\alpha} \neq \widetilde{p}_{\beta}$. Because $\widetilde{M}$ is complete, there exists a minimizing geodesic $\widetilde{\gamma}$ from $\widetilde{p}_{\alpha}$ to $\widetilde{p}_{\beta}$. Because $\gamma=\pi \circ \widetilde{\gamma}$ is a geodesic from $p$ to $p$, such $\gamma$ must leave $U$ and re-enter it since all geodesics in $U$ passing through $p$ are radial geodesics. Hence $\gamma$ (and therefore $\widetilde{\gamma}$ ) has length at least $2 r$. Therefore, $d\left(\widetilde{p}_{\alpha}, \widetilde{p}_{\beta}\right) \geq 2 r$ so $\widetilde{U}_{\alpha} \cap \widetilde{U}_{\beta}=\emptyset$ due to triangle inequality.
(2): Because $\pi$ is a local isometry, we know that $\pi\left(\widetilde{U}_{\alpha}\right) \subset U$ for every $\alpha$. Hence, $\bigcup_{\alpha} \widetilde{U}_{\alpha} \subset \pi^{-1} U$. Thus we need to show that $\pi^{-1} U \subset \bigcup_{\alpha} \widetilde{U}_{\alpha}$. Let $\widetilde{q} \in \pi^{-1} U$. Then $q:=\pi(\widetilde{q}) \in U$, so there exists a minimizing geodesic $\gamma$ in $U$ from $q=\gamma(0)$ to $p=\gamma(\varepsilon)$, with $\varepsilon:=d(p, q)<r$. If $\widetilde{\gamma}$ is the lift of $\gamma$ starting at $\widetilde{q}=\widetilde{\gamma}(0)$, then $\pi(\widetilde{\gamma}(\varepsilon))=\gamma(\varepsilon)=p$. Therefore, $\widetilde{\gamma}(\varepsilon)=\widetilde{p}_{\alpha}$ for some $\alpha$ and $d\left(\widetilde{p}_{\alpha}, \widetilde{q}\right) \leq \ell(\widetilde{\gamma})=\varepsilon<r$. So $\widetilde{q} \in \widetilde{U}_{\alpha}$, and $\pi^{-1} U \subset \bigcup_{\alpha} \widetilde{U}_{\alpha}$.
(3): For each $\alpha$ the map $\pi \mid \widetilde{U}_{\alpha}: \widetilde{U}_{\alpha} \rightarrow U$ is a local diffeomorphism. Moreover, it is bijective since its inverse is the map sending each radial geodesic starting at $p$ to its lift starting at $\widetilde{p}_{\alpha}$.

Remark 7.14. A complete, simply-connected Riemannian manifold with nonpositive sectional curvature is called a Cartan-Hadamard manifold.
Corollary 7.15. A Cartan-Hadamard $n$-manifold is diffeomorphic to $\mathbb{R}^{n}$.

### 7.16 Appendix: Covering spaces

We assume here that all topological spaces are path-wise connected and locally path-wise connected.
Definition 7.17. Let $X$ be a topological space. A covering space of $X$ consists of a topological space $\tilde{X}$ and a continuous surjective map, called a covering map, $\pi: \tilde{X} \rightarrow X$ such that the following holds: Each point $x \in X$ has a path-wise connected open neighborhood $U$ such that each component of $\pi^{-1} U$ is mapped homeomorphically onto $U$ by $\pi$.

Note that the continuous surjective map $f:(-1,2 \pi) \rightarrow \mathbb{S}^{1}, f(t)=(\cos (y), \sin (t))$, in Exerc. $7 / 1$ is not a covering map.

Definition 7.18. If $M$ and $\tilde{M}$ are smooth connected manifolds, a smooth covering map $\pi: \tilde{M} \rightarrow$ $M$ is a smooth surjective map such that every point $p \in M$ has a connected open neighborhood such that each component of $\pi^{-1} U$ is mapped diffeomorphically onto $U$ by $\pi$.

Definition 7.19. If $M$ and $\tilde{M}$ are Riemannian manifolds, then $\pi: \tilde{M} \rightarrow M$ is a Riemannian covering if it is a smooth covering which is also a local isometry of $\tilde{M}$ onto $M$.

Lemma 7.20 (Path-lifting property). Let $X$ and $\tilde{X}$ be topological spaces and $\pi: \tilde{X} \rightarrow X$ a covering map. Let $\gamma:[a, b] \rightarrow X$ be a path, i.e. a continuous map. Then for every $\tilde{p} \in \pi^{-1}(\gamma(a))$ there exists a unique path, the lift of $\gamma, \tilde{\gamma}:[a, b] \rightarrow \tilde{X}$ such that $\pi \circ \tilde{\gamma}=\gamma$ and $\tilde{\gamma}(a)=\tilde{p}$.

Proof. By compactness of $\gamma([a, b])$ we can cover it by finitely many path-wise connected open sets $U_{i}, i=1, \ldots, k$, such that each component of $\pi^{-1} U_{i}$ is mapped homeomorphically onto $U_{i}$ by $\pi$, $\gamma(a) \in U_{1}$, and $U_{i} \cap U_{i+1} \neq \emptyset$. Let $a_{1}=a<a_{2}<\cdots<a_{k}=b$ be such that $\gamma\left(\left[a_{i}, a_{i+1}\right]\right) \subset U_{i}$ for $i=1, \ldots, k-1$. Let $\tilde{U}_{1}$ be the $\tilde{p}$-component of $\pi^{-1} U_{1}$. Then $\pi \mid \tilde{U}_{1}: \tilde{U}_{1} \rightarrow U_{1}$ is a homeomorphism. Let $\tilde{U}_{2}$ be the $\left(\pi \mid \tilde{U}_{1}\right)^{-1}\left(\gamma\left(a_{2}\right)\right)$-component of $\pi^{-1} U_{2}$. Then $\pi \mid \tilde{U}_{2}: \tilde{U}_{2} \rightarrow U_{2}$ is a homeomorphism. In general, let $\tilde{U}_{i+1}$ be the $\left(\pi \mid \tilde{U}_{i}\right)^{-1}\left(\gamma\left(a_{i+1}\right)\right)$-component of $\pi^{-1} \tilde{U}_{i+1}$. Finally, we define $\tilde{\gamma}:[a, b] \rightarrow \tilde{X}$ piecewisely by $\tilde{\gamma}\left|\left[a_{i}, a_{i+1}\right]=\left(\pi \mid \tilde{U}_{i}\right)^{-1} \circ \gamma\right|\left[a_{i}, a_{i+1}\right]$. By the construction, $\tilde{\gamma}$ is a lift of $\gamma$ such that $\tilde{\gamma}(a)=\tilde{p}$.

The uniqueness can be proven in a standard way: assume that $\tilde{\gamma}_{1}$ and $\tilde{\gamma}_{2}$ are lifts of $\gamma$ such that $\tilde{\gamma}_{1}(a)=\tilde{\gamma}_{2}(a)=\tilde{p}$ and prove that the set $\left\{t \in[a, b]: \tilde{\gamma}_{1}(t)=\tilde{\gamma}_{2}(t)\right\}$ is both open and closed in $[a, b]$. Details are left as an exercise.

Theorem 7.21. If $\pi: \tilde{M} \rightarrow M$ is a Riemannian covering, then $\tilde{M}$ is complete if and only if $M$ is complete.

Proof. (i) Let us first prove the path-lifting property for geodesics: Suppose that $p \in M, \tilde{p} \in$ $\pi^{-1}(p)$, and $\gamma:[a, b] \rightarrow M$ is a geodesic such that $p=\gamma(a)$. Let $U_{i}, \tilde{U}_{i}$, and $\tilde{\gamma}:[a, b] \rightarrow \tilde{M}$ be as in the proof of Lemma 7.20 . Since, for every $i=1, \ldots, k, \pi \mid \tilde{U}_{i}: \tilde{U}_{i} \rightarrow U_{i}$ is an isometry, the lift $\tilde{\gamma}$ is a geodesic.
(ii) Suppose then that $\tilde{M}$ is complete. Let $p \in M$ and $\gamma:[a, b] \rightarrow M$ be any geodesic such that $\gamma(t)=p$ for some $t$. Since $\tilde{M}$ is complete, the lift of $\gamma$ extends to a geodesic $\tilde{\gamma}: \mathbb{R} \rightarrow \tilde{M}$. Since $\pi$ is a local isometry, $\pi \circ \tilde{\gamma}: \mathbb{R} \rightarrow M$ is a geodesic that coincides with $\gamma$ on $[a, b]$. Hence $\gamma$ extends to a geodesic on all of $\mathbb{R}$, and consequently $M$ is complete.
(iii) Conversely, suppose that $M$ is complete. Let $\tilde{p} \in \tilde{M}$ and $\tilde{v} \in T_{\tilde{p}} \tilde{M}$ be arbitrary, and let $p=\pi(\tilde{p})$ and $v=\pi_{* \tilde{p}} \tilde{v}$. Since $M$ is complete, the maximal geodesic $\gamma^{v}$ is defined on all of $\mathbb{R}$. Then the lift $\tilde{\gamma}: \mathbb{R} \rightarrow \tilde{M}$ of $\gamma^{v}$ is a geodesic such that $\tilde{\gamma}(0)=\tilde{p}$ and $\dot{\tilde{\gamma}}(0)=\tilde{v}$. Hence $\tilde{M}$
is complete. Note that the existence of the lift $\tilde{\gamma}: \mathbb{R} \rightarrow \tilde{M}$ follows by applying Lemma 7.20 with arbitrary long intervals $[-k, k], k \in \mathbb{N}$.

Let $X$ and $Y$ be topological spaces and $f, g: X \rightarrow Y$ continuous maps. We say that $f$ and $g$ are homotopic, denoted by $f \simeq g$, if there exists a continuous map $H: X \times[0,1] \rightarrow Y$, called the homotopy from $f$ to $g$, such that $H(x, 0)=f(x)$ and $H(x, 1)=g(x)$ for all $x \in X$.

If, furthermore, $H(x, t)=f(x)=g(x)$ for all $t \in[0,1]$ and for all $x \in A \subset X$, we say that $f$ and $g$ are homotopic relative to $A$ and write $f \simeq_{A} g$ or $f \simeq g$ rel $A$.

Suppose then that $\alpha, \beta:[0,1] \rightarrow X$ are paths. A path homotopy from $\alpha$ to $\beta$ is a homotopy relative to $\{0,1\}$, that is it fixes the endpoints all the time. If there exists a path homotopy from $\alpha$ to $\beta$, we say that they are (path) homotopic and write $\alpha \sim \beta$.

Lemma 7.22 (Homotopy lifting property). Let $\pi: \tilde{X} \rightarrow X$ be a covering map. Suppose that $\alpha, \beta:[0,1] \rightarrow X$ are homotopic and $\tilde{\alpha}, \tilde{\beta}:[0,1] \rightarrow \tilde{X}$ are the lifts of $\alpha$ and $\beta$ such that $\tilde{\alpha}(0)=\tilde{\beta}(0)$. Then $\tilde{\alpha} \sim \tilde{\beta}$.

Proof. The claim can be proven by modifying (and extending) the proof of path lifting property Lemma 7.20. Details are left as an exercise.

Corollary 7.23 (Monodromy theorem). Let $\pi: \tilde{X} \rightarrow \underset{\tilde{\sim}}{ }$ be a covering map. Suppose that $\alpha, \beta:[0,1] \rightarrow X$ are path homotopic and $\tilde{\alpha}, \tilde{\beta}:[0,1] \rightarrow \tilde{X}$ their lifts such that $\tilde{\alpha}(0)=\tilde{\beta}(0)$. Then $\tilde{\alpha}(1)=\tilde{\beta}(1)$.

It is obvious that, for any points $p, q \in X$, path homotopy is an equivalence relation on the set of all paths from $p$ to $q$. We denote by $[\alpha]$ the (path homotopy) equivalence class of a path $\alpha$.

Let us denote by $\Omega(X, p)$ the set of all loops in $X$ based at $p$, i.e. paths $\alpha:[0,1] \rightarrow X$ such that $\alpha(0)=\alpha(1)=p$. The constant loop $c_{p} \in \Omega(X, p)$ is the constant path $c_{p}(t) \equiv p$. If a loop $\alpha \in \Omega(X, p)$ is homotopic to $c_{p}$, we say that $\alpha$ is nullhomotopic.

The fundamental group of $X$ based at $p \in X$ is the set of all (path homotopy) equivalence classes of loops based at $p$. It is denoted by $\pi_{1}(X, p)$. Recall that the product of two paths $\alpha, \beta:[0,1] \rightarrow X$ with $\alpha(1)=\beta(0)$ is the path $\alpha \beta:[0,1] \rightarrow X$,

$$
\alpha \beta(t)= \begin{cases}\alpha(2 t), & 0 \leq t \leq 1 / 2 \\ \beta(2 t-1), & 1 / 2 \leq t \leq 1\end{cases}
$$

and the reverse path of $\alpha:[0,1] \rightarrow X$ is the path $\overleftarrow{\alpha}(t)=\alpha(1-t)$. The set $\pi_{1}(X, p)$ becomes a group when equipped with the product $[\alpha][\beta]:=[\alpha \beta]$, reverse, and the neutral element $c_{p}$.

If $X$ is path-connected, the fundamental groups $\pi_{1}(X, p)$ and $\pi_{1}(X, q)$ are isomorphic for every $p, q \in X$ by $\Phi_{\gamma}: \pi_{1}(X, p) \rightarrow \pi_{1}(X, q), \Phi_{\gamma}[\alpha]=[\overleftarrow{\gamma}][\alpha][\gamma]$, where $\gamma$ is any path from $p$ to $q$. In this case the base point is irrelevant and we write $\pi_{1}(X)$ for the fundamental group based at any (unspecified) point.

If $X$ is path-connected and $\pi_{1}(X)$ is trivial, i.e. every loop is nullhomotopic, we say the $X$ is simply connected.
Theorem 7.24. Let $\pi: \tilde{X} \rightarrow X$ be a covering map such that $\tilde{X}$ is simply connected. If $\pi_{1}: \tilde{X}_{1} \rightarrow X$ is any covering, there exists a covering map $\tilde{\pi}: \tilde{X} \rightarrow \tilde{X}_{1}$ such that $\pi=\tilde{\pi}_{1} \circ \tilde{\pi}$. Any two simply connected coverings of the same space are isomorphic.

Proof. See, for instance [Le2], Theorem 12.5 and Proposition 12.6.

Any covering $\pi: \tilde{X} \rightarrow X$, where $\tilde{X}$ is simply connected is called the universal covering space of $X$. It can be shown that a connected, locally path-connected space admits a universal covering space if and only if it is semilocally simply connected.

Let us describe the construction of the universal covering space for a topological manifold $M$. Fix $p \in M$ and let $\Omega_{p}$ denote the space of all paths $\gamma:[0,1] \rightarrow M$ starting at $p=\gamma(0)$. Let $M_{0}=\Omega_{p} / \sim$ be the space of all homotopy classes of paths starting at $p$. Since homotopic paths have the same endpoints, there is a natural projection $\Psi: M_{0} \rightarrow M$. Then $M_{0}$ can be endowed with a topology for which it is simply connected and $\Psi: M_{0} \rightarrow M$ is a universal covering.

Let $\pi: \tilde{X} \rightarrow X$ be a covering map. A homeomorphism $\varphi: \tilde{X} \rightarrow \tilde{X}$ is called a deck transformation (of the covering $\pi$ ), or a covering homeomorphism, if $\pi \circ \varphi=\pi$. The set of all deck transformations form a group under composition.

Let then $M$ and $\tilde{M}$ be topological manifolds and $\pi: \tilde{M} \rightarrow M$ a covering. Then the group $\Gamma$ of deck transformations acts properly discontinuously on $\tilde{M}$, i.e. each point $\tilde{p} \in \tilde{M}$ has a neighborhood $\tilde{U}$ of $\tilde{p}$ such that the open sets $g \tilde{U}, g \in \Gamma$, are pairwise disjoint.

Let $\pi: \tilde{M} \rightarrow M$ be the universal covering. Fix $p \in M$ and $\tilde{p} \in \pi^{-1}(p)$. Let $\Gamma$ be the deck transformation group of the covering. Then $\Gamma$ is isomorphic to $\pi_{1}(M, p)$. The isomorphism is given as follows: given $g \in \Gamma$ all paths joining $\tilde{p}$ and $g(\tilde{p})$ are homotopic since $\pi_{1}(\tilde{M})$ is trivial. Therefore it projects to a well-defined element of $\pi_{1}(M, p)$. Hence we obtain a desired map $\Gamma \rightarrow \pi_{1}(M, p)$. Similar proof gives the one-to-one correspondence between $\pi^{-1}(p)$ and $\pi_{1}(M, p)$. Indeed, fix $p \in M$ and $\tilde{p} \in \pi^{-1}(p)$. For each $\tilde{q} \in \pi^{-1}(p)$, all paths from $\tilde{p}$ to $\tilde{q}$ are homotopic and hence project projects to a well-defined element $[\alpha] \in \pi(M, p)$. Conversely, given $[\alpha] \in \pi_{1}(M, p)$, all lifts (starting at $\tilde{p}$ ) of loops in $[\alpha]$ are homotopic, and therefore have the same endpoints.

## 8 Comparison geometry

### 8.1 Rauch comparison theorem

Theorem 8.2 (Rauch). Let $M^{n}$ and $\widetilde{M}^{n+k}, k \geq 0$, be Riemannian manifolds and let $\gamma:[0, b] \rightarrow M$, $\widetilde{\gamma}:[0, b] \rightarrow \widetilde{M}$ be unit speed geodesics such that $\widetilde{\gamma}(0)$ has no conjugate points along $\widetilde{\gamma}$. Suppose that for every $t \in[0, b], v \in T_{\gamma(t)} M$, and $\widetilde{v} \in T_{\widetilde{\gamma}(t)} \widetilde{M}$ we have

$$
K\left(\dot{\gamma}_{t}, v\right) \leq K\left(\dot{\tilde{\gamma}}_{t}, \widetilde{v}\right)
$$

Let $J$ and $\widetilde{J}$ be non-trivial Jacobi fields along $\gamma$ and $\widetilde{\gamma}$, respectively, such that

$$
J_{0}=\lambda \dot{\gamma}_{0}, \quad \widetilde{J}_{0}=\lambda \dot{\tilde{\gamma}}_{0}, \quad\left\langle J_{0}^{\prime}, \dot{\gamma}_{0}\right\rangle=\left\langle\widetilde{J}_{0}^{\prime}, \dot{\widetilde{\gamma}}_{0}\right\rangle, \quad \text { and } \quad\left|J_{0}^{\prime}\right|=\left|\widetilde{J}_{0}^{\prime}\right|,
$$

where $\lambda \in \mathbb{R}$ is a constant. Then

$$
\left|J_{t}\right| \geq\left|\widetilde{J}_{t}\right|
$$

for every $t \in[0, b]$.
Proof. First a special case

$$
\begin{equation*}
\left\langle J_{t}, \dot{\gamma}_{t}\right\rangle \equiv 0 \equiv\left\langle\widetilde{J}_{t}, \dot{\tilde{\gamma}}_{t}\right\rangle \tag{8.3}
\end{equation*}
$$

Since, by Remark 6.21,

$$
\left\langle J_{t}, \dot{\gamma}_{t}\right\rangle=\left\langle J_{0}, \dot{\gamma}_{0}\right\rangle+t\left\langle J_{0}^{\prime}, \dot{\gamma}_{0}\right\rangle=\left\langle\widetilde{J}_{0}, \dot{\widetilde{\gamma}}_{0}\right\rangle+t\left\langle\widetilde{J}_{0}^{\prime}, \dot{\widetilde{\gamma}}_{0}\right\rangle=\left\langle\widetilde{J}_{t}, \dot{\tilde{\gamma}}_{t}\right\rangle
$$

we get from (8.3) that $J_{0}=0, \widetilde{J}_{0}=0,\left\langle J_{0}^{\prime}, \dot{\gamma}_{0}\right\rangle=0$, and $\left\langle\widetilde{J}_{0}^{\prime}, \dot{\tilde{\gamma}}_{0}\right\rangle=0$. Because $J$ and $\widetilde{J}$ are non-trivial, we have $J_{0}^{\prime} \neq 0$ and $\widetilde{J}_{0}^{\prime} \neq 0$. Since $\widetilde{\gamma}(0)$ has no conjugate points along $\widetilde{\gamma}$, we have $\widetilde{J}_{t} \neq 0$ for every $t>0$. On the other hand, $J_{0}=0$ and $\widetilde{J}_{0}=0$ so by the l'Hôpital's rule there exists a limit

$$
\lim _{t \downarrow 0} \frac{\left|J_{t}\right|^{2}}{\left|\widetilde{J}_{t}\right|^{2}}=\frac{\left|J_{0}^{\prime}\right|^{2}}{\left|\widetilde{J}_{0}^{\prime}\right|^{2}}=1 .
$$

Hence, in order to prove $\left|J_{t}\right| \geq\left|\widetilde{J}_{t}\right|$ it is enough to show that

$$
\frac{d}{d t}\left(\frac{|J|^{2}}{|\widetilde{J}|^{2}}\right) \geq 0
$$

for every $t>0$, that is,

$$
\begin{equation*}
\left\langle J_{t}^{\prime}, J_{t}\right\rangle\left|\widetilde{J}_{t}\right|^{2}-\left\langle\widetilde{J}_{t}^{\prime}, \widetilde{J}_{t}\right\rangle\left|J_{t}\right|^{2} \geq 0 \tag{8.4}
\end{equation*}
$$

We define

$$
\varphi(\widetilde{J})_{t}=\frac{\left\langle\widetilde{J}_{t}^{\prime}, \widetilde{J}_{t}\right\rangle}{\left\langle\widetilde{J}_{t}, \widetilde{J}_{t}\right\rangle}
$$

for $t \in] 0, b]$ and

$$
\varphi(J)_{t}=\frac{\left\langle J_{t}^{\prime}, J_{t}\right\rangle}{\left\langle J_{t}, J_{t}\right\rangle}
$$

for those $t>0$ for which $J_{t} \neq 0$. Fix $t_{1} \in[0, b]$. If $J_{t_{1}}=0$, then (8.4) holds trivially. Therefore, we may assume that $J_{t_{1}} \neq 0$ and then define Jacobi fields $W^{t_{1}}$ (along $\gamma$ ) and $\widetilde{W}^{t_{1}}$ (along $\widetilde{\gamma}$ ) by

$$
W_{t}^{t_{1}}=\frac{J_{t}}{\left|J_{t_{1}}\right|} \quad \text { and } \quad \widetilde{W}_{t}^{t_{1}}=\frac{\widetilde{J}_{t}}{\left|\widetilde{J}_{t_{1}}\right|}
$$

Then $\varphi(J)_{t}=\varphi\left(W^{t_{1}}\right)_{t}$ whenever defined and $\varphi(\widetilde{J})_{t}=\varphi\left(\widetilde{W}^{t_{1}}\right)_{t}$ for $\left.\left.t \in\right] 0, b\right]$. Now

$$
\begin{aligned}
\varphi(J)_{t_{1}} & =\varphi\left(W^{t_{1}}\right)_{t_{1}}=\left\langle W^{t_{1}}, W^{t_{1}}\right\rangle_{t_{1}}=\left\langle W^{t_{1}}, W^{t_{1}}\right\rangle_{t_{1}}-\underbrace{\left\langle W^{t_{1}}, W^{t_{1}}\right\rangle_{0}}_{=0 \text { since } J_{0}=0}=\int_{0}^{t_{1}}\left\langle W^{t_{1} \prime}, W^{t_{1}}\right\rangle_{t}^{\prime} d t \\
& =\int_{0}^{t_{1}}\left\langle W^{t_{1} \prime}, W^{t_{1}}\right\rangle_{t}+\left\langle W^{t_{1}^{\prime \prime}}, W^{t_{1}}\right\rangle_{t} d t=\int_{0}^{t_{1}}\left\langle W^{t_{1}}, W^{t_{1} \prime}\right\rangle_{t}-\left\langle R\left(W^{t_{1}}, \dot{\gamma}\right) \dot{\gamma}, W^{t_{1}}\right\rangle_{t} d t \\
& =\int_{0}^{t_{1}}\left\langle W^{t_{1}}, W^{t_{1}}\right\rangle_{t}-K\left(\dot{\gamma_{t}}, \frac{W_{1}^{t_{1}}}{\mid W_{t}^{t_{1}}}\right)\left|W_{t}^{t_{1}}\right|^{2} d t .
\end{aligned}
$$

Let $P_{t}: T_{\gamma(0)} M \rightarrow T_{\gamma(t)} M$ and $\widetilde{P}_{t}: T_{\widetilde{\gamma}(0)} \widetilde{M} \rightarrow T_{\widetilde{\gamma}(t)} \widetilde{M}$ be parallel transports along $\gamma$ and $\widetilde{\gamma}$, respectively. Let $I: T_{\gamma(0)} M \rightarrow T_{\widetilde{\gamma}(0)} \widetilde{M}$ be an injective linear map that preserves the inner product. Denote $I_{t}=\widetilde{P}_{t} \circ I \circ P_{t}^{-1}: T_{\gamma(t)} M \rightarrow T_{\widetilde{\gamma}(t)} \widetilde{M}$. Suppose that $I$ is chosen such that

$$
I\left(\dot{\gamma}_{0}\right)=\dot{\tilde{\gamma}}_{0} \quad \text { and } \quad I_{t_{1}}\left(W_{t_{1}}^{t_{1}}\right)=\widetilde{W}_{t_{1}}^{t_{1}}
$$

Define a vector field $\widehat{W}^{t_{1}}$ along $\widetilde{\gamma}$ by

$$
\widehat{W}_{t}^{t_{1}}:=I_{t} W_{t}^{t_{1}}
$$

Note that now $\widehat{W}_{t_{1}}^{t_{1}}=\widetilde{W}_{t_{1}}^{t_{1}}$. Let $E_{1}, \ldots, E_{n} \in \mathcal{T}(\gamma)$ and $\widetilde{E}_{1}, \ldots, \widetilde{E}_{n} \in \mathcal{T}(\widetilde{\gamma})$ be parallel along $\gamma$ and $\widetilde{\gamma}$ such that $E_{n}=\dot{\gamma}, \widetilde{E}_{n}=\dot{\tilde{\gamma}}, I\left(E_{i}(0)\right)=\widetilde{E}_{i}(0)$, and that $\left\{E_{1}(t), \ldots, E_{n}(t)\right\}$ spans $T_{\gamma(t)} M$ for every $t$. Write $W^{t_{1}}=\sum_{i} f_{i} E_{i}$. Then

$$
\widehat{W}^{t_{1}}=\sum_{i} f_{i} \widetilde{E}_{i} .
$$

Hence,
(a) $\left|W_{t}^{t_{1}}\right|=\left|\widehat{W}_{t}^{t_{1}}\right|$ for every $t$.

Since $W^{t_{1}{ }^{\prime}}=\sum_{i} f_{i}^{\prime} E_{i}$ and $\widehat{W}^{t_{1} \prime}=\sum_{i} f_{i}^{\prime} \widetilde{E}_{i}$, we have
(b) $\left\langle W^{t_{1}{ }^{\prime}}, W^{t_{1}}\right\rangle=\sum_{i, j} f_{i}^{\prime} f_{j}^{\prime}\left\langle E_{i}, E_{j}\right\rangle=\sum_{i, j} f_{i}^{\prime} f_{j}^{\prime}\left\langle\widetilde{E}_{i}, \widetilde{E}_{j}\right\rangle=\left\langle\widehat{W}^{t_{1}}, \widehat{W}^{t_{1}}\right\rangle$.

Now (a) and (b) together with the curvature assumption and the Index Lemma 7.2 imply

$$
\begin{aligned}
\varphi(J)_{t_{1}} & =\int_{0}^{t_{1}}\left\langle W^{t_{1}}, W^{t_{1}}\right\rangle_{t}-K\left(\dot{\gamma}_{t}, \frac{W_{t}^{t_{1}}}{\left|W_{t}^{t_{1}}\right|}\right)\left|W_{t}^{t_{1}}\right|^{2} d t \\
& \geq \int_{0}^{t_{1}}\left\langle\widehat{W}^{t_{1}}, \widehat{W}^{t_{1}{ }^{\prime}}\right\rangle_{t}-K\left(\dot{\tilde{\gamma}}_{t}, \frac{\widehat{W}_{t}^{t_{1}}}{\left|W_{t}^{t_{1}}\right|}\right)\left|\widehat{W}_{t}^{t_{1}}\right|^{2} d t \\
& =\int_{0}^{t_{1}}\left\langle\widehat{W}^{t_{1}}, \widehat{W}^{t_{1}}\right\rangle_{t}-\left\langle\widetilde{R}\left(\widehat{W}_{t}^{t_{1}}, \dot{\tilde{\gamma}}_{t}\right) \dot{\tilde{\gamma}}_{t}, \widehat{W}_{t}^{t_{1}}\right\rangle d t \\
& 7.2 \int_{0}^{t_{1}}\left\langle\widetilde{W}^{t_{1}}, \widetilde{W}^{t_{1}}\right\rangle_{t}-\left\langle\widetilde{R}\left(\widetilde{W}_{t}^{t_{1}}, \dot{\widetilde{\gamma}}_{t}\right) \dot{\widetilde{\gamma}}_{t}, \widetilde{W}_{t}^{t_{1}}\right\rangle d t \\
& =\varphi(\widetilde{J})_{t_{1}},
\end{aligned}
$$

that is, (8.4) holds at $t_{1}$. Because $t_{1} \in[0, b]$ is arbitrary, we have $\left|J_{t}\right| \geq\left|\widetilde{J}_{t}\right|$ in the special case.
In general case,

$$
J=J^{\perp}+\langle J, \dot{\gamma}\rangle \dot{\gamma} \quad \text { and } \quad \widetilde{J}=\widetilde{J}^{\perp}+\langle\widetilde{J}, \dot{\tilde{\gamma}}\rangle \dot{\tilde{\gamma}}
$$

The first part then gives $\left|J^{\perp}\right| \geq\left|\widetilde{J} \widetilde{J}^{\perp}\right|$. On the other hand,

$$
\langle J, \dot{\gamma}\rangle_{t}=\underbrace{\langle J, \dot{\gamma}\rangle_{0}}_{=\lambda}+t\left\langle J^{\prime}, \dot{\gamma}\right\rangle_{0}=\underbrace{\langle\widetilde{J}, \dot{\tilde{\gamma}}\rangle_{0}}_{=\lambda}+t\left\langle\widetilde{J}^{\prime}, \dot{\widetilde{\gamma}}\right\rangle_{0}=\langle\widetilde{J}, \dot{\widetilde{\gamma}}\rangle_{t} .
$$

Hence, $|J| \geq|\widetilde{J}|$.
Corollary 8.5. Let $M$ and $\widetilde{M}$ be Riemannian manifolds with $\operatorname{dim} \widetilde{M} \geq \operatorname{dim} M$, and let $p \in M$ and $\widetilde{p} \in \widetilde{M}$. Assume $K_{\widetilde{M}} \geq K_{M}$ and let $I: T_{p} M \rightarrow T_{\widetilde{p}} \widetilde{M}$ be a linear injection preserving the inner product. Let $r>0$ be so small that $\exp _{p} \mid B(0, r)$ is an embedding and $\exp _{\tilde{p}} \mid B(0, r)$ is non-singular. Then for any piecewise $C^{\infty}$-path $c:[0,1] \rightarrow \exp _{p} B(0, r)$ we have

$$
\ell(c) \geq \ell(\underbrace{\exp _{\widetilde{p}} \circ I \circ \exp _{p}^{-1} \circ c}_{=: \widetilde{c}})=\ell(\widetilde{c}) .
$$

Above the assumption $\exp _{\widetilde{p}} \mid B(0, r)$ being non-singular means that $\exp _{\widetilde{p}} B(0, r)$ contains no conjugate points to $\tilde{p}$.

Proof. Define $\widehat{c}:[0,1] \rightarrow B(0, r) \subset T_{p} M$ by

$$
\widehat{c}:=\exp _{p}^{-1} \circ c
$$



Consider the variation $\Gamma(s, t)=\exp _{p}\left(t \widehat{c}_{s}\right)$. For each fixed $s$, the variation field

$$
V_{t}^{s}:=\partial_{s} \Gamma(s, t)
$$

is a Jacobi field along geodesic $\Gamma_{s}, t \mapsto \exp _{p}\left(t \widehat{t}_{s}\right)$. Then

$$
\begin{gathered}
\left.V_{t}^{s}=\frac{d}{d s} \Gamma(s, t)=t \exp _{p * * \hat{c}_{s}} \dot{⿳ ㇒}_{s}\right) ; \\
V_{0}^{s}=0 ; \\
V_{1}^{s}=\frac{d}{d s}(\underbrace{\exp _{p} \widehat{c}_{s}}_{=c_{s}})=\dot{c}_{s} ; \quad \text { and } \\
\left(D_{t} V^{s}\right)_{0}=\left.D_{t}\left(t \exp _{p * t \hat{c}_{s}}\left(\dot{\hat{c}}_{s}\right)\right)\right|_{t=0}=\dot{\hat{c}_{s}} .
\end{gathered}
$$

Consider next the variation

$$
\widetilde{\Gamma}(s, t)=\exp _{\widetilde{p}}\left(I\left(t \widehat{c}_{s}\right)\right)=\exp _{\widetilde{p}}\left(t I\left(\widehat{c}_{s}\right)\right) .
$$

Again, for each fixed $s$, the variation field

$$
\widetilde{V}_{s}^{t}=\partial_{s} \widetilde{\Gamma}(s, t)
$$

is a Jacobi field along $\widetilde{\Gamma}_{s}, t \mapsto \exp _{\widetilde{p}}\left(t I\left(\widehat{c}_{s}\right)\right)$, with

$$
\widetilde{V}_{0}^{s}=0, \quad \widetilde{V}_{1}^{s}=\dot{\tilde{c}}_{s}, \quad \text { and } \quad\left(D_{t} \widetilde{V}^{s}\right)_{0}=I\left(\dot{\widehat{c}}_{s}\right)
$$

Since $I$ preserves the inner product,

$$
\left|\left(D_{t} V^{s}\right)_{0}\right|=\left|\dot{\hat{c}_{s}}\right|=\mid I\left(\dot { \hat { c } } _ { s } \left|=\left|\left(D_{t} \widetilde{V}^{s}\right)_{0}\right|\right.\right.
$$

and

$$
\begin{aligned}
\left\langle\dot{\Gamma}_{s}, D_{t} V^{s}\right\rangle_{0} & =\langle\dot{\Gamma}_{s}(0),(\underbrace{D_{t} V^{s}}_{=\hat{\bar{c}}_{s}})_{0}\rangle=\left\langle I\left(\dot{\Gamma}_{s}(0)\right), I\left(\dot{\widehat{c}}_{s}\right)\right\rangle \\
& =\left\langle I\left(\widehat{c}_{s}\right),\left(D_{t} \widetilde{V}^{s}\right)_{0}\right\rangle=\left\langle\dot{\widetilde{\Gamma}}_{s}(0),\left(D_{t} \widetilde{V}^{s}\right)_{0}\right\rangle=\left\langle\dot{\widetilde{\Gamma}}_{s}, D_{t} \widetilde{V}^{s}\right\rangle_{0} .
\end{aligned}
$$

Furthermore,

$$
V_{0}^{s}=0 \quad \text { and } \quad \widetilde{V}_{0}^{s}=0
$$

The Rauch comparison theorem now implies

$$
\left|\dot{c}_{s}\right|=\left|V_{1}^{s}\right| \geq\left|\widetilde{V}_{1}^{s}\right|=\left|\dot{\tilde{c}}_{s}\right| .
$$

Since $s$ is arbitrary, we have the claim.
Corollary 8.6. Suppose that the sectional curvatures of $M$ satisfy

$$
0<\kappa \leq K_{M} \leq \delta
$$

for some constants $\kappa$ and $\delta$. Let $\gamma$ be a geodesic in M. Then the distance d between two consecutive conjugate points along $\gamma$ satisfies

$$
\frac{\pi}{\sqrt{\delta}} \leq d \leq \frac{\pi}{\sqrt{\kappa}}
$$

Proof. Let $\gamma:[0, \ell] \rightarrow M$ be a unit speed geodesic with $\gamma(0)=p$. Let $J$ be a Jacobi field along $\gamma$, with $J_{0}=0$ and $\langle J, \dot{\gamma}\rangle \equiv 0$. Let $S^{n}(\delta)$ be the sphere with constant sectional curvature $\delta$. Fix $\widetilde{p} \in S^{n}(\delta)$ and a unit speed geodesic $\widetilde{\gamma}:[0, \ell] \rightarrow S^{n}(\delta)$ with $\widetilde{\gamma}(0)=\widetilde{p}$. Let $\widetilde{J}$ be a Jacobi field along $\widetilde{\gamma}$ with $\widetilde{J}_{0}=0,\langle\widetilde{J}, \dot{\tilde{\gamma}}\rangle \equiv 0$ and $\left|\widetilde{J}_{0}^{\prime}\right|=\left|J_{0}^{\prime}\right|$. Since $\widetilde{\gamma}$ has no conjugate pairs in $\left(0, \frac{\pi}{\sqrt{\delta}}\right)$, we have

$$
\left|J_{t}\right| \geq\left|\widetilde{J}_{t}\right|>0
$$

for any $t \in\left(0, \frac{\pi}{\sqrt{\delta}}\right)$ by the Rauch comparison theorem. Therefore, the distance $d$ from $p$ to its first conjugate point along $\gamma$ satisfies

$$
d \geq \frac{\pi}{\sqrt{\delta}} .
$$

If $d>\frac{\pi}{\sqrt{\kappa}}$, we get by applying the Rauch comparison theorem to $M$ and $S^{n}(\kappa)$ that the distance between any pairs of conjugate points in $S^{n}(\kappa)$ is strictly greater than $\frac{\pi}{\sqrt{k}}$, which is a contradiction.

### 8.7 Hessian and Laplace comparison

Recall that the gradient, Hessian, and Laplacian of $f \in C^{\infty}(M)$ are defined by

$$
\langle\nabla f, X\rangle:=X(f), \quad \text { Hess } f(X, Y):=\left\langle\nabla_{X}(\nabla f), Y\right\rangle, \quad \text { and } \quad \Delta f:=\operatorname{div}(\nabla f)=\operatorname{tr}\left(v \mapsto \nabla_{v}(\nabla f)\right),
$$

and that $\nabla f \in \mathcal{T}(M)$, Hess $f \in \mathcal{T}^{2}(M)$, and $\Delta f \in C^{\infty}(M)$. Furthermore, Hess $f$ is symmetric and

$$
\text { Hess } f(X, Y)=X(Y f)-\left(\nabla_{X} Y\right) f
$$

If $(V,\langle\cdot, \cdot\rangle)$ is an $n$-dimensional inner product space and $B: V \times V \rightarrow \mathbb{R}$ is bilinear, then the trace of $B$, the determinant of $B$, and the norm of $B$ with respect to $\langle\cdot, \cdot\rangle$ are defined by

$$
\operatorname{tr} B=\operatorname{tr} L, \quad \operatorname{det} B=\operatorname{det} L, \quad \text { and } \quad|B|=\sqrt{\operatorname{tr}\left(L L^{*}\right)},
$$

where $L: V \rightarrow V$ is linear such that

$$
B(x, y)=\langle L x, y\rangle
$$

for every $x, y \in V$.
Hence,

$$
\Delta f=\operatorname{tr} \operatorname{Hess} f
$$

with respect to Riemannian metric $\langle\cdot, \cdot\rangle$.
Definition 8.8. The injectivity radius at $p \in M$ is defined as

$$
\operatorname{inj}(p):=\sup \left\{r \in \mathbb{R}: \exp _{p} \mid B(0, r) \text { is diffeomorphism }\right\}
$$

which is always positive since $\exp _{p}$ is a local diffeomorphism at $0 \in T_{p} M$.
Example 8.9. If $M$ is a Cartan-Hadamard manifold, then $\operatorname{inj}(p)=+\infty$ for each $p \in M$.
Theorem 8.10 (Hessian comparison theorem). Let $M^{n}$ and $\widetilde{M}^{n+k}, k \geq 0$, be Riemannian manifolds and let $\gamma:[0, b] \rightarrow M$ and $\widetilde{\gamma}:[0, b] \rightarrow \widetilde{M}$ be unit speed geodesics such that

$$
b<\min \{\operatorname{inj}(\gamma(0)), \operatorname{inj}(\widetilde{\gamma}(0))\}
$$

Suppose that

$$
K\left(\dot{\gamma}_{t}, v\right) \leq K\left(\dot{\widetilde{\gamma}}_{t}, \widetilde{v}\right)
$$

for every $t \in[0, b], v \in T_{\gamma(t)} M$, and $\widetilde{v} \in T_{\widetilde{\gamma}(t)} \widetilde{M}$. If $h:[0, \infty) \rightarrow \mathbb{R}$ is smooth and increasing, $r_{M}:=d(\cdot, \gamma(0))$, and $r_{\widetilde{M}}:=d(\cdot, \widetilde{\gamma}(0))$, then

$$
\operatorname{Hess}\left(h \circ r_{M}\right)(X, X) \geq \operatorname{Hess}\left(h \circ r_{\widetilde{M}}\right)(\widetilde{X}, \tilde{X})
$$

for all $t \in(0, b], X \in T_{\gamma(t)} M$, and $\widetilde{X} \in T_{\widetilde{\gamma}(t)} \widetilde{M}$ such that $|X|=|\widetilde{X}|$ and $\left\langle\dot{\gamma}_{t}, X\right\rangle=\left\langle\dot{\widetilde{\gamma}}_{t}, \widetilde{X}\right\rangle$.
Proof. First of all, $h \circ r_{M}$ is smooth in $B(\gamma(0), b) \backslash\{\gamma(0)\}$, and $h \circ r_{\widetilde{M}}$ is smooth in $B(\widetilde{\gamma}(0), b) \backslash\{\widetilde{\gamma}(0)\}$, respectively. We may assume that $|X|=1=|\widetilde{X}|$ and that $t=b$.
$1^{\circ}$ Case $h(t)=t$. For every $v \in T_{\gamma(b)} M$,

$$
\begin{aligned}
\operatorname{Hess} r_{M}\left(v, \dot{\gamma}_{b}\right) & =v(\underbrace{\dot{\gamma}_{b} r_{M}}_{\equiv 1})-\left(\nabla_{v} \dot{\gamma}\right) r_{M}=-\left(\nabla_{v} \dot{\gamma}\right) r_{M} \\
& =-\left\langle\nabla r_{M}, \nabla_{v} \dot{\gamma}\right\rangle_{\gamma(b)}=-\left\langle\dot{\gamma}_{b}, \nabla_{v} \dot{\gamma}\right\rangle_{\gamma(b)}=-\frac{1}{2} v \underbrace{\left\langle\dot{\gamma}_{t}, \dot{\gamma}_{t}\right\rangle}_{\equiv 1}=0 .
\end{aligned}
$$

Similarly,

$$
\operatorname{Hess} r_{\widetilde{M}}\left(\widetilde{v}, \dot{\widetilde{\gamma}}_{b}\right)=0
$$

for every $\widetilde{v} \in T_{\widetilde{\gamma}(b)} \widetilde{M}$. Write $X=X^{\top}+X^{\perp}$ and $\widetilde{X}=\widetilde{X}^{\top}+\widetilde{X}^{\perp}$, where

$$
X^{\top}:=\left\langle X, \dot{\gamma}_{b}\right\rangle \dot{\gamma}_{b} \quad \text { and } \quad \tilde{X}^{\top}:=\left\langle\widetilde{X}, \dot{\widetilde{\gamma}}_{b}\right\rangle \dot{\widetilde{\gamma}}_{b}
$$

Then

$$
\operatorname{Hess} r_{M}(X, X)=\operatorname{Hess} r_{M}\left(X^{\perp}, X^{\perp}\right) \quad \text { and } \quad \operatorname{Hess} r_{\widetilde{M}}(\widetilde{X}, \widetilde{X})=\operatorname{Hess} r_{\widetilde{M}}\left(\widetilde{X}^{\perp}, \widetilde{X}^{\perp}\right)
$$

Hence, we may assume $X^{\sim}=X^{\perp}$ and $\tilde{X}=\tilde{X}^{\perp}$. Let $\sigma:=\gamma^{X}$, which is a geodesic such that $\dot{\sigma}_{0}=X$ and $\widetilde{\sigma}:=\gamma^{\widetilde{X}}$, which is a geodesic such that $\dot{\tilde{\sigma}}_{0}=\widetilde{X}$, respectively. Let $\Gamma$ : $[-\varepsilon, \varepsilon] \times[0, b] \rightarrow M$ be the variation of $\gamma$ through geodesics such that $\Gamma_{s}: t \mapsto \Gamma(s, t)$ is the geodesic from $\gamma(0)$ to $\sigma(s)$. Similarly, we define $\widetilde{\Gamma}:[-\varepsilon, \varepsilon] \times[0, b] \rightarrow \widetilde{M}$.
Then the variation field $J$ of $\Gamma$ and the variation field $\widetilde{J}$ of $\widetilde{\Gamma}$ are Jacobi fields. This implies that the mappings $s \mapsto\left\langle J_{s}, \dot{\gamma}_{s}\right\rangle$ and $s \mapsto\left\langle\widetilde{J}_{s}, \dot{\tilde{\gamma}}_{s}\right\rangle$ are affine. Furthermore, because $J_{0}=0$, $J_{b}=X \perp \dot{\gamma}_{b}$ and $\widetilde{J}_{0}=0$ and $\widetilde{J}_{b}=\widetilde{X} \perp \dot{\widetilde{\gamma}}_{b}$, respectively, we have

$$
J_{s} \perp \dot{\gamma}_{s} \quad \text { and } \quad \widetilde{J}_{s} \perp \dot{\tilde{\gamma}}_{s}
$$

for every $s \in[0, b]$. By an exercise

$$
\operatorname{Hess} r_{M}(X, X)=\left(r_{M} \circ \sigma\right)^{\prime \prime}(0)=\left.\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)\right|_{s=0}=\int_{0}^{b}\left|D_{t} J\right|^{2}-\langle R(J, \dot{\gamma}) \dot{\gamma}, J\rangle d t
$$

Similarly,

$$
\operatorname{Hess} r_{\widetilde{M}}(\widetilde{X}, \widetilde{X})=\int_{0}^{b}\left|D_{t} \widetilde{J}\right|^{2}-\langle R(\widetilde{J}, \dot{\tilde{\gamma}}) \dot{\tilde{\gamma}}, \widetilde{J}\rangle d t
$$

Fix orthonormal bases $\left\{e_{i}\right\}_{i=1}^{n}$ of $T_{\gamma(b)} M$ and $\left\{\widetilde{e}_{i}\right\}_{i=1}^{n+k}$ of $T_{\widetilde{\gamma}(b)} \widetilde{M}$ such that $e_{1}=X$ and $\widetilde{e}_{1}=\widetilde{X}$. Let $E_{i}$ be the parallel transport of $e_{i}$ along $\gamma$ and $\widetilde{E}_{i}$ be the parallel transport of $\widetilde{e}_{i}$ along $\widetilde{\gamma}$. Then $\left\{E_{i}(t)\right\}_{i=1}^{n}$ is an orthonormal basis of $T_{\gamma(t)} M$ for every $t \in[0, b]$ and $\left\{\widetilde{E}_{i}(t)\right\}_{i=1}^{n+k}$ is an orthonormal basis of $T_{\widetilde{\gamma}(t)} \widetilde{M}$ for every $t \in[0, b]$. Define functions $h_{i}, 1 \leq i \leq n$, by

$$
h_{i}(t):=\left\langle J_{t}, E_{i}(t)\right\rangle_{\gamma(t)}
$$

Then

$$
J_{t}=\sum_{i=1}^{n} h_{i}(t) E_{i}(t)
$$

Define

$$
\widetilde{W}:=\sum_{i=1}^{n} h_{i} \widetilde{E}_{i}
$$

Since $J_{0}=0$, we have

$$
\widetilde{W}_{0}=\sum_{i=1}^{n} \underbrace{h_{i}(0)}_{=0} \widetilde{E}_{i}(0)=0=\widetilde{J}_{0}
$$

Furthermore, since $J_{b}=X=e_{1}=E_{1}(b)$, we have $h_{1}(b)=1$ and $h_{i}(b)=0$ for $i \neq 1$, which gives

$$
\widetilde{W}_{b}=\widetilde{E}_{1}(b)=\widetilde{e}_{1}=\widetilde{X}=\widetilde{J}_{b}
$$

Since $b<\min \{\operatorname{inj}(\gamma(0)), \operatorname{inj}(\widetilde{\gamma}(0))\}$, there are no conjugate points of $\gamma(0)$ (resp. $\widetilde{\gamma}(0))$ along $\gamma \mid[0, b)$ (resp. $\widetilde{\gamma} \mid[0, b)$ ). The Index Lemma gives
$\left.\operatorname{Hess} r_{\widetilde{M}}(\widetilde{X}, \widetilde{X})=\int_{0}^{b}\left|D_{t} \widetilde{J}\right|^{2}-\langle R(\widetilde{J}, \dot{\widetilde{\gamma}}) \dot{\tilde{\gamma}}, \widetilde{J}\rangle d t \leq I(\widetilde{W}, \widetilde{W})=\int_{0}^{b}\left|D_{t} \widetilde{W}\right|^{2}-\langle R(\widetilde{W}, \dot{\tilde{\gamma}}) \dot{\widetilde{\gamma}}), \widetilde{W}\right\rangle d t$
Furthermore, on $[0, b]$ we have

$$
\left|D_{t} \widetilde{W}\right|^{2}=\sum_{i=1}^{n}\left|h_{i}^{\prime}\right|^{2}=\left|D_{t} J\right|^{2}, \quad|\widetilde{W}|=|J|, \quad \widetilde{W} \perp \dot{\widetilde{\gamma}}, \quad \text { and } \quad J \perp \dot{\gamma}
$$

Hence, the assumption $K\left(v, \dot{\gamma}_{t}\right) \leq K\left(\widetilde{v}, \dot{\widetilde{\gamma}}_{t}\right)$ implies

$$
-\langle R(\widetilde{W}, \dot{\widetilde{\gamma}}) \dot{\widetilde{\gamma}}, \widetilde{W}\rangle \leq-\langle R(J, \dot{\gamma}) \dot{\gamma}, J\rangle
$$

on $[0, b]$. Thus we get from (8.11)

$$
\operatorname{Hess} r_{\widetilde{M}}(\widetilde{X}, \widetilde{X}) \leq \operatorname{Hess} r_{M}(X, X)
$$

$2^{\circ}$ The general case, that is, $h$ is smooth and increasing. As an exercise we have

$$
\operatorname{Hess}(h \circ f)=\left(h^{\prime \prime} \circ f\right) d f \otimes d f+\left(h^{\prime} \circ f\right) \operatorname{Hess} f
$$

if $f: M \rightarrow \mathbb{R}$ and $h: R \rightarrow R$ are smooth mappings. Hence,

$$
\begin{aligned}
\operatorname{Hess}\left(h \circ r_{M}\right)(X, X) & =\left(h^{\prime \prime} \circ r_{M}\right)(b) d r_{M} \otimes d r_{M}(X, X)+\left(h^{\prime} \circ r_{M}\right)(b) \operatorname{Hess} r_{M}(X, X) \\
& =h^{\prime \prime}(b)(\underbrace{d r_{M}(X)}_{=d r_{\widetilde{M}}(\widetilde{X})})^{2}+\underbrace{\left(h^{\prime} \circ r_{M}\right)(b)}_{=\left(h^{\prime} \circ r_{\widetilde{M}}\right)(b) \geq 0} \operatorname{Hess} r_{M}(X, X) \\
& \geq\left(h^{\prime \prime} \circ r_{\widetilde{M}}\right) d r_{\widetilde{M}} \otimes d r_{\widetilde{M}}(\widetilde{X}, \widetilde{X})+\left(h^{\prime} \circ r_{\widetilde{M}}\right)(b) \operatorname{Hess} r_{\widetilde{M}}(\widetilde{X}, \widetilde{X}) \\
& =\operatorname{Hess}\left(h \circ r_{\widetilde{M}}\right)(\widetilde{X}, \widetilde{X})
\end{aligned}
$$

Corollary 8.12. Let $M^{n}$ and $\widetilde{M}^{n}$ be Riemannian n-manifolds, $\gamma:[0, b] \rightarrow M$ and $\widetilde{\gamma}:[0, b] \rightarrow \widetilde{M}$ be unit speed geodesics such that

$$
b<\min \{\operatorname{inj}(\gamma(0)), \operatorname{inj}(\widetilde{\gamma}(0))\}
$$

Suppose that for every $t \in[0, b], v \in T_{\gamma(t)} M$ and $\widetilde{v} \in T_{\widetilde{\gamma(t)}} \widetilde{M}$, we have

$$
K\left(\dot{\gamma}_{t}, v\right) \leq K\left(\dot{\tilde{\gamma}}_{t}, \widetilde{v}\right)
$$

If $h:[0, \infty) \rightarrow \mathbb{R}$ is smooth and increasing, we have

$$
\Delta\left(h \circ r_{M}\right)(\gamma(t)) \geq \Delta\left(h \circ r_{\widetilde{M}}\right)(\widetilde{\gamma}(t))
$$

for every $t \in[0, b]$, where $r_{M}:=d(\cdot, \gamma(0))$ and $r_{\widetilde{M}}:=d(\cdot, \widetilde{\gamma}(0))$.
Proof. Fix $t \in[0, b]$ and orthonormal bases $\left\{X_{i}\right\}_{i=1}^{n}$ of $T_{\gamma(t)} M$ and $\left\{\widetilde{X}_{i}\right\}_{i=1}^{n}$ of $T_{\widetilde{\gamma}(t)} \widetilde{M}$ such that $X_{1}=\dot{\gamma}_{t}$ and $\widetilde{X}_{1}=\dot{\widetilde{\gamma}}_{t}$. The Hessian comparison implies

$$
\operatorname{Hess}\left(h \circ r_{M}\right)\left(X_{i}, X_{i}\right) \geq \operatorname{Hess}\left(h \circ r_{\widetilde{M}}\right)\left(\widetilde{X}_{i}, \widetilde{X}_{i}\right)
$$

for every $1 \leq i \leq n$. Thus

$$
\Delta\left(h \circ r_{M}\right)(\gamma(t))=\sum_{i=1}^{n} \operatorname{Hess}\left(h \circ r_{M}\right)\left(X_{i}, X_{i}\right) \geq \sum_{i=1}^{n} \operatorname{Hess}\left(h \circ r_{\widetilde{M}}\right)\left(\widetilde{X}_{i}, \widetilde{X}_{i}\right)=\Delta\left(h \circ r_{\widetilde{M}}\right)(\widetilde{\gamma}(t))
$$

### 8.13 Bochner-Weitzenböck-Lichnerowitz formula

Theorem 8.14. Let $M$ be a Riemannian manifold. Then for every $f \in C^{\infty}(M)$

$$
\frac{1}{2} \Delta\left(|\nabla f|^{2}\right)=|\operatorname{Hess} f|^{2}+\langle\nabla f, \nabla(\Delta f)\rangle+\operatorname{Ric}(\nabla f, \nabla f)
$$

Proof. Fix $p \in M$ and let $E_{1}, \ldots, E_{n}$ be a local geodesic frame at $p$, that is, $E_{1}, \ldots, E_{n} \in \mathcal{T}(U)$, $U \ni p$ open, $\left\langle E_{i}, E_{j}\right\rangle=\delta_{i j}$ in $U$, and $\left(\nabla_{E_{i}} E_{j}\right)_{p}=0$. Then

$$
\nabla h=\sum_{i=1}^{n} E_{i}(h) E_{i}
$$

for every $h \in C^{\infty}(U)$. Now at $p$ we have

$$
\frac{1}{2} \Delta\left(|\nabla f|^{2}\right)=\frac{1}{2} \operatorname{div}\left(\nabla\left(|\nabla f|^{2}\right)\right)=\frac{1}{2} \operatorname{tr}\left(T_{p} M \ni v \mapsto \nabla_{v}\left(\nabla\left(|\nabla f|^{2}\right)\right)\right)=\frac{1}{2} \sum_{i=1}^{n}\left\langle\nabla_{E_{i}}\left(\nabla\left(|\nabla f|^{2}\right)\right), E_{i}\right\rangle
$$

Moreover,

$$
\begin{aligned}
\nabla_{E_{i}}\left(\nabla\left(|\nabla f|^{2}\right)\right) & =\nabla_{E_{i}}\left(\sum_{j=1}^{n} E_{j}\left(|\nabla f|^{2}\right) E_{j}\right)=\sum_{j=1}^{n} E_{j}\left(|\nabla f|^{2}\right) \underbrace{\nabla_{E_{i}} E_{j}}_{=0 \text { at } p}+\sum_{j=1}^{n} E_{i}\left(E_{j}\left(|\nabla f|^{2}\right)\right) E_{j} \\
& =\sum_{j=1}^{n} E_{i}\left(E_{j}\left(|\nabla f|^{2}\right)\right) E_{j} .
\end{aligned}
$$

Hence,

$$
\begin{aligned}
\frac{1}{2} \Delta\left(|\nabla f|^{2}\right) & =\frac{1}{2} \sum_{i=1}^{n}\left\langle\sum_{j=1}^{n} E_{i}\left(E_{j}\left(|\nabla f|^{2}\right)\right) E_{j}, E_{i}\right\rangle=\frac{1}{2} \sum_{i=1}^{n} E_{i}\left(E_{i}\left(|\nabla f|^{2}\right)\right) \\
& =\frac{1}{2} \sum_{i=1}^{n} E_{i}\left(E_{i}\langle\nabla f, \nabla f\rangle\right)=\sum_{i=1}^{n} E_{i}\left\langle\nabla_{E_{i}} \nabla f, \nabla f\right\rangle=\sum_{i=1}^{n} E_{i}\left(\operatorname{Hess} f\left(E_{i}, \nabla f\right)\right) \\
& =\sum_{i=1}^{n} E_{i}\left(\operatorname{Hess} f\left(\nabla f, E_{i}\right)\right)=\sum_{i=1}^{n} E_{i}\left\langle\nabla_{\nabla f} \nabla f, E_{i}\right\rangle \\
& =\underbrace{\sum_{i=1}^{n}\left(\left\langle\nabla_{E_{i}} \nabla_{\nabla f} \nabla f, E_{i}\right\rangle\right.}_{=: A}+\langle\nabla_{\nabla f} \nabla f, \underbrace{\left.\nabla_{E_{i}} E_{i}\right\rangle}_{=0})=\underbrace{\sum_{i=1}^{n}\left\langle\nabla_{E_{i}} \nabla_{\nabla f} \nabla f, E_{i}\right\rangle}_{=: B} \\
& =\underbrace{\sum_{i=1}^{n}\left\langle R\left(E_{i}, \nabla f\right) \nabla f, E_{i}\right\rangle}_{=: C}+\underbrace{\sum_{i=1}^{n}\left\langle\nabla_{\nabla f} \nabla_{E_{i}} \nabla f, E_{i}\right\rangle}+\sum_{\left[E_{i}, \nabla f\right]}^{n}\left\langle\nabla_{i=1}^{n} \nabla f, E_{i}\right\rangle
\end{aligned}
$$

First of all,

$$
A=\operatorname{Ric}(\nabla f, \nabla f)
$$

Secondly,

$$
\begin{aligned}
B & =\sum_{i=1}^{n}((\nabla f)\left\langle\nabla_{E_{i}} \nabla f, E_{i}\right\rangle-\langle\nabla_{E_{i}} \nabla f, \underbrace{\nabla_{\nabla f} E_{i}}_{\stackrel{(\nsim)}{=} 0 .}\rangle)=(\nabla f) \underbrace{\sum_{i=1}^{n}\left\langle\nabla_{E_{i}} \nabla f, E_{i}\right\rangle}_{=\operatorname{tr}\left(v \mapsto \nabla_{v} \nabla f\right)=\Delta f} \\
& =(\nabla f)(\Delta f)=\langle\nabla f, \nabla(\Delta f)\rangle,
\end{aligned}
$$

where (*) is because

$$
\nabla_{\nabla f} E_{i}=\nabla_{\sum_{j} E_{j}(f) E_{j}} E_{i}=\sum_{j} E_{j}(f) \underbrace{\nabla_{E_{j}} E_{i}}_{=0}=0 .
$$

Lastly,

$$
\begin{aligned}
C & =\sum_{i=1}^{n} \operatorname{Hess} f\left(\left[E_{i}, \nabla f\right], E_{i}\right)=\sum_{i=1}^{n} \operatorname{Hess} f(\nabla_{E_{i}} \nabla f-\underbrace{\nabla_{\nabla f} E_{i}}_{=0}, E_{i}) \\
& =\sum_{i=1}^{n} \operatorname{Hess} f\left(\nabla_{E_{i}} \nabla f, E_{i}\right)=\sum_{i=1}^{n} \operatorname{Hess} f\left(E_{i}, \nabla_{E_{i}} \nabla f\right) \\
& =\sum_{i=1}^{n}\left\langle\nabla_{E_{i}} \nabla f, \nabla_{E_{i}} \nabla f\right\rangle \stackrel{(* *)}{=}|\operatorname{Hess} f|^{2} .
\end{aligned}
$$

Here (**) holds since

$$
\sum_{i=1}^{n}\left\langle\nabla_{E_{i}} \nabla f, \nabla_{E_{i}} \nabla f\right\rangle=\sum_{i=1}^{n}\left\langle L E_{i}, L E_{i}\right\rangle=\sum_{i=1}^{n}\left\langle L L^{*} E_{i}, E_{i}\right\rangle=\operatorname{tr}\left(L L^{*}\right),
$$

where $L: T_{p} M \rightarrow T_{p} M, L v=\nabla_{v} \nabla f$, is linear such that

$$
\text { Hess } f(v, w)=\langle L v, w\rangle
$$

for every $v, w \in T_{p} M$.
Definition 8.15. Let $p \in M$.
(a) Let $v \in T_{p} M,|v|=1$. The distance to the cut point of $p$ along $\gamma^{v}$ is

$$
d(v):=\sup \left\{t>0: t v \in \mathcal{E}_{p} \text { and } d\left(p, \gamma^{v}(t)\right)=t\right\} .
$$

(b) The cut locus of $p$ in $T_{p} M$ is

$$
C_{p}:=\left\{d(v) v: v \in T_{p} M,|v|=1, \text { and } d(v)<\infty\right\} .
$$

(c) The cut locus of $p$ in $M$ is

$$
C(p):=\exp _{p}\left(C_{p} \cap \mathcal{E}_{p}\right) .
$$

We write also

$$
D_{p}:=\left\{t v: v \in T_{p} M,|v|=1, \text { and } 0 \leq t<d(v)\right\}
$$

and

$$
D(p):=\exp _{p} D_{p}
$$

Example 8.16. The cylinder $\mathbb{R} \times \mathbb{S}^{1}: C(p)$ is the line "opposite to $p$ ".


### 8.17 Riemannian volume form

This section is based on the Master's thesis of Aleksi Vähäkangas.
Let $M$ and $N$ be smooth oriented Riemannian $n$-manifolds and $f: M \rightarrow N$ smooth. The Jacobian determinant of $f$ at $p \in M$ is

$$
J_{f}(p):=\operatorname{det} D\left(y \circ f \circ x^{-1}\right)(x(p)),
$$

where $x$ and $y$ are orientation-preserving charts at $p$ and $f(p)$, respectively, such that $\left\{\frac{\partial}{\partial x^{i}}\right\}_{i=1}^{n}$ and $\left\{\frac{\partial}{\partial y^{2}}\right\}_{i=1}^{n}$ form orthonormal bases of $T_{p} M$ and $T_{f(p)} N$.

The Jacobian determinant $J_{f}(p)$ is well-defined, i.e. it does not depend on charts $x$ and $y$ (Exercise).

Let then $(U, x)$ and $(U, y)$ be charts on $M$. For the Jacobians of $x$ and $y$, we have

$$
J_{y}=\left(J_{y \circ x^{-1}} \circ x\right) J_{x}
$$

Hence,

$$
\begin{aligned}
d y^{1} \wedge \cdots \wedge d y^{n}\left(\frac{\partial}{\partial x^{1}}, \ldots, \frac{\partial}{\partial x^{n}}\right) & =\operatorname{det}\left(d y^{j}\left(\frac{\partial}{\partial x^{i}}\right)\right)=\operatorname{det}\left(D_{i}\left(y^{j} \circ x^{-1}\right) \circ x\right) \\
& =\operatorname{det}\left(D_{i}\left(y \circ x^{-1}\right)^{j} \circ x\right)=J_{y \circ x^{-1}} \circ x=J_{y} / J_{x}
\end{aligned}
$$

So,

$$
\frac{1}{J_{y}} d y^{1} \wedge \cdots \wedge d^{n}=\frac{1}{J_{x}} d x^{1} \wedge \cdots \wedge d x^{n}
$$

Definition 8.18. The Riemannian volume form of $M$ is the smooth $n$-form $\omega_{M}$ such that

$$
\omega_{M} \left\lvert\, U=\frac{1}{J_{x}} d x^{1} \wedge \cdots \wedge d x^{n}\right.
$$

for every chart $(U, x)$.
Lemma 8.19. If $M$ and $N$ are oriented Riemannian $n$-manifolds and $f: M \rightarrow N$ is a diffeomorphism, then

$$
\begin{equation*}
f^{*} \omega_{N}=J_{f} \omega_{M} \tag{8.20}
\end{equation*}
$$

Proof. Exercise.
Let $p \in M$ and $\varphi$ an orientation preserving chart at $p$ such that $\left\{\partial_{i}\right\}_{i=1}^{n}, \partial_{i}=\frac{\partial}{\partial \varphi^{i}}$, is an orthonormal basis of $T_{p} M$. Then, by definition,

$$
J_{\varphi}(p)=\operatorname{det} D\left(\operatorname{id} \circ \varphi \circ \varphi^{-1}\right)(\varphi(p))=1
$$

If $v \in T_{p} M$, then

$$
\left\langle v, \partial_{i}\right\rangle=\left\langle v\left(\varphi^{j}\right) \partial_{j}, \partial_{i}\right\rangle=v\left(\varphi^{i}\right)
$$

Let $v_{1}, \ldots, v_{n} \in T_{p} M$. Then

$$
\omega_{M}\left(v_{1}, \ldots, v_{n}\right)=\frac{1}{J_{x}(p)} d \varphi^{1} \wedge \cdots \wedge d \varphi^{n}\left(v_{1}, \ldots, v_{n}\right)=\operatorname{det}\left(v_{i}\left(\varphi^{j}\right)\right)=\operatorname{det}\left(\left\langle v_{i}, \partial_{j}\right\rangle\right)
$$

Because $\left\{\partial_{i}\right\}_{i=1}^{n}$ is orthonormal

$$
\left\langle v_{i}, v_{j}\right\rangle=\left\langle v_{i}, \sum_{k=1}^{n}\left\langle v_{j}, \partial_{k}\right\rangle \partial_{k}\right\rangle=\sum_{k=1}^{n}\left\langle v_{i}, \partial_{k}\right\rangle\left\langle v_{j}, \partial_{k}\right\rangle .
$$

Hence,

$$
B=A A^{T},
$$

where $B=\left(\left\langle v_{i}, v_{j}\right\rangle\right)_{i j}$ and $A=\left(\left\langle v_{i}, \partial_{j}\right\rangle\right)_{i j}$. Therefore,

$$
\operatorname{det}\left(\left\langle v_{i}, v_{j}\right\rangle\right)=(\operatorname{det} A)^{2}=\left(\omega_{M}\left(v_{1}, \ldots, v_{n}\right)\right)^{2}
$$

Let then $(U, x)$ be an orientation preserving chart. Apply the formula above to $v_{i}=\left(\frac{\partial}{\partial x^{i}}\right)_{p}$ to gain

$$
\operatorname{det}\left\langle\frac{\partial}{\partial x^{2}}, \frac{\partial}{\partial x^{j}}\right\rangle_{p}=\left(\omega_{M}\left(\frac{\partial}{\partial x^{1}}, \ldots, \frac{\partial}{\partial x^{n}}\right)\right)^{2}=\left(\frac{1}{J_{x}(p)} d x^{1} \wedge \cdots \wedge d x^{n}\left(\frac{\partial}{\partial x^{1}}, \ldots, \frac{\partial}{\partial x^{n}}\right)\right)^{2}
$$

Hence,

$$
J_{x}(p)=\frac{1}{\sqrt{\operatorname{det} g_{i j}(p)}},
$$

where $g_{i j}(p)=\left\langle\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right\rangle_{p}$. Thus the Riemannian volume form can be written in local coordinates as

$$
\begin{equation*}
\sqrt{\operatorname{det} g_{i j}} d x^{1} \wedge \cdots \wedge d x^{n} \tag{8.21}
\end{equation*}
$$

where $g_{i j}=\left\langle\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right\rangle$.

Lemma 8.22. Let $M$ be an oriented Riemannian manifold, $\omega_{M}$ Riemannian volume form, and $V \in \mathcal{T}(M)$. Then the divergence of $V$, $\operatorname{div} V=\operatorname{tr}\left(X \mapsto \nabla_{X} V\right)$, satisfies

$$
L_{V} \omega_{M}=(\operatorname{div} V) \omega_{M}
$$

Proof. Exercise.

Let $p \in M$ ( $M$ oriented Riemannian $n$-manifold) and $r_{0}=\operatorname{inj}(p)$. Let $C=\left(0, r_{0}\right) \times \mathbb{S}^{n-1}$ and $\psi: C \rightarrow B\left(p, r_{0}\right) \backslash\{p\}$,

$$
\psi(t, \vartheta):=\exp _{p}(E(t \vartheta)),
$$

where $E: \mathbb{R}^{n} \rightarrow T_{p} M$ is an isometric isomorphism. Then $\psi$ is a diffeomorphism and $(t, \vartheta)$ are geodesic polar coordinates of $\psi(t, \vartheta) \in B\left(p, r_{0}\right) \backslash\{p\}$.


The Riemannian volume form of $C$ can be written as

$$
\omega_{C}=d t \wedge \omega_{\mathbb{S}^{n-1}}=\omega_{R} \wedge \omega_{\mathbb{S}^{n-1}}
$$

where $t:(t, \vartheta) \mapsto t$. The form $\omega_{\mathbb{S}^{n-1}}$ can be interpreted as $\omega_{\mathbb{S}^{n-1}} \in \mathcal{A}^{n-1}(C)(=$ smooth differentiable $(n-1)$-forms on $C)$ that is independent of $t$-variable of $(t, \vartheta) \in C$. More precisely, write $v \in$ $T_{(t, \vartheta)} C=T_{t} \mathbb{R} \oplus T_{\vartheta} \mathbb{S}^{n-1}$ as $v=\left(v_{t}, v_{\vartheta}\right)$. Then

$$
\underbrace{\omega_{\mathbb{S}^{n-1}}\left(v^{1}, \ldots, v^{n-1}\right)}_{\in \mathcal{A}^{n-1}(C)}=\underbrace{\omega_{\mathbb{S} n-1}\left(v_{\vartheta}^{1}, \ldots, v_{\vartheta}^{n-1}\right)}_{\in \mathcal{A}^{n-1}\left(\mathbb{S}^{n-1}\right)}
$$

We define the distance function $r: B\left(p, r_{0}\right) \rightarrow\left[0, r_{0}\right)$ by $r(x)=d(p, x)$. Then $r \in C^{\infty}\left(B\left(p, r_{0}\right) \backslash\{p\}\right)$. Furthermore, let $\partial_{r}$ be the radial vector field on $B\left(p, r_{0}\right) \backslash\{p\}$,

$$
\left(\partial_{r}\right)_{x}=\dot{\gamma}_{r(x)}
$$

where $\gamma$ is the unique unit speed geodesic from $p$ to $x$. Thus

$$
\gamma(t)=\exp _{p}\left(t \cdot \frac{\exp _{p}^{-1}(x)}{r(x)}\right)
$$

In fact, $\partial_{r}=\psi_{*} \frac{\partial}{\partial t}=\nabla r$. Define a smooth function $A: B\left(p, r_{0}\right) \backslash\{p\} \rightarrow \mathbb{R}$ by

$$
A(x):=J_{\psi}\left(\psi^{-1}(x)\right)
$$

Theorem 8.23. In $B\left(p, r_{0}\right) \backslash\{p\}$ we have

$$
\begin{equation*}
\frac{\partial_{r} A}{A}=\Delta r \tag{8.24}
\end{equation*}
$$

Remark 8.25. Since $\exp _{p}$ preserves radial distances, i.e. $d\left(\exp _{p}(t v), \exp _{p}(s v)\right)=|t-s \| v|$, the value $A(x)$ describes the "size of the area element" of the geodesic sphere $S(p, x), t=d(p, x)$, at $x$.

Proof of the Theorem 8.23. Since $J_{\psi^{-1}} \omega_{M}=\left(\psi^{-1}\right)^{*} \omega_{C}$, we have

$$
\omega_{M}=\frac{1}{J_{\psi^{-1}}}\left(\psi^{-1}\right)^{*} \omega_{C}=\left(J_{\psi} \circ \psi^{-1}\right)\left(\psi^{-1}\right)^{*} \omega_{C}=A\left(\psi^{-1}\right)^{*} \omega_{C}
$$

Hence, in $B\left(p, r_{0}\right) \backslash\{p\}$ we have

$$
(\Delta r) \omega_{M}=\left(\operatorname{div} \partial_{r}\right) \omega_{M}=L_{\partial_{r}} \omega_{M}=L_{\partial_{r}}\left(A\left(\psi^{-1}\right)^{*} \omega_{C}\right)=\left(\partial_{r} A\right)\left(\psi^{-1}\right)^{*} \omega_{C}+A L_{\partial_{r}}\left(\psi^{-1}\right)^{*} \omega_{C}
$$

Here

$$
L_{\partial_{r}}\left(\psi^{-1}\right)^{*} \omega_{C}=L_{\psi_{*} \frac{\partial}{\partial t}}\left(\psi^{-1}\right)^{*} \omega_{C} \stackrel{(*)}{=}\left(\psi^{-1}\right)^{*} L_{\frac{\partial}{\partial t}} \omega_{C}=0
$$

since $\omega_{C}=d t \wedge \omega_{\mathbb{S}^{n-1}}$ is invariant in translation in $t\left(=\right.$ the flow of $\left.\frac{\partial}{\partial t}\right)$. Hence,

$$
\frac{\partial_{r} A}{A} \omega_{M}=\frac{\partial_{r} A}{A} A\left(\psi^{-1}\right)^{*} \omega_{C}=(\Delta r) \omega_{M}
$$

which implies (8.24).
Another proof of (*). We have

$$
L_{\partial_{r}}\left(\psi^{-1}\right)^{*} \omega_{C}=L_{\partial_{r}}\left(d\left(t \circ \psi^{-1}\right) \wedge\left(\psi^{-1}\right)^{*} \omega_{\mathbb{S}^{n-1}}\right)=L_{\partial_{r}}(d r) \wedge\left(\psi^{-1}\right)^{*} \omega_{\mathbb{S}^{n-1}}+d r \wedge L_{\partial_{r}}\left(\psi^{-1}\right)^{*} \omega_{\mathbb{S}^{n-1}} .
$$

Here the first term is zero because

$$
L_{\partial_{r}}(d r)=d(\underbrace{\partial_{r}(r)}_{\equiv 1})=0 .
$$

Moreover, the second term is also zero because

$$
\begin{aligned}
L_{\partial_{r}}\left(\psi^{-1}\right)^{*} \omega_{\mathbb{S}^{n-1}} & =i_{\partial_{r}} d\left(\left(\psi^{-1}\right)^{*} \omega_{\mathbb{S}^{n-1}}\right)+d i_{\partial_{r}}\left(\psi^{-1}\right)^{*} \omega_{\mathbb{S}^{n-1}} \\
& =i_{\partial_{r}}\left(\psi^{-1}\right)^{*} d \omega_{\mathbb{S}^{n-1}}+d\left(\psi^{-1}\right)^{*} \underbrace{i_{\frac{\partial}{\partial t} \omega_{\mathbb{S}^{n-1}}}}_{=0} \\
& =\left(\psi^{-1}\right)^{*} i_{\frac{\partial}{\partial t}} d \omega_{\mathbb{S}^{n-1}}=0,
\end{aligned}
$$

since $d \omega_{\mathbb{S}^{n-1}}=0$ giving the claim. Note that $d \omega_{\mathbb{S}^{n-1}}=0$ holds since

$$
\omega_{\mathbb{S}^{n-1}}=\omega d \vartheta^{1} \wedge \cdots \wedge d \vartheta^{n-1}
$$

where $\omega$ is independent of $t$, so

$$
d \omega_{\mathbb{S}^{n-1}}=\underbrace{\frac{\partial \omega}{\partial t}}_{=0} d t \wedge d \vartheta^{1} \wedge \cdots \wedge d \vartheta^{n-1}+\sum_{i=1}^{n-1} \frac{\partial \omega}{\partial \vartheta^{i}} \underbrace{d \vartheta^{i} \wedge d \vartheta^{1} \wedge \cdots \wedge d \vartheta^{n-1}}_{=0}=0 .
$$

Remark 8.26. Let $M$ be complete. Then (8.24) can be generalized for all points $x \notin C(p)$, $x \neq p$ : Take the unique minimizing unit speed geodesic $\gamma$ from $p$ to $x$; see Lemma 9.5 (b). Then the geodesic polar coordinates of $x$ are $\left(t_{x}, \vartheta_{x}\right)$, where $t_{x}:=d(x, p)$ and $\vartheta_{x}:=E^{-1} \dot{\gamma}_{0}$. The value $\psi(t, \vartheta)=\exp _{p}(t E(\vartheta))$ is defined for all $t>0$ and $\vartheta \in \mathbb{S}^{n-1}$, and is a local diffeomorphism at $\left(t_{x}, \vartheta_{x}\right)$. Hence, we may also define

$$
A(x)=J_{\psi}\left(t_{x}, \vartheta_{x}\right)
$$

### 8.27 Ricci curvature comparisons

Let $M$ be complete, $p \in M$, and $x \notin C(p) \cup\{p\}$. We denote $A(x)$ also by

$$
A(x)=A(t, \vartheta),
$$

where $(t, \vartheta)$ are geodesic polar coordinates of $x$.
Theorem 8.28. Let $M^{n}$ be complete, $p \in M$, and $\operatorname{Ric}(v, v) \geq(n-1) H$ for every $v \in T M$ with $|v|=1$. Then in $M \backslash(C(p) \cup\{p\})$ we have

$$
\begin{equation*}
\frac{A(t, \vartheta)}{A^{H}(t, \vartheta)} \text { is decreasing in } t \text { along radial geodesic }(=\vartheta \text { is fixed); } \tag{8.29}
\end{equation*}
$$

and

$$
\Delta r \leq \Delta^{H} r= \begin{cases}(n-1) \sqrt{H} \cot (\sqrt{H} r), & H>0  \tag{8.30}\\ (n-1) / r, & H=0 \\ (n-1) \sqrt{-H} \operatorname{coth}(\sqrt{-H} r), & H<0\end{cases}
$$

Here $A^{H}$ and $\Delta^{H}$ refer to the corresponding notions in simply connected $M_{H}$ with constant sectional curvature $H .{ }^{2}$ If $H>0$, then $r \leq \pi / \sqrt{H}$ by Theorem 7.6.

Proof. We apply the Bochner-Weitzenböck-Lichnerowitz formula with $f(x)=r(x)$ in $M \backslash(C(p) \cup$ $\{p\}$ ), where $r$ is smooth and $|\nabla r|=1$. We have

$$
\mid \text { Hess }\left.r\right|^{2}+\frac{\partial}{\partial r}(\Delta r)+\operatorname{Ric}\left(\frac{\partial}{\partial r}, \frac{\partial}{\partial r}\right)=0 .
$$

Let $\lambda_{1}, \ldots, \lambda_{n}$ be the eigenvalues of Hess $r$, i.e. eigenvalues of (self-adjoint) linear map

$$
v \mapsto \nabla_{v} \nabla r .
$$

Since $\nabla r(x)=\left(\frac{\partial}{\partial r}\right)_{x}=\dot{\gamma}_{r(x)}$, where $\gamma$ is the unique unit speed geodesic from $p$ to $x$, we have

$$
\nabla_{\nabla r} \nabla r=0 .
$$

It follows that one of the eigenvalues, say $\lambda_{1}$, is zero. The Cauchy-Schwarz inequality gives

$$
\frac{(\Delta r)^{2}}{n-1}=\frac{(\operatorname{tr} \text { Hess } r)^{2}}{n-1}=\frac{\left(\lambda_{2}+\cdots+\lambda_{n}\right)^{2}}{n-1} \leq \lambda_{2}^{2}+\cdots+\lambda_{n}^{2}=\mid \text { Hess }\left.r\right|^{2} .
$$

Since $\operatorname{Ric}(\nabla r, \nabla r) \geq(n-1) H$, we get the Riccati inequality:

$$
\begin{equation*}
\frac{(\Delta r)^{2}}{n-1}+\frac{\partial}{\partial r}(\Delta r)+(n-1) H \leq 0 \tag{8.31}
\end{equation*}
$$

Denote

$$
\operatorname{sn}_{H}(t):= \begin{cases}\frac{1}{\sqrt{H}} \sin (\sqrt{H} t), & H>0 \\ t, & H=0 \\ \frac{1}{\sqrt{-H}} \sinh (\sqrt{-H}), & H<0\end{cases}
$$

[^2]$$
\mathrm{ct}_{H}(t):=\frac{\mathrm{sn}_{H}^{\prime}(t)}{\operatorname{sn}_{H}(t)}
$$
and
$$
\psi_{H}:=(n-1) \mathrm{ct}_{H}
$$

Then the right-hand side of (8.30) equals to $\psi_{H}(r(x))$ and $\psi_{H}$ satisfies the Riccati equation

$$
\psi_{H}^{\prime}+\frac{\psi_{H}^{2}}{n-1}+(n-1) H=0
$$

Now $\frac{\psi_{H}^{2}}{n-1}+(n-1) H>0$ on $(0, \pi / \sqrt{H})$ for $H>0$ and on $(0,+\infty)$ for $H \leq 0$. Let $x \in M \backslash(C(p) \cup\{p\})$, $\gamma$ be the unit speed geodesic from $p$ to $x$, and $v:=\dot{\gamma}_{0}$. Write $\varphi(t)=\Delta r(\gamma(t))$. Then $\varphi$ satisfies

$$
\varphi^{\prime}+\frac{\varphi^{2}}{n-1}+(n-1) H \leq 0
$$

On the other hand,

$$
\begin{equation*}
\Delta r=\frac{n-1}{r}+\mathcal{O}(r), \quad \text { as } r \rightarrow 0 \tag{8.32}
\end{equation*}
$$

i.e. $\varphi(t)=\frac{n-1}{t}+\mathcal{O}(t)$ (Exercise). Hence, there exists $r_{0} \leq d(v)$ such that

$$
\begin{equation*}
\frac{\varphi^{2}(t)}{n-1}+(n-1) H>0 \tag{8.33}
\end{equation*}
$$

for every $t \in\left(0, r_{0}\right)$. Now (8.31) implies

$$
\frac{-\varphi^{\prime}}{\frac{\varphi^{2}}{n-1}+(n-1) H} \geq 1
$$

on $\left(0, r_{0}\right)$. Hence,

$$
\int_{0}^{t} \frac{-\varphi^{\prime}}{\frac{\varphi^{2}}{n-1}+(n-1) H} d s \geq t
$$

for every $t \in\left(0, r_{0}\right]$, which gives

$$
\operatorname{arcct}_{H}\left(\frac{\varphi(t)}{n-1}\right) \geq t
$$

for every $t \in\left(0, r_{0}\right]$. Here $\operatorname{arcct}_{H}$ is the inverse function of $\operatorname{ct}_{H}$. Now

$$
\varphi(t) \leq(n-1) \operatorname{ct}_{H}(t)=\psi_{H}(t)
$$

for every $0<t \leq r_{0}$. Denote

$$
t_{0}:=\sup \left\{0<t \leq d(v): \varphi \leq \psi_{H} \text { on }(0, t)\right\}
$$

If $t_{0}=d(v)$, we are done with (8.30). If $t_{0}<d(v)$, then $\varphi\left(t_{0}\right)=\psi_{H}\left(t_{0}\right)$, and so

$$
\frac{\varphi^{2}\left(t_{0}\right)}{n-1}+(n-1) H=\frac{\psi_{H}^{2}\left(t_{0}\right)}{n-1}+(n-1) H>0
$$

But then (8.33) holds on $\left(0, t_{0}+\varepsilon\right)$ for some $\varepsilon>0$, and hence $\varphi(t) \leq \psi_{H}(t)$ for every $t \in\left(0, t_{0}+\varepsilon\right)$. This is a contradiction with the definition of $t_{0}$. Thus, $\varphi(t) \leq \psi_{H}(t)$ for every $t \in(0, d(v))$. On $M_{H}$,
the inequality (8.31) holds as an equality. Since $\Delta^{H} r$ satisfies (8.32), we have $\Delta^{H} r(x)=\psi_{H}(r(x))$. We have proved (8.30). By (8.33) and (8.30)

$$
\frac{\frac{\partial}{\partial t} A(t, \vartheta)}{A(t, \vartheta)} \leq \frac{\frac{\partial}{\partial t} A^{H}(t, \vartheta)}{A^{H}(t, \vartheta)}
$$

Hence,

$$
\frac{\partial}{\partial t}\left(\log A(t, \vartheta)-\log A^{H}(t, \vartheta)\right) \leq 0
$$

so

$$
t \mapsto \log \frac{A(t, \vartheta)}{A^{H}(t, \vartheta)}
$$

is decreasing when $\vartheta$ is fixed. This implies (8.29).
Lemma 8.34. Let $f, g:[a, b) \rightarrow[0, \infty), g>0$, be integrable on $[a, r]$ for every $a \leq r<b$. Suppose that $f / g$ is decreasing. Then

$$
r \mapsto \int_{a}^{r} f / \int_{a}^{r} g
$$

is decreasing.
Proof. Let $a \leq r<R<b$. Then

$$
\left(\int_{a}^{r} f\right)\left(\int_{a}^{R} g\right)=\left(\int_{a}^{r} f\right)\left(\int_{a}^{r} g\right)+\left(\int_{a}^{r} f\right)\left(\int_{r}^{R} g\right)
$$

and

$$
\left(\int_{a}^{R} f\right)\left(\int_{a}^{r} g\right)=\left(\int_{a}^{r} f\right)\left(\int_{a}^{r} g\right)+\left(\int_{r}^{R} f\right)\left(\int_{a}^{r} g\right)
$$

We want to show

$$
\left(\int_{a}^{r} f\right)\left(\int_{a}^{R} g\right) \geq\left(\int_{a}^{R} f\right)\left(\int_{a}^{r} g\right)
$$

or equivalently

$$
\left(\int_{a}^{r} f\right)\left(\int_{r}^{R} g\right) \geq\left(\int_{r}^{R} f\right)\left(\int_{a}^{r} g\right)
$$

Let $h=f / g$. Then $h$ is decreasing and $f=g h$. Hence,

$$
\begin{aligned}
\left(\int_{a}^{r} f\right)\left(\int_{r}^{R} g\right) & =\left(\int_{a}^{r} g h\right)\left(\int_{r}^{R} g\right) \geq h(r)\left(\int_{a}^{r} g\right)\left(\int_{r}^{R} g\right) \\
& \geq\left(\int_{a}^{r} g\right)\left(\int_{r}^{R} h g\right)=\left(\int_{a}^{r} g\right)\left(\int_{r}^{R} f\right)
\end{aligned}
$$

We denote

$$
\operatorname{Vol}(B(p, r))=\int_{B(p, r)} \omega_{M}=\int_{M} \chi_{B(p, r)} \omega_{M}
$$

that is, the volume (measure) of $B(p, r) \subset M$.
Remark 8.35. The volume $\operatorname{Vol}(C(p))=0$ for every $p \in M$ since for every $x \in C(p)$ there exists $v \in T_{p} M$ with $|v|=1$, and $t_{0} \in \mathbb{R}$ such that $x=\gamma^{v}\left(t_{v}\right)$. Each $\left\{t_{v}\right\}$ is of zero one-dimensional measure, hence $\operatorname{Vol}(C(p))=0$ by Fubini's theorem.

Theorem 8.36. Let $M$ be complete, $p \in M$, and $\operatorname{Ric}(v, v) \geq(n-1) H$ for every $v \in T_{q} M,|v|=1$, $q \in M$. Then for every $0<r \leq R(R \leq \pi / \sqrt{H}$ if $H>0)$

$$
\frac{\operatorname{Vol}(B(p, R))}{\operatorname{Vol}(B(p, r))} \leq \frac{\operatorname{Vol}\left(B_{H}(R)\right)}{\operatorname{Vol}\left(B_{H}(r)\right)}
$$

Here $\operatorname{Vol}\left(B_{H}(t)\right)$ is the volume of any ball of radius $t$ in $M_{H}$ (= independent of the centre).
Proof. We set $A(t, \vartheta)=0$ for every $t \geq d(E(\vartheta))$. Then

$$
\operatorname{Vol}(B(p, r))=\int_{\mathbb{S}^{n-1}} \int_{0}^{r} A(t, \vartheta) d t d \vartheta
$$

By (8.29) and Lemma 8.34

$$
\frac{\int_{0}^{r} A(t, \vartheta) d t}{\int_{0}^{r} A^{H}(t, \vartheta) d t} \geq \frac{\int_{0}^{R} A(t, \vartheta) d t}{\int_{0}^{R} A^{H}(t, \vartheta) d t}
$$

Hence,

$$
\int_{0}^{r} A(t, \vartheta) d t \geq \frac{\int_{0}^{r} A^{H}(t, \vartheta) d t}{\int_{0}^{R} A^{H}(t, \vartheta) d t} \cdot \int_{0}^{R} A(t, \vartheta) d t=\frac{\operatorname{Vol}\left(B_{H}(r)\right)}{\operatorname{Vol}\left(B_{H}(R)\right)} \cdot \int_{0}^{R} A(t, \vartheta) d t
$$

Integrating this over the sphere $\mathbb{S}^{n-1}$ we have the claim.
Corollary 8.37. Let $M$ be as in Theorem 8.36. Then for every $p \in M$ and $r>0$

$$
\operatorname{Vol}(B(p, r)) \leq \operatorname{Vol}\left(B_{H}(r)\right)
$$

Proof. Let $t \in(0, r)$. Then

$$
\operatorname{Vol}(B(p, r)) \leq\left(\frac{\operatorname{Vol}(B(p, t))}{\operatorname{Vol}\left(B_{H}(t)\right)}\right) \operatorname{Vol}\left(B_{H}(r)\right)
$$

On the other hand,

$$
\frac{\operatorname{Vol}(B(p, t))}{\operatorname{Vol}\left(B_{H}(t)\right)} \rightarrow 1 \quad \text { as } \quad t \rightarrow 0 . \quad \text { (Exercise) }
$$

This gives the claim.

## 9 The sphere theorem

In this chapter we will prove (completely in even dimensions) the following so-called sphere theorem.
Theorem 9.1. Let $M^{n}$ be a compact simply connected Riemannian manifold whose sectional curvatures satisfy

$$
0<h K_{\max }<K \leq K_{\max }
$$

Then, if $h=1 / 4, M^{n}$ is homeomorphic to $\mathbb{S}^{n}$.
The sphere theorem was first proved by Rauch for $h \approx 0,74$ (solution to $\sin (\pi \sqrt{h})=\sqrt{h} / 2$ ) in 1951 by using the Rauch comparison techniques. Klingenberg (1959) used the notion of cut locus in estimates for injectivity radius. In even dimensions he was able to improve the factor $h$ to $\approx 0,55$ (solution to $\sin (\pi \sqrt{h})=\sqrt{h})$. Using Toponogov's triangle comparison theorem Berger (1960) proved the theorem, still in even dimensions, for $h=1 / 4$. Finally, Klingenberg (1961) managed to generalize his estimate on injectivity radius to odd-dimensions also with help from the Morse theory of path manifolds and proved the theorem in all dimensions. In 2007 Brendle and Schoen proved that $M^{n}$ is diffeomorphic to $\mathbb{S}^{n}$.

### 9.2 The cut locus

Throughout this section we assume that $M$ is a complete connected Riemannian manifold. Let $p \in M$ and $v \in T_{p} M$, with $|v|=1$. Recall that the distance to the cut point of $p$ along $\gamma^{v}$ is defined as

$$
d(v)=\sup \left\{t>0: d\left(p, \gamma^{v}(t)\right)=t\right\} .
$$

If $d(v)<\infty$, we say that $\gamma^{v}(d(v))$ is the cut point of $p$ along $\gamma^{v}$. The cut locus of $p$, denoted by $C(p)$, is the union of cut points of $p$ along all the unit speed geodesics starting at $p$.

Lemma 9.3. Suppose that $\gamma\left(t_{0}\right)$ is the cut point of $p=\gamma(0)$ along a unit speed geodesic $\gamma$. Then at least one of the following conditions holds
(a) $\gamma\left(t_{0}\right)$ is the first conjugate point of $p$ along $\gamma$, or
(b) there exists a unit speed geodesic $\sigma \neq \gamma \mid\left[0, t_{0}\right]$ from $p$ to $\gamma\left(t_{0}\right)$ such that $\ell(\sigma)=t_{0}=\ell\left(\gamma \mid\left[0, t_{0}\right]\right)$.

Proof. Consider a decreasing sequence $t_{0}+\varepsilon_{i} \rightarrow t_{0}, \varepsilon_{i}>0$, and let $\sigma_{i}$ be a minimizing unit speed geodesic from $p$ to $\gamma\left(t_{0}+\varepsilon_{i}\right)$. Since the unit sphere $S(0,1) \subset T_{p} M$ is compact, there is a subsequence, still denoted by $\left(\sigma_{i}\right)$, such that $\dot{\sigma}_{i}(0) \rightarrow \dot{\sigma}(0)$, where $\sigma$ is a geodesic from $p$ to $\gamma\left(t_{0}\right)$. Since $\ell\left(\sigma_{i}\right)=d\left(p, \gamma\left(t_{0}+\varepsilon_{i}\right)\right)$, we have at the limit $\ell(\sigma)=d\left(p, \gamma\left(t_{0}\right)\right)=\ell\left(\gamma \mid\left[0, t_{0}\right]\right)$. If $\sigma \neq \gamma \mid\left[0, t_{0}\right]$, the condition (b) holds.

Suppose that $\sigma=\gamma \mid\left[0, t_{0}\right]$. We want to prove that (a) holds. Since $\gamma \mid\left[0, t_{0}\right]$ is minimizing, there are no conjugate points $\gamma(t)$ of $p$ along $\gamma$ for any $t<t_{0}$. Hence it suffices to show that $\exp _{p}$ fails to be a local diffeomorphism at $t_{0} \dot{\gamma}_{0}$, i.e. $\exp _{p * t_{0} \dot{\gamma}_{0}}$ is singular. Therefore, suppose that $\dot{\sigma}_{0}=\dot{\gamma}_{0}$ and that $\exp _{p \neq t_{0} \dot{\gamma}_{0}}$ is not singular. (We want a contradiction.) Thus there exists a neighborhood $U \subset T_{p} M$ of $t_{0} \dot{\gamma}_{0}$ such that $\exp _{p} \mid U$ is a diffeomorphism. Since $\sigma_{i}$ is a minimizing geodesic from $p$ to $\gamma\left(t_{0}+\varepsilon_{i}\right)$, we have

$$
\sigma_{i}\left(t_{0}+\varepsilon_{i}^{\prime}\right)=\gamma\left(t_{0}+\varepsilon_{i}\right)
$$

for some $\varepsilon_{i}^{\prime} \leq \varepsilon_{i}$. Take a sufficiently large $i$ so that

$$
\left(t_{0}+\varepsilon_{i}^{\prime}\right) \dot{\sigma}_{i}(0) \in U \quad \text { and } \quad\left(t_{0}+\varepsilon_{i}\right) \dot{\gamma}_{0} \in U .
$$

Then

$$
\exp _{p}\left(t_{0}+\varepsilon_{i}\right) \dot{\gamma}_{0}=\gamma\left(t_{0}+\varepsilon_{i}\right)=\sigma_{i}\left(t_{0}+\varepsilon_{i}^{\prime}\right)=\exp _{p}\left(t_{0}+\varepsilon_{i}^{\prime}\right) \dot{\sigma}_{i}(0),
$$

and hence

$$
\left(t_{0}+\varepsilon_{i}\right) \dot{\gamma}_{0}=\left(t_{0}+\varepsilon_{i}^{\prime}\right) \dot{\sigma}_{i}(0) .
$$

On the other hand, $\left|\dot{\gamma}_{0}\right|=1=\left|\dot{\sigma}_{i}(0)\right|$, and therefore $\dot{\gamma}_{0}=\dot{\sigma}_{i}(0)$. Hence $\sigma_{i}=\gamma$ which leads to a contradiction with the definition of $t_{0}$ ( $\sigma_{i}$ hence $\gamma$ is minimizing at least up to $t_{0}+\varepsilon_{i}$ ).

Lemma 9.4. Let $\gamma$ be a unit speed geodesic starting at $p=\gamma(0)$. If
(a) $\gamma\left(t_{0}\right)$ is the first conjugate point of $p$ along $\gamma$, or
(b) there exists a unit speed geodesic $\sigma \neq \gamma \mid\left[0, t_{0}\right]$ from $p$ to $\gamma\left(t_{0}\right)$ such that $\ell(\sigma)=t_{0}=\ell\left(\gamma \mid\left[0, t_{0}\right]\right)$,
then there exists $t^{\prime} \in\left(0, t_{0}\right]$ such that $\gamma\left(t^{\prime}\right)$ is the cut point of $p$ along $\gamma$.

Proof. Suppose that (a) holds. Since a geodesic does not minimize after the first conjugate point, there exists a cut point $\gamma(\tilde{t})$ of $p$ along $\gamma$ for some $\tilde{t} \leq t_{0}$.

Suppose that (b) holds. Fix $\varepsilon>0$ so small that $\sigma\left(t_{0}-\varepsilon\right)$ and $\gamma\left(t_{0}+\varepsilon\right)$ belong to a uniformly normal neighborhood $U$ of $\gamma\left(t_{0}\right)$. Let $\tau$ be the unique minimizing geodesic from $\sigma\left(t_{0}-\varepsilon\right)$ to $\gamma\left(t_{0}+\varepsilon\right)$ (such $\tau$ exists since $U$ is a uniformly normal neighborhood). By uniqueness of radial geodesics through $\sigma\left(t_{0}-\varepsilon\right)$ in $U$, the length of the path $\sigma \mid\left[0, t_{0}-\varepsilon\right]$ followed by $\tau$ is strictly less than $t_{0}+\varepsilon$. Hence $d\left(p, \gamma\left(t_{0}+\varepsilon\right)\right)<t_{0}+\varepsilon$, and therefore there is a cut point $\gamma(\tilde{t})$ of $p$ along $\gamma$ for some $\tilde{t} \leq t_{0}+\varepsilon$ for all $\varepsilon>0$, hence for some $\tilde{t} \leq t_{0}$.

Lemma 9.5. (a) If $q$ is a cut point of $p$ along $\gamma^{v}$, then $p$ is the cut point of $q$ along the geodesic $-\gamma:[0, d(v)] \rightarrow M,-\gamma(t)=\gamma^{v}(d(v)-t)$. In particular, $q \in C(p)$ if and only if $p \in C(q)$.
(b) If $q \in M \backslash C(p)$, there exists a unique minimizing geodesic from $p$ to $q$.

Proof. (a): Suppose that $q$ is a cut point of $p$ along $\gamma$. If there were a cut point of $q$ along $-\gamma$ before $p$, then $-\gamma$ (and hence $\gamma$ ) would not be minimizing between $q$ and $p$, and consequently, $q$ would not be a cut point of $p$ along $\gamma$. Hence the cut point of $q$ along $-\gamma$ does not occur before $p$. Next we show that the cut point of $q$ along $-\gamma$ can not occur after $p$. By Lemma $9.3, q$ is conjugate to $p$ along $\gamma$ or there exists a geodesic $\sigma \neq \gamma$ joining $p$ to $q$ such that $\ell(\sigma)=\ell(\gamma)=d(p, q)$. If $q$ is conjugate to $p$ along $\gamma$, then $p$ is conjugate to $q$ along $-\gamma$ (Jacobi field characterization). Hence $-\gamma$ can not be minimizing after $p$, and therefore the cut point of $q$ along $-\gamma$ can not occur after $p$. If there exists a geodesic $\sigma \neq \gamma$ joining $p$ to $q$ such that $\ell(\sigma)=\ell(\gamma)=d(p, q)$, then Lemma 9.4 applied to $-\gamma$ and $-\sigma$ implies that there exists a cut point $-\gamma(\tilde{t})$ of $q$ along $-\gamma$ for some $\tilde{t} \leq d(v)$. But then $\gamma(\tilde{t})=p$ since the cut point of $q$ along $-\gamma$ does not occur before $p$.
(b): Let $q \in M \backslash C(p)$ and let $\gamma$ be a minimizing unit speed geodesic from $p$ to $q$ such that $\ell(\gamma)=d(p, q)$. If there exists another minimizing unit speed geodesic $\sigma \neq \gamma$ from $p$ to $q$, there exists (by Lemma 9.4) $t^{\prime} \leq d(p, q)$ such that $\gamma\left(t^{\prime}\right)$ is the cut point of $p$ along $\gamma$. Now $t^{\prime}<d(p, q)$ since $q=\gamma(d(p, q)) \notin C(p)$. Hence $d(p, \gamma(t))<t$ for all $t^{\prime}<t<d(p, q)$. Then there exists a path from $p$ to $q$ of length $\leq d(p, \gamma(t))+d(p, q)-t<t+d(p, q)-t=d(p, q)$ which is a contradiction since $\gamma$ is minimizing. Thus $\gamma$ is unique.

Hence $\exp _{p} \mid B(0, r): B(0, r) \rightarrow B(p, r)$ is a diffeomorphism if and only if $r \leq \operatorname{dist}(p, C(p))$.
Definition 9.6. The injectivity radius of $M$ is

$$
\operatorname{inj}(M)=\inf _{p \in M} \operatorname{dist}(p, C(p))
$$

Let $T_{1} M=\{v \in T M:|v|=1\}$ be the unit tangent bundle. We equip $\mathbb{R} \cup\{\infty\}$ with the topology whose base of open sets is the union of open intervals $(a, b) \subset \mathbb{R}$ and the subsets of the form $(a, \infty]=(a,+\infty) \cup\{\infty\}, a \in \mathbb{R}$. Note that sets $[a, \infty]$ are compact in this topology and $t_{i} \rightarrow \infty$ in this topology if and only if $t_{i} \rightarrow \infty$ in the usual sense.

Define a function $d: T_{1} M \rightarrow \mathbb{R} \cup\{\infty\}$ by setting

$$
d(v)=\sup \left\{t>0: d\left(\gamma^{v}(0), \gamma^{v}(t)\right)=t\right\} .
$$

Lemma 9.7. The function $d$ as defined above is continuous.
Proof. Let $v_{i} \in T_{1} M, v_{i} \rightarrow v \in T_{1} M$, and let $\gamma_{i}=\gamma^{v_{i}}, \gamma=\gamma^{v}$. Furthermore, let $t_{0}^{i}=d\left(v_{i}\right)$ and $t_{0}=d(v)$. We need to show that $t_{0}^{i} \rightarrow t_{0}$ as $i \rightarrow \infty$.
(a) Claim $\lim \sup _{i} t_{0}^{i} \leq t_{0}$ :

We may assume $t_{0}<\infty$. For every $\varepsilon>0$, there can be only finitely many $j \in \mathbb{N}$ such that $t_{0}+\varepsilon<t_{0}^{j}$, since otherwise, for those $j$ we would get

$$
t_{0}+\varepsilon=d\left(\gamma_{j}(0), \gamma_{j}\left(t_{0}+\varepsilon\right)\right) \rightarrow d\left(\gamma(0), \gamma\left(t_{0}+\varepsilon\right)\right)
$$

This would lead to a contradiction $d\left(\gamma(0), \gamma\left(t_{0}+\varepsilon\right)\right)=t_{0}+\varepsilon$ with the definition of $t_{0}$. Hence

$$
\limsup _{i} t_{0}^{i} \leq t_{0}+\varepsilon \quad \forall \varepsilon>0
$$

and therefore (a) holds.
Let $\bar{t}=\liminf _{i} t_{0}^{i}$. Since

$$
\bar{t}=\liminf _{i} t_{0}^{i} \leq \limsup _{i} t_{0}^{i} \leq t_{0}
$$

it is enough to show (b) $\bar{t} \geq t_{0}$. We may assume $\bar{t}<\infty$. Take a subsequence (still denoted by $t_{0}^{j}$ ) such that $t_{0}^{j} \rightarrow \bar{t}$.
(i) If for any such subsequence $\gamma_{j}\left(t_{0}^{j}\right)$ are conjugate to $\gamma_{j}(0)$ along $\gamma_{j}$, then $\gamma(\bar{t})$ is conjugate to $\gamma(0)$ along $\gamma$ (if $\exp _{p * \bar{t} v}$ is non-singular, then $\exp _{q * w}$ is non-singular for all $(q, w)$ in a neighborhood of $(p, \bar{t} v)$ in $T M)$. Hence $t_{0} \leq \bar{t}$.
(ii) Suppose that there exists a subsequence $t_{0}^{j} \rightarrow \bar{t}$ such that $\gamma_{j}\left(t_{0}^{j}\right)$ is not conjugate to $\gamma_{j}(0)$ along $\gamma_{j}$ for all $j$. By Lemma 9.3 there are unit speed geodesics $\sigma_{j} \neq \gamma_{j} \mid\left[0, t_{0}^{j}\right]$ from $\sigma_{j}(0)=\gamma_{j}(0)$ to $\sigma_{j}\left(t_{0}^{j}\right)=\gamma_{j}\left(t_{0}^{j}\right)$ such that $\ell\left(\sigma_{j}\right)=t_{0}^{j}=\ell\left(\gamma_{j} \mid\left[0, t_{0}^{j}\right]\right)$. By compactness, there is a subsequence (still denoted by $\left.\sigma_{j}\right)$ such that $\sigma_{j} \rightarrow \sigma$ uniformly, where $\sigma$ is a unit speed geodesic from $\gamma(0)$ to $\gamma(\bar{t})$. If $\sigma \neq \gamma$, then $t_{0} \leq \bar{t}$ by Lemma 9.4. If $\sigma=\gamma$, then (as in the proof of Lemma 9.3), $\gamma(\bar{t})$ is conjugate to $\gamma(0)$ along $\gamma$. Hence $t_{0} \leq \bar{t}$.

Corollary 9.8. The cut locus $C(p)$ is closed for all $p \in M$. In particular, $C(p)$ is compact if $M$ is compact.

Proof. Clearly $C(p)=\left\{\gamma^{v}(t): t=d(v)<\infty, v \in T_{p} M,|v|=1\right\}$. If $q$ is an accumulation point of $C(p)$, there exists a sequence $v_{j} \in T_{p} M,\left|v_{j}\right|=1$, such that $\gamma^{v_{j}}\left(t_{j}\right) \rightarrow q$, where $\gamma^{v_{j}}\left(t_{j}\right) \in C(p)$ and $t_{j}=d\left(v_{j}\right)$. By compactness, there exists a subsequence $v_{j} \rightarrow v \in T_{p} M,|v|=1$. Both the exponential map and $d$ are continuous, which implies

$$
\begin{aligned}
q & =\lim \gamma^{v_{j}}\left(t_{j}\right)=\lim \gamma^{v_{j}}\left(d\left(v_{j}\right)\right) \\
& =\lim \exp _{p}\left(d\left(v_{j}\right) v_{j}\right) \\
& =\exp _{p}\left(\lim d\left(v_{j}\right) v_{j}\right)=\exp _{p}(d(v) v) \in C(p)
\end{aligned}
$$

Hence $q \in C(p)$ and thus $C(p)$ is closed.
Corollary 9.9. Suppose that $M$ is complete and that there exists a point $p \in M$ that has a cut point along every geodesic starting at $p$. Then $M$ is compact.

Proof. Since $M$ is complete, every point can be joined to $p$ by a minimizing geodesic. It follows that

$$
M=\bigcup_{v}\left\{\gamma^{v}(t): 0 \leq t \leq d(v)\right\}
$$

where the union is taken over the unit sphere $S_{1}=S(0,1) \subset T_{p} M$. The sphere $S_{1}$ is compact and $d(v)<\infty$ for all $v \in S_{1}$ by assumption. Since $d$ is continuous, it is bounded on $S_{1}$. Therefore $M$ is bounded and complete, hence compact ( $M$ is the image of a compact set $\bar{B}(0, R) \subset T_{p} M$ under the continuous map $\exp _{p}$ for sufficiently large $R$ ).

Theorem 9.10. Let $p \in M$. Suppose that there exists $q \in C(p)$ with $d(p, q)=\operatorname{dist}(p, C(p))$. Then either
(a) there exists a minimizing geodesic $\gamma$ from $p$ to $q$ such that $q$ is conjugate to $p$ along $\gamma$, or
(b) there exists exactly two minimizing unit speed geodesics $\gamma$ and $\sigma$ from $p$ to $q$, and, in addition, $\dot{\gamma}_{\ell}=-\dot{\sigma}_{\ell}, \quad \ell=d(p, q)$.
Proof. Let $q \in C(p)$ and suppose that $\gamma$ is a unit speed minimizing geodesic from $p$ to $q$ such that $q$ is the cut point of $p=\gamma(0)$ along $\gamma$. By Lemma $9.3, q$ is either conjugate to $p$ along $\gamma$ and (a) holds, or there exists another unit speed minimizing geodesic $\sigma \neq \gamma$ from $p$ to $q$ with $\ell(\sigma)=\ell(\gamma)$. Suppose that $q$ is conjugate to $p$ along neither $\gamma$ nor $\sigma$, and that $\dot{\gamma}_{\ell} \neq-\dot{\sigma}_{\ell}$. We want a contradiction.

Since $\dot{\gamma}_{\ell} \neq-\dot{\sigma}_{\ell}$, there is $v \in T_{q} M$ such that

$$
\left\langle v, \dot{\gamma}_{\ell}\right\rangle<0 \text { and }\left\langle v, \dot{\sigma}_{\ell}\right\rangle<0
$$

Let $\tau:(-\varepsilon, \varepsilon) \rightarrow M$ be a smooth path such that $\tau(0)=q$ and $\dot{\tau}_{0}=v$. Since $q$ is not conjugate to $p$ along $\gamma$, there exists a neighbourhood $U \subset T_{p} M$ of $\ell \dot{\gamma}_{0}$ such that $\left.\exp _{p}\right|_{U}$ is a diffeomorphism. Let $\alpha:(-\varepsilon, \varepsilon) \rightarrow U$ be a smooth path such that

$$
\exp _{p} \alpha(s)=\tau(s), \quad s \in(-\varepsilon, \varepsilon)
$$

and let

$$
\Gamma(s, t)=\exp _{p}\left(\frac{t}{\ell} \alpha(s)\right), \quad t \in[0, \ell]
$$

be a (non-proper) variation of $\gamma$. Note that $\alpha(0)=\ell \dot{\gamma}_{0}$ and each $\Gamma_{s}$ is a geodesic. The (general) first variation formula then implies that

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=\left\langle v, \dot{\gamma}_{\ell}\right\rangle<0
$$

Similarly, since $q$ is not conjugate to $p$ along $\sigma$, there exists a neighborhood $\tilde{U} \subset T_{p} M$ of $\ell \dot{\sigma}_{0}$ such that $\exp _{p} \mid \tilde{U}$ is a diffeomorphism. Let $\tilde{\alpha}:(-\varepsilon, \varepsilon) \rightarrow \tilde{U}$ be a smooth path such that

$$
\exp _{p} \tilde{\alpha}(s)=\tau(s), \quad s \in(-\varepsilon, \varepsilon)
$$

Let

$$
\Sigma(s, t)=\exp _{p}\left(\frac{t}{\ell} \tilde{\alpha}(s)\right), \quad t \in[0, \ell]
$$

be a variation of $\sigma$. Then

$$
\left.\frac{d}{d s} \ell\left(\Sigma_{s}\right)\right|_{s=0}=\left\langle v, \dot{\sigma}_{\ell}\right\rangle<0
$$

Hence, if $s>0$ is small enough, $\ell\left(\Gamma_{s}\right)<\ell(\gamma)$ and $\ell\left(\Sigma_{s}\right)<\ell(\sigma)$.


If $\ell\left(\Gamma_{s}\right)=\ell\left(\Sigma_{s}\right)$ for such $s$, Lemma 9.4 implies that there exists a cut point $\Gamma_{s}(t)$ of $p$ along $\Gamma_{s}$ for some $t \in(0, \ell]$. Note that $\Gamma_{s}(\ell)=\Sigma_{s}(\ell)=\tau(s)$. Since $\operatorname{dist}(p, C(p)) \leq d\left(p, \Gamma_{s}(t)\right) \leq \ell\left(\Gamma_{s}\right)<$ $\ell(\gamma)=\operatorname{dist}(p, C(p))$, we obtain a contradiction.

On the other hand, if $\ell\left(\Gamma_{s}\right)<\ell\left(\Sigma_{s}\right)$, then $\Sigma_{s}$ is not minimizing. Hence there exists a cut point $\Sigma_{s}(\tilde{t}), \tilde{t}<\ell$, of $p$ along $\Sigma_{s}$. Then dist $(p, C(p)) \leq d\left(p, \Sigma_{s}(\tilde{t})\right)<\ell$, which is a contradiction. Similarly in the case $\ell\left(\Gamma_{s}\right)>\ell\left(\Sigma_{s}\right)$ we get a contradiction.

Lemma 9.11. Let $M$ be a complete Riemannian manifold whose sectional curvatures satisfy

$$
0<K_{\min } \leq K \leq K_{\max }
$$

Then
(a)

$$
\operatorname{inj}(M) \geq \frac{\pi}{\sqrt{K_{\max }}}
$$

or
(b) there exists a closed geodesic $\gamma$ in $M$ such that

$$
\begin{aligned}
& \ell(\gamma)=2 \operatorname{inj}(M) \quad \text { and } \\
& \ell(\gamma) \leq \ell(\sigma) \quad \text { for any closed geodesic } \sigma
\end{aligned}
$$

Proof. By the Bonnet-Myers theorem, $M$ is compact, and therefore also $T_{1} M$ is compact. Since the function $d: T_{1} M \rightarrow[0, \infty]$ is continuous, $d \mid T_{1} M$ attains its minimum at some $v \in T_{1} M$. Let $p=\pi(v)$, i.e. $v \in T_{p} M$. Hence

$$
d(v) \leq d(w) \forall w \in T_{1} M
$$

and consequently

$$
\operatorname{dist}(p, C(p)) \leq \inf _{x \in M} \operatorname{dist}(x, C(x))=\operatorname{inj}(M)
$$

Since $C(p)$ is compact, there exists $q \in C(p)$ such that

$$
d(p, q)=\operatorname{dist}(p, C(p))=\operatorname{inj}(M)
$$

If $q$ is conjugate to $p$,

$$
d(p, q) \geq \frac{\pi}{\sqrt{K_{\max }}}
$$

by Corollary 8.6 to the Rauch comparison theorem.
If $q$ is not conjugate to $p$, there are exactly two minimizing geodesics $\alpha$ and $\beta$ from $p$ to $q$ such that $\dot{\alpha}_{\ell}=-\dot{\beta}_{\ell}, \ell=d(p, q)$ by Theorem 9.10. Since $q \in C(p)$, we have $p \in C(q)$ and $d(p, q)=\operatorname{dist}(q, C(q))$. As above, we conclude that $\dot{\alpha}_{0}=-\dot{\beta}_{0}$. Hence $\alpha$ and $\beta$ form a closed geodesic $\gamma$, with $\ell(\gamma)=2 \ell(\alpha)=2 d(p, q)=2 \operatorname{inj}(M)$. On the other hand, any closed geodesic has length $\geq 2 \operatorname{inj}(M)$.

### 9.12 Estimates for the injectivity radius

Theorem 9.13. Let $M^{n}$, $n \geq 3$, be simply connected compact Riemannian $n$-manifold whose sectional curvatures satisfy

$$
\frac{1}{4}<K \leq 1
$$

Then $\operatorname{inj}(M) \geq \pi$.
We shall prove an easier even dimensional version.
Theorem 9.14. Let $M^{2 n}$ be a compact connected and oriented Riemannian $2 n$-manifold whose sectional curvatures satisfy

$$
0<K \leq 1
$$

Then $\operatorname{inj}(M) \geq \pi$.
Proof. By compactness of $M$ there are $p, q \in M$ with $d(p, q)=\operatorname{inj}(M)$. Assume on the contrary that $d(p, q)<\pi$. If $p$ is conjugate to $q$, then $d(p, q) \geq \pi$ by Corollary 8.6. Hence $p$ is not conjugate to $q$. As in the proof of Lemma 9.11 there is a closed geodesic $\gamma$ passing through $p=\gamma(0)$ and $q$ such that $\ell=\ell(\gamma)=2 d(p, q)<2 \pi$.

Let $P: T_{p} M \rightarrow T_{p} M$ be the parallel transport along $\gamma$. Since $M$ is oriented, $P$ is a linear isometry that preserves the orientation. Hence $\operatorname{det} P=1$. Since $P \dot{\gamma}_{0}=\dot{\gamma}_{0}$, we have that

$$
P \mid \dot{\gamma}_{0}^{\perp}: \dot{\gamma}_{0}^{\perp} \rightarrow \dot{\gamma}_{0}^{\perp}
$$

is an orthogonal linear map, and hence $\operatorname{det}\left(P \mid \dot{\gamma}_{0}^{\perp}\right)=1$. Since $\operatorname{dim}\left(\dot{\gamma}_{0}^{\perp}\right)=2 n-1$ is odd, there exists $v \in \dot{\gamma}_{0}^{\perp}$ such that $P v=v$. Indeed, since $P \mid \dot{\gamma}_{0}^{\perp}$ is orthogonal, its eigenvalues $\lambda \in \mathbb{C}$ satisfy $|\lambda|=1$ and all possible complex eigenvalues occur in complex conjugate pairs. Hence the product of complex eigenvalues is 1 , and consequently there must be at least one real eigenvalue equal to 1 .

Let then $V \in \mathcal{T}(\gamma)$ be parallel along $\gamma$ such that $V_{0}=v$. Furthermore, let $\Gamma$ be a variation of $\gamma$ such that each $\Gamma_{s}$ is a closed path and that $V$ is the variation field of $\Gamma$. For instance,

$$
\Gamma(s, t)=\exp _{\gamma(t)}(s V(t))
$$

will do. Note that $V_{0}=v=P v=P V_{0}=V_{\ell}$, and thus $\Gamma_{s}(0)=\Gamma_{s}(\ell)$. By the second variation formula,

$$
\left.\frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)\right|_{s=0}=\int_{0}^{\ell}(|\underbrace{D_{2} V}_{=0}|^{2}-\underbrace{\langle R(V, \dot{\gamma}) \dot{\gamma}, V\rangle}_{>0}) d t<0
$$

There are three possible cases:
(i)

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}>0
$$

(ii)

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=0
$$

(iii)

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}<0
$$

(i): Since

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=s_{0}}
$$

is smooth with respect to $s_{0}$, we have

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=s_{0}}>0
$$

for all $s_{0} \approx 0$. Hence $\ell\left(\Gamma_{s}\right)<\ell(\gamma)$ for sufficiently large $s<0$.
(iii): Similarly, $\ell\left(\Gamma_{s}\right)<\ell(\gamma)$ for sufficiently small $s>0$.
(ii): If

$$
\left.\frac{d}{d s} \ell\left(\Gamma_{s}\right)\right|_{s=0}=0 \quad \text { and }\left.\quad \frac{d^{2}}{d s^{2}} \ell\left(\Gamma_{s}\right)\right|_{s=0}<0
$$

$\ell\left(\Gamma_{s}\right)$ has a strict local maximum at $s=0$.
In any case, there exists a variation $\gamma_{s}, s \in[0, \varepsilon]$, of $\gamma$ through closed paths such that

$$
\ell\left(\gamma_{s}\right)<\ell(\gamma)=2 d(p, q)
$$

for $s \neq 0$. Let $q_{s}$ be a point of $\gamma_{s}$ at maximum distance from $\gamma_{s}(0)$. Then

$$
2 d\left(\gamma_{s}(0), q_{s}\right) \leq \ell\left(\gamma_{s}\right)<\ell(\gamma)=2 d(p, q)=2 \operatorname{inj}(M)
$$

and so $d\left(\gamma_{s}(0), q_{s}\right)<\operatorname{inj}(M)$. Hence there exists a unique minimizing geodesic $\sigma_{s}$ joining $q_{s}=\sigma(0)$ to $\gamma_{s}(0)$.

Since $q$ is the unique point of $\gamma$ at maximum distance from $p$, we have $q_{s} \rightarrow q$ as $s \rightarrow 0$. The tangent bundle $T M$ is locally compact, hence there exists an accumulation point $w \in T_{q} M$ of vectors $\dot{\sigma}_{s}(0)$. By continuity, $\sigma(t)=\exp _{q}(t w)$ is a minimizing geodesic from $q$ to $p$

Let $\sigma_{s, t}$ be a variation of $\sigma_{s}$ through minimizing geodesics from points $\gamma_{s}(t)$ close to $q_{s}$ to $\gamma_{s}(0)$. Note that $\sigma_{s}$ maximizes the length functional among geodesics $\sigma_{s, t}$. Hence, by the first variation formula, $\dot{\sigma}_{s}(0) \perp \dot{\gamma}_{s}$ at $q_{s}$ for all $s \in[0, \varepsilon]$. It follows that $\dot{\sigma}_{0} \perp \dot{\gamma}_{\ell / 2}$ at $q$, and hence there are at least three minimizing geodesics from $p$ to $q$. This leads to a contradiction since we supposed that $p$ is not conjugate to $q$.


It might be helpful to notice above that $\gamma_{s}$ lies inside a normal ball centered at $\gamma_{s}(0)$ since $\ell\left(\gamma_{s}\right)<$ $2 \mathrm{inj}(M)$ and that all geodesics starting at $\gamma_{s}(0)$ intersect normal spheres orthogonally. In particular the minimizing geodesic from $q_{s}$ to $\gamma_{s}(0)$ is orthogonal to the normal sphere through $q_{s}$.


Remark 9.15. The hypothesis of orientability of $M$ in Theorem 9.14 is equivalent to the assumption that $M$ be simply connected; see [Ca, 3.5 Remark, p. 282].

Lemma 9.16. Let $M$ be compact and $p, q \in M$ such that $d(p, q)=\operatorname{diam}(M)$. Then for every $v \in T_{p} M$ there exists a minimizing geodesic $\gamma$ from $p$ to $q$ such that $\left\langle\dot{\gamma}_{0}, v\right\rangle \geq 0$.

Proof. Fix $v \in T_{p} M$ and let $\sigma(t)=\exp _{p}(t v)$. Let $\gamma_{t}:[0, d(\sigma(t), q)] \rightarrow M$ be a minimizing 1-speed geodesic such that $\gamma_{t}(0)=\sigma(t)$ and $\gamma_{t}(d(\sigma(t), q))=q$.
(i): Suppose that for all $n \in \mathbb{N}$ there exists $t_{n}, 0 \leq t_{n} \leq 1 / n$, such that $\left\langle\dot{\sigma}_{t_{n}}, \dot{\gamma}_{t_{n}}(0)\right\rangle \geq 0$. Then there exists a subsequence, denoted again by $\left(t_{n}\right)$, such that $\gamma_{t_{n}} \rightarrow \gamma$, where $\gamma$ is a minimizing geodesic from $p$ to $q$ and $\left\langle\dot{\gamma}_{0}, v\right\rangle=\left\langle\dot{\gamma}_{0}, \dot{\sigma}_{0}\right\rangle \geq 0$.
(ii): Thus we may assume that there exists $n \in \mathbb{N}$ such that for all $0 \leq t \leq 1 / n$

$$
\left\langle\dot{\gamma}_{t}(0), \dot{\sigma}_{t}\right\rangle<0
$$

We want a contradiction.
Let $U$ be a uniformly normal neighborhood of $p$ and $t_{0}>0$ so small that $t_{0} \leq 1 / n$ and $\sigma(t) \in U$ for all $0 \leq t \leq t_{0}$. Let $0<t \leq t_{0}$ and let $q_{0} \in U \cap \gamma_{t}[0, d(\sigma(t), q)]$. Let $\varepsilon>0$ be so small that $\sigma(s) \in U$ for all $s \in(-\varepsilon, t+\varepsilon)$ and let $\alpha_{s}$ be the unique minimizing geodesic from $\sigma(s)$ to $q_{0}$, all parametrized on $\left[0, d\left(q_{0}, \sigma(t)\right)\right]$.


If $V$ is the variation field of the variation $\Gamma(s, \cdot)=\alpha_{s}(\cdot)$, then

$$
V\left(d\left(q_{0}, \sigma(t)\right)\right)=0 \quad \text { and } \quad V(0)=\dot{\sigma}_{t}
$$

The first variation formula and the assumption (ii) imply that

$$
\frac{d}{d s} \ell\left(\alpha_{s}\right)_{\mid s=0}=-\left\langle\dot{\sigma}_{t}, \dot{\gamma}_{t}(0)\right\rangle>0
$$

This holds for every $0<t<t_{0}$. Therefore

$$
d\left(q_{0}, \sigma(s)\right)<d\left(q_{0}, \sigma(t)\right)
$$

for $s \in[0, t)$. Hence

$$
\begin{aligned}
d(q, \sigma(s)) & \leq d\left(q, q_{0}\right)+d\left(q_{0}, \sigma(s)\right) \\
& <d\left(q, q_{0}\right)+d\left(q_{0}, \sigma(t)\right) \\
& =d(q, \sigma(t))
\end{aligned}
$$

for $s \in[0, t)$. In particular,

$$
d(p, q)=d(q, \sigma(0))<d(q, \sigma(t)) .
$$

On the other hand, for all $t$

$$
d(q, \sigma(t)) \leq \operatorname{diam}(M)=d(p, q)
$$

Thus we get a contradiction.
Lemma 9.17. Let $M^{n}$ be a compact simply connected Riemannian manifold with sectional curvatures

$$
\frac{1}{4}<\delta \leq K \leq 1
$$

Let $p, q \in M$ be such that $d(p, q)=\operatorname{diam}(M)$. Then $M=B(p, \varrho) \cup B(q, \varrho)$ for all $\varrho \in(\pi / \sqrt{4 \delta}, \pi)$ and $M=\bar{B}(p, \pi / \sqrt{4 \delta}) \cup \bar{B}(q, \pi / \sqrt{4 \delta})$.

Proof. Fix $\varrho \in(\pi / \sqrt{4 \delta}, \pi)$. The estimate $\operatorname{inj}(M) \geq \pi$ for the injectivity radius implies that $B(p, \varrho) \cap$ $C(p)=\emptyset$ and $B(q, \varrho) \cap C(q)=\emptyset$. Hence $B(p, \varrho)$ and $B(q, \varrho)$ are diffeomorphic to open Euclidean balls (via $\exp _{p}$ and $\exp _{q}$ ). Suppose on the contrary that there exists $x \in M$ such that $d(p, x) \geq \varrho$ and $d(q, x) \geq \varrho$. We may assume that $d(p, x) \geq d(q, x) \geq \varrho$.


A minimizing geodesic from $q$ to $x$ intersects $\partial B(q, \varrho)$ in a point $q^{\prime} \notin B(p, \varrho)$ since otherwise

$$
d\left(x, q^{\prime}\right)>\operatorname{dist}(x, B(p, \varrho)) \stackrel{(*)}{\geq} \operatorname{dist}(x, B(q, \varrho))=d\left(x, q^{\prime}\right)
$$

To verify the estimate $(*)$, we notice that $\operatorname{dist}(x, B(p, \varrho))=d\left(x, p^{\prime}\right)$, where $p^{\prime}$ is an intersection point of $\partial B(p, \varrho)$ and a minimizing geodesic from $x$ to $p$. If $\operatorname{dist}(x, B(p, \varrho))<\operatorname{dist}(x, B(q, \varrho))$, then

$$
\begin{aligned}
d(p, x) & =\varrho+d\left(p^{\prime}, x\right)=\varrho+\operatorname{dist}(x, B(p, \varrho)) \\
& <\varrho+\operatorname{dist}(x, B(q, \varrho))=\varrho+d(q, x)-\varrho=d(q, x)
\end{aligned}
$$

which is against the assumption.
By the Bonnet-Myers theorem, $\operatorname{diam}(M) \leq \pi / \sqrt{\delta}<2 \varrho$. Let $q^{\prime \prime}$ be an intersection points of $\partial B(q, \varrho)$ and a minimizing geodesic from $p$ to $q$. Then $q^{\prime \prime} \in B(p, \varrho)$ since $d\left(p, q^{\prime \prime}\right)=d(p, q)-$ $d\left(q, q^{\prime \prime}\right)<2 \varrho-\varrho=\varrho$. Thus $\partial B(q, \varrho)$ contains points $q^{\prime} \notin B(p, \varrho)$ and $q^{\prime \prime} \in B(p, \varrho)$. Since $\partial B(p, \varrho)$ and $\partial B(q, \varrho)$ are path-connected (homeom. to Euclidean spheres), we have $\partial B(p, \varrho) \cap \partial B(q, \varrho) \neq \emptyset$. Hence there exists $x_{0} \in M$ with $d\left(x_{0}, p\right)=d\left(x_{0}, q\right)=\varrho$. We shall show that this leads to a contradiction.


Let $\alpha$ be a minimizing geodesic from $p$ to $x_{0}$. By Lemma 9.16 there exists a minimizing geodesic $\gamma$ from $p$ to $q$ such that $\left\langle\dot{\gamma}_{0}, \dot{\alpha}_{0}\right\rangle \geq 0$. Let $s$ be the point on $\gamma$ such that $d(p, s)=\varrho$. We compare $M$ with the sphere $\mathbb{S}^{n}(1 / \sqrt{\delta})$ of constant sectional curvature $\delta$. Since $\left\langle\dot{\gamma}_{0}, \dot{\alpha}_{0}\right\rangle \geq 0$, the angle $\varangle x_{0} p s=\varangle\left(\dot{\alpha}_{0}, \dot{\gamma}_{0}\right) \leq \pi / 2$. On the other hand,

$$
d\left(x_{0}, s\right) \leq \ell(\tilde{c})
$$

where $\tilde{c}$ is any path in $M$ joining $x_{0}$ and $s$. By Corollary 8.5 (to the Rauch comparison theorem),

$$
d\left(x_{0}, s\right) \leq \ell(\tilde{c}) \leq \frac{\pi}{2 \sqrt{\delta}}<\varrho
$$



Note that $\pi / \sqrt{4 \delta}$ is one-fourth of the length of a circle of radius $1 / \sqrt{\delta}$. Since $d\left(x_{0}, p\right)=d\left(x_{0}, q\right)=\varrho$ and $d\left(x_{0}, s\right)<\varrho$, the distance from $x_{0}$ to $|\gamma|\left(=\right.$ the image of $\gamma$ ) is realized by an interior point $s_{0}$ of $\gamma$ (i.e. not an endpoint). The minimizing geodesic from $x_{0}$ to $s_{0}$ is orthogonal to $\gamma$ (by the first variation formula) and

$$
\operatorname{dist}\left(x_{0},|\gamma|\right)=d\left(x_{0}, s_{0}\right) \leq \frac{\pi}{2 \sqrt{\delta}}
$$



Since $d(p, q) \leq \pi / \sqrt{\delta}$ by the Bonnet-Myers theorem, we obtain

$$
d\left(p, s_{0}\right) \leq \frac{\pi}{2 \sqrt{\delta}} \quad \text { or } \quad d\left(q, s_{0}\right) \leq \frac{\pi}{2 \sqrt{\delta}}
$$

Consider the case $d\left(p, s_{0}\right) \leq \pi / \sqrt{4 \delta}$ (the other case is similar). Corollary 8.5 implies that

$$
d\left(p, x_{0}\right) \leq \frac{\pi}{2 \sqrt{\delta}}<\varrho
$$

which leads to a contradiction.


Above $\bar{p}, \bar{s}_{0}$, and $\bar{x}_{0}$ are points on the sphere $\mathbb{S}^{n}(1 / \sqrt{\delta})$ such that $d\left(\bar{p}, \bar{s}_{0}\right)=d\left(p, s_{0}\right)$ and $d\left(\bar{x}_{0}, \bar{s}_{0}\right)=$ $d\left(x_{0}, s_{0}\right)$, and $\bar{c}$ is the minimizing geodesic from $\bar{p}$ to $\bar{x}_{0}$ of length $\leq \pi / \sqrt{4 \delta}$. Thus its comparison path on $M$ joins $p$ and $x_{0}$ and has length $\leq \ell(\bar{c}) \leq \pi / \sqrt{4 \delta}$.

Remark 9.18. A compact topological $n$-manifold covered by two balls as in Lemma 9.17 is homeomorphic to $\mathbb{S}^{n}$. Below we construct a homeomorphism explicitly.

Lemma 9.19. Let $M$, points $p, q \in M$, and $\varrho$ be as in Lemma 9.17. Then on each geodesic of length $\varrho$ starting at $p$ there exists a unique point $m_{1}$ such that $d\left(p, m_{1}\right)=d\left(q, m_{1}\right)<\varrho$. Similarly on each geodesic of length $\varrho$ starting at $q$ there exists a unique point $m_{2}$ such that $d\left(q, m_{2}\right)=d\left(p, m_{2}\right)<\varrho$.

Proof. Let $\gamma:[0, \varrho] \rightarrow M$ be a unit speed geodesic with $\gamma(0)=p$. Consider a continuous function $g:[0, \varrho] \rightarrow \mathbb{R}$,

$$
g(t)=d(q, \gamma(t))-d(p, \gamma(t)) .
$$

By the injectivity radius estimates, $\operatorname{inj}(M) \geq \pi>\varrho$. Hence $\gamma$ is minimizing, and therefore $d(p, \gamma(\varrho))=\varrho$ and $\gamma(\varrho) \notin B(p, \varrho)$. Since $M=B(p, \varrho) \cup B(q, \varrho)$, we have $d(q, \gamma(\varrho))<\varrho$. It follows that

$$
g(\varrho)=d(q, \gamma(\varrho))-d(p, \gamma(\varrho))<\varrho-\varrho=0 .
$$

On the other hand, $g(0)=d(p, q)>0$, and therefore there exists $t_{0} \in(0, \varrho)$ such that $g\left(t_{0}\right)=0$, and consequently

$$
d\left(q, \gamma\left(t_{0}\right)\right)=d\left(p, \gamma\left(t_{0}\right)\right)
$$

To prove the uniqueness, suppose that there exist points $m_{1} \neq m$ on $\gamma$ such that $d(p, m)=d(q, m)$ and $d\left(p, m_{1}\right)=d\left(q, m_{1}\right)$. We may assume that $m_{1}$ is between $p$ and $m$. Then

$$
\begin{aligned}
d(q, m) & =d(p, m)=d\left(p, m_{1}\right)+d\left(m_{1}, m\right) \\
& =d\left(q, m_{1}\right)+d\left(m_{1}, m\right) .
\end{aligned}
$$

Let $\sigma_{1}$ be a minimizing geodesic from $m_{1}$ to $q$. Then the segment of $-\gamma$ from $m$ to $m_{1}$ followed by $\sigma_{1}$ from $m_{1}$ to $q$ is minimizing and hence form a smooth geodesic from $m$ to $q$. Then $\sigma_{1}$ must coincide with $-\gamma$ from $m_{1}$ to $p$. Hence $q=p$ which is a contradiction. The other case is proven similarly.

Lemma 9.20. Let $M$, points $p, q \in M$, and $\varrho$ be as in Lemma 9.17. Define a function $f: T_{p} M \backslash$ $\{0\} \rightarrow T_{p} M$ by setting $f(v)=t_{v} v$ such that $\exp _{p} f(v)=m_{v}$ is the unique point on the geodesic $t \mapsto \exp _{p} t v, t>0$, equidistant from $p$ and $q$. Then $f$ is well-defined and continuous.

Proof. By Lemma 9.19, the point $m_{v}$ is unique for each $v \in T_{p} M \backslash\{0\}$, so $f$ is well-defined. We note that

$$
|f(v)| \leq \frac{\pi}{2 \sqrt{\delta}}<\pi \leq \operatorname{inj}(M)
$$

For every $v \in T_{p} M \backslash\{0\}$, we have

$$
\begin{array}{r}
f(v)=t_{v} v \stackrel{\exp _{p}}{\mapsto} m_{v}, \\
f(v /|v|)=t^{\prime} v /|v| \stackrel{\exp _{p}}{\mapsto} m_{v} .
\end{array}
$$

Hence

$$
f(v)=f(v /|v|) \quad \text { and } \quad f(v)=|f(v /|v|)| \frac{v}{|v|}
$$

Therefore, to prove the continuity of $f$, it suffices to show that $|f|$ is continuous on the unit sphere $S_{1}=S(0,1) \subset T_{p} M$. Suppose $v_{i} \in S_{1}$ and $v_{i} \rightarrow v$, and denote $f\left(v_{i}\right)=t_{i} v_{i}$. Now there is a convergent subsequence $t_{i_{k}} \rightarrow t_{0}$ for some $t_{0} \in[0, \pi]$ because of compactness. Thus by the continuity of the exponential map we have $\exp _{p} t_{i_{k}} v_{i_{k}} \rightarrow \exp _{p} t_{0} v$. Furthermore, since $d$ is continuous, we have

$$
d\left(\exp _{p} t_{0} v, p\right)=\lim d\left(\exp _{p} t_{i_{k}} v_{i_{k}}, p\right)=\lim d\left(\exp _{p} t_{i_{k}} v_{i_{k}}, q\right)=d\left(\exp _{p} t_{0} v, q\right)
$$

The point $m_{v}$ along $t \mapsto \exp _{p} t v$ is unique by Lemma 9.19, so $f(v)=t_{0} v=\lim t_{i_{k}} v_{i_{k}}=\lim f\left(v_{i_{k}}\right)$. In fact, the whole sequence $t_{i}$ converges to $t_{0}$ which can be seen by repeating the above for subsequence converging to $\liminf t_{i}$ and $\limsup t_{i}$, respectively, and noticing that both of these limits must be equal to $t_{0}$. Hence $\lim f\left(v_{i}\right)=f(v)$, and therefore $f$ is continuous.

Proof of the sphere theorem. By normalization, we may assume that

$$
\frac{1}{4}<\delta \leq K \leq 1
$$

Let $p, q \in M$ be such that $d(p, q)=\operatorname{diam}(M)$. Consider the unit $n$-sphere $\mathbb{S}^{n}$, and let $\bar{p}, \bar{q} \in \mathbb{S}^{n}$ be the north and south pole, respectively. Let

$$
I: T_{\bar{p}} \mathbb{S}^{n} \rightarrow T_{p} M
$$

be an isometry. For each $v \in T_{p} M \backslash\{0\}$ define $f(v)=t_{v} v$ as in the previous lemma. Define a mapping $h: \mathbb{S}^{n} \rightarrow M^{n}$,

$$
h(x)= \begin{cases}p, & x=\bar{p} ; \\ \exp _{p}\left(\frac{d(x, \bar{p})}{\pi / 2}\left(f \circ I \circ \exp _{\bar{p}}^{-1} x\right)\right), & 0<d(x, \bar{p}) \leq \pi / 2 ; \\ \exp _{q}\left(\frac{d(x, \bar{q})}{\pi / 2}\left(\exp _{q}^{-1} \circ \exp _{p} \circ f \circ I \circ \exp _{\bar{p}}^{-1} x\right)\right), & 0<d(x, \bar{q}) \leq \pi / 2 ; \\ q, & x=\bar{q} .\end{cases}
$$

We claim that $h$ is a homeomorphism. Since $\mathbb{S}^{n}$ and $M$ are compact, it suffices to show that
(i) $h$ is continuous,
(ii) $h$ is injective, and
(iii) $h$ is surjective.
(i): The continuity of $h$ is obvious since the exponential map, the isometry $I$ and $f$ are continuous and $h$ is continuous at poles $\bar{p}, \bar{q}$. Moreover, $h$ is well-defined since the two definitions agree on the set $\left\{x \in \mathbb{S}^{n}: d(x, \bar{p})=d(x, \bar{q})\right\}$.

For (ii), we notice that $h \mid \bar{B}(\bar{p}, \pi / 2)$ and $h \mid \bar{B}(\bar{q}, \pi / 2)$ are injective since $|f(\cdot)|<\operatorname{inj}(M)$. Furthermore, $h \mid \bar{B}(\bar{p}, \pi / 2) \cap \bar{B}(\bar{q}, \pi / 2)$ is injective because of the uniqueness of the points $m$ halving the geodesics from $p$ to $q$. Therefore, it remains to show that $h B(\bar{p}, \pi / 2) \cap h B(\bar{q}, \pi / 2)$ is empty.
Suppose for example that $x \in h B(\bar{p}, \pi / 2)$. Then $x=\gamma(t)$ for some (minimizing) geodesic $\gamma$, with $\gamma(0)=p$ and $d(x, p)<\left|f\left(\dot{\gamma}_{0}\right)\right|$. By the uniqueness statement of Lemma 9.19, we have $d(x, p)<d(x, q)$. By the same argument, if $x \in h B(\bar{q}, \pi / 2)$, then $d(x, q)<d(x, p)$. Therefore $x \in h B(\bar{p}, \pi / 2)$ implies $x \notin h B(\bar{q}, \pi / 2)$.
(iii): Let $x \in M$, and assume $d(x, p) \leq d(x, q)$; the case $d(x, p) \geq d(x, q)$ is symmetrical. Let $\gamma$ be a minimizing geodesic joining $p$ to $x=\gamma(t)$. By Lemma 9.19 there exists $t_{0} \geq t$ such that $t_{0} \dot{\gamma}_{0}=f\left(\dot{\gamma}_{0}\right)$. Then clearly $\dot{\gamma}_{t} \in I\left(\exp _{\bar{p}}^{-1} B(\bar{p}, \pi / 2)\right)$. Therefore $x \in h B(\bar{p}, \pi / 2)$, and $h$ is surjective.

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[^0]:    ${ }^{1}$ Based on the lecture notes [Ho1] whose main sources were [Ca] and [Le1].

[^1]:    ${ }^{1}$ Every Lie group is parallelizable; $\mathbb{S}^{1}, \mathbb{S}^{3}$, and $\mathbb{S}^{7}$ are the only parallelizable spheres; $\mathbb{R} P^{1}, \mathbb{R} P^{3}$, and $\mathbb{R} P^{7}$ are the only parallelizable projective spaces; a product $\mathbb{S}^{n} \times \mathbb{S}^{m}$ is parallelizable if at least one of the numbers $n>0$ or $m>0$ is odd.

[^2]:    ${ }^{2} A_{H}(\cdot, \vartheta)$ is independent of $\vartheta$

